

ΠΑΡΑΤΗΡΗΤΗΡΙΟ ΒΑΣΙΚΩΝ ΚΑΤΑΝΑΛΩΤΙΚΩΝ ΑΓΑΘΩΝ

ΣΥΓΚΡΙΣΗ ΜΕ ΠΡΟΗΓΟΥΜΕΝΟ ΜΗΝΑ



Κυπριακή Δημοκρατία



ΥΠΟΥΡΓΕΙΟ ΕΝΕΡΓΕΙΑΣ
ΕΜΠΟΡΙΟΥ ΚΑΙ ΒΙΟΜΗΧΑΝΙΑΣ



ΥΠΗΡΕΣΙΑ
ΠΡΟΣΤΑΣΙΑΣ
ΚΑΤΑΝΑΛΩΤΗ

Αυγ 2023

Α/Α	ΠΡΟΪΟΝ	Μέση Σταθμισμένη Τιμή		Αύξηση / Μείωση Τιμής	% Μεταβολή
		Προηγούμενος Μήνας	Τρέχον Μήνας		
ΑΛΛΑΝΤΙΚΑ					
ΑΛΛΑΝΤΙΚΑ					
1	Chrysodalia Lountza Smoked Slices 300gr	4.68	4.49	-0.19	-4.1%
2	Chrysodalia Turkey Smoked Slices 200gr	3.06	3.09	0.03	1.0%
3	Grigoriou Ham Slices 300gr	3.85	3.87	0.02	0.5%
4	Grigoriou Lountza Slices 150gr	3.26	3.29	0.03	0.9%
5	Grigoriou Salami Extra 300gr	2.53	2.64	0.11	4.3%
6	Grigoriou Streaky Bacon Slices 150gr	2.82	2.75	-0.07	-2.5%
7	Grigoriou Turkey Smoked Slices 200gr	3.29	3.36	0.07	2.1%
ΒΟΗΘΗΜΑΤΑ ΜΑΓΕΙΡΕΜΑΤΟΣ					
ΖΩΜΟΣ					
8	KNORR BOUILLONS CHICKEN 12 CUBES 120GR	1.21	1.15	-0.06	-5.0%
9	KNORR BOUILLONS VEGETABLES 12 CUBES 120GR	1.48	1.43	-0.05	-3.4%
10	MAGGI BOUILLONS CHICKEN 12 CUBES 132GR	1.45	1.45	0.00	0.0%
11	MAGGI BOUILLONS PASTA 12 CUBES 132GR	1.96	1.94	-0.02	-1.0%
12	MAGGI BOUILLONS VEGETABLES 12 CUBES 132GR	1.97	1.98	0.01	0.5%
ΝΤΟΜΑΤΟΧΥΜΟΣ/ ΠΕΛΤΕΣ					
13	BLOSSOM TOMATO PASTE CUP 4X70GR	1.98	1.99	0.01	0.5%
14	KEAN POMILORI SIEVE TOMATO PASTE JAR 700GR	1.71	1.70	-0.01	-0.6%
15	MITSIDES TOMATO PASSATA CARTON 3X500GR P-OFF	2.75	2.79	0.04	1.5%
16	MITSIDES TOMATO PASTE CUP 4X70GR	2.04	2.09	0.05	2.5%
17	PELARGOS TOMATO PASSATA CARTON 3X250GR	1.31	1.31	0.00	0.0%
ΦΥΤΙΚΟ ΜΑΓΕΙΡΙΚΟ ΛΙΠΟΣ					
18	SPRY 350GR	2.93	2.95	0.02	0.7%
ΓΑΛΑΚΤΟΚΟΜΙΚΑ					
ΓΙΑΟΥΡΤΙ					
19	ALAMBRA THE GRANNY SHEEP F/F PC 700GR	2.94	3.02	0.08	2.7%
20	CHARALAMB/CHRISTIS STRAINED STRAGGATO F/F PC 1KG	4.11	4.12	0.01	0.2%
21	CHARALAMB/CHRISTIS STRAINED STRAGGATO LGT PC 1KG	4.11	4.13	0.02	0.5%
22	ZITA STRAINED F/F PC 1KG	4.08	4.02	-0.06	-1.5%
23	ZITA STRAINED LGT PC 1KG	4.06	4.01	-0.05	-1.2%
ΤΥΡΙ					
24	ALAMBRA COTTAGE PC 200GR	1.71	1.84	0.13	7.6%
25	ALAMBRA H GIAGIA GOAT/SHEEP HALLOUMI KG	13.50	13.72	0.22	1.6%
26	CHARALAMB/CHRISTIS FETA BLOCK 200GR	3.12	3.27	0.15	4.8%
27	CHARALAMB/CHRISTIS HALLOUMI PISSOURKOTIKO KG	14.39	14.03	-0.36	-2.5%
28	DIROLLO 2.2% COTTAGE 225GR	2.28	2.27	-0.01	-0.4%
29	DODONI FETA BLOCK 400GR	7.45	7.50	0.05	0.7%
30	KESES GOAT/SHEEP HALLOUMI KG	16.22	16.10	-0.12	-0.7%
31	LA VACHE QUI RIT CHEEZ DIPPERS 4PORTION 140GR	3.13	3.20	0.07	2.2%
32	PHILADELPHIA LIGHT PLAIN SPREAD TUBS 200GR	2.43	2.49	0.06	2.5%
33	PHILADELPHIA PLAIN SPREAD TUBS 200GR	2.43	2.57	0.14	5.8%
34	VALIO EDAM LIGHT 17% SLICES 2X250GR P-OFF	7.36	7.34	-0.02	-0.3%
35	VEPO FOOD EDAM SLICES 200GR	2.35	2.46	0.11	4.7%
36	VEPO FOOD GOUDA SLICES 200GR	2.50	2.48	-0.02	-0.8%
ΦΡΕΣΚΟ ΓΑΛΑ					
37	CHARALAMBIDES CHRISTIS DELACT HDPE 1L	1.70	1.70	0.00	0.0%
38	CHARALAMBIDES CHRISTIS FULL FAT 3% HDPE 2L	2.88	2.88	0.00	0.0%
39	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 1.5L	2.20	2.20	0.00	0.0%
40	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 1L	1.49	1.50	0.01	0.7%
41	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 2L	2.89	2.89	0.00	0.0%
42	LANITIS FULL FAT 3% HDPE 2L	2.83	2.83	0.00	0.0%
43	LANITIS SEMI SKIMMED 1.5% HDPE 1.5L	2.18	2.18	0.00	0.0%

