

ΠΑΡΑΤΗΡΗΤΗΡΙΟ ΒΑΣΙΚΩΝ ΚΑΤΑΝΑΛΩΤΙΚΩΝ ΑΓΑΘΩΝ

ΣΥΓΚΡΙΣΗ ΜΕ ΠΡΟΗΓΟΥΜΕΝΟ ΜΗΝΑ



Φεβ 2023

Α/Α	ΠΡΟΪΟΝ	Μέση Σταθμισμένη Τιμή		Αύξηση / Μείωση Τιμής	% Μεταβολή
		Προηγούμενος Μήνας	Τρέχον Μήνας		
ΑΛΛΑΝΤΙΚΑ					
ΑΛΛΑΝΤΙΚΑ					
1	Chrysodalia Lountza Smoked Slices 300gr	4.14	4.19	0.05	1.2%
2	Chrysodalia Turkey Smoked Slices 200gr	2.79	2.78	-0.01	-0.4%
3	Grigoriou Ham Slices 300gr	3.59	3.82	0.23	6.4%
4	Grigoriou Lountza Slices 150gr	3.04	3.17	0.13	4.3%
5	Grigoriou Salami Extra 300gr	2.49	2.43	-0.06	-2.4%
6	Grigoriou Streaky Bacon Slices 150gr	2.66	2.46	-0.20	-7.5%
7	Grigoriou Turkey Smoked Slices 200gr	3.28	3.28	0.00	0.0%
ΒΟΗΘΗΜΑΤΑ ΜΑΓΕΙΡΕΜΑΤΟΣ					
ΖΩΜΟΣ					
8	KNORR BOUILLONS CHICKEN 12 CUBES 120GR	1.17	1.12	-0.05	-4.3%
9	KNORR BOUILLONS VEGETABLES 12 CUBES 120GR	1.36	1.34	-0.02	-1.5%
10	MAGGI BOUILLONS CHICKEN 12 CUBES 132GR	1.34	1.37	0.03	2.2%
11	MAGGI BOUILLONS PASTA 12 CUBES 132GR	1.78	1.80	0.02	1.1%
12	MAGGI BOUILLONS VEGETABLES 12 CUBES 132GR	1.83	1.85	0.02	1.1%
ΝΤΟΜΑΤΟΧΥΜΟΣ/ ΠΕΛΤΕΣ					
13	BLOSSOM TOMATO PASTE CUP 4X70GR	1.69	1.68	-0.01	-0.6%
14	KEAN POMILORI SIEVE TOMATO PASTE JAR 700GR	1.72	1.72	0.00	0.0%
15	MITSIDES TOMATO PASSATA CARTON 3X500GR P-OFF	2.05	2.12	0.07	3.4%
16	MITSIDES TOMATO PASTE CUP 4X70GR	1.66	1.73	0.07	4.2%
17	PELARGOS TOMATO PASSATA CARTON 3X250GR	1.28	1.26	-0.02	-1.6%
ΦΥΤΙΚΟ ΜΑΓΕΙΡΙΚΟ ΛΙΠΟΣ					
18	SPRY 350GR	2.76	2.82	0.06	2.2%
ΓΑΛΑΚΤΟΚΟΜΙΚΑ					
ΓΙΑΟΥΡΤΙ					
19	ALAMBRA THE GRANNY SHEEP F/F PC 700GR	2.94	2.93	-0.01	-0.3%
20	CHARALAMB/CHRISTIS STRAINED STRAGGATO F/F PC 1KG	4.12	4.12	0.00	0.0%
21	CHARALAMB/CHRISTIS STRAINED STRAGGATO LGT PC 1KG	4.12	4.12	0.00	0.0%
22	ZITA STRAINED F/F PC 1KG	3.89	3.94	0.05	1.3%
23	ZITA STRAINED LGT PC 1KG	3.90	3.92	0.02	0.5%
ΤΥΡΙ					
24	ALAMBRA COTTAGE PC 200GR	1.79	1.69	-0.10	-5.6%
25	ALAMBRA H GIAGIA GOAT/SHEEP HALLOUMI KG	13.39	13.43	0.04	0.3%
26	CHARALAMB/CHRISTIS FETA BLOCK 200GR	3.25	3.60	0.35	10.8%
27	CHARALAMB/CHRISTIS HALLOUMI PISSOURKOTIKO KG	13.45	14.01	0.56	4.2%
28	DIROLLO 2.2% COTTAGE 225GR	2.16	2.24	0.08	3.7%
29	DODONI FETA BLOCK 400GR	6.64	5.87	-0.77	-11.6%
30	KESES GOAT/SHEEP HALLOUMI KG	13.44	14.62	1.18	8.8%
31	LA VACHE QUI RIT CHEEZ DIPPERS 4PORTION 140GR	2.96	3.02	0.06	2.0%
32	PHILADELPHIA LIGHT PLAIN SPREAD TUBS 200GR	2.11	2.07	-0.04	-1.9%
33	PHILADELPHIA PLAIN SPREAD TUBS 200GR	2.12	2.16	0.04	1.9%
34	VALIO EDAM LIGHT 17% SLICES 2X250GR P-OFF	7.14	7.39	0.25	3.5%
35	VEPO FOOD EDAM SLICES 200GR	2.76	2.71	-0.05	-1.8%
36	VEPO FOOD GOUDA SLICES 200GR	2.73	2.80	0.07	2.6%
ΦΡΕΣΚΟ ΓΑΛΛΑ					
37	CHARALAMBIDES CHRISTIS DELACT HDPE 1L	1.78	1.78	0.00	0.0%
38	CHARALAMBIDES CHRISTIS FULL FAT 3% HDPE 2L	3.02	3.02	0.00	0.0%
39	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 1.5L	2.30	2.30	0.00	0.0%
40	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 1L	1.57	1.57	0.00	0.0%
41	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 2L	3.03	3.02	-0.01	-0.3%
42	LANITIS FULL FAT 3% HDPE 2L	2.98	2.97	-0.01	-0.3%
43	LANITIS SEMI SKIMMED 1.5% HDPE 1.5L	2.29	2.28	-0.01	-0.4%
44	LANITIS SEMI SKIMMED 1.5% HDPE 2L	2.99	2.98	-0.01	-0.3%

