

# ΠΑΡΑΤΗΡΗΤΗΡΙΟ ΒΑΣΙΚΩΝ ΚΑΤΑΝΑΛΩΤΙΚΩΝ ΑΓΑΘΩΝ

## ΣΥΓΚΡΙΣΗ ΜΕ ΠΡΟΗΓΟΥΜΕΝΟ ΜΗΝΑ



Κυπριακή Δημοκρατία  
ΥΠΟΥΡΓΕΙΟ ΕΝΕΡΓΕΙΑΣ  
ΕΜΠΟΡΙΟΥ ΚΑΙ ΒΙΟΜΗΧΑΝΙΑΣ



ΥΠΗΡΕΣΙΑ  
ΠΡΟΣΤΑΣΙΑΣ  
ΚΑΤΑΝΑΛΩΤΗ

Ιούλι 2023

| Α/Α                           | ΠΡΟΪΟΝ   | Μέση Σταθμισμένη Τιμή |              | Αύξηση /<br>Μείωση Τιμής | % Μεταβολή |
|-------------------------------|--|-----------------------|--------------|--------------------------|------------|
|                               |  | Προηγούμενος<br>Μήνας | Τρέχον Μήνας |                          |            |
| <b>ΑΛΛΑΝΤΙΚΑ</b>              |  |                       |              |                          |            |
| <b>ΑΛΛΑΝΤΙΚΑ</b>              |  |                       |              |                          |            |
| 1                             | Chrysodalia Lountza Smoked Slices 300gr            | 4.63                  | 4.68         | 0.05                     | 1.1%       |
| 2                             | Chrysodalia Turkey Smoked Slices 200gr             | 3.14                  | 3.06         | -0.08                    | -2.5%      |
| 3                             | Grigoriou Ham Slices 300gr                         | 3.98                  | 3.85         | -0.13                    | -3.3%      |
| 4                             | Grigoriou Lountza Slices 150gr                     | 3.34                  | 3.26         | -0.08                    | -2.4%      |
| 5                             | Grigoriou Salami Extra 300gr                       | 2.57                  | 2.53         | -0.04                    | -1.6%      |
| 6                             | Grigoriou Streaky Bacon Slices 150gr               | 2.69                  | 2.82         | 0.13                     | 4.8%       |
| 7                             | Grigoriou Turkey Smoked Slices 200gr               | 3.37                  | 3.29         | -0.08                    | -2.4%      |
| <b>ΒΟΗΘΗΜΑΤΑ ΜΑΓΕΙΡΕΜΑΤΟΣ</b> |  |                       |              |                          |            |
| <b>ΖΩΜΟΣ</b>                  |  |                       |              |                          |            |
| 8                             | KNORR BOUILLONS CHICKEN 12 CUBES 120GR             | 1.14                  | 1.21         | 0.07                     | 6.1%       |
| 9                             | KNORR BOUILLONS VEGETABLES 12 CUBES 120GR          | 1.37                  | 1.48         | 0.11                     | 8.0%       |
| 10                            | MAGGI BOUILLONS CHICKEN 12 CUBES 132GR             | 1.41                  | 1.45         | 0.04                     | 2.8%       |
| 11                            | MAGGI BOUILLONS PASTA 12 CUBES 132GR               | 1.89                  | 1.96         | 0.07                     | 3.7%       |
| 12                            | MAGGI BOUILLONS VEGETABLES 12 CUBES 132GR          | 1.93                  | 1.97         | 0.04                     | 2.1%       |
| <b>ΝΤΟΜΑΤΟΧΥΜΟΣ/ ΠΕΛΤΕΣ</b>   |  |                       |              |                          |            |
| 13                            | BLOSSOM TOMATO PASTE CUP 4X70GR                    | 1.86                  | 1.98         | 0.12                     | 6.5%       |
| 14                            | KEAN POMILORI SIEVE TOMATO PASTE JAR 700GR         | 1.71                  | 1.71         | 0.00                     | 0.0%       |
| 15                            | MITSIDES TOMATO PASSATA CARTON 3X500GR P-OFF       | 2.72                  | 2.75         | 0.03                     | 1.1%       |
| 16                            | MITSIDES TOMATO PASTE CUP 4X70GR                   | 1.92                  | 2.04         | 0.12                     | 6.2%       |
| 17                            | PELARGOS TOMATO PASSATA CARTON 3X250GR             | 1.31                  | 1.31         | 0.00                     | 0.0%       |
| <b>ΦΥΤΙΚΟ ΜΑΓΕΙΡΙΚΟ ΛΙΠΟΣ</b> |  |                       |              |                          |            |
| 18                            | SPRY 350GR   | 2.91                  | 2.93         | 0.02                     | 0.7%       |
| <b>ΓΑΛΑΚΤΟΚΟΜΙΚΑ</b>          |  |                       |              |                          |            |
| <b>ΓΙΑΟΥΡΤΙ</b>               |  |                       |              |                          |            |
