

# ΠΑΡΑΤΗΡΗΤΗΡΙΟ ΒΑΣΙΚΩΝ ΚΑΤΑΝΑΛΩΤΙΚΩΝ ΑΓΑΘΩΝ

## ΣΥΓΚΡΙΣΗ ΜΕ ΠΡΟΗΓΟΥΜΕΝΟ ΜΗΝΑ



Κυπριακή Δημοκρατία



ΥΠΟΥΡΓΕΙΟ ΑΓΡΟΤΙΚΗΣ  
ΕΜΠΟΡΕΥΣΗΣ ΚΑΙ ΒΙΟΜΗΧΑΝΙΑΣ



ΥΠΗΡΕΣΙΑ  
ΠΡΟΣΤΑΣΙΑΣ  
ΚΑΤΑΝΑΛΩΤΗ

Νοε 2023

Α/Α	ΠΡΟΪΟΝ	Μέση Σταθμισμένη Τιμή		Αύξηση / Μείωση Τιμής	% Μεταβολή
		Προηγούμενος Μήνας	Τρέχον Μήνας		
<b>ΑΛΛΑΝΤΙΚΑ</b>					
<b>ΑΛΛΑΝΤΙΚΑ</b>					
1	Chrysodalia Lountza Smoked Slices 300gr	4.59	4.56	-0.03	-0.7%
2	Chrysodalia Turkey Smoked Slices 200gr	2.96	2.81	-0.15	-5.1%
3	Grigoriou Ham Slices 300gr	3.84	3.94	0.10	2.6%
4	Grigoriou Lountza Slices 150gr	3.25	3.23	-0.02	-0.6%
5	Grigoriou Salami Extra 300gr	2.59	2.57	-0.02	-0.8%
6	Grigoriou Streaky Bacon Slices 150gr	2.71	2.75	0.04	1.5%
7	Grigoriou Turkey Smoked Slices 200gr	3.37	3.32	-0.05	-1.5%
<b>ΒΟΗΘΗΜΑΤΑ ΜΑΓΕΙΡΕΜΑΤΟΣ</b>					
<b>ΖΩΜΟΣ</b>					
8	KNORR BOUILLONS CHICKEN 12 CUBES 120GR	1.16	1.18	0.02	1.7%
9	KNORR BOUILLONS VEGETABLES 12 CUBES 120GR	1.44	1.43	-0.01	-0.7%
10	MAGGI BOUILLONS CHICKEN 12 CUBES 132GR	1.40	1.42	0.02	1.4%
11	MAGGI BOUILLONS PASTA 12 CUBES 132GR	1.87	1.91	0.04	2.1%
12	MAGGI BOUILLONS VEGETABLES 12 CUBES 132GR	1.92	1.96	0.04	2.1%
<b>ΝΤΟΜΑΤΟΧΥΜΟΣ/ ΠΕΛΤΕΣ</b>					
13	BLOSSOM TOMATO PASTE CUP 4X70GR	2.02	2.01	-0.01	-0.5%
14	KEAN POMILORI SIEVE TOMATO PASTE JAR 700GR	1.71	1.76	0.05	2.9%
15	MITSIDES TOMATO PASSATA CARTON 3X500GR P-OFF	2.77	2.61	-0.16	-5.8%
16	MITSIDES TOMATO PASTE CUP 4X70GR	2.19	2.01	-0.18	-8.2%
17	PELARGOS TOMATO PASSATA CARTON 3X250GR	1.32	1.32	0.00	0.0%
<b>ΦΥΤΙΚΟ ΜΑΓΕΙΡΙΚΟ ΛΙΠΟΣ</b>					
18	SPRY 350GR	2.89	2.46	-0.43	-14.9%
<b>ΓΑΛΑΚΤΟΚΟΜΙΚΑ</b>					
<b>ΓΙΑΟΥΡΤΙ</b>					
19	ALAMBRA THE GRANNY SHEEP F/F PC 700GR	3.02	2.87	-0.15	-5.0%
20	CHARALAMB/CHRISTIS STRAINED STRAGGATO F/F PC 1KG	4.11	4.13	0.02	0.5%
21	CHARALAMB/CHRISTIS STRAINED STRAGGATO LGT PC 1KG	4.12	4.12	0.00	0.0%
22	ZITA STRAINED F/F PC 1KG	3.90	3.80	-0.10	-2.6%
23	ZITA STRAINED LGT PC 1KG	3.90	3.79	-0.11	-2.8%
<b>ΤΥΡΙ</b>					
24	ALAMBRA COTTAGE PC 200GR	1.71	1.79	0.08	4.7%
25	ALAMBRA H GIAGIA GOAT/SHEEP HALLOUMI KG	13.98	13.41	-0.57	-4.1%
26	CHARALAMB/CHRISTIS FETA BLOCK 200GR	3.40	2.98	-0.42	-12.4%
