

# ΠΑΡΑΤΗΡΗΤΗΡΙΟ ΒΑΣΙΚΩΝ ΚΑΤΑΝΑΛΩΤΙΚΩΝ ΑΓΑΘΩΝ

## ΣΥΓΚΡΙΣΗ ΜΕ ΠΡΟΗΓΟΥΜΕΝΟ ΜΗΝΑ



Κυπριακή Δημοκρατία

ΥΠΟΥΡΓΕΙΟ ΕΝΕΡΓΕΙΑΣ  
ΕΜΠΟΡΙΟΥ ΚΑΙ ΒΙΟΧΗΜΙΚΙΑΣ



ΥΠΗΡΕΣΙΑ  
ΠΡΟΣΤΑΣΙΑΣ  
ΚΑΤΑΝΑΛΩΤΗ

Απρ 2023

Α/Α	ΠΡΟΪΟΝ	Μέση Σταθμισμένη Τιμή		Αύξηση / Μείωση Τιμής	% Μεταβολή
		Προηγούμενος Μήνας	Τρέχον Μήνας		
<b>ΑΛΛΑΝΤΙΚΑ</b>					
<b>ΑΛΛΑΝΤΙΚΑ</b>					
1	Chrysodalia Lountza Smoked Slices 300gr	4.25	4.56	0.31	7.3%
2	Chrysodalia Turkey Smoked Slices 200gr	2.89	2.99	0.10	3.5%
3	Grigoriou Ham Slices 300gr	3.88	3.97	0.09	2.3%
4	Grigoriou Lountza Slices 150gr	3.17	3.32	0.15	4.7%
5	Grigoriou Salami Extra 300gr	2.55	2.61	0.06	2.4%
6	Grigoriou Streaky Bacon Slices 150gr	2.69	2.77	0.08	3.0%
7	Grigoriou Turkey Smoked Slices 200gr	3.35	3.35	0.00	0.0%
<b>ΒΟΗΘΗΜΑΤΑ ΜΑΓΕΙΡΕΜΑΤΟΣ</b>					
<b>ΖΩΜΟΣ</b>					
8	KNORR BOUILLONS CHICKEN 12 CUBES 120GR	1.15	1.17	0.02	1.7%
9	KNORR BOUILLONS VEGETABLES 12 CUBES 120GR	1.35	1.42	0.07	5.2%
10	MAGGI BOUILLONS CHICKEN 12 CUBES 132GR	1.41	1.38	-0.03	-2.1%
11	MAGGI BOUILLONS PASTA 12 CUBES 132GR	1.86	1.84	-0.02	-1.1%
12	MAGGI BOUILLONS VEGETABLES 12 CUBES 132GR	1.96	1.90	-0.06	-3.1%
<b>ΝΤΟΜΑΤΟΧΥΜΟΣ/ ΠΕΛΤΕΣ</b>					
13	BLOSSOM TOMATO PASTE CUP 4X70GR	1.70	1.69	-0.01	-0.6%
14	KEAN POMILORI SIEVE TOMATO PASTE JAR 700GR	1.73	1.72	-0.01	-0.6%
15	MITSIDES TOMATO PASSATA CARTON 3X500GR P-OFF	2.34	2.45	0.11	4.7%
16	MITSIDES TOMATO PASTE CUP 4X70GR	1.75	1.88	0.13	7.4%
17	PELARGOS TOMATO PASSATA CARTON 3X250GR	1.25	1.27	0.02	1.6%
<b>ΦΥΤΙΚΟ ΜΑΓΕΙΡΙΚΟ ΛΙΠΟΣ</b>					
18	SPRY 350GR	2.65	2.55	-0.10	-3.8%
<b>ΓΑΛΑΚΤΟΚΟΜΙΚΑ</b>					
<b>ΓΙΑΟΥΡΤΙ</b>					
19	ALAMBRA THE GRANNY SHEEP F/F PC 700GR	2.99	2.89	-0.10	-3.3%
20	CHARALAMB/CHRISTIS STRAINED STRAGGATO F/F PC 1KG	4.13	4.12	-0.01	-0.2%
21	CHARALAMB/CHRISTIS STRAINED STRAGGATO LGT PC 1KG	4.13	4.12	-0.01	-0.2%
22	ZITA STRAINED F/F PC 1KG	4.03	3.97	-0.06	-1.5%
23	ZITA STRAINED LGT PC 1KG	4.02	3.96	-0.06	-1.5%
<b>ΤΥΡΙ</b>					
24	ALAMBRA COTTAGE PC 200GR	1.80	1.77	-0.03	-1.7%
25	ALAMBRA H GIAGIA GOAT/SHEEP HALLOUMI KG	13.59	13.46	-0.13	-1.0%
26	CHARALAMB/CHRISTIS FETA BLOCK 200GR	3.57	3.32	-0.25	-7.0%
27	CHARALAMB/CHRISTIS HALLOUMI PISSOURKOTIKO KG	14.01	15.35	1.34	9.6%
28	DIROLLO 2.2% COTTAGE 225GR	2.24	2.27	0.03	1.3%
29	DODONI FETA BLOCK 400GR	6.29	6.78	0.49	7.8%
30	KESES GOAT/SHEEP HALLOUMI KG	16.26	15.28	-0.98	-6.0%
31	LA VACHE QUI RIT CHEEZ DIPPERS 4PORTION 140GR	3.19	3.14	-0.05	-1.6%
32	PHILADELPHIA LIGHT PLAIN SPREAD TUBS 200GR	2.28	2.45	0.17	7.5%
33	PHILADELPHIA PLAIN SPREAD TUBS 200GR	2.35	2.45	0.10	4.3%
34	VALIO EDAM LIGHT 17% SLICES 2X250GR P-OFF	7.63	7.60	-0.03	-0.4%
35	VEPO FOOD EDAM SLICES 200GR	2.75	2.53	-0.22	-8.0%
36	VEPO FOOD GOUDA SLICES 200GR	2.86	2.48	-0.38	-13.3%
<b>ΦΡΕΣΚΟ ΓΑΛΛΑ</b>					
37	CHARALAMBIDES CHRISTIS DELACT HDPE 1L	1.78	1.78	0.00	0.0%
38	CHARALAMBIDES CHRISTIS FULL FAT 3% HDPE 2L	3.02	3.02	0.00	0.0%
39	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 1.5L	2.30	2.30	0.00	0.0%
40	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 1L	1.57	1.57	0.00	0.0%
41	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 2L	3.03	3.02	-0.01	-0.3%
42	LANITIS FULL FAT 3% HDPE 2L	2.98	2.98	0.00	0.0%
43	LANITIS SEMI SKIMMED 1.5% HDPE 1.5L	2.28	2.29	0.01	0.4%
44	LANITIS SEMI SKIMMED 1.5% HDPE 2L	2.98	2.98	0.00	0.0%
<b>ΕΛΑΙΑ</b>					

