

# ΠΑΡΑΤΗΡΗΤΗΡΙΟ ΒΑΣΙΚΩΝ ΚΑΤΑΝΑΛΩΤΙΚΩΝ ΑΓΑΘΩΝ

## ΔΕΙΚΤΕΣ ΤΙΜΩΝ



Price Index - (current: Φεβ 2024, base: Σεπ 2021)

| ΚΑΤΗΓΟΡΙΑ   | Δεκ 2022 | Ιαν 2023 | Φεβ 2023 | Μαρ 2023 | Απρ 2023 | Μαϊ 2023 | Ιουν 2023 | Ιουλ 2023 | Αυγ 2023 | Σεπ 2023 | Οκτ 2023 | Νοε 2023 | Δεκ 2023 | Ιαν 2024 | Φεβ 2024 |
|---|----------|----------|----------|----------|----------|----------|-----------|-----------|----------|----------|----------|----------|----------|----------|----------|
| <b>ΑΛΛΑΝΤΙΚΑ</b>  |          |          |          |          |          |          |           |           |          |          |          |          |          |          |          |
| ΑΛΛΑΝΤΙΚΑ   | 110.68   | 107.78   | 109.85   | 113.34   | 114.05   | 115.59   | 114.66    | 114.14    | 115.46   | 112.81   | 113.32   | 112.30   | 116.95   | 113.78   | 110.21   |
| <b>ΒΟΗΘΗΜΑΤΑ ΜΑΓΕΙΡΕΜΑΤΟΣ</b>                                 |          |          |          |          |          |          |           |           |          |          |          |          |          |          |          |
| ΖΩΜΟΣ   | 107.88   | 109.23   | 110.32   | 115.94   | 115.62   | 114.36   | 115.90    | 116.68    | 116.60   | 114.56   | 113.22   | 114.84   | 113.27   | 114.59   | 114.12   |
| ΝΤΟΜΑΤΟΧΥΜΟΣ/ ΠΕΛΤΕΣ  | 107.38   | 111.30   | 113.31   | 113.40   | 115.40   | 112.55   | 119.05    | 119.58    | 121.12   | 118.15   | 119.52   | 124.09   | 123.88   | 126.15   | 126.32   |
| ΦΥΤΙΚΟ ΜΑΓΕΙΡΙΚΟ ΛΙΠΟΣ  | 99.77    | 112.22   | 114.93   | 107.66   | 103.80   | 118.07   | 118.24    | 118.66    | 120.03   | 119.11   | 117.59   | 100.21   | 96.27    | 112.30   | 118.40   |
| <b>ΓΑΛΑΚΤΟΚΟΜΙΚΑ</b>  |          |          |          |          |          |          |           |           |          |          |          |          |          |          |          |
| ΠΑΟΥΡΤΙ   | 113.40   | 116.61   | 116.16   | 118.31   | 115.26   | 118.04   | 117.04    | 116.73    | 116.79   | 118.48   | 117.16   | 116.22   | 111.71   | 117.95   | 117.64   |
| ΤΥΡΙ  | 117.78   | 115.17   | 113.77   | 118.56   | 117.95   | 118.42   | 116.00    | 115.37    | 117.94   | 116.24   | 116.35   | 116.41   | 119.59   | 117.11   | 117.04   |
| ΦΡΕΣΚΟ ΓΑΛΑ   | 114.27   | 114.90   | 114.69   | 115.04   | 114.30   | 110.25   | 109.07    | 108.90    | 109.02   | 109.38   | 109.16   | 108.52   | 107.48   | 108.70   | 108.72   |
| <b>ΕΛΑΙΑ</b>  |          |          |          |          |          |          |           |           |          |          |          |          |          |          |          |
| ΛΑΔΙ  | 117.83   | 119.08   | 112.67   | 113.67   | 108.79   | 113.43   | 106.76    | 104.63    | 107.90   | 108.95   | 108.26   | 108.56   | 102.31   | 105.34   | 108.41   |
