

ΠΑΡΑΤΗΡΗΤΗΡΙΟ ΒΑΣΙΚΩΝ ΚΑΤΑΝΑΛΩΤΙΚΩΝ ΑΓΑΘΩΝ

ΣΥΓΚΡΙΣΗ ΜΕ ΠΡΟΗΓΟΥΜΕΝΟ ΜΗΝΑ



Κυπριακή Δημοκρατία



ΥΠΟΥΡΓΕΙΟ ΕΝΕΡΓΕΙΑΣ
ΕΜΠΟΡΙΟΥ ΚΑΙ ΒΙΟΜΗΧΑΝΙΑΣ



ΥΠΗΡΕΣΙΑ
ΠΡΟΣΤΑΣΙΑΣ
ΚΑΤΑΝΑΛΩΤΗ

Οκτ 2023

Α/Α	ΠΡΟΪΟΝ	Μέση Σταθμισμένη Τιμή		Αύξηση / Μείωση Τιμής	% Μεταβολή
		Προηγούμενος Μήνας	Τρέχον Μήνας		
ΑΛΛΑΝΤΙΚΑ					
ΑΛΛΑΝΤΙΚΑ					
1	Chrysodalia Lountza Smoked Slices 300gr	3.98	4.59	0.61	15.3%
2	Chrysodalia Turkey Smoked Slices 200gr	2.89	2.96	0.07	2.4%
3	Grigoriou Ham Slices 300gr	3.96	3.84	-0.12	-3.0%
4	Grigoriou Lountza Slices 150gr	3.34	3.25	-0.09	-2.7%
5	Grigoriou Salami Extra 300gr	2.56	2.59	0.03	1.2%
6	Grigoriou Streaky Bacon Slices 150gr	2.80	2.71	-0.09	-3.2%
7	Grigoriou Turkey Smoked Slices 200gr	3.27	3.37	0.10	3.1%
ΒΟΗΘΗΜΑΤΑ ΜΑΓΕΙΡΕΜΑΤΟΣ					
ΖΩΜΟΣ					
8	KNORR BOUILLONS CHICKEN 12 CUBES 120GR	1.19	1.16	-0.03	-2.5%
9	KNORR BOUILLONS VEGETABLES 12 CUBES 120GR	1.48	1.44	-0.04	-2.7%
10	MAGGI BOUILLONS CHICKEN 12 CUBES 132GR	1.41	1.40	-0.01	-0.7%
11	MAGGI BOUILLONS PASTA 12 CUBES 132GR	1.89	1.87	-0.02	-1.1%
12	MAGGI BOUILLONS VEGETABLES 12 CUBES 132GR	1.93	1.92	-0.01	-0.5%
ΝΤΟΜΑΤΟΧΥΜΟΣ/ ΠΕΛΤΕΣ					
13	BLOSSOM TOMATO PASTE CUP 4X70GR	2.01	2.02	0.01	0.5%
14	KEAN POMILORI SIEVE TOMATO PASTE JAR 700GR	1.70	1.71	0.01	0.6%
15	MITSIDES TOMATO PASSATA CARTON 3X500GR P-OFF	2.77	2.77	0.00	0.0%
16	MITSIDES TOMATO PASTE CUP 4X70GR	2.14	2.19	0.05	2.3%
17	PELARGOS TOMATO PASSATA CARTON 3X250GR	1.30	1.32	0.02	1.5%
ΦΥΤΙΚΟ ΜΑΓΕΙΡΙΚΟ ΛΙΠΟΣ					
18	SPRY 350GR	2.93	2.89	-0.04	-1.4%
ΓΑΛΑΚΤΟΚΟΜΙΚΑ					
ΓΙΑΟΥΡΤΙ					
19	ALAMBRA THE GRANNY SHEEP F/F PC 700GR	3.09	3.02	-0.07	-2.3%
20	CHARALAMB/CHRISTIS STRAINED STRAGGATO F/F PC 1KG	4.11	4.11	0.00	0.0%
21	CHARALAMB/CHRISTIS STRAINED STRAGGATO LGT PC 1KG	4.11	4.12	0.01	0.2%
22	ZITA STRAINED F/F PC 1KG	4.07	3.90	-0.17	-4.2%
23	ZITA STRAINED LGT PC 1KG	4.07	3.90	-0.17	-4.2%
ΤΥΡΙ					
24	ALAMBRA COTTAGE PC 200GR	1.88	1.71	-0.17	-9.0%
25	ALAMBRA Η GIAGIA GOAT/SHEEP HALLOUMI KG	13.73	13.98	0.25	1.8%
26	CHARALAMB/CHRISTIS FETA BLOCK 200GR	3.18	3.40	0.22	6.9%