| 19                            | ALAMBRA THE GRANNY SHEEP F/F PC 700GR              | 2.97                  | 2.94         | -0.03                    | -1.0%      |
| 20                            | CHARALAMB/CHRISTIS STRAINED STRAGGATO F/F PC 1KG   | 4.13                  | 4.11         | -0.02                    | -0.5%      |
| 21                            | CHARALAMB/CHRISTIS STRAINED STRAGGATO LGT PC 1KG   | 4.13                  | 4.11         | -0.02                    | -0.5%      |
| 22                            | ZITA STRAINED F/F PC 1KG                           | 4.06                  | 4.08         | 0.02                     | 0.5%       |
| 23                            | ZITA STRAINED LGT PC 1KG                           | 4.04                  | 4.06         | 0.02                     | 0.5%       |
| <b>ΤΥΡΙ</b>                   |  |                       |              |                          |            |
| 24                            | ALAMBRA COTTAGE PC 200GR                           | 1.79                  | 1.71         | -0.08                    | -4.5%      |
| 25                            | ALAMBRA H GIAGIA GOAT/SHEEP HALLOUMI KG            | 13.66                 | 13.50        | -0.16                    | -1.2%      |
| 26                            | CHARALAMB/CHRISTIS FETA BLOCK 200GR                | 3.27                  | 3.12         | -0.15                    | -4.6%      |
| 27                            | CHARALAMB/CHRISTIS HALLOUMI PISSOURKOTIKO KG       | 15.62                 | 14.39        | -1.23                    | -7.9%      |
| 28                            | DIROLLO 2.2% COTTAGE 225GR                         | 2.27                  | 2.28         | 0.01                     | 0.4%       |
| 29                            | DODONI FETA BLOCK 400GR                            | 7.47                  | 7.45         | -0.02                    | -0.3%      |
| 30                            | KESES GOAT/SHEEP HALLOUMI KG                       | 15.50                 | 16.22        | 0.72                     | 4.6%       |
| 31                            | LA VACHE QUI RIT CHEEZ DIPPERS 4PORTION 140GR      | 3.12                  | 3.13         | 0.01                     | 0.3%       |
| 32                            | PHILADELPHIA LIGHT PLAIN SPREAD TUBS 200GR         | 2.33                  | 2.43         | 0.10                     | 4.3%       |
| 33                            | PHILADELPHIA PLAIN SPREAD TUBS 200GR               | 2.32                  | 2.43         | 0.11                     | 4.7%       |
| 34                            | VALIO EDAM LIGHT 17% SLICES 2X250GR P-OFF          | 7.49                  | 7.36         | -0.13                    | -1.7%      |
| 35                            | VEPO FOOD EDAM SLICES 200GR                        | 2.43                  | 2.35         | -0.08                    | -3.3%      |
| 36                            | VEPO FOOD GOUDA SLICES 200GR                       | 2.45                  | 2.50         | 0.05                     | 2.0%       |
| <b>ΦΡΕΣΚΟ ΓΑΛΛΑ</b>           |  |                       |              |                          |            |
| 37                            | CHARALAMBIDES CHRISTIS DELACT HDPE 1L              | 1.70                  | 1.70         | 0.00                     | 0.0%       |
| 38                            | CHARALAMBIDES CHRISTIS FULL FAT 3% HDPE 2L         | 2.89                  | 2.88         | -0.01                    | -0.3%      |
| 39                            | CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 1.5L | 2.20                  | 2.20         | 0.00                     | 0.0%       |
| 40                            | CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 1L   | 1.50                  | 1.49         | -0.01                    | -0.7%      |
| 41                            | CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 2L   | 2.89                  | 2.89         | 0.00                     | 0.0%       |
| 42                            | LANITIS FULL FAT 3% HDPE 2L                        | 2.83                  | 2.83         | 0.00                     | 0.0%       |
| 43                            | LANITIS SEMI SKIMMED 1.5% HDPE 1.5L                | 2.18                  | 2.18         | 0.00                     | 0.0%       |
| 44                            | LANITIS SEMI SKIMMED 1.5% HDPE 2L                  | 2.84                  | 2.85         | 0.01                     | 0.4%       |