<b>ΛΑΔΙ</b>					
45	AMBROSIA SUNFLOWER OIL 3L	7.94	7.82	-0.12	-1.5%
46	DORINA SUNFLOWER OIL 5L	10.61	10.53	-0.08	-0.8%
47	ELIOHORI EXTRA VIRGIN OLIVE OIL 2L	14.80	14.62	-0.18	-1.2%
48	FLORA SUNFLOWER OIL 3L	9.01	9.71	0.70	7.8%
49	LESIEUR SUNFLOWER OIL 3L	8.59	8.36	-0.23	-2.7%
50	SAINT GEORGE EXTRA VIRGIN OLIVE OIL 1L	7.50	7.03	-0.47	-6.3%
51	SEKEP EXTRA VIRGIN OLIVE OIL 1L	6.90	6.99	0.09	1.3%

#### **ΖΥΜΑΡΙΚΑ / ΑΛΕΥΡΙ / ΡΥΖΙ / ΠΟΥΡΓΟΥΡΙ / ΟΣΠΡΙΑ / ΖΑΧΑΡΗ**

<b>ΑΛΕΥΡΙ</b>					
52	MITSIDES FARINA PLAIN 00 1KG	1.46	1.33	-0.13	-8.9%
53	MITSIDES PLAIN 00 ALL PURPOSE 1KG	1.30	1.30	0.00	0.0%
54	MITSIDES SELF RAISING 1KG	1.50	1.43	-0.07	-4.7%
55	MITSIDES VILLAGE 1KG	1.54	1.40	-0.14	-9.1%
56	TRIUMPH FARINA 00 1KG	1.45	1.27	-0.18	-12.4%
57	TRIUMPH VILLAGE 1KG	1.54	1.34	-0.20	-13.0%

