

# ΠΑΡΑΤΗΡΗΤΗΡΙΟ ΒΑΣΙΚΩΝ ΚΑΤΑΝΑΛΩΤΙΚΩΝ ΑΓΑΘΩΝ

## ΔΕΙΚΤΕΣ ΤΙΜΩΝ



Price Index - (current: Σεπ 2023, base: Σεπ 2021)																									
ΚΑΤΗΓΟΡΙΑ	Σεπ 2021	Οκτ 2021	Νοε 2021	Δεκ 2021	Ιαν 2022	Φεβ 2022	Μαρ 2022	Απρ 2022	Μαϊ 2022	Ιουν 2022	Ιουλ 2022	Αυγ 2022	Σεπ 2022	Οκτ 2022	Νοε 2022	Δεκ 2022	Ιαν 2023	Φεβ 2023	Μαρ 2023	Απρ 2023	Μαϊ 2023	Ιουν 2023	Ιουλ 2023	Αυγ 2023	Σεπ 2023
<b>ΑΛΛΑΝΤΙΚΑ</b>																									
ΑΛΛΑΝΤΙΚΑ	100.00	100.34	99.71	102.05	99.65	98.13	99.10	100.95	103.49	102.75	106.37	108.82	106.17	106.19	106.62	110.68	107.78	109.85	113.34	114.05	115.59	114.66	114.18	115.46	112.81
<b>ΒΟΗΘΗΜΑΤΑ ΜΑΓΕΙΡΕΜΑΤΟΣ</b>																									
ΣΩΜΟΣ	100.00	98.35	98.95	98.07	103.37	102.28	104.45	104.45	107.93	104.51	104.92	105.83	104.57	107.46	107.59	107.88	109.23	110.32	115.94	115.62	114.36	115.90	116.87	116.60	114.56
ΝΤΟΜΑΤΟΧΥΜΟΣ/ ΠΕΛΑΤΣ	100.00	100.87	101.08	101.01	102.37	103.93	101.06	101.00	102.48	100.25	102.91	103.41	103.77	102.00	107.84	107.38	111.30	113.31	113.40	115.40	112.55	119.05	120.08	121.12	118.15
ΦΥΤΙΚΟ ΜΑΓΕΙΡΙΚΟ ΛΙΠΟΣ	100.00	99.73	88.51	81.86	96.68	104.46	99.62	93.20	108.02	109.74	110.68	112.45	113.80	113.08	109.11	99.77	112.22	114.93	107.66	103.80	118.07	118.24	119.32	120.03	119.11
<b>ΓΑΛΑΚΤΟΚΟΜΙΚΑ</b>																									
ΠΛΑΟΥΡΤΙ	100.00	98.76	98.82	96.28	98.95	99.17	100.09	97.83	103.56	104.61	107.62	109.39	112.33	114.87	115.95	113.40	116.61	116.16	118.31	115.26	118.04	117.04	116.83	116.79	118.48
ΤΥΡΙ	100.00	100.22	99.84	100.85	100.36	99.94	101.14	103.05	104.05	104.69	107.47	110.54	110.81	114.60	115.74	117.78	115.17	113.77	118.56	117.95	118.42	116.00	115.75	117.94	116.24
ΦΡΕΣΚΟ ΓΑΛΑ	100.00	99.84	99.90	99.42	100.51	103.12	103.18	102.98	103.48	104.47	107.57	110.68	113.54	114.36	114.51	114.27	114.90	114.69	115.04	114.30	110.25	109.07	108.85	109.02	109.38
<b>ΕΛΑΙΑ</b>																									
ΛΑΔΙ	100.00	99.72	98.00	92.14	96.17	95.75	94.42	103.59	117.91	131.24	141.40	139.66	134.81	134.55	129.60	117.83	119.08	112.67	113.67	108.79	113.43	106.76	106.29	107.90	108.95
<b>ΖΥΜΑΡΙΚΑ / ΑΛΕΥΡΙ / ΡΥΖΙ / ΠΟΥΡΓΟΥΡΙ / ΟΣΠΡΙΑ / ΖΑΧΑΡΗ</b>																									
ΑΛΕΥΡΙ	100.00	97.85	96.00	89.83	101.64	100.14	96.70	100.37	104.26	108.68	112.78	115.54	116.07	117.31	114.67	106.93	113.82	113.29	112.40	108.58	116.38	114.36	114.08	116.94	116.28
ΖΑΧΑΡΗ	100.00	98.66	106.10	113.83	102.79	104.29	105.28	112.54	118.88	115.61	129.61	135.54	138.19	144.67	157.24	171.57	155.26	154.67	155.92	164.22	163.54	159.64	165.61	169.28	167.42
