

# ΠΑΡΑΤΗΡΗΤΗΡΙΟ ΒΑΣΙΚΩΝ ΚΑΤΑΝΑΛΩΤΙΚΩΝ ΑΓΑΘΩΝ

## ΣΥΓΚΡΙΣΗ ΜΕ ΠΡΟΗΓΟΥΜΕΝΟ ΜΗΝΑ



Κυπριακή Δημοκρατία



ΥΠΟΥΡΓΕΙΟ ΕΝΕΡΓΕΙΑΣ  
ΕΜΠΟΡΙΟΥ ΚΑΙ ΒΙΟΗΧΘΑΝΙΑΣ



ΥΠΗΡΕΣΙΑ  
ΠΡΟΣΤΑΣΙΑΣ  
ΚΑΤΑΝΑΛΩΤΗ

Σεπ 2024

Α/Α	ΠΡΟΪΟΝ	Μέση Σταθμισμένη Τιμή		Αύξηση / Μείωση Τιμής	% Μεταβολή
		Προηγούμενος Μήνας	Τρέχον Μήνας		
<b>ΑΛΛΑΝΤΙΚΑ</b>					
<b>ΑΛΛΑΝΤΙΚΑ</b>					
1	Chrysodalia Lountza Smoked Slices 300gr	4.53	4.41	-0.12	-2.6%
2	Chrysodalia Turkey Smoked Slices 200gr	2.82	2.61	-0.21	-7.4%
3	Grigoriou Ham Slices 300gr	3.91	3.93	0.02	0.5%
4	Grigoriou Lountza Slices 150gr	3.28	3.27	-0.01	-0.3%
5	Grigoriou Salami Extra 300gr	2.62	2.52	-0.10	-3.8%
6	Grigoriou Streaky Bacon Slices 150gr	2.74	2.77	0.03	1.1%
7	Grigoriou Turkey Smoked Slices 200gr	3.34	3.17	-0.17	-5.1%
<b>ΒΟΗΘΗΜΑΤΑ ΜΑΓΕΙΡΕΜΑΤΟΣ</b>					
<b>ΖΩΜΟΣ</b>					
8	KNORR BOUILLONS CHICKEN 12 CUBES 120GR	1.21	1.20	-0.01	-0.8%
9	KNORR BOUILLONS VEGETABLES 12 CUBES 120GR	1.54	1.53	-0.01	-0.6%
10	MAGGI BOUILLONS CHICKEN 12 CUBES 132GR	1.41	1.49	0.08	5.7%
11	MAGGI BOUILLONS PASTA 12 CUBES 132GR	1.86	1.89	0.03	1.6%
12	MAGGI BOUILLONS VEGETABLES 12 CUBES 132GR	1.89	1.98	0.09	4.8%
<b>ΝΤΟΜΑΤΟΧΥΜΟΣ/ ΠΕΛΤΕΣ</b>					
13	BLOSSOM TOMATO PASTE CUP 4X70GR	2.00	2.00	0.00	0.0%
14	KEAN POMILORI SIEVE TOMATO PASTE JAR 700GR	1.88	1.86	-0.02	-1.1%
15	MITSIDES TOMATO PASSATA CARTON 3X500GR P-OFF	2.83	2.82	-0.01	-0.4%
16	MITSIDES TOMATO PASTE CUP 4X70GR	2.14	2.04	-0.10	-4.7%
17	PELARGOS TOMATO PASSATA CARTON 3X250GR	1.33	1.34	0.01	0.8%
<b>ΦΥΤΙΚΟ ΜΑΓΕΙΡΙΚΟ ΛΙΠΟΣ</b>					
18	SPRY 350GR	2.98	2.98	0.00	0.0%
<b>ΓΑΛΑΚΤΟΚΟΜΙΚΑ</b>					
<b>ΓΙΑΟΥΡΤΙ</b>					
19	ALAMBRA THE GRANNY SHEEP F/F PC 700GR	3.14	3.14	0.00	0.0%
20	CHARALAMB/CHRISTIS STRAINED STRAGGATO F/F PC 1KG	4.10	4.09	-0.01	-0.2%
21	CHARALAMB/CHRISTIS STRAINED STRAGGATO LGT PC 1KG	4.10	4.10	0.00	0.0%
22	ZITA STRAINED F/F PC 1KG	3.93	3.93	0.00	0.0%
23	ZITA STRAINED LGT PC 1KG	3.92	3.92	0.00	0.0%
<b>ΤΥΡΙ</b>					
24	ALAMBRA COTTAGE PC 200GR	1.84	1.84	0.00	0.0%
25	ALAMBRA H GIAGIA GOAT/SHEEP HALLOUMI KG	14.15	14.29	0.14	1.0%
26	CHARALAMB/CHRISTIS FETA BLOCK 200GR	3.45	3.13	-0.32	-9.3%
