

ΠΑΡΑΤΗΡΗΤΗΡΙΟ ΒΑΣΙΚΩΝ ΚΑΤΑΝΑΛΩΤΙΚΩΝ ΑΓΑΘΩΝ

ΣΥΓΚΡΙΣΗ ΜΕ ΠΡΟΗΓΟΥΜΕΝΟ ΜΗΝΑ



Κυπριακή Δημοκρατία



ΥΠΟΥΡΓΕΙΟ ΕΝΕΡΓΕΙΑΣ
ΕΜΠΟΡΙΟΥ ΚΑΙ ΒΙΟΜΗΧΑΝΙΑΣ



ΥΠΗΡΕΣΙΑ
ΠΡΟΣΤΑΣΙΑΣ
ΚΑΤΑΝΑΛΩΤΗ

Μαϊ 2024

Α/Α	ΠΡΟΪΟΝ	Μέση Σταθμισμένη Τιμή		Αύξηση / Μείωση Τιμής	% Μεταβολή
		Προηγούμενος Μήνας	Τρέχον Μήνας		
ΑΛΛΑΝΤΙΚΑ					
ΑΛΛΑΝΤΙΚΑ					
1	Chrysodalia Lountza Smoked Slices 300gr	4.54	4.55	0.01	0.2%
2	Chrysodalia Turkey Smoked Slices 200gr	2.87	2.67	-0.20	-7.0%
3	Grigoriou Ham Slices 300gr	3.87	3.98	0.11	2.8%
4	Grigoriou Lountza Slices 150gr	3.33	3.30	-0.03	-0.9%
5	Grigoriou Salami Extra 300gr	2.62	2.63	0.01	0.4%
6	Grigoriou Streaky Bacon Slices 150gr	2.70	2.75	0.05	1.9%
7	Grigoriou Turkey Smoked Slices 200gr	3.41	3.38	-0.03	-0.9%
ΒΟΗΘΗΜΑΤΑ ΜΑΓΕΙΡΕΜΑΤΟΣ					
ΖΩΜΟΣ					
8	KNORR BOUILLONS CHICKEN 12 CUBES 120GR	1.21	1.18	-0.03	-2.5%
9	KNORR BOUILLONS VEGETABLES 12 CUBES 120GR	1.54	1.50	-0.04	-2.6%
10	MAGGI BOUILLONS CHICKEN 12 CUBES 132GR	1.46	1.41	-0.05	-3.4%
11	MAGGI BOUILLONS PASTA 12 CUBES 132GR	1.95	1.88	-0.07	-3.6%
12	MAGGI BOUILLONS VEGETABLES 12 CUBES 132GR	1.99	1.92	-0.07	-3.5%
ΝΤΟΜΑΤΟΧΥΜΟΣ/ ΠΕΛΤΕΣ					
13	BLOSSOM TOMATO PASTE CUP 4X70GR	2.00	1.99	-0.01	-0.5%
14	KEAN POMILORI SIEVE TOMATO PASTE JAR 700GR	1.78	1.85	0.07	3.9%
15	MITSIDES TOMATO PASSATA CARTON 3X500GR P-OFF	2.83	2.84	0.01	0.4%
16	MITSIDES TOMATO PASTE CUP 4X70GR	2.03	2.12	0.09	4.4%
17	PELARGOS TOMATO PASSATA CARTON 3X250GR	1.36	1.34	-0.02	-1.5%
ΦΥΤΙΚΟ ΜΑΓΕΙΡΙΚΟ ΛΙΠΟΣ					
18	SPRY 350GR	2.50	2.50	0.00	0.0%
ΓΑΛΑΚΤΟΚΟΜΙΚΑ					
ΓΙΑΟΥΡΤΙ					
19	ALAMBRA THE GRANNY SHEEP F/F PC 700GR	2.97	2.91	-0.06	-2.0%
20	CHARALAMB/CHRISTIS STRAINED STRAGGATO F/F PC 1KG	4.10	4.11	0.01	0.2%
21	CHARALAMB/CHRISTIS STRAINED STRAGGATO LGT PC 1KG	4.09	4.11	0.02	0.5%
22	ZITA STRAINED F/F PC 1KG	3.94	3.93	-0.01	-0.3%
23	ZITA STRAINED LGT PC 1KG	3.92	3.91	-0.01	-0.3%
ΤΥΡΙ					
24	ALAMBRA COTTAGE PC 200GR	1.74	1.82	0.08	4.6%
25	ALAMBRA H GIAGIA GOAT/SHEEP HALLOUMI KG	13.44	13.25	-0.19	-1.4%
26	CHARALAMB/CHRISTIS FETA BLOCK 200GR	2.98	2.90	-0.08	-2.7%