ΖΥΜΑΡΙΚΑ	100.00	97.96	102.05	102.86	105.88	106.17	104.48	108.21	111.47	112.22	113.63	115.81	115.68	115.06	116.39	115.27	113.52	112.79	113.93	112.79	114.56	112.91	113.47	113.38	114.16
ΟΣΠΡΙΑ	100.00	101.07	103.37	105.00	111.11	111.54	112.98	113.43	113.95	113.26	117.28	119.16	120.39	119.76	119.14	119.85	122.00	121.69	122.23	118.76	122.17	117.76	116.34	119.78	119.50
ΠΟΥΡΓΟΥΡΙ	100.00	101.28	100.17	100.13	105.82	106.62	108.12	108.35	111.43	111.99	113.89	114.80	113.54	113.08	112.38	111.69	113.02	113.03	113.95	113.30	116.90	115.63	117.18	118.13	114.97
ΡΥΖΙ	100.00	97.92	96.73	94.80	99.47	99.87	97.80	101.04	102.84	102.08	105.83	108.31	109.56	108.47	107.45	107.77	108.95	108.12	114.01	111.66	117.29	113.68	114.77	117.94	117.61
<b>ΚΑΤΕΨΥΓΜΕΝΑ</b>																									
ΚΑΤΕΨΥΓΜΕΝΑ ΖΥΜΑΡΙΚΑ	100.00	102.00	102.50	98.95	104.12	105.14	106.58	106.68	111.43	112.89	116.03	115.83	116.99	115.47	114.44	114.35	113.49	114.17	115.66	116.55	122.78	118.01	118.64	118.61	116.49
ΚΑΤΕΨΥΓΜΕΝΑ ΜΑΛΑΚΙΑ/ ΟΣΤΡΑΚΟΕΙΔΗ	100.00	101.64	100.96	102.89	114.27	115.06	103.17	111.15	126.51	127.01	133.44	129.43	134.29	133.51	122.70	119.70	126.43	104.20	101.94	105.61	125.91	119.64	122.42	111.19	127.07
ΚΑΤΕΨΥΓΜΕΝΟ ΨΑΡΙ	100.00	100.58	99.79	99.34	110.29	106.84	101.98	114.47	114.59	114.52	131.44	123.72	132.17	127.68	116.40	106.62	139.20	121.38	115.65	136.17	186.81	184.98	190.62	174.72	181.92
ΚΑΤΕΨΥΓΜΕΝΟ ΨΑΡΙ ΠΛΑΝΕ/ ΠΡΟΨΗΜΕΝΟ	100.00	100.54	101.09	98.67	102.73	101.67	100.23	102.15	107.19	108.27	114.94	115.92	115.01	116.23	113.91	112.87	118.53	117.63	118.12	125.23	133.44	132.39	139.71	140.42	135.71
ΨΥΓΕΙΟΥ ΚΑΙ ΚΑΤΕΨΥΓΜΕΝΑ ΜΠΕΡΚΕΡ	100.00	98.47	100.26	100.09	99.40	100.26	103.33	107.20	105.83	104.56	106.23	108.38	108.04	109.90	110.92	112.31	110.28	107.87	113.97	118.36	116.98	114.37	114.67	114.95	112.34
ΨΥΓΕΙΟΥ ΚΑΙ ΚΑΤΕΨΥΓΜΕΝΟ ΚΡΕΑΣ ΠΛΑΝΕ/ ΠΡΟΨΗΜΕΝΟ	100.00	104.33	101.70	103.37	107.18	104.33	102.97	104.08	106.97	112.70	119.02	124.92	127.99	127.79	127.09	121.92	127.07	125.82	123.69	125.86	129.31	131.94	133.64	131.51	134.68
<b>ΚΑΦΕΣ</b>																									
ΚΥΠΡΙΑΚΟΣ ΚΑΦΕΣ	100.00	100.39	100.66	100.98	109.90	112.90	113.57	114.72	117.96	118.98	118.79	120.74	121.64	127.70	127.17	123.47	126.55	125.87	125.82	122.75	128.77	129.12	133.33	133.27	129.11
ΣΤΙΓΜΙΑΙΟΣ ΚΑΦΕΣ	100.00	97.15	99.77	99.97	101.27	103.09	103.53	103.80	105.25	105.54	108.38	109.67	107.76	108.18	109.05	111.71	110.99	111.13	114.80	116.81	116.97	117.51	117.65	117.54	117.57