27	CHARALAMB/CHRISTIS HALLOUMI PISSOURKOTIKO KG	13.74	15.54	1.80	13.1%
28	DIROLLO 2.2% COTTAGE 225GR	2.28	2.27	-0.01	-0.4%
29	DODONI FETA BLOCK 400GR	7.14	7.07	-0.07	-1.0%
30	KESES GOAT/SHEEP HALLOUMI KG	15.64	15.23	-0.41	-2.6%
31	LA VACHE QUI RIT CHEEZ DIPPERS 4PORTION 140GR	3.42	3.47	0.05	1.5%
32	PHILADELPHIA LIGHT PLAIN SPREAD TUBS 200GR	2.59	2.57	-0.02	-0.8%
33	PHILADELPHIA PLAIN SPREAD TUBS 200GR	2.61	2.58	-0.03	-1.1%
34	VALIO EDAM LIGHT 17% SLICES 2X250GR P-OFF	6.96	6.90	-0.06	-0.9%
35	VEPO FOOD EDAM SLICES 200GR	2.52	2.28	-0.24	-9.5%
36	VEPO FOOD GOUDA SLICES 200GR	2.48	2.48	0.00	0.0%
<b>ΦΡΕΣΚΟ ΓΑΛΑ</b>					
37	CHARALAMBIDES CHRISTIS DELACT HDPE 1L	1.69	1.69	0.00	0.0%
38	CHARALAMBIDES CHRISTIS FULL FAT 3% HDPE 2L	2.86	2.85	-0.01	-0.3%
39	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 1.5L	2.19	2.19	0.00	0.0%
40	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 1L	1.48	1.49	0.01	0.7%
41	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 2L	2.86	2.85	-0.01	-0.3%
42	LANITIS FULL FAT 3% HDPE 2L	2.82	2.82	0.00	0.0%
43	LANITIS SEMI SKIMMED 1.5% HDPE 1.5L	2.18	2.18	0.00	0.0%

44	LANITIS SEMI SKIMMED 1.5% HDPE 2L	2.83	2.83	0.00	0.0%
<b>ΕΛΑΙΑ</b>					
<b>ΛΑΔΙ</b>					
45	AMBROSIA SUNFLOWER OIL 3L	6.80	6.81	0.01	0.1%
46	ELIOHORI EXTRA VIRGIN OLIVE OIL 2L	30.42	30.37	-0.05	-0.2%
47	ELIOHORI EXTRA VIRGIN OLIVE OIL PET 1L	15.26	15.35	0.09	0.6%
48	FLORA SUNFLOWER OIL 3L	10.71	9.28	-1.43	-13.4%
49	LESIEUR SUNFLOWER OIL 3L	6.59	6.53	-0.06	-0.9%
50	SAINT GEORGE CYPRUS EXTRA VIRGIN OLIVE OIL PET 1L	10.45	10.44	-0.01	-0.1%
51	THE KING OF OLIVES SALAD OIL PET 1L	2.97	2.97	0.00	0.0%
<b>ΖΥΜΑΡΙΚΑ / ΑΛΕΥΡΙ / ΡΥΖΙ / ΠΟΥΡΓΟΥΡΙ / ΟΣΠΡΙΑ / ΖΑΧΑΡΗ</b>					
<b>ΑΛΕΥΡΙ</b>					
52	MITSIDES FARINA PLAIN 00 1KG	1.60	1.48	-0.12	-7.5%
53	MITSIDES PLAIN 00 ALL PURPOSE 1KG	1.31	1.30	-0.01	-0.8%
54	MITSIDES SELF RAISING 1KG	1.61	1.50	-0.11	-6.8%
55	MITSIDES VILLAGE 1KG	1.68	1.57	-0.11	-6.5%
56	TRIUMPH FARINA 00 1KG	1.53	1.53	0.00	0.0%
57	TRIUMPH VILLAGE 1KG	1.60	1.58	-0.02	-1.2%
<b>ΖΑΧΑΡΗ</b>					
58	SUGAR	1.09	1.02	-0.07	-6.4%