27	CHARALAMB/CHRISTIS HALLOUMI PISSOURKOTIKO KG	15.80	14.20	-1.60	-10.1%
28	DIROLLO 2.2% COTTAGE 225GR	2.28	2.27	-0.01	-0.4%
29	DODONI FETA BLOCK 400GR	7.07	6.76	-0.31	-4.4%
30	KESES GOAT/SHEEP HALLOUMI KG	15.66	15.53	-0.13	-0.8%
31	LA VACHE QUI RIT CHEEZ DIPPERS 4PORTION 140GR	3.48	3.51	0.03	0.9%
32	PHILADELPHIA LIGHT PLAIN SPREAD TUBS 200GR	2.56	2.61	0.05	2.0%
33	PHILADELPHIA PLAIN SPREAD TUBS 200GR	2.61	2.62	0.01	0.4%
34	VALIO EDAM LIGHT 17% SLICES 2X250GR P-OFF	6.96	6.97	0.01	0.1%
35	VEPO FOOD EDAM SLICES 200GR	2.48	2.37	-0.11	-4.4%
36	VEPO FOOD GOUDA SLICES 200GR	2.49	2.49	0.00	0.0%
ΦΡΕΣΚΟ ΓΑΛΑ					
37	CHARALAMBIDES CHRISTIS DELACT HDPE 1L	1.69	1.69	0.00	0.0%
38	CHARALAMBIDES CHRISTIS FULL FAT 3% HDPE 2L	2.85	2.86	0.01	0.4%
39	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 1.5L	2.19	2.19	0.00	0.0%
40	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 1L	1.48	1.48	0.00	0.0%
41	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 2L	2.86	2.86	0.00	0.0%
42	LANITIS FULL FAT 3% HDPE 2L	2.82	2.83	0.01	0.4%
43	LANITIS SEMI SKIMMED 1.5% HDPE 1.5L	2.19	2.19	0.00	0.0%

44	LANITIS SEMI SKIMMED 1.5% HDPE 2L	2.83	2.84	0.01	0.4%
ΕΛΑΙΑ					
ΛΑΔΙ					
45	AMBROSIA SUNFLOWER OIL 3L	6.80	6.75	-0.05	-0.7%
46	ELIOHORI EXTRA VIRGIN OLIVE OIL 2L	30.05	30.38	0.33	1.1%
47	ELIOHORI EXTRA VIRGIN OLIVE OIL PET 1L	15.09	15.23	0.14	0.9%
48	FLORA SUNFLOWER OIL 3L	10.54	10.56	0.02	0.2%
49	LESIEUR SUNFLOWER OIL 3L	6.55	6.62	0.07	1.1%
50	SAINT GEORGE CYPRUS EXTRA VIRGIN OLIVE OIL PET 1L	10.03	10.40	0.37	3.7%
51	THE KING OF OLIVES SALAD OIL PET 1L	3.00	3.02	0.02	0.7%
ΖΥΜΑΡΙΚΑ / ΑΛΕΥΡΙ / ΡΥΖΙ / ΠΟΥΡΓΟΥΡΙ / ΟΣΠΡΙΑ / ΖΑΧΑΡΗ					
ΑΛΕΥΡΙ					
52	MITSIDES FARINA PLAIN 00 1KG	1.28	1.36	0.08	6.2%
53	MITSIDES PLAIN 00 ALL PURPOSE 1KG	1.30	1.29	-0.01	-0.8%
54	MITSIDES SELF RAISING 1KG	1.32	1.39	0.07	5.3%
55	MITSIDES VILLAGE 1KG	1.32	1.38	0.06	4.5%
56	TRIUMPH FARINA 00 1KG	1.21	1.32	0.11	9.1%
57	TRIUMPH VILLAGE 1KG	1.34	1.36	0.02	1.5%
ΖΑΧΑΡΗ					
58	SUGAR	1.17	1.12	-0.05	-4.3%
ΖΥΜΑΡΙΚΑ					