| <b>ΖΥΜΑΡΙΚΑ / ΑΛΕΥΡΙ / ΡΥΖΙ / ΠΟΥΡΓΟΥΡΙ / ΟΣΠΡΙΑ / ΖΑΧΑΡΗ</b> |          |          |          |          |          |          |           |           |          |          |          |          |          |          |          |
| ΑΛΕΥΡΙ  | 106.93   | 113.82   | 113.29   | 112.40   | 108.58   | 116.38   | 114.36    | 113.96    | 116.94   | 116.28   | 114.45   | 109.28   | 101.34   | 112.56   | 114.58   |
| ΖΑΧΑΡΗ  | 171.57   | 155.26   | 154.67   | 155.92   | 164.22   | 163.54   | 159.64    | 164.13    | 169.28   | 167.42   | 165.92   | 163.10   | 169.29   | 148.24   | 142.55   |
| ΖΥΜΑΡΙΚΑ  | 115.27   | 113.52   | 112.79   | 113.93   | 112.79   | 114.56   | 112.91    | 113.65    | 113.38   | 114.16   | 109.47   | 112.79   | 111.70   | 113.39   | 114.04   |
| ΟΣΠΡΙΑ  | 119.85   | 122.00   | 121.69   | 122.23   | 118.76   | 122.17   | 117.76    | 116.57    | 119.78   | 119.50   | 119.26   | 120.82   | 121.45   | 125.10   | 123.72   |
| ΠΟΥΡΓΟΥΡΙ   | 111.69   | 113.02   | 113.03   | 113.95   | 113.30   | 116.90   | 115.63    | 116.58    | 118.13   | 114.97   | 114.64   | 114.77   | 115.30   | 110.79   | 112.93   |
| ΡΥΖΙ  | 107.77   | 108.95   | 108.12   | 114.01   | 111.66   | 117.29   | 113.68    | 115.53    | 117.94   | 117.61   | 116.38   | 115.07   | 113.30   | 116.11   | 116.07   |
| <b>ΚΑΤΕΨΥΓΜΕΝΑ</b>  |          |          |          |          |          |          |           |           |          |          |          |          |          |          |          |
| ΚΑΤΕΨΥΓΜΕΝΑ ΖΥΜΑΡΙΚΑ  | 114.35   | 113.49   | 114.17   | 115.66   | 116.55   | 122.78   | 118.01    | 118.50    | 118.61   | 116.49   | 115.94   | 114.94   | 105.51   | 108.75   | 104.05   |
| ΚΑΤΕΨΥΓΜΕΝΑ ΜΑΛΑΚΙΑ/ ΟΣΤΡΑΚΟΕΙΔΗ                              | 119.70   | 126.43   | 104.20   | 101.94   | 105.61   | 125.91   | 119.64    | 133.67    | 111.19   | 127.07   | 132.09   | 123.53   | 130.44   | 143.96   | 137.82   |
| ΚΑΤΕΨΥΓΜΕΝΟ ΨΑΡΙ  | 106.62   | 139.20   | 121.38   | 115.65   | 136.17   | 186.81   | 184.98    | 191.15    | 174.72   | 181.92   | 175.09   | 159.22   | 164.83   | 177.87   | 172.10   |
| ΚΑΤΕΨΥΓΜΕΝΟ ΨΑΡΙ ΠΑΝΕ/ ΠΡΟΨΗΜΕΝΟ                              | 112.87   | 118.53   | 117.63   | 118.12   | 125.23   | 133.44   | 132.39    | 139.25    | 140.42   | 135.71   | 137.98   | 133.71   | 132.41   | 132.40   | 129.89   |
| ΨΥΓΓΕΙΟΥ ΚΑΙ ΚΑΤΕΨΥΓΜΕΝΑ ΜΠΕΡΚΕΡ                              | 112.31   | 110.28   | 107.87   | 113.97   | 118.36   | 116.98   | 114.37    | 114.47    | 114.95   | 112.34   | 112.86   | 114.56   | 112.88   | 112.40   | 112.97   |
| ΨΥΓΓΕΙΟΥ ΚΑΙ ΚΑΤΕΨΥΓΜΕΝΟ ΚΡΕΑΣ ΠΑΝΕ/ ΠΡΟΨΗΜΕΝΟ                | 121.92   | 127.07   | 125.82   | 123.69   | 125.86   | 129.31   | 131.94    | 133.73    | 131.51   | 134.68   | 129.99   | 129.06   | 126.17   | 132.65   | 129.18   |