44	LANITIS SEMI SKIMMED 1.5% HDPE 2L	2.85	2.84	-0.01	-0.4%
ΕΛΑΙΑ					
ΛΑΔΙ					
45	AMBROSIA SUNFLOWER OIL 3L	6.78	6.85	0.07	1.0%
46	DORINA SUNFLOWER OIL 5L	9.89	9.63	-0.26	-2.6%
47	ELIOHORI EXTRA VIRGIN OLIVE OIL 2L	14.86	14.82	-0.04	-0.3%
48	FLORA SUNFLOWER OIL 3L	8.54	10.74	2.20	25.8%
49	LESIEUR SUNFLOWER OIL 3L	7.50	6.83	-0.67	-8.9%
50	SAINT GEORGE EXTRA VIRGIN OLIVE OIL 1L	7.77	7.78	0.01	0.1%
51	SEKEP EXTRA VIRGIN OLIVE OIL 1L	7.34	7.28	-0.06	-0.8%
ΖΥΜΑΡΙΚΑ / ΑΛΕΥΡΙ / ΡΥΖΙ / ΠΟΥΡΓΟΥΡΙ / ΟΣΠΡΙΑ / ΖΑΧΑΡΗ					
ΑΛΕΥΡΙ					
52	MITSIDES FARINA PLAIN 00 1KG	1.57	1.61	0.04	2.5%
53	MITSIDES PLAIN 00 ALL PURPOSE 1KG	1.31	1.31	0.00	0.0%
54	MITSIDES SELF RAISING 1KG	1.58	1.61	0.03	1.9%
55	MITSIDES VILLAGE 1KG	1.64	1.68	0.04	2.4%
56	TRIUMPH FARINA 00 1KG	1.56	1.57	0.01	0.6%
57	TRIUMPH VILLAGE 1KG	1.63	1.64	0.01	0.6%
ΖΑΧΑΡΗ					
58	SUGAR	1.41	1.42	0.01	0.7%
ΖΥΜΑΡΙΚΑ					
59	BARILLA SPAGHETTI No.5 500GR	1.22	1.24	0.02	1.6%
60	MELISSA PRIMO GUSTO ORZO 500GR	1.27	1.26	-0.01	-0.8%
61	MELISSA PRIMO GUSTO SPAGHETTI No.6 500GR	1.16	1.34	0.18	15.5%
62	MITSIDES MEZZANI A 500GR	1.37	1.32	-0.05	-3.6%
63	MITSIDES ORZO 500GR	1.29	1.29	0.00	0.0%
64	MITSIDES SPAGHETTI 500GR	1.22	1.16	-0.06	-4.9%
65	MITSIDES TRADITIONAL 500GR	1.45	1.49	0.04	2.8%
66	TRIUMPH SPAGHETTI 500GR	1.15	1.10	-0.05	-4.3%
ΟΣΠΡΙΑ					
67	KAOURIS CANADIAN LAIRD LENTILS 1KG	2.76	2.73	-0.03	-1.1%
68	NATURAL LIFE IMPORTED BLACK EYE BEANS 1KG	3.00	3.04	0.04	1.3%
69	NATURAL LIFE IMPORTED LENTILS 1KG	2.22	2.13	-0.09	-4.1%
70	SOLEAS 3A BEANS 1KG	2.82	2.93	0.11	3.9%
71	SOLEAS 3A BLACK EYE BEANS 1KG	3.91	4.16	0.25	6.4%
72	SOLEAS 3A GREEN LENTILS 1KG	2.81	2.86	0.05	1.8%
ΠΟΥΡΓΟΥΡΙ					
73	A.KEPOLA BULGUR WHEAT 1KG	2.77	2.75	-0.02	-0.7%
74	A.KEPOLA BULGUR WHEAT 500GR	1.68	1.68	0.00	0.0%
75	KAOURIS BULGUR WHEAT 500GR	1.48	1.46	-0.02	-1.4%
76	LISKO FAMELISKO BULGUR WHEAT MEDIUM 500GR	1.15	1.16	0.01	0.9%
77	MITSIDES BULGUR WHEAT 1KG	3.09	3.29	0.20	6.5%
78	MITSIDES BULGUR WHEAT 500GR	1.70	1.73	0.03	1.8%
ΡΥΖΙ					
79	SOLEAS 3A BASMATI RICE BAG 1KG	3.28	3.21	-0.07	-2.1%
80	SOLEAS 3A GLUTINOUS RICE BAG 1KG	2.58	2.63	0.05	1.9%
81	SOLEAS 3A PARBOILED RICE 1KG	2.36	2.44	0.08	3.4%
82	TILDA BASMATI RICE 1KG	5.75	6.03	0.28	4.9%
83	UNCLE BENS LONG GRAIN RICE 1KG	3.95	4.16	0.21	5.3%
84	UNCLE BENS LONG GRAIN RICE BOX 2KG	8.30	8.32	0.02	0.2%
ΚΑΤΕΨΥΓΜΕΝΑ					
ΚΑΤΕΨΥΓΜΕΝΑ ΖΥΜΑΡΙΚΑ					
85	CHARALAMBIDES CHRISTIS RAVIOLI 400GR	4.07	3.99	-0.08	-2.0%
86	HERCULES RAVIOLI 400GR	3.00	2.99	-0.01	-0.3%
87	MITSIDES VILLAGE RAVIOLI 375GR	3.69	3.26	-0.43	-11.7%
ΚΑΤΕΨΥΓΜΕΝΑ ΜΑΛΑΚΙΑ/ ΟΣΤΡΑΚΟΕΙΔΗ					
88	7 THALASSES SHRIMPS 30/50 500GR	11.04	11.09	0.05	0.5%
89	BLUE GREEN WAVE OCTOPUS 1KG	6.10	6.39	0.29	4.8%
90	BLUE GREEN WAVE SQUID RINGS 1KG	4.67	4.49	-0.18	-3.9%
91	EDESMA SQUID RINGS 1KG	5.73	5.70	-0.03	-0.5%
ΚΑΤΕΨΥΓΜΕΝΟ ΨΑΡΙ					
92	EDESMA RED FISH 1KG	7.78	7.94	0.16	2.1%
93	FINDUS SALMON PORTIONS 4X125GR	15.98	15.49	-0.49	-3.1%
94	FOODPAX SALMON PORTIONS 4X125GR	13.73	15.68	1.95	14.2%
95	QUALIFOOD PANGASIUS FILLETS 1KG	5.47	5.47	0.00	0.0%