<b>ΚΟΝΙΣΡΕΒΣ</b>																									
ΓΑΛΑ ΕΒΑΠΟΡΕ/ ΖΑΧΑΡΟΥΧΟ	100.00	100.24	102.82	101.46	101.43	101.22	101.88	103.39	106.32	105.85	107.99	108.44	112.88	116.85	118.81	118.46	119.00	120.39	131.56	132.09	130.63	128.93	125.31	124.00	125.20
ΚΟΝΙΣΡΕΒΣ ΚΡΕΑΤΟΣ	100.00	100.96	99.30	98.39	100.05	99.64	99.63	104.58	105.95	107.47	111.37	113.25	109.14	109.60	110.40	112.38	113.11	109.67	111.92	112.61	115.49	116.62	117.16	118.23	116.24
ΚΟΝΙΣΡΕΒΣ ΨΑΡΙΟΥ	100.00	99.62	98.90	97.56	101.15	102.69	102.74	105.70	105.97	104.78	105.64	105.98	106.60	108.34	107.37	105.71	107.01	105.10	108.30	109.65	110.99	109.53	109.74	111.43	110.43
<b>ΞΗΡΑ ΤΡΟΦΗ</b>																									
ΔΗΜΗΤΡΙΑΚΑ ΠΡΟΓΕΥΜΑΤΟΣ	100.00	100.23	98.11	100.37	100.38	99.73	99.29	103.37	106.41	107.26	109.11	111.86	109.17	109.65	108.25	110.05	108.50	111.10	114.53	115.04	114.46	115.14	117.89	116.97	115.37
ΚΟΥΛΟΥΡΙΑ	100.00	98.92	98.14	99.10	97.31	96.89	96.50	100.45	102.61	104.63	107.91	110.65	109.63	111.38	110.81	113.84	111.63	111.69	114.59	114.85	116.52	115.29	116.97	118.71	116.39
ΜΠΙΣΚΟΤΑ	100.00	101.15	102.10	100.51	103.62	104.60	103.29	103.00	103.79	105.08	107.66	109.53	111.57	112.57	112.51	111.76	111.22	111.58	114.21	112.72	113.32	113.04	112.51	115.05	117.77
<b>ΡΟΦΗΜΑΤΑ</b>																									
ΑΝΑΨΥΚΤΙΚΑ	100.00	100.91	100.60	98.76	101.26	102.12	103.85	104.98	106.85	108.65	108.33	108.50	109.42	112.11	112.80	112.54	114.78	115.17	120.30	120.37	122.80	122.73	125.42	125.03	125.84
ΕΜΦΙΑΛΩΜΕΝΟ ΝΕΡΟ	100.00	97.82	96.73	93.88	92.36	94.87	90.49	102.31	103.43	104.87	105.71	108.02	109.32	107.39	106.52	106.59	103.15	103.98	109.23	111.01	112.50	113.83	117.55	116.67	114.97
ΧΥΜΟΙ	100.00	99.64	100.12	96.46	100.61	99.67	99.97	100.89	101.85	101.44	102.32	102.86	104.09	104.90	105.98	103.77	106.03	106.52	110.27	109.26	112.87	113.08	113.30	112.93	113.54
<b>ΦΡΕΣΚΑ ΠΡΟΪΟΝΤΑ</b>																									
ΑΥΓΑ	100.00	99.48	103.61	92.31	104.25	101.98	108.26	100.71	112.24	108.85	111.79	112.33	111.16	114.55	116.84	120.61	122.01	124.28	130.93	126.73	123.28	125.00	125.49	124.09	121.41
ΦΡΕΣΚΟ ΚΡΕΑΣ/ ΠΟΥΛΙΕΡΙΑ/ ΚΟΥΝΕΛΙ	100.00	99.47	98.34	94.30	99.35	99.10	103.75	122.53	114.35	113.62	117.92	122.38	121.24	120.84	122.02	128.86	124.43	124.92	125.25	132.97	126.00	130.00	134.46	136.92	132.25