ΕΛΑΙΑ					
ΛΑΔΙ					
45	AMBROSIA SUNFLOWER OIL 3L	8.67	8.25	-0.42	-4.8%
46	DORINA SUNFLOWER OIL 5L	12.28	11.07	-1.21	-9.9%
47	ELIOHORI EXTRA VIRGIN OLIVE OIL 2L	14.21	13.87	-0.34	-2.4%
48	FLORA SUNFLOWER OIL 3L	9.90	8.80	-1.10	-11.1%
49	LESIEUR SUNFLOWER OIL 3L	8.45	8.40	-0.05	-0.6%
50	SAINT GEORGE EXTRA VIRGIN OLIVE OIL 1L	7.50	7.50	0.00	0.0%
51	SEKEP EXTRA VIRGIN OLIVE OIL 1L	6.86	6.59	-0.27	-3.9%
ΖΥΜΑΡΙΚΑ / ΑΛΕΥΡΙ / ΡΥΖΙ / ΠΟΥΡΓΟΥΡΙ / ΟΣΠΡΙΑ / ΖΑΧΑΡΗ					
ΑΛΕΥΡΙ					
52	MITSIDES FARINA PLAIN 00 1KG	1.51	1.44	-0.07	-4.6%
53	MITSIDES PLAIN 00 ALL PURPOSE 1KG	1.30	1.30	0.00	0.0%
54	MITSIDES SELF RAISING 1KG	1.50	1.49	-0.01	-0.7%
55	MITSIDES VILLAGE 1KG	1.59	1.54	-0.05	-3.1%
56	TRIUMPH FARINA 00 1KG	1.41	1.54	0.13	9.2%
57	TRIUMPH VILLAGE 1KG	1.51	1.59	0.08	5.3%
ΖΑΧΑΡΗ					
58	SUGAR	1.45	1.44	-0.01	-0.7%
ΖΥΜΑΡΙΚΑ					
59	BARILLA SPAGHETTI No.5 500GR	1.27	1.27	0.00	0.0%
60	MELISSA PRIMO GUSTO ORZO 500GR	1.28	1.39	0.11	8.6%
61	MELISSA PRIMO GUSTO SPAGHETTI No.6 500GR	1.28	1.32	0.04	3.1%
62	MITSIDES MEZZANI A 500GR	1.38	1.37	-0.01	-0.7%
63	MITSIDES ORZO 500GR	1.39	1.40	0.01	0.7%
64	MITSIDES SPAGHETTI 500GR	1.21	1.17	-0.04	-3.3%
65	MITSIDES TRADITIONAL 500GR	1.45	1.48	0.03	2.1%
66	TRIUMPH SPAGHETTI 500GR	1.10	1.09	-0.01	-0.9%
ΟΣΠΡΙΑ					
67	KAOURIS CANADIAN LAIRD LENTILS 1KG	2.58	2.54	-0.04	-1.6%
68	NATURAL LIFE IMPORTED BLACK EYE BEANS 1KG	2.85	2.93	0.08	2.8%
69	NATURAL LIFE IMPORTED LENTILS 1KG	2.27	2.34	0.07	3.1%
70	SOLEAS 3A BEANS 1KG	3.00	2.85	-0.15	-5.0%
71	SOLEAS 3A BLACK EYE BEANS 1KG	3.48	3.38	-0.10	-2.9%
72	SOLEAS 3A GREEN LENTILS 1KG	2.85	2.73	-0.12	-4.2%
ΠΟΥΡΓΟΥΡΙ					
73	A.KEPOLA BULGUR WHEAT 1KG	2.55	2.56	0.01	0.4%
74	A.KEPOLA BULGUR WHEAT 500GR	1.59	1.58	-0.01	-0.6%
75	KAOURIS BULGUR WHEAT 500GR	1.37	1.40	0.03	2.2%
76	LISKO FAMELISKO BULGUR WHEAT MEDIUM 500GR	1.24	1.21	-0.03	-2.4%
77	MITSIDES BULGUR WHEAT 1KG	2.95	3.00	0.05	1.7%
78	MITSIDES BULGUR WHEAT 500GR	1.64	1.76	0.12	7.3%
ΡΥΖΙ					
79	SOLEAS 3A BASMATI RICE BAG 1KG	3.30	3.26	-0.04	-1.2%
80	SOLEAS 3A GLUTINOUS RICE BAG 1KG	2.56	2.56	0.00	0.0%
81	SOLEAS 3A PARBOILED RICE 1KG	2.41	2.41	0.00	0.0%
82	TILDA BASMATI RICE 1KG	4.71	4.94	0.23	4.9%
83	UNCLE BENS LONG GRAIN RICE 1KG	3.64	3.37	-0.27	-7.4%
84	UNCLE BENS LONG GRAIN RICE BOX 2KG	7.27	7.26	-0.01	-0.1%
ΚΑΤΕΨΥΓΜΕΝΑ					
ΚΑΤΕΨΥΓΜΕΝΑ ΖΥΜΑΡΙΚΑ					
85	CHARALAMBIDES CHRISTIS RAVIOLI 400GR	3.10	3.61	0.51	16.5%
86	HERCULES RAVIOLI 400GR	2.88	2.97	0.09	3.1%
87	MITSIDES VILLAGE RAVIOLI 375GR	3.00	3.35	0.35	11.7%
ΚΑΤΕΨΥΓΜΕΝΑ ΜΑΛΑΚΙΑ/ ΟΣΤΡΑΚΟΕΙΔΗ					
88	7 THALASSES SHRIMPS 30/50 500GR	10.33	10.49	0.16	1.5%
89	BLUE GREEN WAVE OCTOPUS 1KG	6.44	5.59	-0.85	-13.2%
90	BLUE GREEN WAVE SQUID RINGS 1KG	5.76	4.94	-0.82	-14.2%
91	EDESMA SQUID RINGS 1KG	5.89	5.29	-0.60	-10.2%
ΚΑΤΕΨΥΓΜΕΝΟ ΨΑΡΙ					
92	BLUE GREEN SALMON FILLETS 500GR	12.24	12.60	0.36	2.9%
93	EDESMA RED FISH 1KG	7.84	7.95	0.11	1.4%
94	FOODPAX SALMON ATLANTA PORTIONS 4X125GR	15.40	15.40	0.00	0.0%
95	FOODPAX SALMON PORTIONS 4X125GR	12.48	13.18	0.70	5.6%
96	QUALIFOOD PANGASIIUS FILLETS 1KG	5.49	5.02	-0.47	-8.6%