ΚΑΤΕΨΥΓΜΕΝΟ ΨΑΡΙ ΠΑΝΕ/ ΠΡΟΨΗΜΕΝΟ

96	7 SEAS COD BREADED FISH FILLETS 400GR	3.67	3.62	-0.05	-1.4%
97	BIRDS EYE COD FISH FINGERS 14PCS 350GR	6.98	7.07	0.09	1.3%
98	BIRDS EYE SIMPLY 4 COD FILLET BREADED 440GR	12.53	12.65	0.12	1.0%
99	NORDA WHITE FISH BREADED FILLETS 4PCS 300GR	5.04	5.20	0.16	3.2%
100	NORDA WHITE FISH FISH STICKS 10PCS 300GR	3.21	3.28	0.07	2.2%

ΨΥΓΕΙΟΥ ΚΑΙ ΚΑΤΕΨΥΓΜΕΝΑ ΜΠΕΡΚΕΡ

101	BLACK ANGUS BEEF BURGERS 2P 340GR	5.61	5.60	-0.01	-0.2%
102	EDESMA VEGETABLE BURGERS 4P 380GR	5.01	4.88	-0.13	-2.6%
103	GRIGORIOU BEEF BURGERS 4P 600GR	5.01	5.53	0.52	10.4%
104	GRIGORIOU HAMBURGERS 6P 480GR	3.96	4.20	0.24	6.1%
105	GRIGORIOU TURKEY BURGERS 6P 480GR	4.37	4.54	0.17	3.9%
106	KYPRIANOU SPECIAL CHICKEN BURGERS 900GR	6.61	6.60	-0.01	-0.2%

ΨΥΓΕΙΟΥ ΚΑΙ ΚΑΤΕΨΥΓΜΕΝΟ ΚΡΕΑΣ ΠΑΝΕ/ ΠΡΟΨΗΜΕΝΟ

107	EDESMA CHICKEN NUGGETS 500GR	5.53	5.50	-0.03	-0.5%
108	EDESMA CHICKEN NUGGETS 900GR	7.97	7.99	0.02	0.3%
109	EMA FOODS CHICKEN NUGGETS 900GR	6.61	6.89	0.28	4.2%
110	EN ELLADI CHICKEN NUGGETS 400GR	4.58	4.69	0.11	2.4%
111	EN ELLADI MEAT BALLS 420GR	4.18	4.40	0.22	5.3%
112	PARADISIOTIS CHICKEN NUGGETS 800GR	4.79	5.05	0.26	5.4%

ΚΑΦΕΣ**ΚΥΠΡΙΑΚΟΣ ΚΑΦΕΣ**

113	CHARALAMBOUS GREEN 200GR	3.01	2.97	-0.04	-1.3%
114	CHARALAMBOUS GREEN 500GR	7.28	7.27	-0.01	-0.1%
115	LAIKON GOLD 200GR	2.95	2.94	-0.01	-0.3%
116	LAIKON GOLD 500GR	7.26	7.23	-0.03	-0.4%

ΣΤΙΓΜΙΑΙΟΣ ΚΑΦΕΣ

117	CELEST CAFE TIN 200GR	4.41	4.59	0.18	4.1%
118	JACOBS EKLEKTOS JAR 100GR	4.40	4.03	-0.37	-8.4%
119	NESCAFE AZERA ESPRESSO TIN 100GR	5.97	6.02	0.05	0.8%
120	NESCAFE CLASSIC DEC TIN 100GR	4.78	4.81	0.03	0.6%
121	NESCAFE CLASSIC TIN 100GR	3.97	3.96	-0.01	-0.3%
122	NESCAFE CLASSIC TIN 200GR	5.99	5.99	0.00	0.0%
123	NESCAFE GOLD BLEND JAR 190GR	6.11	6.17	0.06	1.0%
124	NESCAFE GOLD BLEND JAR 95GR	3.56	3.62	0.06	1.7%