| <b>ΕΛΑΙΑ</b>  |   |       |       |       |        |
|---|---|-------|-------|-------|--------|
| <b>ΛΑΔΙ</b>   |   |       |       |       |        |
| 45  | AMBROSIA SUNFLOWER OIL 3L                 | 7.16  | 6.78  | -0.38 | -5.3%  |
| 46  | DORINA SUNFLOWER OIL 5L                   | 10.05 | 9.89  | -0.16 | -1.6%  |
| 47  | ELIOHORI EXTRA VIRGIN OLIVE OIL 2L        | 14.87 | 14.86 | -0.01 | -0.1%  |
| 48  | FLORA SUNFLOWER OIL 3L                    | 10.31 | 8.54  | -1.77 | -17.2% |
| 49  | LESIEUR SUNFLOWER OIL 3L                  | 8.57  | 7.50  | -1.07 | -12.5% |
| 50  | SAINT GEORGE EXTRA VIRGIN OLIVE OIL 1L    | 7.76  | 7.77  | 0.01  | 0.1%   |
| 51  | SEKEP EXTRA VIRGIN OLIVE OIL 1L           | 7.34  | 7.34  | 0.00  | 0.0%   |
| <b>ΖΥΜΑΡΙΚΑ / ΑΛΕΥΡΙ / ΡΥΖΙ / ΠΟΥΡΓΟΥΡΙ / ΟΣΠΡΙΑ / ΖΑΧΑΡΗ</b> |   |       |       |       |        |
| <b>ΑΛΕΥΡΙ</b>   |   |       |       |       |        |
| 52  | MITSIDES FARINA PLAIN 00 1KG              | 1.56  | 1.57  | 0.01  | 0.6%   |
| 53  | MITSIDES PLAIN 00 ALL PURPOSE 1KG         | 1.30  | 1.31  | 0.01  | 0.8%   |
| 54  | MITSIDES SELF RAISING 1KG                 | 1.56  | 1.58  | 0.02  | 1.3%   |
| 55  | MITSIDES VILLAGE 1KG                      | 1.63  | 1.64  | 0.01  | 0.6%   |
| 56  | TRIUMPH FARINA 00 1KG                     | 1.48  | 1.56  | 0.08  | 5.4%   |
| 57  | TRIUMPH VILLAGE 1KG                       | 1.63  | 1.63  | 0.00  | 0.0%   |
| <b>ΖΑΧΑΡΗ</b>   |   |       |       |       |        |
| 58  | SUGAR                                     | 1.42  | 1.41  | -0.01 | -0.7%  |
| <b>ΖΥΜΑΡΙΚΑ</b>   |   |       |       |       |        |
| 59  | BARILLA SPAGHETTI No.5 500GR              | 1.22  | 1.22  | 0.00  | 0.0%   |
| 60  | MELISSA PRIMO GUSTO ORZO 500GR            | 1.27  | 1.27  | 0.00  | 0.0%   |
| 61  | MELISSA PRIMO GUSTO SPAGHETTI No.6 500GR  | 1.22  | 1.16  | -0.06 | -4.9%  |
| 62  | MITSIDES MEZZANI A 500GR                  | 1.35  | 1.37  | 0.02  | 1.5%   |
| 63  | MITSIDES ORZO 500GR                       | 1.35  | 1.29  | -0.06 | -4.4%  |
| 64  | MITSIDES SPAGHETTI 500GR                  | 1.22  | 1.22  | 0.00  | 0.0%   |
| 65  | MITSIDES TRADITIONAL 500GR                | 1.45  | 1.45  | 0.00  | 0.0%   |
| 66  | TRIUMPH SPAGHETTI 500GR                   | 1.10  | 1.15  | 0.05  | 4.5%   |
| <b>ΟΣΠΡΙΑ</b>   |   |       |       |       |        |
| 67  | KAOURIS CANADIAN LAIRD LENTILS 1KG        | 2.73  | 2.76  | 0.03  | 1.1%   |
| 68  | NATURAL LIFE IMPORTED BLACK EYE BEANS 1KG | 2.94  | 3.00  | 0.06  | 2.0%   |
| 69  | NATURAL LIFE IMPORTED LENTILS 1KG         | 2.17  | 2.22  | 0.05  | 2.3%   |
| 70  | SOLEAS 3A BEANS 1KG                       | 2.86  | 2.82  | -0.04 | -1.4%  |
| 71  | SOLEAS 3A BLACK EYE BEANS 1KG             | 3.89  | 3.91  | 0.02  | 0.5%   |
| 72  | SOLEAS 3A GREEN LENTILS 1KG               | 2.75  | 2.81  | 0.06  | 2.2%   |
| <b>ΠΟΥΡΓΟΥΡΙ</b>  |   |       |       |       |        |
| 73  | A.KEPOLA BULGUR WHEAT 1KG                 | 2.69  | 2.77  | 0.08  | 3.0%   |
| 74  | A.KEPOLA BULGUR WHEAT 500GR               | 1.69  | 1.68  | -0.01 | -0.6%  |
| 75  | KAOURIS BULGUR WHEAT 500GR                | 1.49  | 1.48  | -0.01 | -0.7%  |
| 76  | LISKO FAMELISKO BULGUR WHEAT MEDIUM 500GR | 1.17  | 1.15  | -0.02 | -1.7%  |
| 77  | MITSIDES BULGUR WHEAT 1KG                 | 3.11  | 3.09  | -0.02 | -0.6%  |
| 78  | MITSIDES BULGUR WHEAT 500GR               | 1.72  | 1.70  | -0.02 | -1.2%  |
| <b>ΡΥΖΙ</b>   |   |       |       |       |        |
| 79  | SOLEAS 3A BASMATI RICE BAG 1KG            | 3.26  | 3.28  | 0.02  | 0.6%   |
| 80  | SOLEAS 3A GLUTINOUS RICE BAG 1KG          | 2.52  | 2.58  | 0.06  | 2.4%   |
| 81  | SOLEAS 3A PARBOILED RICE 1KG              | 2.36  | 2.36  | 0.00  | 0.0%   |
| 82  | TILDA BASMATI RICE 1KG                    | 5.78  | 5.75  | -0.03 | -0.5%  |
| 83  | UNCLE BENS LONG GRAIN RICE 1KG            | 3.93  | 3.95  | 0.02  | 0.5%   |
| 84  | UNCLE BENS LONG GRAIN RICE BOX 2KG        | 8.31  | 8.30  | -0.01 | -0.1%  |
| <b>ΚΑΤΕΨΥΓΜΕΝΑ</b>  |   |       |       |       |        |
| <b>ΚΑΤΕΨΥΓΜΕΝΑ ΖΥΜΑΡΙΚΑ</b>                                   |   |       |       |       |        |
| 85  | CHARALAMBIDES CHRISTIS RAVIOLI 400GR      | 4.47  | 4.07  | -0.40 | -8.9%  |
| 86  | HERCULES RAVIOLI 400GR                    | 2.98  | 3.00  | 0.02  | 0.7%   |
| 87  | MITSIDES VILLAGE RAVIOLI 375GR            | 3.49  | 3.69  | 0.20  | 5.7%   |