<b>ΖΑΧΑΡΗ</b>					
58	SUGAR	1.44	1.45	0.01	0.7%

<b>ΖΥΜΑΡΙΚΑ</b>					
59	BARILLA SPAGHETTI No.5 500GR	1.28	1.26	-0.02	-1.6%
60	MELISSA PRIMO GUSTO ORZO 500GR	1.40	1.26	-0.14	-10.0%
61	MELISSA PRIMO GUSTO SPAGHETTI No.6 500GR	1.28	1.20	-0.08	-6.2%
62	MITSIDES MEZZANI A 500GR	1.40	1.24	-0.16	-11.4%
63	MITSIDES ORZO 500GR	1.36	1.32	-0.04	-2.9%
64	MITSIDES SPAGHETTI 500GR	1.17	1.11	-0.06	-5.1%
65	MITSIDES TRADITIONAL 500GR	1.46	1.45	-0.01	-0.7%
66	TRIUMPH SPAGHETTI 500GR	1.13	1.13	0.00	0.0%

<b>ΟΣΠΡΙΑ</b>					
67	KAOURIS CANADIAN LAIRD LENTILS 1KG	2.64	2.68	0.04	1.5%
68	NATURAL LIFE IMPORTED BLACK EYE BEANS 1KG	2.96	2.97	0.01	0.3%
69	NATURAL LIFE IMPORTED LENTILS 1KG	2.36	2.36	0.00	0.0%
70	SOLEAS 3A BEANS 1KG	2.85	2.93	0.08	2.8%
71	SOLEAS 3A BLACK EYE BEANS 1KG	3.30	3.39	0.09	2.7%
72	SOLEAS 3A GREEN LENTILS 1KG	2.69	2.68	-0.01	-0.4%

<b>ΠΟΥΡΓΟΥΡΙ</b>					
73	A.KEPOLA BULGUR WHEAT 1KG	2.69	2.50	-0.19	-7.1%
74	A.KEPOLA BULGUR WHEAT 500GR	1.59	1.59	0.00	0.0%
75	KAOURIS BULGUR WHEAT 500GR	1.37	1.36	-0.01	-0.7%
76	LISKO FAMELISKO BULGUR WHEAT MEDIUM 500GR	1.25	1.19	-0.06	-4.8%
77	MITSIDES BULGUR WHEAT 1KG	2.89	3.27	0.38	13.1%
78	MITSIDES BULGUR WHEAT 500GR	1.61	1.83	0.22	13.7%

<b>ΡΥΖΙ</b>					
79	SOLEAS 3A BASMATI RICE BAG 1KG	3.27	3.30	0.03	0.9%
80	SOLEAS 3A GLUTINOUS RICE BAG 1KG	2.53	2.56	0.03	1.2%
81	SOLEAS 3A PARBOILED RICE 1KG	2.37	2.46	0.09	3.8%
82	TILDA BASMATI RICE 1KG	5.36	5.00	-0.36	-6.7%
83	UNCLE BENS LONG GRAIN RICE 1KG	4.09	3.85	-0.24	-5.9%
84	UNCLE BENS LONG GRAIN RICE BOX 2KG	7.92	8.08	0.16	2.0%

<b>ΚΑΤΕΨΥΓΜΕΝΑ</b>					
<b>ΚΑΤΕΨΥΓΜΕΝΑ ΖΥΜΑΡΙΚΑ</b>					
85	CHARALAMBIDES CHRISTIS RAVIOLI 400GR	3.75	3.97	0.22	5.9%
86	HERCULES RAVIOLI 400GR	2.98	2.98	0.00	0.0%
87	MITSIDES VILLAGE RAVIOLI 375GR	3.35	3.43	0.08	2.4%

<b>ΚΑΤΕΨΥΓΜΕΝΑ ΜΑΛΑΚΙΑ/ ΟΣΤΡΑΚΟΕΙΔΗ</b>					
88	7 THALASSES SHRIMPS 30/50 500GR	11.17	11.13	-0.04	-0.4%
89	BLUE GREEN WAVE OCTOPUS 1KG	6.21	6.10	-0.11	-1.8%
90	BLUE GREEN WAVE SQUID RINGS 1KG	4.75	4.84	0.09	1.9%
91	EDESMA SQUID RINGS 1KG	5.11	4.99	-0.12	-2.3%