27	CHARALAMB/CHRISTIS HALLOUMI PISSOURKOTIKO KG	13.26	13.80	0.54	4.1%
28	DIROLLO 2.2% COTTAGE 225GR	2.26	2.26	0.00	0.0%
29	DODONI FETA BLOCK 400GR	7.22	6.93	-0.29	-4.0%
30	KESES GOAT/SHEEP HALLOUMI KG	15.74	15.78	0.04	0.3%
31	LA VACHE QUI RIT CHEEZ DIPPERS 4PORTION 140GR	3.51	3.51	0.00	0.0%
32	PHILADELPHIA LIGHT PLAIN SPREAD TUBS 200GR	2.55	2.55	0.00	0.0%
33	PHILADELPHIA PLAIN SPREAD TUBS 200GR	2.59	2.59	0.00	0.0%
34	VALIO EDAM LIGHT 17% SLICES 2X250GR P-OFF	7.13	7.05	-0.08	-1.1%
35	VEPO FOOD EDAM SLICES 200GR	2.35	2.48	0.13	5.5%
36	VEPO FOOD GOUDA SLICES 200GR	2.50	2.52	0.02	0.8%
<b>ΦΡΕΣΚΟ ΓΑΛΑ</b>					
37	CHARALAMBIDES CHRISTIS DELACT HDPE 1L	1.69	1.69	0.00	0.0%
38	CHARALAMBIDES CHRISTIS FULL FAT 3% HDPE 2L	2.87	2.88	0.01	0.3%
39	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 1.5L	2.19	2.19	0.00	0.0%
40	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 1L	1.49	1.49	0.00	0.0%
41	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 2L	2.88	2.88	0.00	0.0%
42	LANITIS FULL FAT 3% HDPE 2L	2.83	2.84	0.01	0.4%
43	LANITIS SEMI SKIMMED 1.5% HDPE 1.5L	2.18	2.18	0.00	0.0%

44	LANITIS SEMI SKIMMED 1.5% HDPE 2L	2.84	2.84	0.00	0.0%
<b>ΕΛΑΙΑ</b>					
<b>ΛΑΔΙ</b>					
45	AMBROSIA SUNFLOWER OIL 3L	6.83	6.83	0.00	0.0%
46	ELIOHORI EXTRA VIRGIN OLIVE OIL 2L	16.56	18.63	2.07	12.5%
47	FLORA SUNFLOWER OIL 3L	10.46	10.45	-0.01	-0.1%
48	LESIEUR SUNFLOWER OIL 3L	6.69	6.56	-0.13	-1.9%
49	SAINT GEORGE EXTRA VIRGIN OLIVE OIL 1L	7.54	7.77	0.23	3.1%
50	SEKEP EXTRA VIRGIN OLIVE OIL 1L	7.15	7.66	0.51	7.1%
51	THE KING OF OLIVES SALAD OIL PET 1L	2.99	3.02	0.03	1.0%
<b>ΖΥΜΑΡΙΚΑ / ΑΛΕΥΡΙ / ΡΥΖΙ / ΠΟΥΡΓΟΥΡΙ / ΟΣΠΡΙΑ / ΖΑΧΑΡΗ</b>					
<b>ΑΛΕΥΡΙ</b>					
52	MITSIDES FARINA PLAIN 00 1KG	1.54	1.40	-0.14	-9.1%
53	MITSIDES PLAIN 00 ALL PURPOSE 1KG	1.28	1.27	-0.01	-0.8%
54	MITSIDES SELF RAISING 1KG	1.57	1.41	-0.16	-10.2%
55	MITSIDES VILLAGE 1KG	1.62	1.51	-0.11	-6.8%
56	TRIUMPH FARINA 00 1KG	1.54	1.43	-0.11	-7.1%
57	TRIUMPH VILLAGE 1KG	1.60	1.51	-0.09	-5.6%
<b>ΖΑΧΑΡΗ</b>					
58	SUGAR	1.41	1.35	-0.06	-4.3%
<b>ΖΥΜΑΡΙΚΑ</b>					