<b>ΖΥΜΑΡΙΚΑ</b>					
59	BARILLA SPAGHETTI No.5 500GR	1.28	1.22	-0.06	-4.7%
60	MELISSA PRIMO GUSTO ORZO 500GR	1.20	1.17	-0.03	-2.5%
61	MELISSA PRIMO GUSTO SPAGHETTI No.6 500GR	0.95	0.88	-0.07	-7.4%
62	MITSIDES MEZZANI A 500GR	1.33	1.35	0.02	1.5%
63	MITSIDES ORZO 500GR	1.37	1.37	0.00	0.0%
64	MITSIDES SPAGHETTI 500GR	1.18	1.25	0.07	5.9%
65	MITSIDES TRADITIONAL 500GR	1.51	1.53	0.02	1.3%
66	TRIUMPH SPAGHETTI 500GR	1.12	1.13	0.01	0.9%
<b>ΟΣΠΡΙΑ</b>					
67	KAOURIS CANADIAN LAIRD LENTILS 1KG	2.88	2.92	0.04	1.4%
68	NATURAL LIFE IMPORTED BLACK EYE BEANS 1KG	3.08	3.04	-0.04	-1.3%
69	NATURAL LIFE IMPORTED LENTILS 1KG	2.44	2.45	0.01	0.4%
70	SOLEAS 3A BEANS 1KG	3.00	3.00	0.00	0.0%
71	SOLEAS 3A BLACK EYE BEANS 1KG	3.94	3.89	-0.05	-1.3%
72	SOLEAS 3A GREEN LENTILS 1KG	3.08	3.11	0.03	1.0%
<b>ΠΟΥΡΓΟΥΡΙ</b>					
73	A.KEPOLA BULGUR WHEAT 1KG	2.55	2.55	0.00	0.0%
74	A.KEPOLA BULGUR WHEAT 500GR	1.69	1.68	-0.01	-0.6%
75	KAOURIS BULGUR WHEAT 500GR	1.55	1.58	0.03	1.9%
76	LISKO FAMELISKO BULGUR WHEAT MEDIUM 500GR	1.19	1.18	-0.01	-0.8%
77	MITSIDES BULGUR WHEAT 1KG	3.20	3.21	0.01	0.3%
78	MITSIDES BULGUR WHEAT 500GR	1.76	1.79	0.03	1.7%
<b>ΡΥΖΙ</b>					
79	SOLEAS 3A BASMATI RICE BAG 1KG	3.35	3.33	-0.02	-0.6%
80	SOLEAS 3A GLUTINOUS RICE BAG 1KG	2.57	2.54	-0.03	-1.2%
81	SOLEAS 3A PARBOILED RICE 1KG	2.53	2.47	-0.06	-2.4%
82	TILDA BASMATI RICE 1KG	5.83	5.83	0.00	0.0%
83	UNCLE BENS LONG GRAIN RICE 1KG	4.78	4.76	-0.02	-0.4%
84	UNCLE BENS LONG GRAIN RICE BOX 2KG	9.08	9.05	-0.03	-0.3%
<b>ΚΑΤΕΨΥΓΜΕΝΑ</b>					
<b>ΚΑΤΕΨΥΓΜΕΝΑ ΖΥΜΑΡΙΚΑ</b>					
85	CHARALAMBIDES CHRISTIS RAVIOLI 400GR	4.11	4.13	0.02	0.5%
86	HERCULES RAVIOLI 400GR	3.18	3.15	-0.03	-0.9%
87	MITSIDES VILLAGE RAVIOLI 375GR	3.46	3.33	-0.13	-3.8%
<b>ΚΑΤΕΨΥΓΜΕΝΑ ΜΑΛΑΚΙΑ/ ΟΣΤΡΑΚΟΕΙΔΗ</b>					
88	7 THALASSES SHRIMPS 30/50 500GR	9.89	9.85	-0.04	-0.4%
89	BLUE GREEN WAVE OCTOPUS 1KG	6.71	6.75	0.04	0.6%
90	BLUE GREEN WAVE SQUID RINGS 1KG	5.54	6.35	0.81	14.6%
91	EDESMA SQUID RINGS 1KG	6.18	6.05	-0.13	-2.1%
<b>ΚΑΤΕΨΥΓΜΕΝΟ ΨΑΡΙ</b>					
92	EDESMA RED FISH 1KG	7.65	7.70	0.05	0.7%
93	FINDUS SALMON PORTIONS 4X125GR	20.14	20.01	-0.13	-0.6%