ΚΑΤΕΨΥΓΜΕΝΟ ΨΑΡΙ ΠΑΝΕ/ ΠΡΟΨΗΜΕΝΟ

97	7 SEAS COD BREADED FISH FILLETS 400GR	3.63	3.63	0.00	0.0%
98	BIRDS EYE COD FISH FINGERS 14PCS 350GR	6.32	6.37	0.05	0.8%
99	DONEGAL CATCH CHUNKY COD FILLETS 4PCS 500GR	7.95	9.33	1.38	17.4%
100	NORDA WHITE FISH BREADED FILLETS 4PCS 300GR	4.14	4.16	0.02	0.5%
101	NORDA WHITE FISH FISH STICKS 10PCS 300GR	2.62	2.62	0.00	0.0%

ΨΥΓΕΙΟΥ ΚΑΙ ΚΑΤΕΨΥΓΜΕΝΑ ΜΠΕΡΚΕΡ

102	BLACK ANGUS BEEF BURGERS 2P 340GR	5.39	5.58	0.19	3.5%
103	EDESMA VEGETABLE BURGERS 4P 380GR	4.63	4.59	-0.04	-0.9%
104	GRIGORIOU BEEF BURGERS 4P 600GR	4.85	5.30	0.45	9.3%
105	GRIGORIOU HAMBURGERS 6P 480GR	3.75	3.95	0.20	5.3%
106	GRIGORIOU TURKEY BURGERS 6P 480GR	4.03	3.86	-0.17	-4.2%
107	KYPRIANOY SPECIAL CHICKEN BURGERS 900GR	6.64	6.63	-0.01	-0.2%

ΨΥΓΕΙΟΥ ΚΑΙ ΚΑΤΕΨΥΓΜΕΝΟ ΚΡΕΑΣ ΠΑΝΕ/ ΠΡΟΨΗΜΕΝΟ

108	EDESMA CHICKEN NUGGETS 500GR	5.63	5.64	0.01	0.2%
109	EDESMA CHICKEN NUGGETS 900GR	7.80	7.77	-0.03	-0.4%
110	EMA FOODS CHICKEN NUGGETS 900GR	6.94	6.77	-0.17	-2.4%
111	EN ELLADI CHICKEN NUGGETS 400GR	4.43	4.46	0.03	0.7%
112	EN ELLADI MEAT BALLS 420GR	4.22	4.49	0.27	6.4%
113	PARADISIOTIS CHICKEN NUGGETS 800GR	4.56	4.47	-0.09	-2.0%

ΚΑΦΕΣ**ΚΥΠΡΙΑΚΟΣ ΚΑΦΕΣ**

114	CHARALAMBOUS GREEN 200GR	2.88	2.72	-0.16	-5.6%
115	CHARALAMBOUS GREEN 500GR	6.98	6.98	0.00	0.0%
116	LAIKON GOLD 200GR	2.91	2.93	0.02	0.7%
117	LAIKON GOLD 500GR	7.30	7.31	0.01	0.1%

ΣΤΙΓΜΙΑΙΟΣ ΚΑΦΕΣ

118	CELEST CAFE TIN 200GR	4.14	4.13	-0.01	-0.2%
119	JACOBS EKLEKTOS JAR 100GR	4.29	4.29	0.00	0.0%
120	NESCAFE AZERA ESPRESSO TIN 100GR	5.40	5.38	-0.02	-0.4%
121	NESCAFE CLASSIC DEC TIN 100GR	4.47	4.48	0.01	0.2%
122	NESCAFE CLASSIC TIN 100GR	3.59	3.60	0.01	0.3%
123	NESCAFE CLASSIC TIN 200GR	5.66	5.70	0.04	0.7%
124	NESCAFE GOLD BLEND JAR 190GR	5.77	6.00	0.23	4.0%
125	NESCAFE GOLD BLEND JAR 95GR	3.26	3.29	0.03	0.9%