59	BARILLA SPAGHETTI No.5 500GR	1.24	1.25	0.01	0.8%
60	MELISSA PRIMO GUSTO ORZO 500GR	1.20	1.24	0.04	3.3%
61	MELISSA PRIMO GUSTO SPAGHETTI No.6 500GR	1.11	1.16	0.05	4.5%
62	MITSIDES MEZZANI A 500GR	1.26	1.32	0.06	4.8%
63	MITSIDES ORZO 500GR	1.31	1.32	0.01	0.8%
64	MITSIDES SPAGHETTI 500GR	1.00	1.15	0.15	15.0%
65	MITSIDES TRADITIONAL 500GR	1.49	1.44	-0.05	-3.4%
66	TRIUMPH SPAGHETTI 500GR	1.10	1.09	-0.01	-0.9%
<b>ΟΣΠΡΙΑ</b>					
67	KAOURIS CANADIAN LAIRD LENTILS 1KG	2.80	2.78	-0.02	-0.7%
68	NATURAL LIFE IMPORTED BLACK EYE BEANS 1KG	3.07	3.06	-0.01	-0.3%
69	NATURAL LIFE IMPORTED LENTILS 1KG	2.23	2.19	-0.04	-1.8%
70	SOLEAS 3A BEANS 1KG	2.82	2.88	0.06	2.1%
71	SOLEAS 3A BLACK EYE BEANS 1KG	3.91	3.89	-0.02	-0.5%
72	SOLEAS 3A GREEN LENTILS 1KG	2.75	2.98	0.23	8.4%
<b>ΠΟΥΡΓΟΥΡΙ</b>					
73	A.KEPOLA BULGUR WHEAT 1KG	2.61	2.67	0.06	2.3%
74	A.KEPOLA BULGUR WHEAT 500GR	1.64	1.63	-0.01	-0.6%
75	KAOURIS BULGUR WHEAT 500GR	1.45	1.53	0.08	5.5%
76	LISKO FAMELISKO BULGUR WHEAT MEDIUM 500GR	1.19	1.17	-0.02	-1.7%
77	MITSIDES BULGUR WHEAT 1KG	3.20	3.14	-0.06	-1.9%
78	MITSIDES BULGUR WHEAT 500GR	1.83	1.70	-0.13	-7.1%
<b>ΡΥΖΙ</b>					
79	SOLEAS 3A BASMATI RICE BAG 1KG	3.11	3.26	0.15	4.8%
80	SOLEAS 3A GLUTINOUS RICE BAG 1KG	2.61	2.62	0.01	0.4%
81	SOLEAS 3A PARBOILED RICE 1KG	2.45	2.44	-0.01	-0.4%
82	TILDA BASMATI RICE 1KG	6.01	5.95	-0.06	-1.0%
83	UNCLE BENS LONG GRAIN RICE 1KG	4.06	4.02	-0.04	-1.0%
84	UNCLE BENS LONG GRAIN RICE BOX 2KG	8.27	8.26	-0.01	-0.1%
<b>ΚΑΤΕΨΥΓΜΕΝΑ</b>					
<b>ΚΑΤΕΨΥΓΜΕΝΑ ΖΥΜΑΡΙΚΑ</b>					
85	CHARALAMBIDES CHRISTIS RAVIOLI 400GR	3.34	3.49	0.15	4.5%
86	HERCULES RAVIOLI 400GR	2.99	3.02	0.03	1.0%
87	MITSIDES VILLAGE RAVIOLI 375GR	3.33	3.37	0.04	1.2%
<b>ΚΑΤΕΨΥΓΜΕΝΑ ΜΑΛΑΚΙΑ/ ΟΣΤΡΑΚΟΕΙΔΗ</b>					
88	7 THALASSES SHRIMPS 30/50 500GR	11.05	11.29	0.24	2.2%
89	BLUE GREEN WAVE OCTOPUS 1KG	6.10	6.55	0.45	7.4%
90	BLUE GREEN WAVE SQUID RINGS 1KG	4.71	4.75	0.04	0.8%
91	EDESMA SQUID RINGS 1KG	5.66	5.54	-0.12	-2.1%
<b>ΚΑΤΕΨΥΓΜΕΝΟ ΨΑΡΙ</b>					
92	EDESMA RED FISH 1KG	7.71	7.68	-0.03	-0.4%
93	FINDUS SALMON PORTIONS 4X125GR	15.97	17.02	1.05	6.6%