59	BARILLA SPAGHETTI No.5 500GR	1.29	1.28	-0.01	-0.8%
60	MELISSA PRIMO GUSTO ORZO 500GR	1.25	1.27	0.02	1.6%
61	MELISSA PRIMO GUSTO SPAGHETTI No.6 500GR	1.13	1.01	-0.12	-10.6%
62	MITSIDES MEZZANI A 500GR	1.27	1.27	0.00	0.0%
63	MITSIDES ORZO 500GR	1.36	1.33	-0.03	-2.2%
64	MITSIDES SPAGHETTI 500GR	1.14	1.21	0.07	6.1%
65	MITSIDES TRADITIONAL 500GR	1.46	1.46	0.00	0.0%
66	TRIUMPH SPAGHETTI 500GR	1.07	1.08	0.01	0.9%
ΟΣΠΡΙΑ					
67	KAOURIS CANADIAN LAIRD LENTILS 1KG	2.75	2.82	0.07	2.5%
68	NATURAL LIFE IMPORTED BLACK EYE BEANS 1KG	3.01	3.01	0.00	0.0%
69	NATURAL LIFE IMPORTED LENTILS 1KG	2.37	2.41	0.04	1.7%
70	SOLEAS 3A BEANS 1KG	3.03	3.31	0.28	9.2%
71	SOLEAS 3A BLACK EYE BEANS 1KG	3.91	3.89	-0.02	-0.5%
72	SOLEAS 3A GREEN LENTILS 1KG	2.91	3.03	0.12	4.1%
ΠΟΥΡΓΟΥΡΙ					
73	A.KEPOLA BULGUR WHEAT 1KG	2.53	2.58	0.05	2.0%
74	A.KEPOLA BULGUR WHEAT 500GR	1.67	1.66	-0.01	-0.6%
75	KAOURIS BULGUR WHEAT 500GR	1.45	1.46	0.01	0.7%
76	LISKO FAMELISKO BULGUR WHEAT MEDIUM 500GR	1.18	1.21	0.03	2.5%
77	MITSIDES BULGUR WHEAT 1KG	3.29	3.24	-0.05	-1.5%
78	MITSIDES BULGUR WHEAT 500GR	1.87	1.83	-0.04	-2.1%
ΡΥΖΙ					
79	SOLEAS 3A BASMATI RICE BAG 1KG	3.43	3.43	0.00	0.0%
80	SOLEAS 3A GLUTINOUS RICE BAG 1KG	2.56	2.53	-0.03	-1.2%
81	SOLEAS 3A PARBOILED RICE 1KG	2.44	2.47	0.03	1.2%
82	TILDA BASMATI RICE 1KG	5.83	5.81	-0.02	-0.3%
83	UNCLE BENS LONG GRAIN RICE 1KG	4.62	4.62	0.00	0.0%
84	UNCLE BENS LONG GRAIN RICE BOX 2KG	8.58	8.77	0.19	2.2%
ΚΑΤΕΨΥΓΜΕΝΑ					
ΚΑΤΕΨΥΓΜΕΝΑ ΖΥΜΑΡΙΚΑ					
85	CHARALAMBIDES CHRISTIS RAVIOLI 400GR	4.01	3.95	-0.06	-1.5%
86	HERCULES RAVIOLI 400GR	2.99	3.00	0.01	0.3%
87	MITSIDES VILLAGE RAVIOLI 375GR	3.33	3.21	-0.12	-3.6%
ΚΑΤΕΨΥΓΜΕΝΑ ΜΑΛΑΚΙΑ/ ΟΣΤΡΑΚΟΕΙΔΗ					
88	7 THALASSES SHRIMPS 30/50 500GR	10.16	9.94	-0.22	-2.2%
89	BLUE GREEN WAVE OCTOPUS 1KG	5.75	5.46	-0.29	-5.0%
90	BLUE GREEN WAVE SQUID RINGS 1KG	5.07	5.40	0.33	6.5%
91	EDESMA SQUID RINGS 1KG	5.03	5.24	0.21	4.2%
ΚΑΤΕΨΥΓΜΕΝΟ ΨΑΡΙ					
92	EDESMA RED FISH 1KG	7.70	7.77	0.07	0.9%
93	FINDUS SALMON PORTIONS 4X125GR	19.18	20.03	0.85	4.4%