ΚΟΝΣΕΡΒΕΣ**ΓΑΛΑ ΕΒΑΠΟΡΕ/ ΖΑΧΑΡΟΥΧΟ**

126	NESTLE MILKMAID CONDENSED CAN 397GR	1.95	1.95	0.00	0.0%
127	NOYNOY CONDENSED CAN 397GR	1.35	1.37	0.02	1.5%
128	NOYNOY EVAPORATED CAN 410GR	1.07	1.10	0.03	2.8%
129	NOYNOY LIGHT EVAPORATED CAN 410GR	1.07	1.09	0.02	1.9%
130	NOYNOY LIGHT EVAPORATED PORTIONS 10X15GR	1.10	1.11	0.01	0.9%

ΚΟΝΣΕΡΒΕΣ ΚΡΕΑΤΟΣ

131	Karla Corned Beef 340gr	3.07	3.20	0.13	4.2%
132	Tulip Pork Chopped Ham 200gr	2.57	2.53	-0.04	-1.6%
133	Tulip Pork Luncheon Meat 200gr	2.46	2.38	-0.08	-3.3%
134	Zwan Chicken Luncheon Meat 200gr	2.12	2.09	-0.03	-1.4%
135	Zwan Pork Chopped Ham 200gr	3.04	2.97	-0.07	-2.3%
136	Zwan Pork Luncheon Meat 200gr	2.16	2.14	-0.02	-0.9%

ΚΟΝΣΕΡΒΕΣ ΨΑΡΙΟΥ

137	RIO MARE TUNA IN OLIVE OIL 3X160GR(1FREE)	7.83	7.38	-0.45	-5.7%
138	RIO MARE TUNA IN OLIVE OIL 4X80GR(1FREE)	5.88	6.05	0.17	2.9%
139	RIO MARE TUNA MEAT LIGHT IN OLIVE OIL 3X80GR	4.36	4.36	0.00	0.0%
140	SHEIK TUNA MEAT LIGHT IN OIL 4X100GR	3.37	3.36	-0.01	-0.3%
141	SHEIK WHITE TUNA LIGHT IN WATER 4X185GR	6.12	6.17	0.05	0.8%

ΞΗΡΑ ΤΡΟΦΗ**ΔΗΜΗΤΡΙΑΚΑ ΠΡΟΓΕΥΜΑΤΟΣ**

142	Kellogg S Coco Pops 500gr	3.21	3.64	0.43	13.4%
143	Kellogg S Coco Pops Chocos 375gr	2.59	2.88	0.29	11.2%
144	Kellogg S Corn Flakes 500gr	2.89	3.13	0.24	8.3%
145	Kellogg S Honey Loops 330gr	3.35	3.50	0.15	4.5%
146	Kellogg S Special K Classic 500gr	3.43	3.79	0.36	10.5%
147	Oreo Os Cookies&Cream Cerals 350gr	3.17	3.17	0.00	0.0%
148	Quaker Traganes Mpoukies Dark Chocolate 450gr	3.52	3.50	-0.02	-0.6%
149	Quaker White Oats Bag 500gr	2.24	2.18	-0.06	-2.7%

ΚΟΥΛΟΥΡΙΑ

150	7DAYS BAKE ROLLS MINI PIZZA 80GR	1.05	1.12	0.07	6.7%
151	BAKANDYS BREADSTICKS OLIVE OIL 250GR	3.23	3.42	0.19	5.9%
152	BAKANDYS RUSKS RYE 200GR	2.63	2.51	-0.12	-4.6%
153	ELITE TOAST RYE 360GR(3+1 FREE)	2.17	2.22	0.05	2.3%
154	ELITE TOAST WHEAT 500GR(3+1 FREE)	2.41	2.37	-0.04	-1.7%
155	JOHNSOF BREAD COOKIES NAPOLITANO RAISIN 240GR	3.06	3.07	0.01	0.3%
156	JOHNSOF CROUTONS WHEAT 320GR	2.63	2.66	0.03	1.1%
157	MARIAS BREAD COOKIES CAROB 350GR	3.05	3.12	0.07	2.3%

ΜΠΙΣΚΟΤΑ

158	FROU FROU JOKER CHOCO COV. SW 12X25GR(3 FREE)	3.36	3.49	0.13	3.9%
159	FROU FROU MORNING COFFEE PL 150GR	1.21	1.20	-0.01	-0.8%
160	KATERINA PETIT FOURS PL 500GR	5.14	5.12	-0.02	-0.4%
161	KINDER CARDS COCOA&MILK FIL 5X25.6GR	2.07	2.08	0.01	0.5%
162	NUTELLA FILLED CHOCO BISCUITS FIL T22 304GR	3.32	3.44	0.12	3.6%
163	OREO VANILLA SW 154GR	1.30	1.31	0.01	0.8%