27	CHARALAMB/CHRISTIS HALLOUMI PISSOURKOTIKO KG	15.14	13.26	-1.88	-12.4%
28	DIROLLO 2.2% COTTAGE 225GR	2.28	2.26	-0.02	-0.9%
29	DODONI FETA BLOCK 400GR	7.49	7.22	-0.27	-3.6%
30	KESES GOAT/SHEEP HALLOUMI KG	15.86	15.74	-0.12	-0.8%
31	LA VACHE QUI RIT CHEEZ DIPPERS 4PORTION 140GR	3.01	3.51	0.50	16.6%
32	PHILADELPHIA LIGHT PLAIN SPREAD TUBS 200GR	2.60	2.55	-0.05	-1.9%
33	PHILADELPHIA PLAIN SPREAD TUBS 200GR	2.60	2.59	-0.01	-0.4%
34	VALIO EDAM LIGHT 17% SLICES 2X250GR P-OFF	7.22	7.13	-0.09	-1.2%
35	VEPO FOOD EDAM SLICES 200GR	2.52	2.35	-0.17	-6.7%
36	VEPO FOOD GOUDA SLICES 200GR	2.35	2.50	0.15	6.4%
ΦΡΕΣΚΟ ΓΑΛΛΑ					
37	CHARALAMBIDES CHRISTIS DELACT HDPE 1L	1.70	1.69	-0.01	-0.6%
38	CHARALAMBIDES CHRISTIS FULL FAT 3% HDPE 2L	2.88	2.87	-0.01	-0.3%
39	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 1.5L	2.20	2.19	-0.01	-0.5%
40	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 1L	1.50	1.49	-0.01	-0.7%
41	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 2L	2.89	2.88	-0.01	-0.3%
42	LANITIS FULL FAT 3% HDPE 2L	2.83	2.83	0.00	0.0%
43	LANITIS SEMI SKIMMED 1.5% HDPE 1.5L	2.18	2.18	0.00	0.0%

44	LANITIS SEMI SKIMMED 1.5% HDPE 2L	2.84	2.84	0.00	0.0%
ΕΛΑΙΑ					
ΛΑΔΙ					
45	AMBROSIA SUNFLOWER OIL 3L	6.82	6.83	0.01	0.1%
46	DORINA SUNFLOWER OIL 5L	9.85	9.95	0.10	1.0%
47	ELIOHORI EXTRA VIRGIN OLIVE OIL 2L	14.96	16.56	1.60	10.7%
48	FLORA SUNFLOWER OIL 3L	10.80	10.46	-0.34	-3.1%
49	LESIEUR SUNFLOWER OIL 3L	6.85	6.69	-0.16	-2.3%
50	SAINT GEORGE EXTRA VIRGIN OLIVE OIL 1L	7.77	7.54	-0.23	-3.0%
51	SEKEP EXTRA VIRGIN OLIVE OIL 1L	7.14	7.15	0.01	0.1%
ΖΥΜΑΡΙΚΑ / ΑΛΕΥΡΙ / ΡΥΖΙ / ΠΟΥΡΓΟΥΡΙ / ΟΣΠΡΙΑ / ΖΑΧΑΡΗ					
ΑΛΕΥΡΙ					
52	MITSIDES FARINA PLAIN 00 1KG	1.59	1.54	-0.05	-3.1%
53	MITSIDES PLAIN 00 ALL PURPOSE 1KG	1.30	1.28	-0.02	-1.5%
54	MITSIDES SELF RAISING 1KG	1.60	1.57	-0.03	-1.9%
55	MITSIDES VILLAGE 1KG	1.67	1.62	-0.05	-3.0%
56	TRIUMPH FARINA 00 1KG	1.58	1.54	-0.04	-2.5%
57	TRIUMPH VILLAGE 1KG	1.65	1.60	-0.05	-3.0%
ΖΑΧΑΡΗ					
58	SUGAR	1.41	1.41	0.00	0.0%
ΖΥΜΑΡΙΚΑ					
59	BARILLA SPAGHETTI No.5 500GR	1.23	1.24	0.01	0.8%