ΚΟΝΣΕΡΒΕΣ**ΓΑΛΑ ΕΒΑΠΟΡΕ/ ΖΑΧΑΡΟΥΧΟ**

125	NESTLE MILKMAID CONDENSED CAN 397GR	2.40	2.43	0.03	1.3%
126	NOYNOY CONDENSED CAN 397GR	1.53	1.55	0.02	1.3%
127	NOYNOY EVAPORATED CAN 410GR	1.21	1.21	0.00	0.0%
128	NOYNOY LIGHT EVAPORATED CAN 410GR	1.20	1.20	0.00	0.0%
129	NOYNOY LIGHT EVAPORATED PORTIONS 10X15GR	1.21	1.22	0.01	0.8%

ΚΟΝΣΕΡΒΕΣ ΚΡΕΑΤΟΣ

130	Karla Corned Beef 340gr	3.27	3.26	-0.01	-0.3%
131	Tulip Pork Chopped Ham 200gr	2.41	2.35	-0.06	-2.5%
132	Tulip Pork Luncheon Meat 200gr	2.15	2.07	-0.08	-3.7%
133	Zwan Chicken Luncheon Meat 200gr	2.16	2.20	0.04	1.9%
134	Zwan Pork Chopped Ham 200gr	3.06	3.02	-0.04	-1.3%
135	Zwan Pork Luncheon Meat 200gr	2.18	2.23	0.05	2.3%

ΚΟΝΣΕΡΒΕΣ ΨΑΡΙΟΥ

136	RIO MARE TUNA IN OLIVE OIL 3X160GR(1FREE)	7.77	7.74	-0.03	-0.4%
137	RIO MARE TUNA IN OLIVE OIL 4X80GR(1FREE)	5.96	6.01	0.05	0.8%
138	RIO MARE TUNA MEAT LIGHT IN OLIVE OIL 3X80GR	4.76	4.65	-0.11	-2.3%
139	SHEIK TUNA MEAT LIGHT IN OIL 4X100GR	3.56	3.53	-0.03	-0.8%
140	SHEIK WHITE TUNA LIGHT IN WATER 4X185GR	6.51	6.50	-0.01	-0.2%

ΞΗΡΑ ΤΡΟΦΗ**ΔΗΜΗΤΡΙΑΚΑ ΠΡΟΓΕΥΜΑΤΟΣ**

141	Kellogg S Coco Pops 500gr	3.95	4.08	0.13	3.3%
142	Kellogg S Coco Pops Chocos 375gr	3.27	3.24	-0.03	-0.9%
143	Kellogg S Corn Flakes 500gr	3.34	3.38	0.04	1.2%
144	Kellogg S Honey Loops 330gr	3.60	3.60	0.00	0.0%
145	Kellogg S Special K Classic 500gr	3.95	4.34	0.39	9.9%
146	Oreo Os Cookies&Cream Cerals 350gr	3.19	3.21	0.02	0.6%
147	Quaker Traganes Mpoukies Dark Chocolate 450gr	3.55	3.64	0.09	2.5%
148	Quaker White Oats Bag 500gr	2.24	2.23	-0.01	-0.4%