ΡΟΦΗΜΑΤΑ**ΑΝΑΨΥΚΤΙΚΑ**

164	7 UP DIET/FREE CAN 8X330ML	3.95	3.98	0.03	0.8%
165	7 UP REGULAR CAN 8X330ML	3.95	3.98	0.03	0.8%
166	COCA COLA REGULAR CAN 330ML	0.85	0.85	0.00	0.0%
167	COCA COLA REGULAR CAN 8X330ML	4.14	4.23	0.09	2.2%
168	COCA COLA ZERO CAN 8X330ML	4.32	4.37	0.05	1.2%
169	PEPSI MAX CAN 8X330ML	3.30	3.34	0.04	1.2%

ΕΜΦΙΑΛΩΜΕΝΟ ΝΕΡΟ

170	AGROS STILL PET 12X500ML	2.67	2.66	-0.01	-0.4%
171	AGROS STILL PET 6X1.5L	2.28	2.27	-0.01	-0.4%
172	ΑΥΙΟΣ ΝΙΧΟΛΑΟΣ STILL PET 12X500ML	2.77	2.76	-0.01	-0.4%
173	ΑΥΙΟΣ ΝΙΧΟΛΑΟΣ STILL PET 6X1.5L	2.24	2.24	0.00	0.0%
174	ΚΥΚΚΟΣ STILL PET 12X500ML	3.02	2.70	-0.32	-10.6%
175	ΚΥΚΚΟΣ STILL PET 6X1.5L	2.34	2.38	0.04	1.7%

ΧΥΜΟΙ

176	KEAN MANGO&POMEGRANATE NECTAR TP 1L	1.59	1.57	-0.02	-1.3%
177	KEAN ORANGE 100% TP 1L	1.59	1.57	-0.02	-1.3%
178	KEANITA KIDS ORANGE DRINK TB 9X250ML	4.01	4.02	0.01	0.2%
179	LIFE APPLE&CARROT&ORANGE 100% PET 400ML	1.52	1.51	-0.01	-0.7%
180	LIFE ORANGE 100% PET 1L	2.38	2.70	0.32	13.4%
181	LIFE ORANGE 100% PET 400ML	1.50	1.48	-0.02	-1.3%

ΦΡΕΣΚΑ ΠΡΟΪΟΝΤΑ**ΑΥΓΑ**

182	Αυγά 12 τεμάχια (Μ) - (53gr - 63gr) -(φθηνότερη συσκ.)	3.11	3.23	0.12	3.9%
-----	--	------	------	------	------

ΦΡΕΣΚΟ ΚΡΕΑΣ/ ΠΟΥΛΕΡΙΚΑ/ ΚΟΥΝΕΛΙ

183	Αμνοερίφια μικρά σε κομμάτια (Kg)	9.31	10.28	0.97	10.4%
184	Βοδινό top-side (Kg) (ψαχνό, χωρίς κόκκαλο και λίπος)	12.40	12.94	0.54	4.4%
185	Βοδινός κιμάς (Kg)	8.53	8.14	-0.39	-4.6%
186	Κοτόπουλο ολόκληρο (Kg) (Χαμηλότερη Τιμή)	3.77	3.76	-0.01	-0.3%
187	Κοτόπουλο στήθος φιλέτο (Kg) (Χαμηλότερη Τιμή)	7.95	7.92	-0.03	-0.4%
188	Κουνέλι (Kg) (χαμηλότερη τιμή)	9.46	9.66	0.20	2.1%
189	Χοιρινή Μπριζόλα φιλέτο (Kg)	4.82	4.90	0.08	1.7%
190	Χοιρινός Κιμάς (Kg)	4.75	4.80	0.05	1.1%
191	Χοιρινός Λαπάς με κόκκαλο (Kg)	5.22	5.22	0.00	0.0%