<b>ΚΑΤΕΨΥΓΜΕΝΟ ΨΑΡΙ</b>					
92	BLUE GREEN SALMON FILLETS 500GR	11.94	11.85	-0.09	-0.8%
93	EDESMA RED FISH 1KG	8.04	7.96	-0.08	-1.0%
94	FOODPAX SALMON ATLANTA PORTIONS 4X125GR	12.94	11.94	-1.00	-7.7%
95	FOODPAX SALMON PORTIONS 4X125GR	15.09	13.48	-1.61	-10.7%
96	QUALIFOOD PANGASIUS FILLETS 1KG	5.41	5.45	0.04	0.7%

<b>ΚΑΤΕΨΥΓΜΕΝΟ ΨΑΡΙ ΠΑΝΕ/ ΠΡΟΨΗΜΕΝΟ</b>					
97	7 SEAS COD BREADED FISH FILLETS 400GR	3.65	3.60	-0.05	-1.4%
98	BIRDS EYE COD FISH FINGERS 14PCS 350GR	6.31	6.04	-0.27	-4.3%

99	DONEGAL CATCH CHUNKY COD FILLETS 4PCS 500GR	10.18	10.00	-0.18	-1.8%
100	NORDA WHITE FISH BREADED FILLETS 4PCS 300GR	4.24	4.23	-0.01	-0.2%
101	NORDA WHITE FISH FISH STICKS 10PCS 300GR	2.72	2.73	0.01	0.4%
<b>ΨΥΓΕΙΟΥ ΚΑΙ ΚΑΤΕΨΥΓΜΕΝΑ ΜΠΕΡΚΕΡ</b>					
102	BLACK ANGUS BEEF BURGERS 2P 340GR	5.51	5.48	-0.03	-0.5%
103	EDESMA VEGETABLE BURGERS 4P 380GR	4.64	4.65	0.01	0.2%
104	GRIGORIOU BEEF BURGERS 4P 600GR	5.32	5.46	0.14	2.6%
105	GRIGORIOU HAMBURGERS 6P 480GR	3.91	4.05	0.14	3.6%
106	GRIGORIOU TURKEY BURGERS 6P 480GR	4.37	4.07	-0.30	-6.9%
107	KYPRIANOU SPECIAL CHICKEN BURGERS 900GR	6.62	6.60	-0.02	-0.3%
<b>ΨΥΓΕΙΟΥ ΚΑΙ ΚΑΤΕΨΥΓΜΕΝΟ ΚΡΕΑΣ ΠΑΝΕ/ ΠΡΟΨΗΜΜΕΝΟ</b>					
108	EDESMA CHICKEN NUGGETS 500GR	5.66	5.62	-0.04	-0.7%
109	EDESMA CHICKEN NUGGETS 900GR	7.70	7.86	0.16	2.1%
110	EMA FOODS CHICKEN NUGGETS 900GR	6.60	6.49	-0.11	-1.7%
111	EN ELLADI CHICKEN NUGGETS 400GR	4.51	4.51	0.00	0.0%
112	EN ELLADI MEAT BALLS 420GR	4.82	4.23	-0.59	-12.2%
113	PARADISIOTIS CHICKEN NUGGETS 800GR	4.50	4.71	0.21	4.7%
<b>ΚΑΦΕΣ</b>					
<b>ΚΥΠΡΙΑΚΟΣ ΚΑΦΕΣ</b>					
114	CHARALAMBOUS GREEN 200GR	2.70	2.72	0.02	0.7%
115	CHARALAMBOUS GREEN 500GR	6.96	6.99	0.03	0.4%
116	LAIKON GOLD 200GR	2.92	2.78	-0.14	-4.8%
117	LAIKON GOLD 500GR	7.31	7.29	-0.02	-0.3%
<b>ΣΤΙΓΜΙΑΙΟΣ ΚΑΦΕΣ</b>					
118	CELEST CAFE TIN 200GR	4.11	4.16	0.05	1.2%
119	JACOBS EKLEKTOS JAR 100GR	4.08	4.27	0.19	4.7%
120	NESCAFE AZERA ESPRESSO TIN 100GR	5.34	5.81	0.47	8.8%
121	NESCAFE CLASSIC DEC TIN 100GR	4.50	4.65	0.15	3.3%
122	NESCAFE CLASSIC TIN 100GR	3.65	3.77	0.12	3.3%