ΚΟΥΛΟΥΡΙΑ					
149	7DAYS BAKE ROLLS MINI PIZZA 80GR	1.18	1.18	0.00	0.0%
150	BAKANDYS BREADSTICKS OLIVE OIL 250GR	3.38	3.62	0.24	7.1%
151	BAKANDYS RUSKS RYE 200GR	2.63	2.65	0.02	0.8%
152	ELITE TOAST RYE 360GR(3+1 FREE)	2.16	2.26	0.10	4.6%
153	ELITE TOAST WHEAT 500GR(3+1 FREE)	2.38	2.42	0.04	1.7%
154	JOHNSOF BREAD COOKIES NAPOLITANO RAISIN 240GR	3.06	3.19	0.13	4.2%
155	JOHNSOF CROUTONS WHEAT 320GR	2.66	2.66	0.00	0.0%
156	MARIAS BREAD COOKIES CAROB 350GR	3.22	3.21	-0.01	-0.3%
ΜΠΙΣΚΟΤΑ					
157	FROU FROU JOKER CHOCO COV. SW 12X25GR(3 FREE)	3.55	3.56	0.01	0.3%
158	FROU FROU MORNING COFFEE PL 150GR	1.21	1.21	0.00	0.0%
159	KATERINA PETIT FOURS PL 500GR	5.11	5.11	0.00	0.0%
160	KINDER CARDS COCOA&MILK FIL 5X25.6GR	2.16	2.21	0.05	2.3%
161	NUTELLA FILLED CHOCO BISCUITS FIL T22 304GR	3.44	3.64	0.20	5.8%
162	OREO VANILLA SW 154GR	1.60	1.43	-0.17	-10.6%
ΡΟΦΗΜΑΤΑ					
ΑΝΑΨΥΚΤΙΚΑ					
163	7 UP DIET/FREE CAN 8X330ML	4.29	4.30	0.01	0.2%
164	7 UP REGULAR CAN 8X330ML	4.30	4.30	0.00	0.0%
165	COCA COLA REGULAR CAN 330ML	0.88	0.88	0.00	0.0%
166	COCA COLA REGULAR CAN 8X330ML	4.53	4.47	-0.06	-1.3%
167	COCA COLA ZERO CAN 8X330ML	4.65	4.65	0.00	0.0%
168	PEPSI MAX CAN 8X330ML	3.62	3.61	-0.01	-0.3%
ΕΜΦΙΑΛΩΜΕΝΟ ΝΕΡΟ					
169	AGROS STILL PET 12X500ML	3.02	3.00	-0.02	-0.7%
170	AGROS STILL PET 6X1.5L	2.52	2.52	0.00	0.0%
171	ΑΥΙΟΣ ΝΙΣΤΟΛΑΟΣ STILL PET 12X500ML	3.06	3.07	0.01	0.3%
172	ΑΥΙΟΣ ΝΙΣΤΟΛΑΟΣ STILL PET 6X1.5L	2.44	2.45	0.01	0.4%
173	ΚΥΚΚΟΣ STILL PET 12X500ML	2.85	2.83	-0.02	-0.7%
174	ΚΥΚΚΟΣ STILL PET 6X1.5L	2.35	2.40	0.05	2.1%
ΧΥΜΟΙ					
175	KEAN MANGO&POMEGRANATE NECTAR TP 1L	1.65	1.67	0.02	1.2%