ΦΡΕΣΚΟ ΨΑΡΙ/ΜΑΛΑΚΙΑ

192	Γόπες (Kg)	10.37	9.74	-0.63	-6.1%
193	Καλαμάρι Μεγάλο (Kg)	12.41	10.72	-1.69	-13.6%
194	Καλαμάρι Μικρό (Kg)	19.41	19.34	-0.07	-0.4%
195	Λαβράκι Μεγάλο (Kg)	9.94	7.87	-2.07	-20.8%
196	Μπαρμπούνι (Kg)	26.62	15.12	-11.50	-43.2%
197	Τσιπούρα Μεγάλη (Kg)	8.09	8.34	0.25	3.1%
198	Χταπόδι Μεγάλο (Kg)	15.52	12.49	-3.03	-19.5%
199	Χταπόδι Μικρό (Kg)	14.83	26.05	11.22	75.7%

ΧΟΡΤΑ

200	Αγγουράκια Θερμοκηπίου (Kg)	0.86	2.24	1.38	160.5%
201	Αγγουράκια Χωραφιού (Kg)	1.59	2.88	1.29	81.1%
202	Ντομάτες Α (Kg)	1.44	1.96	0.52	36.1%
203	Πατάτες Φρέσκες (Kg)	1.07	2.06	0.99	92.5%
204	Χόρτα Δέσμης	0.48	0.72	0.24	50.0%