123	NESCAFE CLASSIC TIN 200GR	5.70	5.83	0.13	2.3%
124	NESCAFE GOLD BLEND JAR 190GR	6.13	6.40	0.27	4.4%
125	NESCAFE GOLD BLEND JAR 95GR	3.47	3.52	0.05	1.4%
<b>ΚΟΝΣΕΡΒΕΣ</b>					
<b>ΓΑΛΑ ΕΒΑΠΟΡΕ/ ΖΑΧΑΡΟΥΧΟ</b>					
126	NESTLE MILKMAID CONDENSED CAN 397GR	2.03	2.24	0.21	10.3%
127	NOYNOY CONDENSED CAN 397GR	1.49	1.52	0.03	2.0%
128	NOYNOY EVAPORATED CAN 410GR	1.22	1.28	0.06	4.9%
129	NOYNOY LIGHT EVAPORATED CAN 410GR	1.22	1.28	0.06	4.9%
130	NOYNOY LIGHT EVAPORATED PORTIONS 10X15GR	1.23	1.26	0.03	2.4%
<b>ΚΟΝΣΕΡΒΕΣ ΚΡΕΑΤΟΣ</b>					
131	Karla Corned Beef 340gr	3.33	3.32	-0.01	-0.3%
132	Tulip Pork Chopped Ham 200gr	2.51	2.34	-0.17	-6.8%
133	Tulip Pork Luncheon Meat 200gr	2.14	2.24	0.10	4.7%
134	Zwan Chicken Luncheon Meat 200gr	2.15	2.12	-0.03	-1.4%
135	Zwan Pork Chopped Ham 200gr	3.04	3.00	-0.04	-1.3%
136	Zwan Pork Luncheon Meat 200gr	2.23	2.19	-0.04	-1.8%
<b>ΚΟΝΣΕΡΒΕΣ ΨΑΡΙΟΥ</b>					
137	RIO MARE TUNA IN OLIVE OIL 3X160GR(1FREE)	7.66	7.21	-0.45	-5.9%
138	RIO MARE TUNA IN OLIVE OIL 4X80GR(1FREE)	5.88	5.93	0.05	0.9%
139	RIO MARE TUNA MEAT LIGHT IN OLIVE OIL 3X80GR	4.69	4.78	0.09	1.9%
140	SHEIK TUNA MEAT LIGHT IN OIL 4X100GR	3.41	3.44	0.03	0.9%
141	SHEIK WHITE TUNA LIGHT IN WATER 4X185GR	6.29	6.44	0.15	2.4%
<b>ΞΗΡΑ ΤΡΟΦΗ</b>					
<b>ΔΗΜΗΤΡΙΑΚΑ ΠΡΟΓΕΥΜΑΤΟΣ</b>					
142	Kellogg S Coco Pops 500gr	3.88	3.85	-0.03	-0.8%
143	Kellogg S Coco Pops Chocos 375gr	2.96	2.97	0.01	0.3%
144	Kellogg S Corn Flakes 500gr	3.23	3.28	0.05	1.5%
145	Kellogg S Honey Loops 330gr	3.57	3.63	0.06	1.7%
146	Kellogg S Special K Classic 500gr	3.87	3.96	0.09	2.3%
147	Oreo Os Cookies&Cream Cerals 350gr	3.18	3.23	0.05	1.6%
148	Quaker Traganes Mpoukies Dark Chocolate 450gr	3.57	3.59	0.02	0.6%
149	Quaker White Oats Bag 500gr	2.17	2.23	0.06	2.8%
<b>ΚΟΥΛΟΥΡΙΑ</b>					
150	7DAYS BAKE ROLLS MINI PIZZA 80GR	1.13	1.17	0.04	3.5%
151	BAKANDYS BREADSTICKS OLIVE OIL 250GR	3.23	3.40	0.17	5.3%
152	BAKANDYS RUSKS RYE 200GR	2.55	2.57	0.02	0.8%
153	ELITE TOAST RYE 360GR(3+1 FREE)	2.10	2.20	0.10	4.8%