176	KEAN ORANGE 100% TP 1L	1.63	1.64	0.01	0.6%
177	KEANITA KIDS ORANGE DRINK TB 9X250ML	4.03	4.01	-0.02	-0.5%
178	LIFE APPLE&CARROT&ORANGE 100% PET 400ML	1.48	1.34	-0.14	-9.5%
179	LIFE ORANGE 100% PET 1L	2.43	2.51	0.08	3.3%
180	LIFE ORANGE 100% PET 400ML	1.47	1.32	-0.15	-10.2%
ΦΡΕΣΚΑ ΠΡΟΙΟΝΤΑ					
ΑΥΓΑ					
181	Αυγά 12 τεμάχια (Μ) - (53gr - 63gr) -(φθηνότερη συσκ.)	3.33	3.27	-0.06	-1.8%
ΦΡΕΣΚΟ ΚΡΕΑΣ/ ΠΟΥΛΕΡΙΚΑ/ ΚΟΥΝΕΛΙ					
182	Αμνοερίφια μικρά σε κομμάτια (Kg)	10.40	8.83	-1.57	-15.1%
183	Βοδινό top-side (Kg) (ψαχνό, χωρίς κόκκαλο και λίπος)	13.79	13.92	0.13	0.9%
184	Βοδινός κιμάς (Kg)	8.65	8.74	0.09	1.0%
185	Κοτόπουλο ολόκληρο (Kg) (Χαμηλότερη Τιμή)	3.77	3.78	0.01	0.3%
186	Κοτόπουλο στήθος φιλέτο (Kg) (Χαμηλότερη Τιμή)	7.96	7.90	-0.06	-0.8%
187	Κουνέλι (Kg) (χαμηλότερη τιμή)	10.11	10.15	0.04	0.4%
188	Χοιρινή Μπριζόλα φιλέτο (Kg)	5.37	5.61	0.24	4.5%
189	Χοιρινός Κιμάς (Kg)	5.43	5.09	-0.34	-6.3%
190	Χοιρινός Λαπάς με κόκκαλο (Kg)	5.80	5.81	0.01	0.2%
ΦΡΕΣΚΟ ΨΑΡΙ/ΜΑΛΑΚΙΑ					
191	Γόπες (Kg)	8.12	8.18	0.06	0.7%
192	Καλαμάρι Μεγάλο (Kg)	10.07	11.73	1.66	16.5%
193	Καλαμάρι Μικρό (Kg)	19.68	18.31	-1.37	-7.0%
194	Λαβράκι Μεγάλο (Kg)	8.38	6.99	-1.39	-16.6%
195	Μπαρμπούνη (Kg)	28.38	26.38	-2.00	-7.0%
196	Τσιπούρα Μεγάλη (Kg)	6.90	8.23	1.33	19.3%
197	Χταπόδι Μεγάλο (Kg)	19.22	19.45	0.23	1.2%
198	Χταπόδι Μικρό (Kg)	20.42	17.47	-2.95	-14.4%
ΧΟΡΤΑ					
199	Αγγουράκια Θερμοκηπίου (Kg)	1.66	1.41	-0.25	-15.1%
200	Αγγουράκια Χωραφιού (Kg)	1.76	2.30	0.54	30.7%
201	Ντομάτες Α (Kg)	1.84	2.55	0.71	38.6%
202	Πατάτες Φρέσκες (Kg)	2.01	2.02	0.01	0.5%