| <b>ΚΑΦΕΣ</b>  |          |          |          |          |          |          |           |           |          |          |          |          |          |          |          |
| ΚΥΠΡΙΑΚΟΣ ΚΑΦΕΣ   | 123.47   | 126.55   | 125.87   | 125.82   | 122.75   | 128.77   | 129.12    | 128.84    | 133.27   | 129.11   | 131.04   | 126.19   | 120.33   | 125.66   | 125.37   |

|  |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
|--|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| ΣΤΙΓΜΙΑΙΟΣ ΚΑΦΕΣ                       | 111.71 | 110.99 | 111.13 | 114.80 | 116.81 | 116.97 | 117.51 | 117.55 | 117.54 | 117.57 | 117.29 | 111.54 | 110.71 | 111.17 | 111.12 |
| <b>ΚΟΝΣΕΡΒΕΣ</b>                       |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| ΓΑΛΑ ΕΒΑΠΟΡΕ/ ΖΑΧΑΡΟΥΧΟ                | 118.46 | 119.00 | 120.39 | 131.56 | 132.09 | 130.63 | 128.93 | 125.63 | 124.00 | 125.20 | 125.65 | 128.82 | 126.47 | 127.07 | 129.05 |
| ΚΟΝΣΕΡΒΕΣ ΚΡΕΑΤΟΣ                      | 112.38 | 113.11 | 109.67 | 111.92 | 112.61 | 115.49 | 116.62 | 117.31 | 118.23 | 116.24 | 114.99 | 114.42 | 112.20 | 114.19 | 114.63 |
| ΚΟΝΣΕΡΒΕΣ ΨΑΡΙΟΥ                       | 105.71 | 107.01 | 105.10 | 108.30 | 109.65 | 110.99 | 109.53 | 109.69 | 111.43 | 110.43 | 109.80 | 109.99 | 110.19 | 111.20 | 110.95 |
| <b>ΞΗΡΑ ΤΡΟΦΗ</b>                      |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| ΔΗΜΗΤΡΙΑΚΑ ΠΡΟΓΕΥΜΑΤΟΣ                 | 110.05 | 108.50 | 111.10 | 114.53 | 115.04 | 114.46 | 115.14 | 116.31 | 116.97 | 115.37 | 115.07 | 114.10 | 113.84 | 112.92 | 112.29 |
| ΚΟΥΛΟΥΡΙΑ                              | 113.84 | 111.63 | 111.69 | 114.59 | 114.85 | 116.52 | 115.29 | 117.01 | 118.71 | 116.39 | 116.29 | 114.45 | 116.34 | 113.86 | 114.35 |
| ΜΠΙΣΚΟΤΑ                               | 111.76 | 111.22 | 111.58 | 114.21 | 112.72 | 113.32 | 113.04 | 113.18 | 115.05 | 117.77 | 118.39 | 118.69 | 115.42 | 119.68 | 119.76 |
| <b>ΡΟΦΗΜΑΤΑ</b>                        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| ΑΝΑΨΥΚΤΙΚΑ                             | 112.54 | 114.78 | 115.17 | 120.30 | 120.37 | 122.80 | 122.73 | 123.40 | 125.03 | 125.84 | 125.28 | 125.46 | 124.60 | 129.52 | 131.81 |
| ΕΜΦΙΑΛΩΜΕΝΟ ΝΕΡΟ                       | 106.59 | 103.15 | 103.98 | 109.23 | 111.01 | 112.50 | 113.83 | 117.58 | 116.67 | 114.97 | 112.89 | 112.05 | 110.08 | 109.10 | 110.48 |
| ΧΥΜΟΙ                                  | 103.77 | 106.03 | 106.52 | 110.27 | 109.26 | 112.87 | 113.08 | 113.06 | 112.93 | 113.54 | 114.31 | 116.10 | 111.67 | 117.63 | 118.59 |
| <b>ΦΡΕΣΚΑ ΠΡΟΪΟΝΤΑ</b>                 |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| ΑΥΓΑ                                   | 120.61 | 122.01 | 124.28 | 130.93 | 126.73 | 123.28 | 125.00 | 125.41 | 124.09 | 121.41 | 122.84 | 127.02 | 120.58 | 127.14 | 127.29 |