94	FOODPAX SALMON PORTIONS 4X125GR	15.95	16.29	0.34	2.1%
95	QUALIFOOD PANGASIUS FILLETS 1KG	5.53	4.43	-1.10	-19.9%

96	QUALIFOOD SALMON PORTION 4X125GR	13.89	13.05	-0.84	-6.0%
<b>ΚΑΤΕΨΥΓΜΕΝΟ ΨΑΡΙ ΠΑΝΕ/ ΠΡΟΨΗΜΕΝΟ</b>					
97	7 SEAS COD BREADED FISH FILLETS 400GR	3.65	3.62	-0.03	-0.8%
98	BIRDS EYE COD FISH FINGERS 14PCS 350GR	6.62	6.31	-0.31	-4.7%
99	BIRDS EYE SIMPLY 4 COD FILLET BREADED 440GR	10.50	10.51	0.01	0.1%
100	BLUE GREEN WAVE COD FISH FILLET BREADED 4PCS 400GR	3.96	3.88	-0.08	-2.0%
101	NORDA WHITE FISH FISH STICKS 10PCS 300GR	3.06	3.05	-0.01	-0.3%
<b>ΨΥΓΕΙΟΥ ΚΑΙ ΚΑΤΕΨΥΓΜΕΝΑ ΜΠΕΡΚΕΡ</b>					
102	EDESMA VEGETABLE BURGERS 4P 380GR	4.96	5.01	0.05	1.0%
103	EN ELLADI NOSTIMIES BURGERS 420GR	3.39	3.91	0.52	15.3%
104	GRIGORIOU BEEF BURGERS 4P 600GR	5.56	5.50	-0.06	-1.1%
105	GRIGORIOU HAMBURGERS 6P 480GR	4.18	4.16	-0.02	-0.5%
106	GRIGORIOU TURKEY BURGERS 6P 480GR	4.33	4.18	-0.15	-3.5%
107	KYPRIANOU SPECIAL CHICKEN BURGERS 900GR	6.59	6.60	0.01	0.2%
<b>ΨΥΓΕΙΟΥ ΚΑΙ ΚΑΤΕΨΥΓΜΕΝΟ ΚΡΕΑΣ ΠΑΝΕ/ ΠΡΟΨΗΜΕΝΟ</b>					
108	EDESMA CHICKEN NUGGETS 500GR	5.56	5.55	-0.01	-0.2%
109	EDESMA CHICKEN NUGGETS 900GR	7.51	7.43	-0.08	-1.1%
110	EMA FOODS CHICKEN NUGGETS 900GR	6.94	7.08	0.14	2.0%
111	EN ELLADI CHICKEN NUGGETS 400GR	4.60	4.57	-0.03	-0.7%
112	EN ELLADI MEAT BALLS 420GR	4.35	4.25	-0.10	-2.3%
113	PARADISIOTIS CHICKEN NUGGETS 800GR	4.95	4.98	0.03	0.6%
<b>ΚΑΦΕΣ</b>					
<b>ΚΥΠΡΙΑΚΟΣ ΚΑΦΕΣ</b>					
114	CHARALAMBOUS GREEN 200GR	2.83	2.75	-0.08	-2.8%
115	CHARALAMBOUS GREEN 500GR	6.92	6.93	0.01	0.1%
116	LAIKON GOLD 200GR	2.67	2.74	0.07	2.6%
117	LAIKON GOLD 500GR	6.90	6.68	-0.22	-3.2%
<b>ΣΤΙΓΜΙΑΙΟΣ ΚΑΦΕΣ</b>					
118	CELEST CAFE TIN 200GR	4.30	4.30	0.00	0.0%
119	JACOBS EKLEKTOS JAR 100GR	4.20	4.10	-0.10	-2.4%
120	NESCAFE AZERA ESPRESSO TIN 100GR	5.44	5.42	-0.02	-0.4%
121	NESCAFE CLASSIC DEC TIN 100GR	4.61	4.60	-0.01	-0.2%
122	NESCAFE CLASSIC TIN 100GR	3.77	3.75	-0.02	-0.5%
123	NESCAFE CLASSIC TIN 200GR	5.80	5.79	-0.01	-0.2%
124	NESCAFE GOLD BLEND JAR 190GR	5.99	5.99	0.00	0.0%
125	NESCAFE GOLD BLEND JAR 95GR	3.45	3.47	0.02	0.6%
<b>ΚΟΝΣΕΡΒΕΣ</b>					