203	Χόρτα Δέσμης	0.79	0.47	-0.32	-40.5%
ΨΩΜΙ					
204	Slice Άσπρο μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.82	1.83	0.01	0.5%
205	Slice Άσπρο μικρό (450gr-500gr) (χαμηλότερη τιμή)	1.67	1.68	0.01	0.6%
206	Slice Ολικής Αλέσεως μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.79	1.77	-0.02	-1.1%
207	Slice Ολικής Αλέσεως μικρό (450gr-500gr) (χαμηλότερη τιμή)	1.61	1.64	0.03	1.9%
208	Ψωμί Άσπρο μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.65	1.55	-0.10	-6.1%
209	Ψωμί Άσπρο μικρό (450gr-500gr)(χαμηλότερη τιμή)	1.62	1.27	-0.35	-21.6%
FUEL					
CHARCOAL					
210	ETOSHA 5kg	6.32	6.38	0.06	0.9%
211	ΠΥΡΣΟΣ 5kg	6.39	6.24	-0.15	-2.3%
ΑΠΟΡΡΥΠΑΝΤΙΚΑ/ ΜΑΛΑΚΤΙΚΑ ΡΟΥΧΩΝ					
ΑΠΟΡΡΥΠΑΝΤΙΚΑ ΡΟΥΧΩΝ					
212	ARIEL MOUNTAIN SPRING 56WSH LIQ 3.08L	10.83	10.79	-0.04	-0.4%
213	DIXAN BLUE OCEAN 66WSH PWD 3.63KG	10.71	10.67	-0.04	-0.4%
214	DIXAN MULTICOLOR 42WSH GEL 2.1L	6.85	6.71	-0.14	-2.0%
215	EUREKA ACTIVE CARE 61WSH PWD 4KG P-OFF	7.14	7.09	-0.05	-0.7%
216	EUREKA MASSALIAS CLASSIC 48WSH LIQ 2.4L P-OFF	5.87	5.92	0.05	0.9%
217	EUREKA MASSALIAS LAVENDER 48WSH LIQ 2.4L P-OFF	5.86	5.92	0.06	1.0%
ΜΑΛΑΚΤΙΚΑ ΡΟΥΧΩΝ					
218	COMFORT GOLD LILY&WILD BERRY 4L	5.46	5.45	-0.01	-0.2%
219	COMFORT GOLD WILD ORCHID&SANDALWOOD 4L	5.52	5.49	-0.03	-0.5%
220	COMFORT PURELY SOFT 4L	5.08	5.06	-0.02	-0.4%
ΕΙΔΗ ΠΡΟΣΩΠΙΚΗΣ ΥΓΙΕΙΝΗΣ					
ΣΕΡΒΙΕΤΕΣ ΥΓΙΕΙΑΣ					
221	ALWAYS PADS SECURE NIGHT ULTRA DUO W 12P	2.18	2.19	0.01	0.5%
222	ALWAYS PADS ULTRA LONG PLUS W 16P	2.07	2.08	0.01	0.5%
223	ALWAYS PADS ULTRA NORMAL PLUS DUO W 20P	1.87	1.99	0.12	6.4%
224	EVERYDAY PADS HYPERDRY ULTRA PLUS SUPER DUO W 2X18P(1FREE)	3.57	3.59	0.02	0.6%
ΧΑΡΤΙ ΥΓΙΕΙΑΣ					
225	ELITE LUXURY WHITE 3PLY 10P	4.21	4.25	0.04	1.0%