94	FOODPAX SALMON PORTIONS 4X125GR	14.87	14.61	-0.26	-1.7%
95	QUALIFOOD PANGASIUS FILLETS 1KG	5.17	5.16	-0.01	-0.2%

96	QUALIFOOD SALMON PORTION 4X125GR	13.15	13.55	0.40	3.0%
ΚΑΤΕΨΥΓΜΕΝΟ ΨΑΡΙ ΠΑΝΕ/ ΠΡΟΨΗΜΕΝΟ					
97	7 SEAS COD BREADED FISH FILLETS 400GR	3.72	3.61	-0.11	-3.0%
98	BIRDS EYE COD FISH FINGERS 14PCS 350GR	6.66	6.61	-0.05	-0.8%
99	BIRDS EYE SIMPLY 4 COD FILLET BREADED 440GR	10.73	10.63	-0.10	-0.9%
100	NORDA WHITE FISH BREADED FILLETS 4PCS 300GR	5.35	5.32	-0.03	-0.6%
101	NORDA WHITE FISH FISH STICKS 10PCS 300GR	3.23	3.09	-0.14	-4.3%
ΨΥΓΕΙΟΥ ΚΑΙ ΚΑΤΕΨΥΓΜΕΝΑ ΜΠΕΡΚΕΡ					
102	BLACK ANGUS BEEF BURGERS 2P 340GR	5.35	5.21	-0.14	-2.6%
103	EDESMA VEGETABLE BURGERS 4P 380GR	4.97	4.99	0.02	0.4%
104	GRIGORIOU BEEF BURGERS 4P 600GR	5.42	5.39	-0.03	-0.6%
105	GRIGORIOU HAMBURGERS 6P 480GR	4.32	4.04	-0.28	-6.5%
106	GRIGORIOU TURKEY BURGERS 6P 480GR	4.42	4.28	-0.14	-3.2%
107	KYPRIANOU SPECIAL CHICKEN BURGERS 900GR	6.61	6.61	0.00	0.0%
ΨΥΓΕΙΟΥ ΚΑΙ ΚΑΤΕΨΥΓΜΕΝΟ ΚΡΕΑΣ ΠΑΝΕ/ ΠΡΟΨΗΜΕΝΟ					
108	EDESMA CHICKEN NUGGETS 500GR	5.55	5.55	0.00	0.0%
109	EDESMA CHICKEN NUGGETS 900GR	7.56	7.48	-0.08	-1.1%
110	EMA FOODS CHICKEN NUGGETS 900GR	7.08	7.10	0.02	0.3%
111	EN ELLADI CHICKEN NUGGETS 400GR	4.54	4.60	0.06	1.3%
112	EN ELLADI MEAT BALLS 420GR	4.40	4.24	-0.16	-3.6%
113	PARADISIOTIS CHICKEN NUGGETS 800GR	4.93	4.92	-0.01	-0.2%
ΚΑΦΕΣ					
ΚΥΠΡΙΑΚΟΣ ΚΑΦΕΣ					
114	CHARALAMBOUS GREEN 200GR	2.61	2.75	0.14	5.4%
115	CHARALAMBOUS GREEN 500GR	6.95	6.92	-0.03	-0.4%
116	LAIKON GOLD 200GR	2.69	2.71	0.02	0.7%
117	LAIKON GOLD 500GR	6.95	6.95	0.00	0.0%
ΣΤΙΓΜΙΑΙΟΣ ΚΑΦΕΣ					
118	CELEST CAFE TIN 200GR	4.39	4.30	-0.09	-2.1%
119	JACOBS EKLEKTOS JAR 100GR	4.13	3.95	-0.18	-4.4%
120	NESCAFE AZERA ESPRESSO TIN 100GR	5.24	5.35	0.11	2.1%
121	NESCAFE CLASSIC DEC TIN 100GR	4.61	4.61	0.00	0.0%
122	NESCAFE CLASSIC TIN 100GR	3.75	3.76	0.01	0.3%
123	NESCAFE CLASSIC TIN 200GR	5.75	5.74	-0.01	-0.2%
124	NESCAFE GOLD BLEND JAR 190GR	5.75	5.71	-0.04	-0.7%
125	NESCAFE GOLD BLEND JAR 95GR	3.38	3.35	-0.03	-0.9%
ΚΟΝΣΕΡΒΕΣ					