94	FOODPAX SALMON PORTIONS 4X125GR	16.89	16.80	-0.09	-0.5%
95	QUALIFOOD PANGASIUS FILLETS 1KG	5.48	5.49	0.01	0.2%

96	QUALIFOOD SALMON PORTION 4X125GR	13.30	12.83	-0.47	-3.5%
<b>ΚΑΤΕΨΥΓΜΕΝΟ ΨΑΡΙ ΠΑΝΕ/ ΠΡΟΨΗΜΕΝΟ</b>					
97	7 SEAS COD BREADED FISH FILLETS 400GR	3.63	3.63	0.00	0.0%
98	BIRDS EYE COD FISH FINGERS 14PCS 350GR	6.97	6.96	-0.01	-0.1%
99	BIRDS EYE SIMPLY 4 COD FILLET BREADED 440GR	12.27	12.42	0.15	1.2%
100	NORDA WHITE FISH BREADED FILLETS 4PCS 300GR	4.78	4.82	0.04	0.8%
101	NORDA WHITE FISH FISH STICKS 10PCS 300GR	3.30	3.29	-0.01	-0.3%
<b>ΨΥΓΕΙΟΥ ΚΑΙ ΚΑΤΕΨΥΓΜΕΝΑ ΜΠΕΡΚΕΡ</b>					
102	BLACK ANGUS BEEF BURGERS 2P 340GR	5.55	5.50	-0.05	-0.9%
103	EDESMA VEGETABLE BURGERS 4P 380GR	4.85	4.90	0.05	1.0%
104	GRIGORIOU BEEF BURGERS 4P 600GR	5.55	5.61	0.06	1.1%
105	GRIGORIOU HAMBURGERS 6P 480GR	4.17	4.08	-0.09	-2.2%
106	GRIGORIOU TURKEY BURGERS 6P 480GR	4.02	4.31	0.29	7.2%
107	KYPRIANOU SPECIAL CHICKEN BURGERS 900GR	6.60	6.60	0.00	0.0%
<b>ΨΥΓΕΙΟΥ ΚΑΙ ΚΑΤΕΨΥΓΜΕΝΟ ΚΡΕΑΣ ΠΑΝΕ/ ΠΡΟΨΗΜΕΝΟ</b>					
108	EDESMA CHICKEN NUGGETS 500GR	5.55	5.56	0.01	0.2%
109	EDESMA CHICKEN NUGGETS 900GR	7.72	7.77	0.05	0.6%
110	EMA FOODS CHICKEN NUGGETS 900GR	7.06	6.74	-0.32	-4.5%
111	EN ELLADI CHICKEN NUGGETS 400GR	3.98	4.72	0.74	18.6%
112	EN ELLADI MEAT BALLS 420GR	4.22	4.13	-0.09	-2.1%
113	PARADISIOTIS CHICKEN NUGGETS 800GR	4.90	4.73	-0.17	-3.5%
<b>ΚΑΦΕΣ</b>					
<b>ΚΥΠΡΙΑΚΟΣ ΚΑΦΕΣ</b>					
114	CHARALAMBOUS GREEN 200GR	2.87	2.78	-0.09	-3.1%
115	CHARALAMBOUS GREEN 500GR	7.29	6.96	-0.33	-4.5%
116	ΛΑΙΚΟΝ GOLD 200GR	2.88	2.77	-0.11	-3.8%
117	ΛΑΙΚΟΝ GOLD 500GR	7.29	6.96	-0.33	-4.5%
<b>ΣΤΙΓΜΙΑΙΟΣ ΚΑΦΕΣ</b>					
118	CELEST CAFE TIN 200GR	4.53	4.39	-0.14	-3.1%
119	JACOBS EKLEKTOS JAR 100GR	4.18	4.14	-0.04	-1.0%
120	NESCAFE AZERA ESPRESSO TIN 100GR	5.60	5.33	-0.27	-4.8%
121	NESCAFE CLASSIC DEC TIN 100GR	4.83	4.61	-0.22	-4.6%
122	NESCAFE CLASSIC TIN 100GR	3.93	3.77	-0.16	-4.1%
123	NESCAFE CLASSIC TIN 200GR	5.99	5.71	-0.28	-4.7%
124	NESCAFE GOLD BLEND JAR 190GR	5.96	5.90	-0.06	-1.0%
125	NESCAFE GOLD BLEND JAR 95GR	3.63	3.56	-0.07	-1.9%
<b>ΚΟΝΣΕΡΒΕΣ</b>					
<b>ΓΑΛΑ ΕΒΑΠΟΡΕ/ ΖΑΧΑΡΟΥΧΟ</b>					