154	ELITE TOAST WHEAT 500GR(3+1 FREE)	2.27	2.34	0.07	3.1%
155	JOHNSOF BREAD COOKIES NAPOLITANO RAISIN 240GR	3.16	3.21	0.05	1.6%
156	JOHNSOF CROUTONS WHEAT 320GR	2.71	2.66	-0.05	-1.8%
157	MARIAS BREAD COOKIES CAROB 350GR	3.17	3.21	0.04	1.3%
<b>ΜΠΙΣΚΟΤΑ</b>					
158	FROU FROU JOKER CHOCO COV. SW 12X25GR(3 FREE)	3.40	3.50	0.10	2.9%
159	FROU FROU MORNING COFFEE PL 150GR	1.20	1.20	0.00	0.0%
160	KATERINA PETIT FOURS PL 500GR	5.11	5.11	0.00	0.0%
161	KINDER CARDS COCOA&MILK FIL 5X25.6GR	2.11	2.14	0.03	1.4%
162	NUTELLA FILLED CHOCO BISCUITS FIL T22 304GR	3.59	3.68	0.09	2.5%
163	OREO VANILLA SW 154GR	1.36	1.39	0.03	2.2%
<b>ΡΟΦΗΜΑΤΑ</b>					
<b>ΑΝΑΨΥΚΤΙΚΑ</b>					
164	7 UP DIET/FREE CAN 8X330ML	4.10	4.25	0.15	3.7%
165	7 UP REGULAR CAN 8X330ML	4.08	4.22	0.14	3.4%
166	COCA COLA REGULAR CAN 330ML	0.89	0.88	-0.01	-1.1%
167	COCA COLA REGULAR CAN 8X330ML	4.38	4.41	0.03	0.7%
168	COCA COLA ZERO CAN 8X330ML	4.55	4.58	0.03	0.7%
169	PEPSI MAX CAN 8X330ML	3.47	3.61	0.14	4.0%
<b>ΕΜΦΙΑΛΩΜΕΝΟ ΝΕΡΟ</b>					
170	AGROS STILL PET 12X500ML	2.74	2.94	0.20	7.3%
171	AGROS STILL PET 6X1.5L	2.32	2.41	0.09	3.9%
172	ΑΓΙΟΣ ΝΙΚΟΛΑΟΣ STILL PET 12X500ML	2.97	3.02	0.05	1.7%
173	ΑΓΙΟΣ ΝΙΚΟΛΑΟΣ STILL PET 6X1.5L	2.40	2.43	0.03	1.3%
174	ΚΥΚΚΟΣ STILL PET 12X500ML	3.03	2.91	-0.12	-4.0%
175	ΚΥΚΚΟΣ STILL PET 6X1.5L	2.42	2.36	-0.06	-2.5%
<b>ΧΥΜΟΙ</b>					
176	KEAN MANGO&POMEGRANATE NECTAR TP 1L	1.60	1.61	0.01	0.6%
177	KEAN ORANGE 100% TP 1L	1.59	1.58	-0.01	-0.6%
178	KEANITA KIDS ORANGE DRINK TB 9X250ML	4.04	4.00	-0.04	-1.0%
179	LIFE APPLE&CARROT&ORANGE 100% PET 400ML	1.47	1.49	0.02	1.4%
180	LIFE ORANGE 100% PET 1L	2.50	2.45	-0.05	-2.0%
181	LIFE ORANGE 100% PET 400ML	1.43	1.48	0.05	3.5%
<b>ΦΡΕΣΚΑ ΠΡΟΙΟΝΤΑ</b>					
<b>ΑΥΓΑ</b>					