ΓΑΛΑ ΕΒΑΠΟΡΕ/ ΖΑΧΑΡΟΥΧΟ					
126	MANA CONDENSED CAN 397GR	1.88	1.90	0.02	1.1%
127	NOYNOY CONDENSED CAN 397GR	1.71	1.71	0.00	0.0%
128	NOYNOY EVAPORATED CAN 410GR	1.24	1.25	0.01	0.8%
129	NOYNOY LIGHT EVAPORATED CAN 410GR	1.23	1.24	0.01	0.8%
130	NOYNOY LIGHT EVAPORATED PORTIONS 10X15GR	1.22	1.23	0.01	0.8%
ΚΟΝΣΕΡΒΕΣ ΚΡΕΑΤΟΣ					
131	Karla Corned Beef 340gr	3.21	3.22	0.01	0.3%
132	Tulip Pork Chopped Ham 200gr	2.53	2.46	-0.07	-2.8%
133	Tulip Pork Luncheon Meat 200gr	2.22	2.18	-0.04	-1.8%
134	Zwan Chicken Luncheon Meat 200gr	2.19	2.14	-0.05	-2.3%
135	Zwan Pork Chopped Ham 200gr	3.17	3.12	-0.05	-1.6%
136	Zwan Pork Luncheon Meat 200gr	2.14	2.21	0.07	3.3%
ΚΟΝΣΕΡΒΕΣ ΨΑΡΙΟΥ					
137	RIO MARE TUNA IN OLIVE OIL 2X160GR	5.06	5.10	0.04	0.8%
138	RIO MARE TUNA MEAT LIGHT IN OLIVE OIL 3X80GR	4.23	4.21	-0.02	-0.5%
139	SEVYCO WHITE TUNA LIGHT IN WATER 4X100GR	4.03	4.01	-0.02	-0.5%
140	SHEIK TUNA MEAT LIGHT IN OIL 4X100GR	3.48	3.45	-0.03	-0.9%
141	SHEIK WHITE TUNA LIGHT IN WATER 4X185GR	5.99	5.96	-0.03	-0.5%
ΞΗΡΑ ΤΡΟΦΗ					
ΔΗΜΗΤΡΙΑΚΑ ΠΡΟΓΕΥΜΑΤΟΣ					
142	KELLOGG S SPECIAL K 750GR	6.35	5.07	-1.28	-20.2%
143	Kellogg S Coco Pops 500gr	4.00	4.86	0.86	21.5%
144	Kellogg S Coco Pops Chocos 375gr	2.66	2.84	0.18	6.8%
145	Kellogg S Corn Flakes 500gr	3.33	3.32	-0.01	-0.3%
146	Kellogg S Honey Loops 330gr	3.61	3.92	0.31	8.6%
147	Oreo Os Cookies&Cream Ceralas 350gr	3.71	3.72	0.01	0.3%
148	Quaker Traganes Mpoukies Dark Chocolate 450gr	3.55	3.54	-0.01	-0.3%

149	Quaker White Oats Bag 500gr	2.31	2.13	-0.18	-7.8%
ΚΟΥΛΟΥΡΙΑ					
150	7DAYS BAKE ROLLS MINI PIZZA 80GR	0.83	0.97	0.14	16.9%
151	BAKANDYS BREADSTICKS OLIVE OIL 250GR	3.53	3.65	0.12	3.4%
152	BAKANDYS RUSKS RYE 200GR	2.66	2.65	-0.01	-0.4%
153	ELITE TOAST RYE 360GR(3+1 FREE)	1.96	2.01	0.05	2.6%
154	ELITE TOAST WHEAT 500GR(3+1 FREE)	2.08	2.11	0.03	1.4%
155	JOHNSOF BREAD COOKIES NAPOLITANO RAISIN 240GR	3.01	2.99	-0.02	-0.7%
156	JOHNSOF CROUTONS WHEAT 320GR	2.85	2.81	-0.04	-1.4%
157	MARIAS BREAD COOKIES CAROB 350GR	3.21	3.19	-0.02	-0.6%
ΜΠΙΣΚΟΤΑ					