60	MELISSA PRIMO GUSTO ORZO 500GR	1.44	1.20	-0.24	-16.7%
61	MELISSA PRIMO GUSTO SPAGHETTI No.6 500GR	1.09	1.11	0.02	1.8%
62	MITSIDES MEZZANI A 500GR	1.32	1.26	-0.06	-4.5%
63	MITSIDES ORZO 500GR	1.36	1.31	-0.05	-3.7%
64	MITSIDES SPAGHETTI 500GR	1.23	1.00	-0.23	-18.7%
65	MITSIDES TRADITIONAL 500GR	1.50	1.49	-0.01	-0.7%
66	TRIUMPH SPAGHETTI 500GR	1.14	1.10	-0.04	-3.5%
ΟΣΠΡΙΑ					
67	KAOURIS CANADIAN LAIRD LENTILS 1KG	2.84	2.80	-0.04	-1.4%
68	NATURAL LIFE IMPORTED BLACK EYE BEANS 1KG	3.10	3.07	-0.03	-1.0%
69	NATURAL LIFE IMPORTED LENTILS 1KG	2.16	2.23	0.07	3.2%
70	SOLEAS 3A BEANS 1KG	2.93	2.82	-0.11	-3.8%
71	SOLEAS 3A BLACK EYE BEANS 1KG	4.13	3.91	-0.22	-5.3%
72	SOLEAS 3A GREEN LENTILS 1KG	2.82	2.75	-0.07	-2.5%
ΠΟΥΡΓΟΥΡΙ					
73	A.KEPOLA BULGUR WHEAT 1KG	2.55	2.61	0.06	2.4%
74	A.KEPOLA BULGUR WHEAT 500GR	1.66	1.64	-0.02	-1.2%
75	KAOURIS BULGUR WHEAT 500GR	1.47	1.45	-0.02	-1.4%
76	LISKO FAMELISKO BULGUR WHEAT MEDIUM 500GR	1.22	1.19	-0.03	-2.5%
77	MITSIDES BULGUR WHEAT 1KG	3.15	3.20	0.05	1.6%
78	MITSIDES BULGUR WHEAT 500GR	1.76	1.83	0.07	4.0%
ΡΥΖΙ					
79	SOLEAS 3A BASMATI RICE BAG 1KG	3.12	3.11	-0.01	-0.3%
80	SOLEAS 3A GLUTINOUS RICE BAG 1KG	2.63	2.61	-0.02	-0.8%
81	SOLEAS 3A PARBOILED RICE 1KG	2.45	2.45	0.00	0.0%
82	TILDA BASMATI RICE 1KG	5.88	6.01	0.13	2.2%
83	UNCLE BENS LONG GRAIN RICE 1KG	4.29	4.06	-0.23	-5.4%
84	UNCLE BENS LONG GRAIN RICE BOX 2KG	8.28	8.27	-0.01	-0.1%
ΚΑΤΕΨΥΓΜΕΝΑ					
ΚΑΤΕΨΥΓΜΕΝΑ ΖΥΜΑΡΙΚΑ					
85	CHARALAMBIDES CHRISTIS RAVIOLI 400GR	3.82	3.34	-0.48	-12.6%
86	HERCULES RAVIOLI 400GR	3.01	2.99	-0.02	-0.7%
87	MITSIDES VILLAGE RAVIOLI 375GR	3.34	3.33	-0.01	-0.3%
ΚΑΤΕΨΥΓΜΕΝΑ ΜΑΛΑΚΙΑ/ ΟΣΤΡΑΚΟΕΙΔΗ					
88	7 THALASSES SHRIMPS 30/50 500GR	11.05	11.05	0.00	0.0%
89	BLUE GREEN WAVE OCTOPUS 1KG	6.07	6.10	0.03	0.5%
90	BLUE GREEN WAVE SQUID RINGS 1KG	4.55	4.71	0.16	3.5%
91	EDESMA SQUID RINGS 1KG	5.70	5.66	-0.04	-0.7%
ΚΑΤΕΨΥΓΜΕΝΟ ΨΑΡΙ					
92	EDESMA RED FISH 1KG	7.82	7.71	-0.11	-1.4%
93	FINDUS SALMON PORTIONS 4X125GR	15.36	15.97	0.61	4.0%