| <b>ΚΑΤΕΨΥΓΜΕΝΑ ΜΑΛΑΚΙΑ/ ΟΣΤΡΑΚΟΕΙΔΗ</b>                       |   |       |       |       |        |
| 88  | 7 THALASSES SHRIMPS 30/50 500GR           | 11.10 | 11.04 | -0.06 | -0.5%  |
| 89  | BLUE GREEN WAVE OCTOPUS 1KG               | 6.45  | 6.10  | -0.35 | -5.4%  |
| 90  | BLUE GREEN WAVE SQUID RINGS 1KG           | 4.60  | 4.67  | 0.07  | 1.5%   |
| 91  | EDESMA SQUID RINGS 1KG                    | 5.70  | 5.73  | 0.03  | 0.5%   |
| <b>ΚΑΤΕΨΥΓΜΕΝΟ ΨΑΡΙ</b>                                       |   |       |       |       |        |
| 92  | EDESMA RED FISH 1KG                       | 7.91  | 7.78  | -0.13 | -1.6%  |
| 93  | FINDUS SALMON PORTIONS 4X125GR            | 15.42 | 15.98 | 0.56  | 3.6%   |
| 94  | FOODPAX SALMON PORTIONS 4X125GR           | 14.18 | 13.73 | -0.45 | -3.2%  |
| 95  | QUALIFOOD PANGASIIUS FILLETS 1KG          | 5.47  | 5.47  | 0.00  | 0.0%   |
| <b>ΚΑΤΕΨΥΓΜΕΝΟ ΨΑΡΙ ΠΑΝΕ/ ΠΡΟΨΗΜΕΝΟ</b>                       |   |       |       |       |        |
| 96  | 7 SEAS COD BREADED FISH FILLETS 400GR     | 3.64  | 3.67  | 0.03  | 0.8%   |

|   |   |       |       |       |       |
|---|---|-------|-------|-------|-------|
| 97  | BIRDS EYE COD FISH FINGERS 14PCS 350GR        | 6.92  | 6.98  | 0.06  | 0.9%  |
| 98  | BIRDS EYE SIMPLY 4 COD FILLET BREADED 440GR   | 12.44 | 12.53 | 0.09  | 0.7%  |
| 99  | NORDA WHITE FISH BREADED FILLETS 4PCS 300GR   | 4.92  | 5.04  | 0.12  | 2.4%  |
| 100   | NORDA WHITE FISH FISH STICKS 10PCS 300GR      | 3.23  | 3.21  | -0.02 | -0.6% |
| <b>ΨΥΓΕΙΟΥ ΚΑΙ ΚΑΤΕΨΥΓΜΕΝΑ ΜΠΕΡΚΕΡ</b>                |   |       |       |       |       |
| 101   | BLACK ANGUS BEEF BURGERS 2P 340GR             | 5.46  | 5.61  | 0.15  | 2.7%  |
| 102   | EDESMA VEGETABLE BURGERS 4P 380GR             | 5.00  | 5.01  | 0.01  | 0.2%  |
| 103   | GRIGORIOU BEEF BURGERS 4P 600GR               | 5.53  | 5.01  | -0.52 | -9.4% |
| 104   | GRIGORIOU HAMBURGERS 6P 480GR                 | 4.11  | 3.96  | -0.15 | -3.6% |
| 105   | GRIGORIOU TURKEY BURGERS 6P 480GR             | 4.40  | 4.37  | -0.03 | -0.7% |
| 106   | KYPRIANOU SPECIAL CHICKEN BURGERS 900GR       | 6.60  | 6.61  | 0.01  | 0.2%  |
| <b>ΨΥΓΕΙΟΥ ΚΑΙ ΚΑΤΕΨΥΓΜΕΝΟ ΚΡΕΑΣ ΠΑΝΕ/ ΠΡΟΨΗΜΜΕΝΟ</b> |   |       |       |       |       |
| 107   | EDESMA CHICKEN NUGGETS 500GR                  | 5.63  | 5.53  | -0.10 | -1.8% |
| 108   | EDESMA CHICKEN NUGGETS 900GR                  | 7.84  | 7.97  | 0.13  | 1.7%  |
| 109   | EMA FOODS CHICKEN NUGGETS 900GR               | 6.40  | 6.61  | 0.21  | 3.3%  |
| 110   | EN ELLADI CHICKEN NUGGETS 400GR               | 4.59  | 4.58  | -0.01 | -0.2% |
| 111   | EN ELLADI MEAT BALLS 420GR                    | 4.42  | 4.18  | -0.24 | -5.4% |
| 112   | PARADISIOTIS CHICKEN NUGGETS 800GR            | 4.57  | 4.79  | 0.22  | 4.8%  |
| <b>ΚΑΦΕΣ</b>  |   |       |       |       |       |
| <b>ΚΥΠΡΙΑΚΟΣ ΚΑΦΕΣ</b>                                |   |       |       |       |       |
| 113   | CHARALAMBOUS GREEN 200GR                      | 2.95  | 3.01  | 0.06  | 2.0%  |
| 114   | CHARALAMBOUS GREEN 500GR                      | 7.27  | 7.28  | 0.01  | 0.1%  |
| 115   | ΛΑΙΚΟΝ GOLD 200GR                             | 2.94  | 2.95  | 0.01  | 0.3%  |
| 116   | ΛΑΙΚΟΝ GOLD 500GR                             | 7.29  | 7.26  | -0.03 | -0.4% |
| <b>ΣΤΙΓΜΙΑΙΟΣ ΚΑΦΕΣ</b>                               |   |       |       |       |       |
| 117   | CELEST CAFE TIN 200GR                         | 4.52  | 4.41  | -0.11 | -2.4% |
| 118   | JACOBS EKLEKTOS JAR 100GR                     | 4.46  | 4.40  | -0.06 | -1.3% |
| 119   | NESCAFE AZERA ESPRESSO TIN 100GR              | 5.67  | 5.97  | 0.30  | 5.3%  |
| 120   | NESCAFE CLASSIC DEC TIN 100GR                 | 4.76  | 4.78  | 0.02  | 0.4%  |
| 121   | NESCAFE CLASSIC TIN 100GR                     | 3.93  | 3.97  | 0.04  | 1.0%  |
| 122   | NESCAFE CLASSIC TIN 200GR                     | 5.94  | 5.99  | 0.05  | 0.8%  |
| 123   | NESCAFE GOLD BLEND JAR 190GR                  | 6.20  | 6.11  | -0.09 | -1.5% |
| 124   | NESCAFE GOLD BLEND JAR 95GR                   | 3.53  | 3.56  | 0.03  | 0.8%  |
| <b>ΚΟΝΣΕΡΒΕΣ</b>                                      |   |       |       |       |       |
| <b>ΓΑΛΑ ΕΒΑΠΟΡΕ/ ΖΑΧΑΡΟΥΧΟ</b>                        |   |       |       |       |       |
| 125   | NESTLE MILKMAID CONDENSED CAN 397GR           | 2.29  | 2.40  | 0.11  | 4.8%  |
| 126   | NOYNOY CONDENSED CAN 397GR                    | 1.53  | 1.53  | 0.00  | 0.0%  |
| 127   | NOYNOY EVAPORATED CAN 410GR                   | 1.23  | 1.21  | -0.02 | -1.6% |