ΦΡΕΣΚΟ ΨΑΡΙ/ΜΑΛΑΚΙΑ	100.00	100.15	110.17	117.04	108.35	114.41	128.39	111.84	110.97	99.75	112.65	120.44	114.27	127.66	116.08	121.40	118.08	114.48	118.26	102.18	113.03	110.09	93.74	112.99	117.97

ΧΟΡΤΑ	100.00	104.96	131.29	123.94	144.23	148.74	217.86	182.23	92.80	79.45	114.83	118.88	130.74	160.57	140.90	99.96	97.68	180.86	167.96	131.63	113.82	121.35	152.01	161.30	189.46
ΨΩΜΙ	100.00	99.74	101.33	101.76	106.59	105.95	106.47	107.52	107.18	109.86	111.88	113.19	114.31	112.91	114.65	118.31	119.44	121.02	120.44	119.91	115.94	115.74	115.55	112.01	112.36
<b>FUEL</b>																									
CHARCOAL	100.00	98.99	100.10	101.32	105.14	106.30	118.65	127.14	127.62	127.66	130.63	131.97	134.46	133.28	134.73	135.50	134.80	135.09	135.82	134.95	134.81	135.09	135.72	133.07	132.37
<b>ΑΠΟΡΡΥΠΑΝΤΙΚΑ/ ΜΑΛΑΚΤΙΚΑ ΡΟΥΧΩΝ</b>																									
ΑΠΟΡΡΥΠΑΝΤΙΚΑ ΡΟΥΧΩΝ	100.00	99.99	98.67	97.74	99.51	100.25	102.49	105.82	106.75	105.55	106.87	107.69	107.78	106.81	107.79	106.89	108.47	106.50	109.64	111.52	112.71	113.69	116.62	120.68	121.93
ΜΑΛΑΚΤΙΚΑ ΡΟΥΧΩΝ	100.00	99.25	99.58	96.88	101.41	101.67	103.79	106.05	106.45	103.86	106.56	107.59	109.27	110.37	110.66	111.53	113.46	112.17	112.97	114.10	117.87	116.07	117.89	117.53	119.32
<b>ΕΙΔΗ ΠΡΟΣΩΠΙΚΗΣ ΥΠΕΙΝΗΣ</b>																									
ΣΕΡΒΙΕΤΕΣ ΥΓΕΙΑΣ	100.00	99.79	99.23	98.77	101.16	99.61	103.48	104.59	103.32	102.59	106.01	106.72	104.60	105.89	106.14	108.21	107.86	106.35	108.22	107.87	103.99	102.98	105.87	106.27	104.12
ΧΑΡΤΙ ΥΓΕΙΑΣ	100.00	99.05	99.46	99.51	101.51	101.26	101.24	104.90	110.62	110.43	114.00	119.29	119.71	118.81	122.65	126.79	127.84	124.99	127.41	126.57	131.28	126.77	127.81	125.24	102.33
<b>ΚΥΛΙΝΔΡΟΣ ΥΓΡΑΕΡΙΟΥ</b>																									
ΚΥΛΙΝΔΡΟΣ ΥΓΡΑΕΡΙΟΥ	100.00	107.03	114.76	113.40	113.54	120.71	123.03	125.04	124.75	124.86	121.74	118.84	114.53	119.36	121.78	123.10	123.84	133.08	138.30	136.39	132.40	120.84	113.92	116.52	120.15
<b>ΒΡΕΦΙΚΑ ΠΡΟΙΟΝΤΑ</b>																									
ΒΡΕΦΙΚΕΣ ΠΑΝΕΣ	100.00	99.46	99.03	99.09	99.37	101.76	105.12	112.95	117.60	121.21	122.06	122.82	118.88	119.13	119.22	121.30	122.32	121.88	127.73	131.76	116.90	115.97	117.39	115.96	111.50
ΒΡΕΦΙΚΕΣ ΤΡΟΦΕΣ	100.00	98.70	97.28	96.20	99.44	99.10	97.65	103.58	107.40	110.55	113.78	115.19	115.58	116.32	114.46	111.69	111.81	108.00	118.28	122.72	124.13	125.21	123.65	126.03	127.44
ΒΡΕΦΙΚΟ ΓΑΛΑ	100.00	98.27	97.99	102.14	102.60	102.49	105.59	107.39	111.15	116.58	118.55	120.05	121.36	122.03	122.07	123.25	124.04	123.89	120.56	122.60	119.88	117.70	118.93	120.23	119.58