ΨΩΜΙ					
205	Slice Άσπρο μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.88	1.92	0.04	2.1%
206	Slice Άσπρο μικρό (450gr-500gr) (χαμηλότερη τιμή)	1.71	1.74	0.03	1.8%
207	Slice Ολικής Αλέσεως μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.89	1.88	-0.01	-0.5%
208	Slice Ολικής Αλέσεως μικρό (450gr-500gr) (χαμηλότερη τιμή)	1.67	1.67	0.00	0.0%
209	Ψωμί Άσπρο μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.68	1.67	-0.01	-0.6%
210	Ψωμί Άσπρο μικρό (450gr-500gr)(χαμηλότερη τιμή)	1.27	1.29	0.02	1.6%
FUEL					
CHARCOAL					
211	ETOSHA 5kg	6.52	6.56	0.04	0.6%
212	ΠΥΡΣΟΣ 5kg	6.28	6.33	0.05	0.8%
ΑΠΟΡΡΥΠΑΝΤΙΚΑ/ ΜΑΛΑΚΤΙΚΑ ΡΟΥΧΩΝ					
ΑΠΟΡΡΥΠΑΝΤΙΚΑ ΡΟΥΧΩΝ					
213	ARIEL MOUNTAIN SPRING 56WSH LIQ 3.08L	9.57	9.57	0.00	0.0%
214	DIXAN MULTICOLOR 42WSH GEL 2.1L	6.41	6.36	-0.05	-0.8%
215	DIXAN UNIVERSAL 70+7WSH PWD 4.235KG(10% FREE)	9.59	9.58	-0.01	-0.1%
216	EUREKA ACTIVE CARE 61WSH PWD 4KG P-OFF	6.85	7.04	0.19	2.8%
217	EUREKA MASSALIAS CLASSIC 48WSH LIQ 2.4L P-OFF	5.89	5.98	0.09	1.5%
218	EUREKA MASSALIAS LAVENDER 48WSH LIQ 2.4L P-OFF	5.82	5.95	0.13	2.2%
ΜΑΛΑΚΤΙΚΑ ΡΟΥΧΩΝ					
219	COMFORT GOLD LILY&WILD BERRY 4L	5.16	5.14	-0.02	-0.4%
220	COMFORT GOLD WILD ORCHID&SANDALWOOD 4L	5.22	5.20	-0.02	-0.4%
221	COMFORT PURELY SOFT 4L	4.94	4.82	-0.12	-2.4%
ΕΙΔΗ ΠΡΟΣΩΠΙΚΗΣ ΥΓΙΕΙΝΗΣ					
ΣΕΡΒΙΕΤΤΕΣ ΥΓΙΕΙΑΣ					
222	ALWAYS PADS SECURE NIGHT ULTRA DUO W 12P	2.24	2.25	0.01	0.4%
223	ALWAYS PADS ULTRA LONG PLUS W 16P	2.07	2.10	0.03	1.4%
224	ALWAYS PADS ULTRA NORMAL PLUS DUO W 20P	1.95	1.94	-0.01	-0.5%
225	EVERYDAY PADS HYPERDRY ULTRA PLUS SUPER DUO W 2X18P(1FREE)	3.73	3.71	-0.02	-0.5%
ΧΑΡΤΙ ΥΓΙΕΙΑΣ					
226	ELITE LUXURY WHITE 3PLY 10P	4.24	4.26	0.02	0.5%