| 128   | NOYNOY LIGHT EVAPORATED CAN 410GR             | 1.21  | 1.20  | -0.01 | -0.8% |
| 129   | NOYNOY LIGHT EVAPORATED PORTIONS 10X15GR      | 1.21  | 1.21  | 0.00  | 0.0%  |
| <b>ΚΟΝΣΕΡΒΕΣ ΚΡΕΑΤΟΣ</b>                              |   |       |       |       |       |
| 130   | Karla Corned Beef 340gr                       | 3.27  | 3.27  | 0.00  | 0.0%  |
| 131   | Tulip Pork Chopped Ham 200gr                  | 2.42  | 2.41  | -0.01 | -0.4% |
| 132   | Tulip Pork Luncheon Meat 200gr                | 2.17  | 2.15  | -0.02 | -0.9% |
| 133   | Zwan Chicken Luncheon Meat 200gr              | 2.16  | 2.16  | 0.00  | 0.0%  |
| 134   | Zwan Pork Chopped Ham 200gr                   | 3.03  | 3.06  | 0.03  | 1.0%  |
| 135   | Zwan Pork Luncheon Meat 200gr                 | 2.21  | 2.18  | -0.03 | -1.4% |
| <b>ΚΟΝΣΕΡΒΕΣ ΨΑΡΙΟΥ</b>                               |   |       |       |       |       |
| 136   | RIO MARE TUNA IN OLIVE OIL 3X160GR(1FREE)     | 7.51  | 7.77  | 0.26  | 3.5%  |
| 137   | RIO MARE TUNA IN OLIVE OIL 4X80GR(1FREE)      | 6.00  | 5.96  | -0.04 | -0.7% |
| 138   | RIO MARE TUNA MEAT LIGHT IN OLIVE OIL 3X80GR  | 4.78  | 4.76  | -0.02 | -0.4% |
| 139   | SHEIK TUNA MEAT LIGHT IN OIL 4X100GR          | 3.56  | 3.56  | 0.00  | 0.0%  |
| 140   | SHEIK WHITE TUNA LIGHT IN WATER 4X185GR       | 6.53  | 6.51  | -0.02 | -0.3% |
| <b>ΞΗΡΑ ΤΡΟΦΗ</b>                                     |   |       |       |       |       |
| <b>ΔΗΜΗΤΡΙΑΚΑ ΠΡΟΓΕΥΜΑΤΟΣ</b>                         |   |       |       |       |       |
| 141   | Kellogg S Coco Pops 500gr                     | 3.95  | 3.95  | 0.00  | 0.0%  |
| 142   | Kellogg S Coco Pops Chocos 375gr              | 2.77  | 3.27  | 0.50  | 18.1% |
| 143   | Kellogg S Corn Flakes 500gr                   | 3.27  | 3.34  | 0.07  | 2.1%  |
| 144   | Kellogg S Honey Loops 330gr                   | 3.58  | 3.60  | 0.02  | 0.6%  |
| 145   | Kellogg S Special K Classic 500gr             | 3.42  | 3.95  | 0.53  | 15.5% |
| 146   | Oreo Os Cookies&Cream Cerals 350gr            | 3.26  | 3.19  | -0.07 | -2.1% |
| 147   | Quaker Traganes Mpoukies Dark Chocolate 450gr | 3.67  | 3.55  | -0.12 | -3.3% |
| 148   | Quaker White Oats Bag 500gr                   | 2.21  | 2.24  | 0.03  | 1.4%  |
| <b>ΚΟΥΛΟΥΡΙΑ</b>                                      |   |       |       |       |       |
| 149   | 7DAYS BAKE ROLLS MINI PIZZA 80GR              | 1.20  | 1.18  | -0.02 | -1.7% |
| 150   | BAKANDYS BREADSTICKS OLIVE OIL 250GR          | 3.35  | 3.38  | 0.03  | 0.9%  |

|   |  |       |       |       |        |
|---|--|-------|-------|-------|--------|
| 151                                     | BAKANDYS RUSKS RYE 200GR                               | 2.55  | 2.63  | 0.08  | 3.1%   |
| 152                                     | ELITE TOAST RYE 360GR(3+1 FREE)                        | 2.16  | 2.16  | 0.00  | 0.0%   |
| 153                                     | ELITE TOAST WHEAT 500GR(3+1 FREE)                      | 2.38  | 2.38  | 0.00  | 0.0%   |
| 154                                     | JOHNSOF BREAD COOKIES NAPOLITANO RAISIN 240GR          | 3.08  | 3.06  | -0.02 | -0.6%  |
| 155                                     | JOHNSOF CROUTONS WHEAT 320GR                           | 2.65  | 2.66  | 0.01  | 0.4%   |
| 156                                     | MARIAS BREAD COOKIES CAROB 350GR                       | 3.22  | 3.22  | 0.00  | 0.0%   |
| <b>ΜΠΙΣΚΟΤΑ</b>                         |  |       |       |       |        |
| 157                                     | FROU FROU JOKER CHOCO COV. SW 12X25GR(3 FREE)          | 3.55  | 3.55  | 0.00  | 0.0%   |
| 158                                     | FROU FROU MORNING COFFEE PL 150GR                      | 1.21  | 1.21  | 0.00  | 0.0%   |
| 159                                     | KATERINA PETIT FOURS PL 500GR                          | 5.11  | 5.11  | 0.00  | 0.0%   |
| 160                                     | KINDER CARDS COCOA&MILK FIL 5X25.6GR                   | 2.14  | 2.16  | 0.02  | 0.9%   |
| 161                                     | NUTELLA FILLED CHOCO BISCUITS FIL T22 304GR            | 3.45  | 3.44  | -0.01 | -0.3%  |
| 162                                     | OREO VANILLA SW 154GR                                  | 1.64  | 1.60  | -0.04 | -2.4%  |
| <b>ΡΟΦΗΜΑΤΑ</b>                         |  |       |       |       |        |
| <b>ΑΝΑΨΥΚΤΙΚΑ</b>                       |  |       |       |       |        |