182	Αυγά 12 τεμάχια (Μ) - (53gr - 63gr) -(φθηνότερη συσκ.)	3.45	3.36	-0.09	-2.6%
<b>ΦΡΕΣΚΟ ΚΡΕΑΣ/ ΠΟΥΛΕΡΙΚΑ/ ΚΟΥΝΕΛΙ</b>					
183	Αμνοερίφια μικρά σε κομμάτια (Kg)	10.52	9.66	-0.86	-8.2%
184	Βοδινό top-side (Kg) (ψαχνό, χωρίς κόκκαλο και λίπος)	13.36	13.52	0.16	1.2%
185	Βοδινός κιμάς (Kg)	8.33	8.02	-0.31	-3.7%
186	Κοτόπουλο ολόκληρο (Kg) (Χαμηλότερη Τιμή)	3.76	3.77	0.01	0.3%
187	Κοτόπουλο στήθος φιλέτο (Kg) (Χαμηλότερη Τιμή)	7.90	7.75	-0.15	-1.9%
188	Κουνέλι (Kg) (χαμηλότερη τιμή)	9.85	9.96	0.11	1.1%
189	Χοιρινή Μπριζόλα φιλέτο (Kg)	4.90	4.94	0.04	0.8%
190	Χοιρινός Κιμάς (Kg)	4.87	4.76	-0.11	-2.3%
191	Χοιρινός Λαπάς με κόκκαλο (Kg)	5.33	5.45	0.12	2.3%
<b>ΦΡΕΣΚΟ ΨΑΡΙ/ΜΑΛΑΚΙΑ</b>					
192	Γόπες (Kg)	10.22	9.55	-0.67	-6.6%
193	Καλαμάρι Μεγάλο (Kg)	10.96	9.39	-1.57	-14.3%
194	Καλαμάρι Μικρό (Kg)	19.42	19.71	0.29	1.5%
195	Λαβράκι Μεγάλο (Kg)	10.51	6.96	-3.55	-33.8%
196	Μπαρμπούνι (Kg)	18.47	28.03	9.56	51.8%
197	Τσιπούρα Μεγάλη (Kg)	7.79	7.71	-0.08	-1.0%
198	Χταπόδι Μεγάλο (Kg)	13.90	15.27	1.37	9.9%
199	Χταπόδι Μικρό (Kg)	25.97	17.15	-8.82	-34.0%
<b>ΧΟΡΤΑ</b>					
200	Αγγουράκια Θερμοκηπίου (Kg)	1.88	1.54	-0.34	-18.1%
201	Αγγουράκια Χωραφιού (Kg)	2.72	2.27	-0.45	-16.5%
202	Ντομάτες Α (Kg)	1.29	2.01	0.72	55.8%
203	Πατάτες Φρέσκες (Kg)	1.57	1.05	-0.52	-33.1%
204	Χόρτα Δέσμης	0.50	0.65	0.15	30.0%
<b>ΨΩΜΙ</b>					
205	Slice Άσπρο μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.92	1.91	-0.01	-0.5%
206	Slice Άσπρο μικρό (450gr-500gr) (χαμηλότερη τιμή)	1.74	1.72	-0.02	-1.1%
207	Slice Ολικής Αλέσεως μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.85	1.85	0.00	0.0%
208	Slice Ολικής Αλέσεως μικρό (450gr-500gr) (χαμηλότερη τιμή)	1.69	1.67	-0.02	-1.2%
209	Ψωμί Άσπρο μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.68	1.67	-0.01	-0.6%