94	FOODPAX SALMON PORTIONS 4X125GR	16.02	16.89	0.87	5.4%
95	QUALIFOOD PANGASIIUS FILLETS 1KG	5.47	5.48	0.01	0.2%

96	QUALIFOOD SALMON PORTION 4X125GR	12.79	13.30	0.51	4.0%
ΚΑΤΕΨΥΓΜΕΝΟ ΨΑΡΙ ΠΑΝΕ/ ΠΡΟΨΗΜΕΝΟ					
97	7 SEAS COD BREADED FISH FILLETS 400GR	3.61	3.63	0.02	0.6%
98	BIRDS EYE COD FISH FINGERS 14PCS 350GR	5.96	6.97	1.01	16.9%
99	BIRDS EYE SIMPLY 4 COD FILLET BREADED 440GR	12.24	12.27	0.03	0.2%
100	NORDA WHITE FISH BREADED FILLETS 4PCS 300GR	5.03	4.78	-0.25	-5.0%
101	NORDA WHITE FISH FISH STICKS 10PCS 300GR	3.19	3.30	0.11	3.4%
ΨΥΓΕΙΟΥ ΚΑΙ ΚΑΤΕΨΥΓΜΕΝΑ ΜΠΕΡΚΕΡ					
102	BLACK ANGUS BEEF BURGERS 2P 340GR	5.98	5.55	-0.43	-7.2%
103	EDESMA VEGETABLE BURGERS 4P 380GR	5.04	4.85	-0.19	-3.8%
104	GRIGORIOU BEEF BURGERS 4P 600GR	5.53	5.55	0.02	0.4%
105	GRIGORIOU HAMBURGERS 6P 480GR	3.66	4.17	0.51	13.9%
106	GRIGORIOU TURKEY BURGERS 6P 480GR	4.51	4.02	-0.49	-10.9%
107	ΚΥΠΡΙΑΝΟΥ SPECIAL CHICKEN BURGERS 900GR	6.62	6.60	-0.02	-0.3%
ΨΥΓΕΙΟΥ ΚΑΙ ΚΑΤΕΨΥΓΜΕΝΟ ΚΡΕΑΣ ΠΑΝΕ/ ΠΡΟΨΗΜΕΝΟ					
108	EDESMA CHICKEN NUGGETS 500GR	5.56	5.55	-0.01	-0.2%
109	EDESMA CHICKEN NUGGETS 900GR	7.83	7.72	-0.11	-1.4%
110	EMA FOODS CHICKEN NUGGETS 900GR	6.92	7.06	0.14	2.0%
111	EN ELLADI CHICKEN NUGGETS 400GR	4.71	3.98	-0.73	-15.5%
112	EN ELLADI MEAT BALLS 420GR	4.00	4.22	0.22	5.5%
113	PARADISIOTIS CHICKEN NUGGETS 800GR	4.95	4.90	-0.05	-1.0%
ΚΑΦΕΣ					
ΚΥΠΡΙΑΚΟΣ ΚΑΦΕΣ					
114	CHARALAMBOUS GREEN 200GR	2.86	2.87	0.01	0.3%
115	CHARALAMBOUS GREEN 500GR	7.29	7.29	0.00	0.0%
116	ΛΑΙΚΟΝ GOLD 200GR	2.81	2.88	0.07	2.5%
117	ΛΑΙΚΟΝ GOLD 500GR	7.27	7.29	0.02	0.3%
ΣΤΙΓΜΙΑΙΟΣ ΚΑΦΕΣ					
118	CELEST CAFE TIN 200GR	4.57	4.53	-0.04	-0.9%
119	JACOBS EKLEKTOS JAR 100GR	4.23	4.18	-0.05	-1.2%
120	NESCAFE AZERA ESPRESSO TIN 100GR	5.60	5.60	0.00	0.0%
121	NESCAFE CLASSIC DEC TIN 100GR	4.83	4.83	0.00	0.0%
122	NESCAFE CLASSIC TIN 100GR	3.94	3.93	-0.01	-0.3%
123	NESCAFE CLASSIC TIN 200GR	6.00	5.99	-0.01	-0.2%
124	NESCAFE GOLD BLEND JAR 190GR	5.83	5.96	0.13	2.2%
125	NESCAFE GOLD BLEND JAR 95GR	3.66	3.63	-0.03	-0.8%
ΚΟΝΣΕΡΒΕΣ					
ΓΑΛΑ ΕΒΑΠΟΡΕ/ ΖΑΧΑΡΟΥΧΟ					