| 163                                     | 7 UP DIET/FREE CAN 8X330ML                             | 4.28  | 4.29  | 0.01  | 0.2%   |
| 164                                     | 7 UP REGULAR CAN 8X330ML                               | 4.29  | 4.30  | 0.01  | 0.2%   |
| 165                                     | COCA COLA REGULAR CAN 330ML                            | 0.90  | 0.88  | -0.02 | -2.2%  |
| 166                                     | COCA COLA REGULAR CAN 8X330ML                          | 4.43  | 4.53  | 0.10  | 2.3%   |
| 167                                     | COCA COLA ZERO CAN 8X330ML                             | 4.64  | 4.65  | 0.01  | 0.2%   |
| 168                                     | PEPSI MAX CAN 8X330ML                                  | 3.61  | 3.62  | 0.01  | 0.3%   |
| <b>ΕΜΦΙΑΛΩΜΕΝΟ ΝΕΡΟ</b>                 |  |       |       |       |        |
| 169                                     | AGROS STILL PET 12X500ML                               | 2.96  | 3.02  | 0.06  | 2.0%   |
| 170                                     | AGROS STILL PET 6X1.5L                                 | 2.49  | 2.52  | 0.03  | 1.2%   |
| 171                                     | ΑΥΙΟΣ ΝΙΣΤΟΛΑΟΣ ΣΤΙΛ ΠΕΤ 12X500ML                      | 3.06  | 3.06  | 0.00  | 0.0%   |
| 172                                     | ΑΥΙΟΣ ΝΙΣΤΟΛΑΟΣ ΣΤΙΛ ΠΕΤ 6X1.5L                        | 2.42  | 2.44  | 0.02  | 0.8%   |
| 173                                     | ΚΥΚΚΟΣ ΣΤΙΛ ΠΕΤ 12X500ML                               | 2.86  | 2.85  | -0.01 | -0.3%  |
| 174                                     | ΚΥΚΚΟΣ ΣΤΙΛ ΠΕΤ 6X1.5L                                 | 2.26  | 2.35  | 0.09  | 4.0%   |
| <b>ΧΥΜΟΙ</b>                            |  |       |       |       |        |
| 175                                     | ΚΕΑΝ ΜΑΝΓΟ&ΠΟΜΕΓΡΑΝΑΤΕ ΝΕΚΤΑΡ ΤΡ 1L                    | 1.65  | 1.65  | 0.00  | 0.0%   |
| 176                                     | ΚΕΑΝ ΟΡΑΝΖΕ 100% ΤΡ 1L                                 | 1.61  | 1.63  | 0.02  | 1.2%   |
| 177                                     | ΚΕΑΝΙΤΑ ΚΙΔΣ ΟΡΑΝΖΕ ΔΡΙΝΚ ΤΒ 9X250ML                   | 4.01  | 4.03  | 0.02  | 0.5%   |
| 178                                     | LIFE APPLE&CARROT&ORANGE 100% PET 400ML                | 1.49  | 1.48  | -0.01 | -0.7%  |
| 179                                     | LIFE ORANGE 100% PET 1L                                | 2.41  | 2.43  | 0.02  | 0.8%   |
| 180                                     | LIFE ORANGE 100% PET 400ML                             | 1.48  | 1.47  | -0.01 | -0.7%  |
| <b>ΦΡΕΣΚΑ ΠΡΟΪΟΝΤΑ</b>                  |  |       |       |       |        |
| <b>ΑΥΓΑ</b>                             |  |       |       |       |        |
| 181                                     | Αυγά 12 τεμάχια (Μ) - (53gr - 63gr) -(φθηνότερη συσκ.) | 3.27  | 3.33  | 0.06  | 1.8%   |
| <b>ΦΡΕΣΚΟ ΚΡΕΑΣ/ ΠΟΥΛΕΡΙΚΑ/ ΚΟΥΝΕΛΙ</b> |  |       |       |       |        |
| 182                                     | Αμνοερίφια μικρά σε κομμάτια (Kg)                      | 10.59 | 10.40 | -0.19 | -1.8%  |
| 183                                     | Βοδινό top-side (Kg) (ψαχνό, χωρίς κόκκαλο και λίπος)  | 13.47 | 13.79 | 0.32  | 2.4%   |
| 184                                     | Βοδινός κιμάς (Kg)                                     | 8.57  | 8.65  | 0.08  | 0.9%   |
| 185                                     | Κοτόπουλο ολόκληρο (Kg) (Χαμηλότερη Τιμή)              | 3.77  | 3.77  | 0.00  | 0.0%   |
| 186                                     | Κοτόπουλο στήθος φιλέτο (Kg) (Χαμηλότερη Τιμή)         | 7.79  | 7.96  | 0.17  | 2.2%   |
| 187                                     | Κουνέλι (Kg) (χαμηλότερη τιμή)                         | 9.97  | 10.11 | 0.14  | 1.4%   |
| 188                                     | Χοιρινή Μπριζόλα φιλέτο (Kg)                           | 5.08  | 5.37  | 0.29  | 5.7%   |
| 189                                     | Χοιρινός Κιμάς (Kg)                                    | 5.04  | 5.43  | 0.39  | 7.7%   |
| 190                                     | Χοιρινός Λαπάς με κόκκαλο (Kg)                         | 5.58  | 5.80  | 0.22  | 3.9%   |
| <b>ΦΡΕΣΚΟ ΨΑΡΙ/ΜΑΛΑΚΙΑ</b>              |  |       |       |       |        |
| 191                                     | Γόπες (Kg)   | 9.43  | 8.12  | -1.31 | -13.9% |
| 192                                     | Καλαμάρι Μεγάλο (Kg)                                   | 11.69 | 10.07 | -1.62 | -13.9% |