126	NESTLE MILKMAID CONDENSED CAN 397GR	2.43	2.36	-0.07	-2.9%
127	NOYNOY CONDENSED CAN 397GR	1.53	1.53	0.00	0.0%
128	NOYNOY EVAPORATED CAN 410GR	1.22	1.23	0.01	0.8%
129	NOYNOY LIGHT EVAPORATED CAN 410GR	1.21	1.23	0.02	1.7%
130	NOYNOY LIGHT EVAPORATED PORTIONS 10X15GR	1.21	1.21	0.00	0.0%
<b>ΚΟΝΣΕΡΒΕΣ ΚΡΕΑΤΟΣ</b>					
131	Karla Corned Beef 340gr	3.21	3.23	0.02	0.6%
132	Tulip Pork Chopped Ham 200gr	2.22	2.16	-0.06	-2.7%
133	Tulip Pork Luncheon Meat 200gr	2.04	2.11	0.07	3.4%
134	Zwan Chicken Luncheon Meat 200gr	2.14	2.21	0.07	3.3%
135	Zwan Pork Chopped Ham 200gr	3.02	3.05	0.03	1.0%
136	Zwan Pork Luncheon Meat 200gr	2.17	2.21	0.04	1.8%
<b>ΚΟΝΣΕΡΒΕΣ ΨΑΡΙΟΥ</b>					
137	RIO MARE TUNA IN OLIVE OIL 2X160GR	5.31	5.34	0.03	0.6%
138	RIO MARE TUNA IN OLIVE OIL 4X80GR(1FREE)	5.84	6.13	0.29	5.0%
139	RIO MARE TUNA MEAT LIGHT IN OLIVE OIL 3X80GR	4.19	4.34	0.15	3.6%
140	SHEIK TUNA MEAT LIGHT IN OIL 4X100GR	3.49	3.49	0.00	0.0%
141	SHEIK WHITE TUNA LIGHT IN WATER 4X185GR	6.29	6.03	-0.26	-4.1%
<b>ΞΗΡΑ ΤΡΟΦΗ</b>					
<b>ΔΗΜΗΤΡΙΑΚΑ ΠΡΟΓΕΥΜΑΤΟΣ</b>					
142	KELLOGG S SPECIAL K 750GR	5.00	5.00	0.00	0.0%
143	Kellogg S Coco Pops 500gr	4.10	4.23	0.13	3.2%
144	Kellogg S Coco Pops Chocos 375gr	3.28	3.34	0.06	1.8%
145	Kellogg S Corn Flakes 500gr	3.40	3.30	-0.10	-2.9%
146	Kellogg S Honey Loops 330gr	3.57	3.56	-0.01	-0.3%
147	Oreo Os Cookies&Cream Cerals 350gr	2.85	3.32	0.47	16.5%
148	Quaker Traganes Mpoukies Dark Chocolate 450gr	3.56	3.54	-0.02	-0.6%

149	Quaker White Oats Bag 500gr	2.14	2.18	0.04	1.9%
<b>ΚΟΥΛΟΥΡΙΑ</b>					
150	7DAYS BAKE ROLLS MINI PIZZA 80GR	1.16	1.14	-0.02	-1.7%
151	BAKANDYS BREADSTICKS OLIVE OIL 250GR	3.55	3.65	0.10	2.8%
152	BAKANDYS RUSKS RYE 200GR	2.54	2.55	0.01	0.4%
153	ELITE TOAST RYE 360GR(3+1 FREE)	2.32	2.08	-0.24	-10.3%
154	ELITE TOAST WHEAT 500GR(3+1 FREE)	2.42	2.17	-0.25	-10.3%
155	JOHNSOF BREAD COOKIES NAPOLITANO RAISIN 240GR	3.11	3.06	-0.05	-1.6%
156	JOHNSOF CROUTONS WHEAT 320GR	2.66	2.69	0.03	1.1%
157	MARIAS BREAD COOKIES CAROB 350GR	3.21	3.21	0.00	0.0%
<b>ΜΠΙΣΚΟΤΑ</b>					
158	FROU FROU JOKER CHOCO COV. SW 12X25GR(3 FREE)	3.23	3.34	0.11	3.4%