227	KLEENEX PREMIUM HONEYSUCKLE 2PLY 12P (3 FREE)	10.63	10.61	-0.02	-0.2%
228	KLEENEX PREMIUM WHITE 2PLY 12P (3 FREE)	10.66	10.63	-0.03	-0.3%
229	KLEENEX SCOTTONELLE DOUBLE ROLL WHITE 1PLY 16P P_OFF	12.62	12.62	0.00	0.0%
230	KLEENEX SCOTTONELLE SOFT&STRONG WHITE 2PLY 32P (8 FREE)	13.88	11.86	-2.02	-14.6%
231	SILKY WHITE 2PLY 24P	7.70	7.77	0.07	0.9%
ΚΥΛΙΝΔΡΟΣ ΥΓΡΑΕΡΙΟΥ					
ΚΥΛΙΝΔΡΟΣ ΥΓΡΑΕΡΙΟΥ					
232	ΚΥΛΙΝΔΡΟΣ 10kg (ΤΙΜΗ ΜΕ ΕΠΙΣΤΡΟΦΗ ΑΔΕΙΟΥ)	16.17	17.38	1.21	7.5%
ΒΡΕΦΙΚΑ ΠΡΟΙΟΝΤΑ					
ΒΡΕΦΙΚΕΣ ΠΑΝΕΣ					
233	NANNYS SENSITIVE 5 JUNIOR 12-25KG 44P	12.15	12.11	-0.04	-0.3%
234	NANNYS SENSITIVE 6 JUNIOR PLUS 15-30KG 40P	11.91	11.81	-0.10	-0.8%
235	PAMP. ACTIVE BABY 6 EXTRA LARGE 13-18KG 68P	16.61	16.87	0.26	1.6%
236	PAMP. ACTIVE BABY 7 EXTRA LARGE PLUS 15+KG 60P	16.60	17.88	1.28	7.7%
237	PAMP. ACTIVE BABY 7 MAXI 15+KG 40P	13.05	12.46	-0.59	-4.5%
238	PAMP. PREMIUM CARE 1 NEW BORN 2-5KG 52P	10.88	10.76	-0.12	-1.1%
ΒΡΕΦΙΚΕΣ ΤΡΟΦΕΣ					
239	HIPP BIO DAIRY FREE OAT PORRIDGE 4M+ CRT 200GR	3.24	3.33	0.09	2.8%
240	NESTLE FARINE LACTEE WHEAT CEREALS 6M+ CRT 350GR	3.14	2.99	-0.15	-4.8%
241	ΝΟΥΝΟΥ 5 FRUIT CEREAL CREAM 6M+ TIN 300GR P-OFF	4.61	4.62	0.01	0.2%
242	ΝΟΥΝΟΥ BISCUIT CEREALS 6M+ TIN 300GR P-OFF	4.41	4.41	0.00	0.0%
243	ΝΟΥΝΟΥ FARINE LACTEE CEREALS 6M+ TIN 300GR P-OFF	2.75	2.75	0.00	0.0%
244	ΥΙΟΤΙΣ FARINE LACTEE MILK CEREAL CREAM 6M+ TIN 300GR P-OFF	2.88	2.83	-0.05	-1.7%
ΒΡΕΦΙΚΟ ΓΑΛΑ					
245	Frisogrow 3 1-3y Tin 800gr	19.56	19.83	0.27	1.4%
246	Frisogrow Plus+ 3-5y Tin 800gr	19.66	19.53	-0.13	-0.7%
247	Frisolac 1 0-6m Tin 800gr	22.80	23.00	0.20	0.9%
248	Frisomel 2 6m+ Tin 800gr	19.70	19.78	0.08	0.4%
249	Nan 4 Protect Build 2y+ Tin 400gr	8.79	8.58	-0.21	-2.4%
250	S-26 Progress Gold 3 1-3y Tin 400gr	9.24	9.31	0.07	0.8%