| ΦΡΕΣΚΟ ΚΡΕΑΣ/ ΠΟΥΛΕΡΙΚΑ/ ΚΟΥΝΕΛΙ       | 128.86 | 124.43 | 124.92 | 125.25 | 132.97 | 126.00 | 130.00 | 135.06 | 136.92 | 132.25 | 134.55 | 134.12 | 136.22 | 125.49 | 126.77 |
| ΦΡΕΣΚΟ ΨΑΡΙ/ΜΑΛΑΚΙΑ                    | 121.40 | 118.08 | 114.48 | 118.26 | 102.18 | 113.03 | 110.09 | 93.13  | 112.99 | 117.97 | 97.50  | 87.34  | 86.26  | 89.55  | 94.44  |
| ΧΟΡΤΑ                                  | 99.96  | 97.68  | 180.86 | 167.96 | 131.63 | 113.82 | 121.35 | 152.17 | 161.30 | 189.46 | 164.07 | 134.11 | 126.71 | 95.86  | 127.49 |
| ΨΩΜΙ                                   | 118.31 | 119.44 | 121.02 | 120.44 | 119.91 | 115.94 | 115.74 | 111.93 | 112.01 | 112.36 | 111.84 | 111.54 | 109.35 | 111.52 | 111.17 |
| <b>FUEL</b>                            |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| CHARCOAL                               | 135.50 | 134.80 | 135.09 | 135.82 | 134.95 | 134.81 | 135.09 | 135.17 | 133.07 | 132.37 | 134.54 | 133.89 | 134.46 | 134.12 | 134.43 |
| <b>ΑΠΟΡΡΥΠΑΝΤΙΚΑ/ ΜΑΛΑΚΤΙΚΑ ΡΟΥΧΩΝ</b> |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| ΑΠΟΡΡΥΠΑΝΤΙΚΑ ΡΟΥΧΩΝ                   | 106.89 | 108.47 | 106.50 | 109.64 | 111.52 | 112.71 | 113.69 | 118.16 | 120.68 | 121.93 | 121.37 | 117.39 | 115.56 | 114.85 | 114.74 |
| ΜΑΛΑΚΤΙΚΑ ΡΟΥΧΩΝ                       | 111.53 | 113.46 | 112.17 | 112.97 | 114.10 | 117.87 | 116.07 | 118.38 | 117.53 | 119.32 | 123.03 | 122.55 | 124.08 | 126.22 | 127.79 |
| <b>ΕΙΔΗ ΠΡΟΣΩΠΙΚΗΣ ΥΓΙΕΙΝΗΣ</b>        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| ΣΕΡΒΙΕΤΤΕΣ ΥΓΕΙΑΣ                      | 108.21 | 107.86 | 106.35 | 108.22 | 107.87 | 103.99 | 102.98 | 105.88 | 106.27 | 104.12 | 103.99 | 103.31 | 104.23 | 102.70 | 101.01 |
| ΧΑΡΤΙ ΥΓΕΙΑΣ                           | 126.79 | 127.84 | 124.99 | 127.41 | 126.57 | 131.28 | 126.77 | 127.70 | 125.24 | 102.33 | 120.18 | 117.83 | 118.38 | 119.16 | 117.26 |
| <b>ΚΥΛΙΝΔΡΟΣ ΥΓΡΑΕΡΙΟΥ</b>             |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| ΚΥΛΙΝΔΡΟΣ ΥΓΡΑΕΡΙΟΥ                    | 123.10 | 123.84 | 133.08 | 138.30 | 136.39 | 132.40 | 120.84 | 113.92 | 116.52 | 120.15 | 123.37 | 123.54 | 121.41 | 122.17 | 122.59 |
| <b>ΒΡΕΦΙΚΑ ΠΡΟΪΟΝΤΑ</b>                |        |        |        |        |        |        |        |        |        |        |        |        |        |        |        |
| ΒΡΕΦΙΚΕΣ ΠΙΑΝΕΣ                        | 121.30 | 122.32 | 121.88 | 127.73 | 131.76 | 116.90 | 115.97 | 117.35 | 115.96 | 111.50 | 111.66 | 112.06 | 113.54 | 113.76 | 114.23 |
| ΒΡΕΦΙΚΕΣ ΤΡΟΦΕΣ                        | 111.69 | 111.81 | 108.00 | 118.28 | 122.72 | 124.13 | 125.21 | 124.88 | 126.03 | 127.44 | 127.05 | 125.41 | 120.88 | 122.00 | 124.49 |
| ΒΡΕΦΙΚΟ ΓΑΛΑ                           | 123.25 | 124.04 | 123.89 | 120.56 | 122.60 | 119.88 | 117.70 | 118.78 | 120.23 | 119.58 | 118.49 | 120.30 | 120.40 | 120.95 | 121.25 |