126	NESTLE MILKMAID CONDENSED CAN 397GR	2.39	2.43	0.04	1.7%
127	NOYNOY CONDENSED CAN 397GR	1.49	1.53	0.04	2.7%
128	NOYNOY EVAPORATED CAN 410GR	1.23	1.22	-0.01	-0.8%
129	NOYNOY LIGHT EVAPORATED CAN 410GR	1.22	1.21	-0.01	-0.8%
130	NOYNOY LIGHT EVAPORATED PORTIONS 10X15GR	1.22	1.21	-0.01	-0.8%
ΚΟΝΣΕΡΒΕΣ ΚΡΕΑΤΟΣ					
131	Karla Corned Beef 340gr	3.25	3.21	-0.04	-1.2%
132	Tulip Pork Chopped Ham 200gr	2.34	2.22	-0.12	-5.1%
133	Tulip Pork Luncheon Meat 200gr	2.06	2.04	-0.02	-1.0%
134	Zwan Chicken Luncheon Meat 200gr	2.15	2.14	-0.01	-0.5%
135	Zwan Pork Chopped Ham 200gr	3.03	3.02	-0.01	-0.3%
136	Zwan Pork Luncheon Meat 200gr	2.19	2.17	-0.02	-0.9%
ΚΟΝΣΕΡΒΕΣ ΨΑΡΙΟΥ					
137	RIO MARE TUNA IN OLIVE OIL 2X160GR	5.43	5.31	-0.12	-2.2%
138	RIO MARE TUNA IN OLIVE OIL 4X80GR(1FREE)	6.15	5.84	-0.31	-5.0%
139	RIO MARE TUNA MEAT LIGHT IN OLIVE OIL 3X80GR	4.24	4.19	-0.05	-1.2%
140	SHEIK TUNA MEAT LIGHT IN OIL 4X100GR	3.41	3.49	0.08	2.3%
141	SHEIK WHITE TUNA LIGHT IN WATER 4X185GR	6.49	6.29	-0.20	-3.1%
ΞΗΡΑ ΤΡΟΦΗ					
ΔΗΜΗΤΡΙΑΚΑ ΠΡΟΓΕΥΜΑΤΟΣ					
142	KELLOGG S SPECIAL K 750GR	4.88	5.00	0.12	2.5%
143	Kellogg S Coco Pops 500gr	4.25	4.10	-0.15	-3.5%
144	Kellogg S Coco Pops Chocos 375gr	2.72	3.28	0.56	20.6%
145	Kellogg S Corn Flakes 500gr	3.37	3.40	0.03	0.9%
146	Kellogg S Honey Loops 330gr	3.60	3.57	-0.03	-0.8%
147	Oreo Os Cookies&Cream Cerals 350gr	3.21	2.85	-0.36	-11.2%
148	Quaker Traganes Mpoukies Dark Chocolate 450gr	3.55	3.56	0.01	0.3%

149	Quaker White Oats Bag 500gr	2.22	2.14	-0.08	-3.6%
ΚΟΥΛΟΥΡΙΑ					
150	7DAYS BAKE ROLLS MINI PIZZA 80GR	1.15	1.16	0.01	0.9%
151	BAKANDYS BREADSTICKS OLIVE OIL 250GR	3.61	3.55	-0.06	-1.7%
152	BAKANDYS RUSKS RYE 200GR	2.54	2.54	0.00	0.0%
153	ELITE TOAST RYE 360GR(3+1 FREE)	2.18	2.32	0.14	6.4%
154	ELITE TOAST WHEAT 500GR(3+1 FREE)	2.22	2.42	0.20	9.0%
155	JOHNSOF BREAD COOKIES NAPOLITANO RAISIN 240GR	3.16	3.11	-0.05	-1.6%
156	JOHNSOF CROUTONS WHEAT 320GR	2.73	2.66	-0.07	-2.6%
157	MARIAS BREAD COOKIES CAROB 350GR	3.20	3.21	0.01	0.3%
ΜΠΙΣΚΟΤΑ					
158	FROU FROU JOKER CHOCO COV. SW 12X25GR(3 FREE)	3.55	3.23	-0.32	-9.0%