159	FROU FROU MORNING COFFEE PL 150GR	1.20	1.20	0.00	0.0%
160	KATERINA PETIT FOURS PL 500GR	5.12	5.12	0.00	0.0%
161	KINDER CARDS COCOA&MILK FIL 5X25.6GR	2.12	2.22	0.10	4.7%
162	NUTELLA FILLED CHOCO BISCUITS FIL T22 304GR	3.58	3.66	0.08	2.2%
163	OREO VANILLA SW 154GR	1.45	1.43	-0.02	-1.4%
<b>ΡΟΦΗΜΑΤΑ</b>					
<b>ΑΝΑΨΥΚΤΙΚΑ</b>					
164	7 UP DIET/FREE CAN 8X330ML	4.20	4.12	-0.08	-1.9%
165	7 UP REGULAR CAN 8X330ML	4.22	4.13	-0.09	-2.1%
166	COCA COLA REGULAR CAN 330ML	0.89	0.90	0.01	1.1%
167	COCA COLA REGULAR CAN 8X330ML	4.44	4.53	0.09	2.0%
168	COCA COLA ZERO CAN 8X330ML	4.71	4.72	0.01	0.2%
169	PEPSI MAX CAN 8X330ML	3.58	3.59	0.01	0.3%
<b>ΕΜΦΙΑΛΩΜΕΝΟ ΝΕΡΟ</b>					
170	AGROS STILL PET 12X500ML	2.97	2.92	-0.05	-1.7%
171	AGROS STILL PET 6X1.5L	2.48	2.48	0.00	0.0%
172	AYIOS NICOLAOS STILL PET 12X500ML	3.03	3.03	0.00	0.0%
173	AYIOS NICOLAOS STILL PET 6X1.5L	2.43	2.44	0.01	0.4%
174	KYKKOS STILL PET 12X500ML	2.95	2.95	0.00	0.0%
175	KYKKOS STILL PET 6X1.5L	2.37	2.50	0.13	5.5%
<b>ΧΥΜΟΙ</b>					
176	KEAN MANGO&POMEGRANATE NECTAR TP 1L	1.64	1.64	0.00	0.0%
177	KEAN ORANGE 100% TP 1L	1.63	1.61	-0.02	-1.2%
178	KEANITA KIDS ORANGE DRINK TB 9X250ML	4.02	4.03	0.01	0.2%
179	LIFE APPLE&CARROT&ORANGE 100% PET 400ML	1.46	1.50	0.04	2.7%
180	LIFE ORANGE 100% PET 1L	2.42	2.77	0.35	14.5%
181	LIFE ORANGE 100% PET 400ML	1.46	1.49	0.03	2.1%
<b>ΦΡΕΣΚΑ ΠΡΟΪΟΝΤΑ</b>					
<b>ΑΥΓΑ</b>					
182	Αυγά 12 τεμάχια (Μ) - (53gr - 63gr) -(φθηνότερη συσκ.)	3.19	3.31	0.12	3.8%
<b>ΦΡΕΣΚΟ ΚΡΕΑΣ/ ΠΟΥΛΕΡΙΚΑ/ ΚΟΥΝΕΛΙ</b>					
183	Αμνοερίφια μικρά σε κομμάτια (Kg)	9.79	9.93	0.14	1.4%
184	Βοδινό top-side (Kg) (ψαχνό, χωρίς κόκκαλο και λίπος)	13.35	13.38	0.03	0.2%
185	Βοδινός κιμάς (Kg)	8.31	8.54	0.23	2.8%
186	Κοτόπουλο ολόκληρο (Kg) (Χαμηλότερη Τιμή)	3.77	3.77	0.00	0.0%
187	Κοτόπουλο στήθος φιλέτο (Kg) (Χαμηλότερη Τιμή)	7.91	7.99	0.08	1.0%
188	Κουνέλι (Kg) (χαμηλότερη τιμή)	10.10	10.11	0.01	0.1%
189	Χοιρινή Μπριζόλα φιλέτο (Kg)	5.51	5.69	0.18	3.3%
190	Χοιρινός Κιμάς (Kg)	5.31	5.24	-0.07	-1.3%
191	Χοιρινός Λαπάς με κόκκαλο (Kg)	5.84	5.79	-0.05	-0.9%