210	Ψωμί Άσπρο μικρό (450gr-500gr)(χαμηλότερη τιμή)	1.30	1.27	-0.03	-2.3%
<b>FUEL</b>					
<b>CHARCOAL</b>					
211	ETOSHA 5kg	6.58	6.48	-0.10	-1.5%
212	ΠΥΡΣΟΣ 5kg	6.36	6.33	-0.03	-0.5%
<b>ΑΠΟΡΡΥΠΑΝΤΙΚΑ/ ΜΑΛΑΚΤΙΚΑ ΡΟΥΧΩΝ</b>					
<b>ΑΠΟΡΡΥΠΑΝΤΙΚΑ ΡΟΥΧΩΝ</b>					
213	ARIEL MOUNTAIN SPRING 56WSH LIQ 3.08L	9.58	9.61	0.03	0.3%
214	DIXAN MULTICOLOR 42WSH GEL 2.1L	6.39	6.35	-0.04	-0.6%
215	DIXAN UNIVERSAL 70+7WSH PWD 4.235KG(10% FREE)	9.65	9.65	0.00	0.0%
216	EUREKA ACTIVE CARE 61WSH PWD 4KG P-OFF	6.97	6.74	-0.23	-3.3%
217	EUREKA MASSALIAS CLASSIC 48WSH LIQ 2.4L P-OFF	5.92	5.84	-0.08	-1.4%
218	EUREKA MASSALIAS LAVENDER 48WSH LIQ 2.4L P-OFF	5.93	5.82	-0.11	-1.9%
<b>ΜΑΛΑΚΤΙΚΑ ΡΟΥΧΩΝ</b>					
219	COMFORT GOLD LILY&WILD BERRY 4L	5.27	5.38	0.11	2.1%
220	COMFORT GOLD WILD ORCHID&SANDALWOOD 4L	5.31	5.42	0.11	2.1%
221	COMFORT PURELY SOFT 4L	4.90	4.91	0.01	0.2%
<b>ΕΙΔΗ ΠΡΟΣΩΠΙΚΗΣ ΥΓΙΕΙΝΗΣ</b>					
<b>ΣΕΡΒΙΕΤΕΣ ΥΓΕΙΑΣ</b>					
222	ALWAYS PADS SECURE NIGHT ULTRA DUO W 12P	2.25	2.25	0.00	0.0%
223	ALWAYS PADS ULTRA LONG PLUS W 16P	2.15	2.15	0.00	0.0%
224	ALWAYS PADS ULTRA NORMAL PLUS DUO W 20P	1.99	1.96	-0.03	-1.5%
225	EVERYDAY PADS HYPERDRY ULTRA PLUS SUPER DUO W 2X18P(1FREE)	3.74	3.73	-0.01	-0.3%
<b>ΧΑΡΤΙ ΥΓΕΙΑΣ</b>					
226	ELITE LUXURY WHITE 3PLY 10P	4.24	4.25	0.01	0.2%
227	KLEENEX PREMIUM HONEYSUCKLE 2PLY 12P (3 FREE)	10.82	11.17	0.35	3.2%
228	KLEENEX PREMIUM WHITE 2PLY 12P (3 FREE)	10.83	11.21	0.38	3.5%
229	KLEENEX SCOTTONELLE DOUBLE ROLL WHITE 1PLY 16P P_OFF	12.51	12.98	0.47	3.8%
230	KLEENEX SCOTTONELLE SOFT&STRONG WHITE 2PLY 32P (8 FREE)	13.96	14.24	0.28	2.0%
231	SILKY WHITE 2PLY 24P	7.71	7.74	0.03	0.4%
<b>ΚΥΛΙΝΔΡΟΣ ΥΓΡΑΕΡΙΟΥ</b>					
<b>ΚΥΛΙΝΔΡΟΣ ΥΓΡΑΕΡΙΟΥ</b>					
232	ΚΥΛΙΝΔΡΟΣ 10kg (ΤΙΜΗ ΜΕ ΕΠΙΣΤΡΟΦΗ ΑΔΕΙΟΥ)	18.06	17.81	-0.25	-1.4%
<b>ΒΡΕΦΙΚΑ ΠΡΟΙΟΝΤΑ</b>					
<b>ΒΡΕΦΙΚΕΣ ΠΑΝΕΣ</b>					
233	NANNYS SENSITIVE 5 JUNIOR 12-25KG 44P	12.02	12.88	0.86	7.2%
234	NANNYS SENSITIVE 6 JUNIOR PLUS 15-30KG 40P	12.93	12.85	-0.08	-0.6%
235	PAMP. ACTIVE BABY 6 EXTRA LARGE 13-18KG 68P	17.29	18.02	0.73	4.2%
236	PAMP. ACTIVE BABY 7 EXTRA LARGE PLUS 15+KG 60P	17.16	17.56	0.40	2.3%
237	PAMP. ACTIVE BABY 7 MAXI 15+KG 40P	12.97	13.00	0.03	0.2%
238	PAMP. PREMIUM CARE 1 NEW BORN 2-5KG 52P	11.61	12.45	0.84	7.2%
<b>ΒΡΕΦΙΚΕΣ ΤΡΟΦΕΣ</b>					
239	HIPP BIO DAIRY FREE OAT PORRIDGE 4M+ CRT 200GR	3.48	3.50	0.02	0.6%
240	NESTLE FARINE LACTEE WHEAT CEREALS 6M+ CRT 350GR	3.10	3.37	0.27	8.7%
241	NOYNOY 5 FRUIT CEREAL CREAM 6M+ TIN 300GR P-OFF	4.78	4.81	0.03	0.6%
242	NOYNOY BISCUIT CEREALS 6M+ TIN 300GR P-OFF	4.52	4.75	0.23	5.1%
243	NOYNOY FARINE LACTEE CEREALS 6M+ TIN 300GR P-OFF	2.84	3.00	0.16	5.6%
244	YIOTIS FARINE LACTEE MILK CEREAL CREAM 6M+ TIN 300GR P-OFF	2.85	2.83	-0.02	-0.7%
<b>ΒΡΕΦΙΚΟ ΓΑΛΛΑ</b>					
245	Frisogrow 3 1-3y Tin 800gr	19.97	20.40	0.43	2.2%
246	Frisogrow Plus+ 3-5y Tin 800gr	19.91	20.15	0.24	1.2%
247	Frisolac 1 0-6m Tin 800gr	23.11	23.81	0.70	3.0%
248	Frisomel 2 6m+ Tin 800gr	20.01	20.56	0.55	2.7%
249	Nan 4 Protect Build 2y+ Tin 400gr	8.78	9.16	0.38	4.3%
250	S-26 Progress Gold 3 1-3y Tin 400gr	9.43	9.49	0.06	0.6%