158	FROU FROU JOKER CHOCO COV. SW 12X25GR(3 FREE)	3.77	4.22	0.45	11.9%
159	FROU FROU MORNING COFFEE PL 150GR	1.20	1.20	0.00	0.0%
160	KATERINA PETIT FOURS PL 500GR	4.99	5.01	0.02	0.4%
161	KINDER CARDS COCOA&MILK FIL 5X25.6GR	2.16	2.18	0.02	0.9%
162	NUTELLA FILLED CHOCO BISCUITS FIL T22 304GR	3.57	3.61	0.04	1.1%
163	OREO VANILLA SW 154GR	1.47	1.44	-0.03	-2.0%
ΡΟΦΗΜΑΤΑ					
ΑΝΑΨΥΚΤΙΚΑ					
164	7 UP DIET/FREE CAN 8X330ML	4.49	4.36	-0.13	-2.9%
165	7 UP REGULAR CAN 8X330ML	4.46	4.39	-0.07	-1.6%
166	COCA COLA REGULAR CAN 330ML	0.94	0.95	0.01	1.1%
167	COCA COLA REGULAR CAN 8X330ML	4.86	4.86	0.00	0.0%
168	COCA COLA ZERO CAN 8X330ML	4.94	4.88	-0.06	-1.2%
169	PEPSI MAX CAN 8X330ML	3.78	3.71	-0.07	-1.9%
ΕΜΦΙΑΛΩΜΕΝΟ ΝΕΡΟ					
170	AGROS STILL PET 12X500ML	2.96	2.96	0.00	0.0%
171	AGROS STILL PET 6X1.5L	2.47	2.47	0.00	0.0%
172	ΑΙΓΙΟΣ ΝΙΚΟΛΑΟΣ STILL PET 12X500ML	3.05	3.06	0.01	0.3%
173	ΑΙΓΙΟΣ ΝΙΚΟΛΑΟΣ STILL PET 6X1.5L	2.45	2.47	0.02	0.8%
174	ΚΥΚΚΟΣ STILL PET 12X500ML	2.88	2.82	-0.06	-2.1%
175	ΚΥΚΚΟΣ STILL PET 6X1.5L	2.37	2.35	-0.02	-0.8%
ΧΥΜΟΙ					
176	KEAN MANGO&POMEGRANATE NECTAR TP 1L	1.68	1.69	0.01	0.6%
177	KEAN ORANGE 100% TP 1L	2.00	2.07	0.07	3.5%
178	KEANITA KIDS ORANGE DRINK TB 9X250ML	4.19	4.20	0.01	0.2%
179	LIFE APPLE&CARROT&ORANGE 100% PET 400ML	1.67	1.68	0.01	0.6%
180	LIFE ORANGE 100% PET 1L	2.75	2.59	-0.16	-5.8%
181	LIFE ORANGE 100% PET 400ML	1.66	1.66	0.00	0.0%
ΦΡΕΣΚΑ ΠΡΟΪΟΝΤΑ					
ΑΥΓΑ					
182	Αυγά 12 τεμάχια (Μ) - (53gr - 63gr) -(φθηνότερη συσκ.)	3.20	3.26	0.06	1.9%
ΦΡΕΣΚΟ ΚΡΕΑΣ/ ΠΟΥΛΕΡΙΚΑ/ ΚΟΥΝΕΛΙ					
183	Αμνοερίφια μικρά σε κομμάτια (Kg)	10.40	10.02	-0.38	-3.7%
184	Βοδινό top-side (Kg) (ψαχνό, χωρίς κόκκαλο και λίπος)	12.57	13.16	0.59	4.7%
185	Βοδινός κιμάς (Kg)	8.10	8.45	0.35	4.3%
186	Κοτόπουλο ολόκληρο (Kg) (Χαμηλότερη Τιμή)	3.59	3.58	-0.01	-0.3%
187	Κοτόπουλο στήθος φιλέτο (Kg) (Χαμηλότερη Τιμή)	7.56	7.59	0.03	0.4%
188	Κουνέλι (Kg) (χαμηλότερη τιμή)	10.14	9.85	-0.29	-2.9%
189	Χοιρινή Μπριζόλα φιλέτο (Kg)	5.40	5.70	0.30	5.6%
190	Χοιρινός Κιμάς (Kg)	5.09	5.21	0.12	2.4%