<b>ΦΡΕΣΚΟ ΨΑΡΙ/ΜΑΛΑΚΙΑ</b>					
192	Γόπες (Kg)	9.18	9.70	0.52	5.7%
193	Καλαμάρι Μεγάλο (Kg)	11.16	9.55	-1.61	-14.4%
194	Καλαμάρι Μικρό (Kg)	19.54	18.76	-0.78	-4.0%
195	Λαβράκι (Kg)	11.02	10.97	-0.05	-0.5%
196	Μπαρμπούνη (Kg)	25.42	25.33	-0.09	-0.4%
197	Τσιπούρα (Kg)	8.30	7.39	-0.91	-11.0%
198	Χταπόδι Μεγάλο (Kg)	16.46	17.07	0.61	3.7%
199	Χταπόδι Μικρό (Kg)	20.23	21.10	0.87	4.3%
<b>ΧΟΡΤΑ</b>					
200	Αγγουράκια Θερμοκηπίου (Kg)	1.81	1.30	-0.51	-28.2%
201	Αγγουράκια Χωραφίου (Kg)	2.05	2.12	0.07	3.4%
202	Ντομάτες Α (Kg)	2.57	1.46	-1.11	-43.2%

203	Πατάτες Φρέσκες (Kg)	1.67	1.47	-0.20	-12.0%
204	Χόρτα Δέσμης	0.42	0.47	0.05	11.9%
<b>ΨΩΜΙ</b>					
205	Slice Άσπρο μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.81	1.80	-0.01	-0.6%
206	Slice Άσπρο μικρό (450gr-500gr) (χαμηλότερη τιμή)	1.66	1.68	0.02	1.2%
207	Slice Ολικής Αλέσεως μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.79	1.75	-0.04	-2.2%
208	Slice Ολικής Αλέσεως μικρό (450gr-500gr) (χαμηλότερη τιμή)	1.61	1.63	0.02	1.2%
209	Ψωμί Άσπρο μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.55	1.56	0.01	0.6%
210	Ψωμί Άσπρο μικρό (450gr-500gr)(χαμηλότερη τιμή)	1.27	1.27	0.00	0.0%
<b>FUEL</b>					
<b>CHARCOAL</b>					
211	ETOSHA 5kg	6.23	6.20	-0.03	-0.5%
212	ΠΥΡΣΟΣ 5kg	6.33	6.30	-0.03	-0.5%
<b>ΑΠΟΡΡΥΠΑΝΤΙΚΑ/ ΜΑΛΑΚΤΙΚΑ ΡΟΥΧΩΝ</b>					
<b>ΑΠΟΡΡΥΠΑΝΤΙΚΑ ΡΟΥΧΩΝ</b>					
213	ARIEL TOUCH LENOR FRESH 50WSH LIQ 2.75L	11.05	11.06	0.01	0.1%
214	DIXAN BLUE OCEAN 66WSH PWD 3.63KG	10.73	10.89	0.16	1.5%
215	DIXAN MULTICOLOR 42WSH GEL 2.1L	6.30	7.14	0.84	13.3%
216	EUREKA ACTIVE CARE 61WSH PWD 4KG P-OFF	6.96	6.87	-0.09	-1.3%
217	EUREKA MASSALIAS CLASSIC 48WSH LIQ 2.4L P-OFF	5.85	5.84	-0.01	-0.2%
218	EUREKA MASSALIAS LAVENDER 48WSH LIQ 2.4L P-OFF	5.85	5.85	0.00	0.0%
<b>ΜΑΛΑΚΤΙΚΑ ΡΟΥΧΩΝ</b>					
219	COMFORT GOLD LILY&WILD BERRY 4L	5.46	5.49	0.03	0.5%
220	COMFORT GOLD WILD ORCHID&SANDALWOOD 4L	5.54	5.55	0.01	0.2%
221	COMFORT PURELY SOFT 4L	5.05	5.06	0.01	0.2%
<b>ΕΙΔΗ ΠΡΟΣΩΠΙΚΗΣ ΥΓΙΕΙΝΗΣ</b>					
<b>ΣΕΡΒΙΕΤΤΕΣ ΥΓΕΙΑΣ</b>					
222	ALWAYS PADS SECURE NIGHT ULTRA DUO W 12P	2.14	2.08	-0.06	-2.8%