<b>ΓΑΛΑ ΕΒΑΠΟΡΕ/ ΖΑΧΑΡΟΥΧΟ</b>					
126	MANA CONDENSED CAN 397GR	1.89	1.87	-0.02	-1.1%
127	NOYNOY CONDENSED CAN 397GR	1.65	1.72	0.07	4.2%
128	NOYNOY EVAPORATED CAN 410GR	1.26	1.23	-0.03	-2.4%
129	NOYNOY LIGHT EVAPORATED CAN 410GR	1.26	1.24	-0.02	-1.6%
130	NOYNOY LIGHT EVAPORATED PORTIONS 10X15GR	1.22	1.21	-0.01	-0.8%
<b>ΚΟΝΣΕΡΒΕΣ ΚΡΕΑΤΟΣ</b>					
131	Karla Corned Beef 340gr	3.22	3.19	-0.03	-0.9%
132	Tulip Pork Chopped Ham 200gr	2.37	2.37	0.00	0.0%
133	Tulip Pork Luncheon Meat 200gr	2.10	2.13	0.03	1.4%
134	Zwan Chicken Luncheon Meat 200gr	2.07	2.06	-0.01	-0.5%
135	Zwan Pork Chopped Ham 200gr	3.03	3.07	0.04	1.3%
136	Zwan Pork Luncheon Meat 200gr	2.12	2.16	0.04	1.9%
<b>ΚΟΝΣΕΡΒΕΣ ΨΑΡΙΟΥ</b>					
137	RIO MARE TUNA IN OLIVE OIL 2X160GR	5.25	5.26	0.01	0.2%
138	RIO MARE TUNA MEAT LIGHT IN OLIVE OIL 3X80GR	4.19	4.25	0.06	1.4%
139	SEVYCO WHITE TUNA LIGHT IN WATER 4X100GR	3.92	3.92	0.00	0.0%
140	SHEIK PINK TUNA IN SOYABEAN OIL 4X80GR	3.38	3.39	0.01	0.3%
141	SHEIK WHITE TUNA LIGHT IN WATER 4X160GR	6.39	6.42	0.03	0.5%
<b>ΞΗΡΑ ΤΡΟΦΗ</b>					
<b>ΔΗΜΗΤΡΙΑΚΑ ΠΡΟΓΕΥΜΑΤΟΣ</b>					
142	KELLOGG S SPECIAL K CLASSIC MAXI 700GR	5.08	5.13	0.05	1.0%
143	Kellogg S Coco Pops 500gr	3.99	4.48	0.49	12.3%
144	Kellogg S Coco Pops Chocos 375gr	3.29	2.70	-0.59	-17.9%
145	Kellogg S Corn Flakes 500gr	3.43	3.40	-0.03	-0.9%
146	Kellogg S Honey Loops 330gr	4.00	3.92	-0.08	-2.0%
147	Oreo Os Cookies&Cream Cerals 350gr	3.85	3.86	0.01	0.3%
148	Quaker Traganes Mpoukies Dark Chocolate 450gr	3.49	3.51	0.02	0.6%

149	Quaker White Oats Bag 500gr	2.29	2.25	-0.04	-1.7%
<b>ΚΟΥΛΟΥΡΙΑ</b>					
150	7DAYS BAKE ROLLS MINI PIZZA 80GR	0.83	0.83	0.00	0.0%
151	BAKANDYS BREADSTICKS OLIVE OIL 250GR	3.76	3.58	-0.18	-4.8%
152	BAKANDYS RUSKS RYE 200GR	2.76	2.64	-0.12	-4.3%
153	ELITE TOAST RYE 360GR(3+1 FREE)	2.09	2.06	-0.03	-1.4%
154	ELITE TOAST WHEAT 500GR(3+1 FREE)	2.10	2.03	-0.07	-3.3%
155	JOHNSOF BREAD COOKIES NAPOLITANO RAISIN 240GR	2.93	2.97	0.04	1.4%
156	JOHNSOF CROUTONS WHEAT 320GR	2.85	2.86	0.01	0.4%
157	MARIAS BREAD COOKIES CAROB 350GR	3.22	3.22	0.00	0.0%
<b>ΜΠΙΣΚΟΤΑ</b>					