226	KLEENEX PREMIUM HONEYSUCKLE 2PLY 12P (3 FREE)	11.46	11.44	-0.02	-0.2%
227	KLEENEX PREMIUM WHITE 2PLY 12P (3 FREE)	11.47	11.46	-0.01	-0.1%
228	KLEENEX SCOTTONELLE DOUBLE ROLL WHITE 1PLY 16P P_OFF	13.32	13.36	0.04	0.3%
229	KLEENEX SCOTTONELLE SOFT&STRONG WHITE 2PLY 32P (8 FREE)	14.18	13.79	-0.39	-2.8%
230	SILKY WHITE 2PLY 24P	7.47	7.13	-0.34	-4.6%
ΚΥΛΙΝΔΡΟΣ ΥΓΡΑΕΡΙΟΥ					
ΚΥΛΙΝΔΡΟΣ ΥΓΡΑΕΡΙΟΥ					
231	ΚΥΛΙΝΔΡΟΣ 10kg (ΤΙΜΗ ΜΕ ΕΠΙΣΤΡΟΦΗ ΑΔΕΙΟΥ)	14.88	15.21	0.33	2.2%
ΒΡΕΦΙΚΑ ΠΡΟΙΟΝΤΑ					
ΒΡΕΦΙΚΕΣ ΠΑΝΕΣ					
232	NANNYS SENSITIVE 5 JUNIOR 12-25KG 44P	9.52	9.80	0.28	2.9%
233	NANNYS SENSITIVE 6 JUNIOR PLUS 15-30KG 40P	9.39	9.76	0.37	3.9%
234	PAMP. ACTIVE BABY 5 JUNIOR 11-16KG 78P	15.15	15.16	0.01	0.1%
235	PAMP. ACTIVE BABY 6 EXTRA LARGE 13-18KG 68P	15.19	15.18	-0.01	-0.1%
236	PAMP. ACTIVE BABY 7 MAXI 15+KG 40P	10.95	10.93	-0.02	-0.2%
237	PAMP. PREMIUM CARE 1 NEW BORN 2-5KG 52P	11.11	11.06	-0.05	-0.5%
ΒΡΕΦΙΚΕΣ ΤΡΟΦΕΣ					
238	HIPP BIO DAIRY FREE OAT PORRIDGE 4M+ CRT 200GR	3.33	3.34	0.01	0.3%
239	NESTLE FARINE LACTEE WHEAT CEREALS 6M+ CRT 350GR	3.27	3.30	0.03	0.9%
240	NOYNOY 5 FRUIT CEREAL CREAM 6M+ TIN 300GR P-OFF	5.10	5.09	-0.01	-0.2%
241	NOYNOY BISCUIT CEREALS 6M+ TIN 300GR P-OFF	4.91	4.91	0.00	0.0%
242	NOYNOY FARINE LACTEE CEREALS 6M+ TIN 300GR P-OFF	3.06	3.11	0.05	1.6%
243	YIOTIS FARINE LACTEE MILK CEREAL CREAM 6M+ TIN 300GR P-OFF	2.71	2.64	-0.07	-2.6%
ΒΡΕΦΙΚΟ ΓΑΛΛΑ					
244	Frisogrow 3 1-3y Tin 800gr	19.85	19.79	-0.06	-0.3%
245	Frisogrow Plus+ 3-5y Tin 800gr	19.01	18.78	-0.23	-1.2%
246	Frisolac 1 0-6m Tin 800gr	22.84	22.89	0.05	0.2%
247	Frisomel 2 6m+ Tin 800gr	19.80	19.74	-0.06	-0.3%
248	Nan 4 Protect Build 2y+ Tin 400gr	9.02	9.00	-0.02	-0.2%
249	S-26 Progress Gold 3 1-3y Tin 400gr	9.66	9.86	0.20	2.1%