| 193                                     | Καλαμάρι Μικρό (Kg)                                    | 19.81 | 19.68 | -0.13 | -0.7%  |
| 194                                     | Λαβράκι Μεγάλο (Kg)                                    | 9.72  | 8.38  | -1.34 | -13.8% |
| 195                                     | Μπαρμπούνι (Kg)  | 14.68 | 28.38 | 13.70 | 93.3%  |
| 196                                     | Τσιπούρα Μεγάλη (Kg)                                   | 7.80  | 6.90  | -0.90 | -11.5% |
| 197                                     | Χταπόδι Μεγάλο (Kg)                                    | 17.37 | 19.22 | 1.85  | 10.7%  |
| 198                                     | Χταπόδι Μικρό (Kg)                                     | 25.37 | 20.42 | -4.95 | -19.5% |
| <b>ΧΟΡΤΑ</b>                            |  |       |       |       |        |
| 199                                     | Αγγουράκια Θερμοκηπίου (Kg)                            | 1.20  | 1.66  | 0.46  | 38.3%  |
| 200                                     | Αγγουράκια Χωραφιού (Kg)                               | 1.44  | 1.76  | 0.32  | 22.2%  |
| 201                                     | Ντομάτες Α (Kg)  | 1.46  | 1.84  | 0.38  | 26.0%  |
| 202                                     | Πατάτες Φρέσκες (Kg)                                   | 1.95  | 2.01  | 0.06  | 3.1%   |
| 203                                     | Χόρτα Δέσμης   | 0.44  | 0.79  | 0.35  | 79.5%  |
| <b>ΨΩΜΙ</b>                             |  |       |       |       |        |
| 204                                     | Slice Άσπρο μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)  | 1.84  | 1.82  | -0.02 | -1.1%  |
| 205                                     | Slice Άσπρο μικρό (450gr-500gr) (χαμηλότερη τιμή)      | 1.70  | 1.67  | -0.03 | -1.8%  |

|  |  |       |       |       |       |
|--|--|-------|-------|-------|-------|
| 206                                    | Slice Ολικής Αλέσεως μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή) | 1.76  | 1.79  | 0.03  | 1.7%  |
| 207                                    | Slice Ολικής Αλέσεως μικρό (450gr-500gr) (χαμηλότερη τιμή)     | 1.65  | 1.61  | -0.04 | -2.4% |
| 208                                    | Ψωμί Άσπρο μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)           | 1.60  | 1.65  | 0.05  | 3.1%  |
| 209                                    | Ψωμί Άσπρο μικρό (450gr-500gr)(χαμηλότερη τιμή)                | 1.26  | 1.62  | 0.36  | 28.6% |
| <b>FUEL</b>                            |  |       |       |       |       |
| <b>ΚΑΡΒΟΥΝΑ</b>                        |  |       |       |       |       |
| 210                                    | ETOSHA 5kg   | 6.34  | 6.32  | -0.02 | -0.3% |
| 211                                    | ΠΥΡΣΟΣ 5kg   | 6.35  | 6.39  | 0.04  | 0.6%  |
| <b>ΑΠΟΡΡΥΠΑΝΤΙΚΑ/ ΜΑΛΑΚΤΙΚΑ ΡΟΥΧΩΝ</b> |  |       |       |       |       |
| <b>ΑΠΟΡΡΥΠΑΝΤΙΚΑ ΡΟΥΧΩΝ</b>            |  |       |       |       |       |
| 212                                    | ARIEL MOUNTAIN SPRING 56WSH LIQ 3.08L                          | 10.72 | 10.83 | 0.11  | 1.0%  |
| 213                                    | DIXAN BLUE OCEAN 66WSH PWD 3.63KG                              | 10.54 | 10.71 | 0.17  | 1.6%  |
| 214                                    | DIXAN MULTICOLOR 42WSH GEL 2.1L                                | 6.43  | 6.85  | 0.42  | 6.5%  |
| 215                                    | EUREKA ACTIVE CARE 61WSH PWD 4KG P-OFF                         | 7.04  | 7.14  | 0.10  | 1.4%  |
| 216                                    | EUREKA MASSALIAS CLASSIC 48WSH LIQ 2.4L P-OFF                  | 5.84  | 5.87  | 0.03  | 0.5%  |
| 217                                    | EUREKA MASSALIAS LAVENDER 48WSH LIQ 2.4L P-OFF                 | 5.85  | 5.86  | 0.01  | 0.2%  |
| <b>ΜΑΛΑΚΤΙΚΑ ΡΟΥΧΩΝ</b>                |  |       |       |       |       |
| 218                                    | COMFORT GOLD LILY&WILD BERRY 4L                                | 5.40  | 5.46  | 0.06  | 1.1%  |
| 219                                    | COMFORT GOLD WILD ORCHID&SANDALWOOD 4L                         | 5.48  | 5.52  | 0.04  | 0.7%  |
| 220                                    | COMFORT PURELY SOFT 4L   | 5.03  | 5.08  | 0.05  | 1.0%  |
| <b>ΕΙΔΗ ΠΡΟΣΩΠΙΚΗΣ ΥΓΙΕΙΝΗΣ</b>        |  |       |       |       |       |
| <b>ΣΕΡΒΙΕΤΤΕΣ ΥΓΙΕΙΑΣ</b>              |  |       |       |       |       |
| 221                                    | ALWAYS PADS SECURE NIGHT ULTRA DUO W 12P                       | 2.17  | 2.18  | 0.01  | 0.5%  |