158	FROU FROU JOKER CHOCO COV. SW 12X25GR(3 FREE)	4.27	4.13	-0.14	-3.3%
159	FROU FROU MORNING COFFEE PL 150GR	1.21	1.21	0.00	0.0%
160	KATERINA PETIT FOURS PL 500GR	4.59	4.58	-0.01	-0.2%
161	KINDER CARDS COCOA&MILK FIL 5X25.6GR	2.29	2.26	-0.03	-1.3%
162	NUTELLA FILLED CHOCO BISCUITS FIL T22 304GR	3.78	3.85	0.07	1.9%
163	OREO VANILLA SW 154GR	1.44	1.46	0.02	1.4%
<b>ΡΟΦΗΜΑΤΑ</b>					
<b>ΑΝΑΨΥΚΤΙΚΑ</b>					
164	7 UP DIET/FREE CAN 8X330ML	4.45	4.47	0.02	0.4%
165	7 UP REGULAR CAN 8X330ML	4.44	4.48	0.04	0.9%
166	COCA COLA REGULAR CAN 330ML	0.94	0.94	0.00	0.0%
167	COCA COLA REGULAR CAN 8X330ML	4.92	4.90	-0.02	-0.4%
168	COCA COLA ZERO CAN 8X330ML	4.80	4.92	0.12	2.5%
169	PEPSI MAX CAN 8X330ML	3.72	3.72	0.00	0.0%
<b>ΕΜΦΙΑΛΩΜΕΝΟ ΝΕΡΟ</b>					
170	AGROS STILL PET 12X500ML	3.17	3.15	-0.02	-0.6%
171	AGROS STILL PET 6X1.5L	2.59	2.63	0.04	1.5%
172	ΑΓΙΟΣ ΝΙΚΟΛΑΟΣ STILL PET 12X500ML	3.07	3.06	-0.01	-0.3%
173	ΑΓΙΟΣ ΝΙΚΟΛΑΟΣ STILL PET 6X1.5L	2.46	2.46	0.00	0.0%
174	ΚΥΚΚΟΣ STILL PET 12X500ML	2.79	2.78	-0.01	-0.4%
175	ΚΥΚΚΟΣ STILL PET 6X1.5L	2.29	2.35	0.06	2.6%
<b>ΧΥΜΟΙ</b>					
176	KEAN MANGO&POMEGRANATE NECTAR TP 1L	1.70	1.68	-0.02	-1.2%
177	KEAN ORANGE 100% TP 1L	2.12	2.10	-0.02	-0.9%
178	KEANITA KIDS ORANGE DRINK TB 9X250ML	4.20	4.18	-0.02	-0.5%
179	LIFE APPLE&CARROT&ORANGE 100% PET 400ML	1.66	1.55	-0.11	-6.6%
180	LIFE ORANGE 100% PET 1L	2.67	2.82	0.15	5.6%
181	LIFE ORANGE 100% PET 400ML	1.64	1.53	-0.11	-6.7%
<b>ΦΡΕΣΚΑ ΠΡΟΪΟΝΤΑ</b>					
<b>ΑΥΓΑ</b>					
182	Αυγά 12 τεμάχια (Μ) - (53gr - 63gr) -(φθηνότερη συσκ.)	3.36	3.27	-0.09	-2.7%
<b>ΦΡΕΣΚΟ ΚΡΕΑΣ/ ΠΟΥΛΕΡΙΚΑ/ ΚΟΥΝΕΛΙ</b>					
183	Αμνοερίφια μικρά σε κομμάτια (Kg)	10.08	10.90	0.82	8.1%
184	Βοδινό top-side (Kg) (ψαχνό, χωρίς κόκκαλο και λίπος)	13.26	13.22	-0.04	-0.3%
185	Βοδινός κιμάς (Kg)	8.45	8.40	-0.05	-0.6%
186	Κοτόπουλο ολόκληρο (Kg) (Χαμηλότερη Τιμή)	3.58	3.63	0.05	1.4%
187	Κοτόπουλο στήθος φιλέτο (Kg) (Χαμηλότερη Τιμή)	7.57	7.67	0.10	1.3%
188	Κουνέλι (Kg) (χαμηλότερη τιμή)	9.95	9.99	0.04	0.4%
189	Χοιρινή Μπριζόλα φιλέτο (Kg)	5.73	5.60	-0.13	-2.3%
190	Χοιρινός Κιμάς (Kg)	5.29	5.48	0.19	3.6%