191	Χοιρινός Λαπάς με κόκκαλο (Kg)	5.36	5.42	0.06	1.1%
ΦΡΕΣΚΟ ΨΑΡΙ/ΜΑΛΑΚΙΑ					
192	Γόπες (Kg)	8.69	10.12	1.43	16.5%
193	Καλαμάρι Μεγάλο (Kg)	10.29	12.65	2.36	22.9%
194	Καλαμάρι Μικρό (Kg)	19.52	19.71	0.19	1.0%
195	Λαβράκι (Kg)	11.42	12.10	0.68	6.0%
196	Μπαρμπούνι (Kg)	30.54	32.18	1.64	5.4%
197	Τσιπούρα (Kg)	8.43	8.81	0.38	4.5%
198	Χταπόδι Μεγάλο (Kg)	14.36	16.47	2.11	14.7%
199	Χταπόδι Μικρό (Kg)	18.24	19.93	1.69	9.3%
ΧΟΡΤΑ					
200	Αγγουράκια Θερμοκηπίου (Kg)	1.27	1.53	0.26	20.5%
201	Αγγουράκια Χωραφίου (Kg)	1.70	1.59	-0.11	-6.5%
202	Ντομάτες Α (Kg)	1.45	2.18	0.73	50.3%

203	Πατάτες Φρέσκες (Kg)	2.03	2.18	0.15	7.4%
204	Χόρτα Δέσμης	0.46	0.47	0.01	2.2%
ΨΩΜΙ					
205	Slice Άσπρο μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.81	1.87	0.06	3.3%
206	Slice Άσπρο μικρό (450gr-500gr) (χαμηλότερη τιμή)	1.67	1.67	0.00	0.0%
207	Slice Ολικής Αλέσεως μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.77	1.87	0.10	5.6%
208	Slice Ολικής Αλέσεως μικρό (450gr-500gr) (χαμηλότερη τιμή)	1.67	1.70	0.03	1.8%
209	Ψωμί Άσπρο μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.56	1.55	-0.01	-0.6%
210	Ψωμί Άσπρο μικρό (450gr-500gr)(χαμηλότερη τιμή)	1.25	1.26	0.01	0.8%
FUEL					
CHARCOAL					
211	ETOSHA 5kg	6.15	6.22	0.07	1.1%
212	ΠΥΡΣΟΣ 5kg	6.24	6.28	0.04	0.6%
ΑΠΟΡΡΥΠΑΝΤΙΚΑ/ ΜΑΛΑΚΤΙΚΑ ΡΟΥΧΩΝ					
ΑΠΟΡΡΥΠΑΝΤΙΚΑ ΡΟΥΧΩΝ					
213	ARIEL TOUCH LENOR FRESH 50WSH LIQ 2.75L	10.97	11.09	0.12	1.1%
214	DIXAN BLUE OCEAN 66WSH PWD 3.63KG	10.99	10.99	0.00	0.0%
215	DIXAN UNIVERSAL 66WSH PWD 3.3KG	10.72	10.76	0.04	0.4%
216	EUREKA ACTIVE CARE 75WSH PWD 4.125KG	9.28	9.19	-0.09	-1.0%
217	EUREKA MASSALIAS CLASSIC 48WSH LIQ 2.4L P-OFF	5.84	5.84	0.00	0.0%
218	EUREKA MASSALIAS LAVENDER 48WSH LIQ 2.4L P-OFF	5.84	5.85	0.01	0.2%
ΜΑΛΑΚΤΙΚΑ ΡΟΥΧΩΝ					
219	COMFORT GOLD LILY&WILD BERRY 4L	5.58	5.56	-0.02	-0.4%
220	COMFORT GOLD WILD ORCHID&SANDALWOOD 4L	5.62	5.58	-0.04	-0.7%
221	COMFORT PURELY SOFT 4L	5.09	5.16	0.07	1.4%
ΕΙΔΗ ΠΡΟΣΩΠΙΚΗΣ ΥΓΙΕΙΝΗΣ					
ΣΕΡΒΙΕΤΤΕΣ ΥΓΕΙΑΣ					
222	ALWAYS PADS SECURE NIGHT ULTRA DUO W 12P	2.31	2.30	-0.01	-0.4%