159	FROU FROU MORNING COFFEE PL 150GR	1.21	1.20	-0.01	-0.8%
160	KATERINA PETIT FOURS PL 500GR	5.11	5.12	0.01	0.2%
161	KINDER CARDS COCOA&MILK FIL 5X25.6GR	2.27	2.12	-0.15	-6.6%
162	NUTELLA FILLED CHOCO BISCUITS FIL T22 304GR	3.73	3.58	-0.15	-4.0%
163	OREO VANILLA SW 154GR	1.42	1.45	0.03	2.1%
ΡΟΦΗΜΑΤΑ					
ΑΝΑΨΥΚΤΙΚΑ					
164	7 UP DIET/FREE CAN 8X330ML	4.27	4.20	-0.07	-1.6%
165	7 UP REGULAR CAN 8X330ML	4.28	4.22	-0.06	-1.4%
166	COCA COLA REGULAR CAN 330ML	0.89	0.89	0.00	0.0%
167	COCA COLA REGULAR CAN 8X330ML	4.49	4.44	-0.05	-1.1%
168	COCA COLA ZERO CAN 8X330ML	4.67	4.71	0.04	0.9%
169	PEPSI MAX CAN 8X330ML	3.59	3.58	-0.01	-0.3%
ΕΜΦΙΑΛΩΜΕΝΟ ΝΕΡΟ					
170	AGROS STILL PET 12X500ML	3.01	2.97	-0.04	-1.3%
171	AGROS STILL PET 6X1.5L	2.49	2.48	-0.01	-0.4%
172	AYIOS NICOLAOS STILL PET 12X500ML	3.06	3.03	-0.03	-1.0%
173	AYIOS NICOLAOS STILL PET 6X1.5L	2.44	2.43	-0.01	-0.4%
174	KYKKOS STILL PET 12X500ML	2.81	2.95	0.14	5.0%
175	KYKKOS STILL PET 6X1.5L	2.34	2.37	0.03	1.3%
ΧΥΜΟΙ					
176	KEAN MANGO&POMEGRANATE NECTAR TP 1L	1.65	1.64	-0.01	-0.6%
177	KEAN ORANGE 100% TP 1L	1.63	1.63	0.00	0.0%
178	KEANITA KIDS ORANGE DRINK TB 9X250ML	4.00	4.02	0.02	0.5%
179	LIFE APPLE&CARROT&ORANGE 100% PET 400ML	1.47	1.46	-0.01	-0.7%
180	LIFE ORANGE 100% PET 1L	2.48	2.42	-0.06	-2.4%
181	LIFE ORANGE 100% PET 400ML	1.44	1.46	0.02	1.4%
ΦΡΕΣΚΑ ΠΡΟΙΟΝΤΑ					
ΑΥΓΑ					
182	Αυγά 12 τεμάχια (Μ) - (53gr - 63gr) -(φθηνότερη συσκ.)	3.11	3.19	0.08	2.6%
ΦΡΕΣΚΟ ΚΡΕΑΣ/ ΠΟΥΛΕΡΙΚΑ/ ΚΟΥΝΕΛΙ					
183	Αμνοερίφια μικρά σε κομμάτια (Kg)	10.12	9.79	-0.33	-3.3%
184	Βοδινό top-side (Kg) (Ψαχνό, χωρίς κόκκαλο και λίπος)	13.35	13.35	0.00	0.0%
185	Βοδινός κιμάς (Kg)	8.45	8.31	-0.14	-1.7%
186	Κοτόπουλο ολόκληρο (Kg) (Χαμηλότερη Τιμή)	3.66	3.77	0.11	3.0%
187	Κοτόπουλο στήθος φιλέτο (Kg) (Χαμηλότερη Τιμή)	8.07	7.91	-0.16	-2.0%
188	Κουνέλι (Kg) (χαμηλότερη τιμή)	10.09	10.10	0.01	0.1%
189	Χοιρινή Μπριζόλα φιλέτο (Kg)	5.63	5.51	-0.12	-2.1%
190	Χοιρινός Κιμάς (Kg)	5.31	5.31	0.00	0.0%
191	Χοιρινός Λαπάς με κόκκαλο (Kg)	5.83	5.84	0.01	0.2%