191	Χοιρινός Λαπάς με κόκκαλο (Kg)	5.50	5.54	0.04	0.7%
<b>ΦΡΕΣΚΟ ΨΑΡΙ/ΜΑΛΑΚΙΑ</b>					
192	Γόπες (Kg)	9.63	10.00	0.37	3.8%
193	Καλαμάρι Μεγάλο (Kg)	14.68	13.50	-1.18	-8.0%
194	Καλαμάρι Μικρό (Kg)	18.46	18.44	-0.02	-0.1%
195	Λαβράκι (Kg)	12.04	12.74	0.70	5.8%
196	Μπαρμπούνι (Kg)	28.24	28.09	-0.15	-0.5%
197	Τσιπούρα (Kg)	8.82	8.69	-0.13	-1.5%
198	Χταπόδι Μεγάλο (Kg)	18.29	16.68	-1.61	-8.8%
199	Χταπόδι Μικρό (Kg)	25.99	18.35	-7.64	-29.4%
<b>ΧΟΡΤΑ</b>					
200	Αγγουράκια Θερμοκηπίου (Kg)	1.97	2.54	0.57	28.9%
201	Αγγουράκια Χωραφιού (Kg)	3.47	3.63	0.16	4.6%
202	Ντομάτες Α (Kg)	2.27	2.60	0.33	14.5%

203	Πατάτες Φρέσκες (Kg)	1.77	1.76	-0.01	-0.6%
204	Χόρτα Δέσμης	0.58	0.55	-0.03	-5.2%
<b>ΨΩΜΙ</b>					
205	Slice Άσπρο μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.77	1.76	-0.01	-0.6%
206	Slice Άσπρο μικρό (450gr-500gr) (χαμηλότερη τιμή)	1.69	1.66	-0.03	-1.8%
207	Slice Ολικής Αλέσεως μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.91	1.91	0.00	0.0%
208	Slice Ολικής Αλέσεως μικρό (450gr-500gr) (χαμηλότερη τιμή)	1.70	1.68	-0.02	-1.2%
209	Ψωμί Άσπρο μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.55	1.54	-0.01	-0.6%
210	Ψωμί Άσπρο μικρό (450gr-500gr)(χαμηλότερη τιμή)	1.25	1.25	0.00	0.0%
<b>FUEL</b>					
<b>CHARCOAL</b>					
211	ETOSHA 5kg	6.22	6.10	-0.12	-1.9%
212	ΠΥΡΣΟΣ 5kg	6.25	6.28	0.03	0.5%
<b>ΑΠΟΡΡΥΠΑΝΤΙΚΑ/ ΜΑΛΑΚΤΙΚΑ ΡΟΥΧΩΝ</b>					
<b>ΑΠΟΡΡΥΠΑΝΤΙΚΑ ΡΟΥΧΩΝ</b>					
213	ARIEL TOUCH LENOR FRESH 50WSH LIQ 2.75L	10.93	10.98	0.05	0.5%
214	DIXAN BLUE OCEAN 66WSH PWD 3.63KG	10.99	10.99	0.00	0.0%
215	DIXAN UNIVERSAL 66WSH PWD 3.3KG	10.75	10.74	-0.01	-0.1%
216	EUREKA ACTIVE CARE 75WSH PWD 4.125KG	9.18	9.19	0.01	0.1%
217	EUREKA MASSALIAS CLASSIC 48WSH LIQ 2.4L P-OFF	5.82	6.08	0.26	4.5%
218	EUREKA MASSALIAS LAVENDER 48WSH LIQ 2.4L P-OFF	5.76	5.78	0.02	0.3%
<b>ΜΑΛΑΚΤΙΚΑ ΡΟΥΧΩΝ</b>					
219	COMFORT GOLD LILY&WILD BERRY 4L	5.54	5.62	0.08	1.4%
220	COMFORT GOLD WILD ORCHID&SANDALWOOD 4L	5.66	5.68	0.02	0.4%
221	COMFORT PURELY SOFT 4L	5.13	5.21	0.08	1.6%
<b>ΕΙΔΗ ΠΡΟΣΩΠΙΚΗΣ ΥΓΙΕΙΝΗΣ</b>					
<b>ΣΕΡΒΙΕΤΤΕΣ ΥΓΕΙΑΣ</b>					