223	ALWAYS PADS ULTRA LONG PLUS W 16P	2.18	2.29	0.11	5.0%
224	ALWAYS PADS ULTRA NORMAL PLUS DUO W 20P	2.24	2.19	-0.05	-2.2%
225	EVERYDAY PADS HYPERDRY ULTRA PLUS SUPER DUO W 2X18P(1FREE)	3.50	3.59	0.09	2.6%
ΚΑΡΤΙ ΥΓΕΙΑΣ					
226	ELITE LUXURY WHITE 3PLY 10P	4.14	4.21	0.07	1.7%
227	HOPE ULTRA SOFT 3PLY 10P	3.53	3.58	0.05	1.4%
228	KLEENEX PREMIUM HONEYSUCKLE 2PLY 12P (3 FREE)	11.53	11.52	-0.01	-0.1%
229	KLEENEX PREMIUM WHITE 2PLY 12P (3 FREE)	11.55	11.55	0.00	0.0%
230	KLEENEX SCOTTONELLE SOFT&STRONG WHITE 2PLY 32P (8 FREE)	14.05	13.84	-0.21	-1.5%
231	SILKY WHITE 2PLY 24P	7.06	7.07	0.01	0.1%
ΚΥΛΙΝΔΡΟΣ ΥΓΡΑΕΡΙΟΥ					
ΚΥΛΙΝΔΡΟΣ ΥΓΡΑΕΡΙΟΥ					
232	ΚΥΛΙΝΔΡΟΣ 10kg (ΤΙΜΗ ΜΕ ΕΠΙΣΤΡΟΦΗ ΑΔΕΙΟΥ)	16.04	16.01	-0.03	-0.2%
ΒΡΕΦΙΚΑ ΠΡΟΙΟΝΤΑ					
ΒΡΕΦΙΚΕΣ ΠΑΝΕΣ					
233	NANNYS SENSITIVE 5 JUNIOR 12-25KG 44P	9.70	9.64	-0.06	-0.6%
234	NANNYS SENSITIVE 7 JUMBO PLUS 15+KG 36P	9.74	9.73	-0.01	-0.1%
235	PAMP. ACTIVE BABY 5 JUNIOR 11-16KG 78P	15.10	14.88	-0.22	-1.5%
236	PAMP. ACTIVE BABY 6 EXTRA LARGE 13-18KG 68P	15.14	15.20	0.06	0.4%
237	PAMP. ACTIVE BABY 7 MAXI 15+KG 40P	10.74	10.75	0.01	0.1%
238	PAMP. PREMIUM CARE 1 NEW BORN 2-5KG 52P	10.88	10.62	-0.26	-2.4%
ΒΡΕΦΙΚΕΣ ΤΡΟΦΕΣ					
239	HIPP BIO DAIRY FREE OAT PORRIDGE 4M+ CRT 200GR	3.32	3.36	0.04	1.2%
240	NESTLE FARINE LACTEE WHEAT CEREALS 6M+ CRT 350GR	3.26	3.18	-0.08	-2.5%
241	NOYNOY 5 FRUIT CEREAL CREAM 6M+ TIN 300GR P-OFF	5.29	5.27	-0.02	-0.4%
242	NOYNOY BISCUIT CEREALS 6M+ TIN 300GR P-OFF	5.22	5.24	0.02	0.4%
243	NOYNOY FARINE LACTEE CEREALS 6M+ TIN 300GR P-OFF	3.15	3.15	0.00	0.0%
244	YIOTIS FARINE LACTEE MILK CEREAL CREAM 6M+ TIN 300GR P-OFF	2.86	2.85	-0.01	-0.3%
ΒΡΕΦΙΚΟ ΓΑΛΛΑ					
245	Frisogrow 3 1-3y Tin 800gr	19.37	19.41	0.04	0.2%
246	Frisogrow Plus+ 3-5y Tin 800gr	16.02	16.16	0.14	0.9%
247	Frisolac 1 0-6m Tin 800gr	22.83	22.80	-0.03	-0.1%
248	Frisomel 2 6m+ Tin 800gr	19.43	19.39	-0.04	-0.2%
249	Nan 4 Protect Build 2y+ Tin 400gr	9.29	9.43	0.14	1.5%
250	S-26 Progress Gold 3 1-3y Tin 400gr	9.98	9.94	-0.04	-0.4%