ΦΡΕΣΚΟ ΨΑΡΙ/ΜΑΛΑΚΙΑ					
192	Γόπες (Kg)	8.60	9.18	0.58	6.7%
193	Καλαμάρι Μεγάλο (Kg)	10.33	11.16	0.83	8.0%
194	Καλαμάρι Μικρό (Kg)	19.53	19.54	0.01	0.1%
195	Λαβράκι (Kg)	15.61	11.02	-4.59	-29.4%
196	Μπαρμπούνη (Kg)	25.99	25.42	-0.57	-2.2%
197	Τσιπούρα (Kg)	7.83	8.30	0.47	6.0%
198	Χταπόδι Μεγάλο (Kg)	16.29	16.46	0.17	1.0%
199	Χταπόδι Μικρό (Kg)	22.06	20.23	-1.83	-8.3%
ΧΟΡΤΑ					
200	Αγγουράκια Θερμοκηπίου (Kg)	1.86	1.81	-0.05	-2.7%
201	Αγγουράκια Χωραφισού (Kg)	2.65	2.05	-0.60	-22.6%
202	Ντομάτες Α (Kg)	2.68	2.57	-0.11	-4.1%

203	Πατάτες Φρέσκες (Kg)	1.99	1.67	-0.32	-16.1%
204	Χόρτα Δέσμης	0.47	0.42	-0.05	-10.6%
ΨΩΜΙ					
205	Slice Άσπρο μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.83	1.81	-0.02	-1.1%
206	Slice Άσπρο μικρό (450gr-500gr) (χαμηλότερη τιμή)	1.66	1.66	0.00	0.0%
207	Slice Ολικής Αλέσεως μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.79	1.79	0.00	0.0%
208	Slice Ολικής Αλέσεως μικρό (450gr-500gr) (χαμηλότερη τιμή)	1.62	1.61	-0.01	-0.6%
209	Ψωμί Άσπρο μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.56	1.55	-0.01	-0.6%
210	Ψωμί Άσπρο μικρό (450gr-500gr)(χαμηλότερη τιμή)	1.27	1.27	0.00	0.0%
FUEL					
CHARCOAL					
211	ETOSHA 5kg	5.74	6.23	0.49	8.5%
212	ΠΥΡΣΟΣ 5kg	6.30	6.33	0.03	0.5%
ΑΠΟΡΡΥΠΑΝΤΙΚΑ/ ΜΑΛΑΚΤΙΚΑ ΡΟΥΧΩΝ					
ΑΠΟΡΡΥΠΑΝΤΙΚΑ ΡΟΥΧΩΝ					
213	ARIEL TOUCH LENOR FRESH 50WSH LIQ 2.75L	11.01	11.05	0.04	0.4%
214	DIXAN BLUE OCEAN 66WSH PWD 3.63KG	10.69	10.73	0.04	0.4%
215	DIXAN MULTICOLOR 42WSH GEL 2.1L	6.70	6.30	-0.40	-6.0%
216	EUREKA ACTIVE CARE 61WSH PWD 4KG P-OFF	7.01	6.96	-0.05	-0.7%
217	EUREKA MASSALIAS CLASSIC 48WSH LIQ 2.4L P-OFF	5.89	5.85	-0.04	-0.7%
218	EUREKA MASSALIAS LAVENDER 48WSH LIQ 2.4L P-OFF	5.87	5.85	-0.02	-0.3%
ΜΑΛΑΚΤΙΚΑ ΡΟΥΧΩΝ					
219	COMFORT GOLD LILY&WILD BERRY 4L	5.50	5.46	-0.04	-0.7%
220	COMFORT GOLD WILD ORCHID&SANDALWOOD 4L	5.54	5.54	0.00	0.0%
221	COMFORT PURELY SOFT 4L	4.96	5.05	0.09	1.8%
ΕΙΔΗ ΠΡΟΣΩΠΙΚΗΣ ΥΓΙΕΙΝΗΣ					
ΣΕΡΒΙΕΤΕΣ ΥΓΕΙΑΣ					
222	ALWAYS PADS SECURE NIGHT ULTRA DUO W 12P	2.19	2.14	-0.05	-2.3%