222	ALWAYS PADS SECURE NIGHT ULTRA DUO W 12P	2.35	2.29	-0.06	-2.6%
223	ALWAYS PADS ULTRA LONG PLUS W 16P	2.43	2.17	-0.26	-10.7%
224	ALWAYS PADS ULTRA NORMAL PLUS DUO W 20P	2.18	2.17	-0.01	-0.5%
225	EVERYDAY PADS HYPERDRY ULTRA PLUS SUPER W 30P P-OFF	3.33	3.29	-0.04	-1.2%
<b>ΧΑΡΤΙ ΥΓΕΙΑΣ</b>					
226	ELITE LUXURY WHITE 3PLY 10P	4.15	4.17	0.02	0.5%
227	HOPE ULTRA SOFT 3PLY 10P	3.74	3.70	-0.04	-1.1%
228	KLEENEX PREMIUM HONEYSUCKLE 2PLY 12P (3 FREE)	11.49	11.36	-0.13	-1.1%
229	KLEENEX PREMIUM WHITE 2PLY 12P (3 FREE)	11.48	11.38	-0.10	-0.9%
230	KLEENEX SCOTTONELLE SOFT&STRONG WHITE 2PLY 32P (8 FREE)	14.25	12.94	-1.31	-9.2%
231	SILKY WHITE 2PLY 24P	7.03	7.01	-0.02	-0.3%
<b>ΚΥΛΙΝΔΡΟΣ ΥΓΡΑΕΡΙΟΥ</b>					
<b>ΚΥΛΙΝΔΡΟΣ ΥΓΡΑΕΡΙΟΥ</b>					
232	ΚΥΛΙΝΔΡΟΣ 10kg (ΤΙΜΗ ΜΕ ΕΠΙΣΤΡΟΦΗ ΑΔΕΙΟΥ)	15.88	15.90	0.02	0.1%
<b>ΒΡΕΦΙΚΑ ΠΡΟΙΟΝΤΑ</b>					
<b>ΒΡΕΦΙΚΕΣ ΠΑΝΕΣ</b>					
233	NANNYS SENSITIVE 5 JUNIOR 12-25KG 44P	9.12	9.57	0.45	4.9%
234	NANNYS SENSITIVE 7 JUMBO PLUS 15+KG 36P	9.66	9.66	0.00	0.0%
235	PAMP. ACTIVE BABY 6 EXTRA LARGE 13-18KG 56P	14.08	13.88	-0.20	-1.4%
236	PAMP. ACTIVE BABY 7 MAXI 15+KG 40P	10.74	10.78	0.04	0.4%
237	PAMP. ACTIVE BABY JUNIOR 5 11-16KG 64P	14.11	13.85	-0.26	-1.8%
238	PAMP. PREMIUM CARE 1 NEW BORN 2-5KG 52P	10.93	10.94	0.01	0.1%
<b>ΒΡΕΦΙΚΕΣ ΤΡΟΦΕΣ</b>					
239	HIPP BIO DAIRY FREE OAT PORRIDGE 4M+ CRT 200GR	3.73	3.70	-0.03	-0.8%
240	NESTLE FARINE LACTEE WHEAT CEREALS 6M+ CRT 350GR	3.19	3.04	-0.15	-4.7%
241	NOYNOY 5 FRUIT CEREAL CREAM 6M+ TIN 300GR P-OFF	5.31	5.31	0.00	0.0%
242	NOYNOY BISCUIT CEREALS 6M+ TIN 300GR P-OFF	5.24	5.24	0.00	0.0%
243	NOYNOY FARINE LACTEE CEREALS 6M+ TIN 300GR P-OFF	3.12	3.11	-0.01	-0.3%
244	YIOTIS FARINE LACTEE MILK CEREAL CREAM 6M+ TIN 300GR P-OFF	2.88	3.00	0.12	4.2%
<b>ΒΡΕΦΙΚΟ ΓΑΛΛΑ</b>					
245	Frisogrow 3 1-3y Tin 800gr	19.48	19.40	-0.08	-0.4%
246	Frisogrow Plus+ 3-5y Tin 800gr	17.06	17.59	0.53	3.1%
247	Frisolac 1 0-6m Tin 800gr	22.92	22.93	0.01	0.0%
248	Frisomel 2 6m+ Tin 800gr	19.44	19.35	-0.09	-0.5%
249	Nan 4 Protect Build 2y+ Tin 400gr	9.50	9.39	-0.11	-1.2%
250	S-26 Progress Gold 3 1-3y Tin 400gr	9.77	9.85	0.08	0.8%