| 222                                    | ALWAYS PADS ULTRA LONG PLUS W 16P                              | 2.06  | 2.07  | 0.01  | 0.5%  |
| 223                                    | ALWAYS PADS ULTRA NORMAL PLUS DUO W 20P                        | 1.89  | 1.87  | -0.02 | -1.1% |
| 224                                    | EVERYDAY PADS HYPERDRY ULTRA PLUS SUPER DUO W 2X18P(1FREE)     | 3.56  | 3.57  | 0.01  | 0.3%  |
| <b>ΧΑΡΤΙ ΥΓΙΕΙΑΣ</b>                   |  |       |       |       |       |
| 225                                    | ELITE LUXURY WHITE 3PLY 10P                                    | 4.13  | 4.21  | 0.08  | 1.9%  |
| 226                                    | KLEENEX PREMIUM HONEYSUCKLE 2PLY 12P (3 FREE)                  | 11.38 | 11.46 | 0.08  | 0.7%  |
| 227                                    | KLEENEX PREMIUM WHITE 2PLY 12P (3 FREE)                        | 11.42 | 11.47 | 0.05  | 0.4%  |
| 228                                    | KLEENEX SCOTTONELLE DOUBLE ROLL WHITE 1PLY 16P P_OFF           | 13.24 | 13.32 | 0.08  | 0.6%  |
| 229                                    | KLEENEX SCOTTONELLE SOFT&STRONG WHITE 2PLY 32P (8 FREE)        | 14.60 | 14.18 | -0.42 | -2.9% |
| 230                                    | SILKY WHITE 2PLY 24P   | 7.70  | 7.47  | -0.23 | -3.0% |
| <b>ΚΥΛΙΝΔΡΟΣ ΥΓΡΑΕΡΙΟΥ</b>             |  |       |       |       |       |
| <b>ΚΥΛΙΝΔΡΟΣ ΥΓΡΑΕΡΙΟΥ</b>             |  |       |       |       |       |
| 231                                    | ΚΥΛΙΝΔΡΟΣ 10kg (ΤΙΜΗ ΜΕ ΕΠΙΣΤΡΟΦΗ ΑΔΕΙΟΥ)                      | 15.78 | 14.88 | -0.90 | -5.7% |
| <b>ΒΡΕΦΙΚΑ ΠΡΟΙΟΝΤΑ</b>                |  |       |       |       |       |
| <b>ΒΡΕΦΙΚΕΣ ΠΑΝΕΣ</b>                  |  |       |       |       |       |
| 232                                    | NANNYS SENSITIVE 5 JUNIOR 12-25KG 44P                          | 9.93  | 9.52  | -0.41 | -4.1% |
| 233                                    | NANNYS SENSITIVE 6 JUNIOR PLUS 15-30KG 40P                     | 9.74  | 9.39  | -0.35 | -3.6% |
| 234                                    | PAMP. ACTIVE BABY 5 JUNIOR 11-16KG 78P                         | 15.15 | 15.15 | 0.00  | 0.0%  |
| 235                                    | PAMP. ACTIVE BABY 6 EXTRA LARGE 13-18KG 68P                    | 15.15 | 15.19 | 0.04  | 0.3%  |
| 236                                    | PAMP. ACTIVE BABY 7 MAXI 15+KG 40P                             | 11.00 | 10.95 | -0.05 | -0.5% |
| 237                                    | PAMP. PREMIUM CARE 1 NEW BORN 2-5KG 52P                        | 11.07 | 11.11 | 0.04  | 0.4%  |
| <b>ΒΡΕΦΙΚΕΣ ΤΡΟΦΕΣ</b>                 |  |       |       |       |       |
| 238                                    | HIPP BIO DAIRY FREE OAT PORRIDGE 4M+ CRT 200GR                 | 3.34  | 3.33  | -0.01 | -0.3% |
| 239                                    | NESTLE FARINE LACTEE WHEAT CEREALS 6M+ CRT 350GR               | 3.39  | 3.27  | -0.12 | -3.5% |
| 240                                    | NOYNOY 5 FRUIT CEREAL CREAM 6M+ TIN 300GR P-OFF                | 5.04  | 5.10  | 0.06  | 1.2%  |
| 241                                    | NOYNOY BISCUIT CEREALS 6M+ TIN 300GR P-OFF                     | 4.89  | 4.91  | 0.02  | 0.4%  |
| 242                                    | NOYNOY FARINE LACTEE CEREALS 6M+ TIN 300GR P-OFF               | 3.03  | 3.06  | 0.03  | 1.0%  |
| 243                                    | YIOTIS FARINE LACTEE MILK CEREAL CREAM 6M+ TIN 300GR P-OFF     | 2.67  | 2.71  | 0.04  | 1.5%  |
| <b>ΒΡΕΦΙΚΟ ΓΑΛΑ</b>                    |  |       |       |       |       |
| 244                                    | Frisogrow 3 1-3y Tin 800gr                                     | 19.86 | 19.85 | -0.01 | -0.1% |
| 245                                    | Frisogrow Plus+ 3-5y Tin 800gr                                 | 18.80 | 19.01 | 0.21  | 1.1%  |
| 246                                    | Frisolac 1 0-6m Tin 800gr                                      | 22.69 | 22.84 | 0.15  | 0.7%  |
| 247                                    | Frisomel 2 6m+ Tin 800gr                                       | 19.79 | 19.80 | 0.01  | 0.1%  |
| 248                                    | Nan 4 Protect Build 2y+ Tin 400gr                              | 8.99  | 9.02  | 0.03  | 0.3%  |
| 249                                    | S-26 Progress Gold 3 1-3y Tin 400gr                            | 9.03  | 9.66  | 0.63  | 7.0%  |