223	ALWAYS PADS ULTRA LONG PLUS W 16P	2.06	2.05	-0.01	-0.5%
224	ALWAYS PADS ULTRA NORMAL PLUS DUO W 20P	2.12	2.09	-0.03	-1.4%
225	EVERYDAY PADS HYPERDRY ULTRA PLUS SUPER DUO W 2X18P(1FREE)	3.58	3.56	-0.02	-0.6%
<b>ΧΑΡΤΙ ΥΓΕΙΑΣ</b>					
226	ELITE LUXURY WHITE 3PLY 10P	4.18	4.11	-0.07	-1.7%
227	KLEENEX PREMIUM HONEYSUCKLE 2PLY 12P (3 FREE)	11.50	11.48	-0.02	-0.2%
228	KLEENEX PREMIUM WHITE 2PLY 12P (3 FREE)	11.49	11.51	0.02	0.2%
229	KLEENEX SCOTTONELLE DOUBLE ROLL WHITE 1PLY 16P P_OFF	12.90	13.62	0.72	5.6%
230	KLEENEX SCOTTONELLE SOFT&STRONG WHITE 2PLY 32P (8 FREE)	13.12	14.54	1.42	10.8%
231	SILKY WHITE 2PLY 24P	7.05	7.09	0.04	0.6%
<b>ΚΥΛΙΝΔΡΟΣ ΥΓΡΑΕΡΙΟΥ</b>					
<b>ΚΥΛΙΝΔΡΟΣ ΥΓΡΑΕΡΙΟΥ</b>					
232	ΚΥΛΙΝΔΡΟΣ 10kg (ΤΙΜΗ ΜΕ ΕΠΙΣΤΡΟΦΗ ΑΔΕΙΟΥ)	16.11	16.13	0.02	0.1%
<b>ΒΡΕΦΙΚΑ ΠΡΟΙΟΝΤΑ</b>					
<b>ΒΡΕΦΙΚΕΣ ΠΑΝΕΣ</b>					
233	NANNYS SENSITIVE 5 JUNIOR 12-25KG 44P	9.65	9.42	-0.23	-2.4%
234	NANNYS SENSITIVE 6 JUNIOR PLUS 15-30KG 40P	9.56	9.45	-0.11	-1.2%
235	PAMP. ACTIVE BABY 5 JUNIOR 11-16KG 78P	15.04	15.00	-0.04	-0.3%
236	PAMP. ACTIVE BABY 6 EXTRA LARGE 13-18KG 68P	15.04	15.01	-0.03	-0.2%
237	PAMP. ACTIVE BABY 7 MAXI 15+KG 40P	10.76	10.72	-0.04	-0.4%
238	PAMP. PREMIUM CARE 1 NEW BORN 2-5KG 52P	11.16	11.46	0.30	2.7%
<b>ΒΡΕΦΙΚΕΣ ΤΡΟΦΕΣ</b>					
239	HIPP BIO DAIRY FREE OAT PORRIDGE 4M+ CRT 200GR	3.34	3.34	0.00	0.0%
240	NESTLE FARINE LACTEE WHEAT CEREALS 6M+ CRT 350GR	3.32	3.25	-0.07	-2.1%
241	NOYNOY 5 FRUIT CEREAL CREAM 6M+ TIN 300GR P-OFF	5.15	5.13	-0.02	-0.4%
242	NOYNOY BISCUIT CEREALS 6M+ TIN 300GR P-OFF	4.88	4.88	0.00	0.0%
243	NOYNOY FARINE LACTEE CEREALS 6M+ TIN 300GR P-OFF	3.12	3.15	0.03	1.0%
244	YIOTIS FARINE LACTEE MILK CEREAL CREAM 6M+ TIN 300GR P-OFF	2.66	2.68	0.02	0.8%
<b>ΒΡΕΦΙΚΟ ΓΑΛΛΑ</b>					
245	Frisogrow 3 1-3y Tin 800gr	19.56	19.56	0.00	0.0%
246	Frisogrow Plus+ 3-5y Tin 800gr	18.53	18.66	0.13	0.7%
247	Frisolac 1 0-6m Tin 800gr	22.82	22.79	-0.03	-0.1%
248	Frisomel 2 6m+ Tin 800gr	19.53	19.53	0.00	0.0%
249	Nan 4 Protect Build 2y+ Tin 400gr	9.28	9.59	0.31	3.3%
250	S-26 Progress Gold 3 1-3y Tin 400gr	10.01	10.05	0.04	0.4%