223	ALWAYS PADS ULTRA LONG PLUS W 16P	2.06	2.06	0.00	0.0%
224	ALWAYS PADS ULTRA NORMAL PLUS DUO W 20P	2.05	2.12	0.07	3.4%
225	EVERYDAY PADS HYPERDRY ULTRA PLUS SUPER DUO W 2X18P(1FREE)	3.56	3.58	0.02	0.6%
ΧΑΡΤΙ ΥΓΕΙΑΣ					
226	ELITE LUXURY WHITE 3PLY 10P	4.21	4.18	-0.03	-0.7%
227	KLEENEX PREMIUM HONEYSUCKLE 2PLY 12P (3 FREE)	11.51	11.50	-0.01	-0.1%
228	KLEENEX PREMIUM WHITE 2PLY 12P (3 FREE)	11.52	11.49	-0.03	-0.3%
229	KLEENEX SCOTTONELLE DOUBLE ROLL WHITE 1PLY 16P P_OFF	13.29	12.90	-0.39	-2.9%
230	KLEENEX SCOTTONELLE SOFT&STRONG WHITE 2PLY 32P (8 FREE)	14.40	13.12	-1.28	-8.9%
231	SILKY WHITE 2PLY 24P	7.13	7.05	-0.08	-1.1%
ΚΥΛΙΝΔΡΟΣ ΥΓΡΑΕΡΙΟΥ					
ΚΥΛΙΝΔΡΟΣ ΥΓΡΑΕΡΙΟΥ					
232	ΚΥΛΙΝΔΡΟΣ 10kg (ΤΙΜΗ ΜΕ ΕΠΙΣΤΡΟΦΗ ΑΔΕΙΟΥ)	15.69	16.11	0.42	2.7%
ΒΡΕΦΙΚΑ ΠΡΟΙΟΝΤΑ					
ΒΡΕΦΙΚΕΣ ΠΑΝΕΣ					
233	NANNYS SENSITIVE 5 JUNIOR 12-25KG 44P	9.58	9.65	0.07	0.7%
234	NANNYS SENSITIVE 6 JUNIOR PLUS 15-30KG 40P	10.09	9.56	-0.53	-5.3%
235	PAMP. ACTIVE BABY 5 JUNIOR 11-16KG 78P	15.10	15.04	-0.06	-0.4%
236	PAMP. ACTIVE BABY 6 EXTRA LARGE 13-18KG 68P	15.08	15.04	-0.04	-0.3%
237	PAMP. ACTIVE BABY 7 MAXI 15+KG 40P	10.85	10.76	-0.09	-0.8%
238	PAMP. PREMIUM CARE 1 NEW BORN 2-5KG 52P	11.00	11.16	0.16	1.5%
ΒΡΕΦΙΚΕΣ ΤΡΟΦΕΣ					
239	HIPP BIO DAIRY FREE OAT PORRIDGE 4M+ CRT 200GR	3.33	3.34	0.01	0.3%
240	NESTLE FARINE LACTEE WHEAT CEREALS 6M+ CRT 350GR	3.26	3.32	0.06	1.8%
241	NOYNOY 5 FRUIT CEREAL CREAM 6M+ TIN 300GR P-OFF	5.13	5.15	0.02	0.4%
242	NOYNOY BISCUIT CEREALS 6M+ TIN 300GR P-OFF	4.89	4.88	-0.01	-0.2%
243	NOYNOY FARINE LACTEE CEREALS 6M+ TIN 300GR P-OFF	3.12	3.12	0.00	0.0%
244	YIOTIS FARINE LACTEE MILK CEREAL CREAM 6M+ TIN 300GR P-OFF	2.69	2.66	-0.03	-1.1%
ΒΡΕΦΙΚΟ ΓΑΛΛΑ					
245	Frisogrow 3 1-3y Tin 800gr	19.78	19.56	-0.22	-1.1%
246	Frisogrow Plus+ 3-5y Tin 800gr	18.72	18.53	-0.19	-1.0%
247	Frisolac 1 0-6m Tin 800gr	22.84	22.82	-0.02	-0.1%
248	Frisomel 2 6m+ Tin 800gr	19.75	19.53	-0.22	-1.1%
249	Nan 4 Protect Build 2y+ Tin 400gr	9.15	9.28	0.13	1.4%
250	S-26 Progress Gold 3 1-3y Tin 400gr	10.00	10.01	0.01	0.1%