

ΠΑΡΑΤΗΡΗΤΗΡΙΟ ΒΑΣΙΚΩΝ ΚΑΤΑΝΑΛΩΤΙΚΩΝ ΑΓΑΘΩΝ

ΣΥΓΚΡΙΣΗ ΜΕ ΠΡΟΗΓΟΥΜΕΝΟ ΜΗΝΑ



Ιαν 2024					
Α/Α	ΠΡΟΪΟΝ	Μέση Σταθμισμένη Τιμή		Αύξηση / Μείωση Τιμής	% Μεταβολή
		Προηγούμενος Μήνας	Τρέχον Μήνας		
ΑΛΛΑΝΤΙΚΑ					
ΑΛΛΑΝΤΙΚΑ					
1	Chrysodalia Lountza Smoked Slices 300gr	4.12	4.15	0.03	0.7%
2	Chrysodalia Turkey Smoked Slices 200gr	2.88	2.84	-0.04	-1.4%
3	Grigoriou Ham Slices 300gr	3.83	4.04	0.21	5.5%
4	Grigoriou Lountza Slices 150gr	3.25	3.28	0.03	0.9%
5	Grigoriou Salami Extra 300gr	2.59	2.64	0.05	1.9%
6	Grigoriou Streaky Bacon Slices 150gr	2.72	2.80	0.08	2.9%
7	Grigoriou Turkey Smoked Slices 200gr	3.33	3.30	-0.03	-0.9%
ΒΟΗΘΗΜΑΤΑ ΜΑΓΕΙΡΕΜΑΤΟΣ					
ΖΩΜΟΣ					
8	KNORR BOUILLONS CHICKEN 12 CUBES 120GR	1.15	1.23	0.08	7.0%
9	KNORR BOUILLONS VEGETABLES 12 CUBES 120GR	1.43	1.47	0.04	2.8%
10	MAGGI BOUILLONS CHICKEN 12 CUBES 132GR	1.37	1.42	0.05	3.6%
11	MAGGI BOUILLONS PASTA 12 CUBES 132GR	1.83	1.92	0.09	4.9%
12	MAGGI BOUILLONS VEGETABLES 12 CUBES 132GR	1.86	1.95	0.09	4.8%
ΝΤΟΜΑΤΟΧΥΜΟΣ/ ΠΕΛΤΕΣ					
13	BLOSSOM TOMATO PASTE CUP 4X70GR	2.00	2.01	0.01	0.5%
14	KEAN POMILORI SIEVE TOMATO PASTE JAR 700GR	1.82	1.83	0.01	0.5%
15	MITSIDES TOMATO PASSATA CARTON 3X500GR P-OFF	2.75	2.75	0.00	0.0%
16	MITSIDES TOMATO PASTE CUP 4X70GR	2.07	2.13	0.06	2.9%
17	PELARGOS TOMATO PASSATA CARTON 3X250GR	1.31	1.33	0.02	1.5%
ΦΥΤΙΚΟ ΜΑΓΕΙΡΙΚΟ ΛΙΠΟΣ					
18	SPRY 350GR	2.37	2.76	0.39	16.5%
ΓΑΛΑΚΤΟΚΟΜΙΚΑ					
ΓΙΑΟΥΡΤΙ					
19	ALAMBRA THE GRANNY SHEEP F/F PC 700GR	2.70	2.96	0.26	9.6%
20	CHARALAMB/CHRISTIS STRAINED STRAGGATO F/F PC 1KG	4.09	4.12	0.03	0.7%
21	CHARALAMB/CHRISTIS STRAINED STRAGGATO LGT PC 1KG	4.07	4.10	0.03	0.7%
22	ZITA STRAINED F/F PC 1KG	3.69	3.90	0.21	5.7%
23	ZITA STRAINED LGT PC 1KG	3.70	3.89	0.19	5.1%
ΤΥΡΙ					
24	ALAMBRA COTTAGE PC 200GR	1.72	1.67	-0.05	-2.9%
25	ALAMBRA H GIAGIA GOAT/SHEEP HALLOUMI KG	12.70	13.11	0.41	3.2%
26	CHARALAMB/CHRISTIS FETA BLOCK 200GR	3.18	3.23	0.05	1.6%
27	CHARALAMB/CHRISTIS HALLOUMI PISSOURKOTIKO KG	15.53	15.53	0.00	0.0%
28	DIROLLO 2.2% COTTAGE 225GR	2.27	2.26	-0.01	-0.4%
29	DODONI FETA BLOCK 400GR	7.09	7.08	-0.01	-0.1%
30	KESES GOAT/SHEEP HALLOUMI KG	15.16	15.74	0.58	3.8%
31	LA VACHE QUI RIT CHEEZ DIPPERS 4PORTION 140GR	3.43	3.50	0.07	2.0%
32	PHILADELPHIA LIGHT PLAIN SPREAD TUBS 200GR	2.54	2.58	0.04	1.6%
33	PHILADELPHIA PLAIN SPREAD TUBS 200GR	2.55	2.56	0.01	0.4%
34	VALIO EDAM LIGHT 17% SLICES 2X250GR P-OFF	7.00	7.01	0.01	0.1%
35	VEPO FOOD EDAM SLICES 200GR	2.58	2.46	-0.12	-4.7%
36	VEPO FOOD GOUDA SLICES 200GR	2.49	2.51	0.02	0.8%
ΦΡΕΣΚΟ ΓΑΛΑ					
37	CHARALAMBIDES CHRISTIS DELACT HDPE 1L	1.69	1.69	0.00	0.0%
38	CHARALAMBIDES CHRISTIS FULL FAT 3% HDPE 2L	2.86	2.87	0.01	0.3%
39	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 1.5L	2.18	2.20	0.02	0.9%
40	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 1L	1.48	1.49	0.01	0.7%
41	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 2L	2.87	2.88	0.01	0.3%
42	LANITIS FULL FAT 3% HDPE 2L	2.83	2.83	0.00	0.0%
43	LANITIS SEMI SKIMMED 1.5% HDPE 1.5L	2.17	2.18	0.01	0.5%

44	LANITIS SEMI SKIMMED 1.5% HDPE 2L	2.84	2.85	0.01	0.4%
ΕΛΑΙΑ					
ΛΑΔΙ					
45	AMBROSIA SUNFLOWER OIL 3L	6.82	6.85	0.03	0.4%
46	ELIOHORI EXTRA VIRGIN OLIVE OIL 2L	22.69	26.93	4.24	18.7%
47	ELIOHORI EXTRA VIRGIN OLIVE OIL PET 1L	12.71	12.89	0.18	1.4%
48	FLORA SUNFLOWER OIL 3L	10.26	6.12	-4.14	-40.4%
49	LESIEUR SUNFLOWER OIL 3L	6.38	6.54	0.16	2.5%
50	SAINT GEORGE CYPRUS EXTRA VIRGIN OLIVE OIL PET 1L	9.34	9.67	0.33	3.5%
51	THE KING OF OLIVES SALAD OIL PET 1L	3.05	3.01	-0.04	-1.3%
ΖΥΜΑΡΙΚΑ / ΑΛΕΥΡΙ / ΡΥΖΙ / ΠΟΥΡΓΟΥΡΙ / ΟΣΠΡΙΑ / ΖΑΧΑΡΗ					
ΑΛΕΥΡΙ					
52	MITSIDES FARINA PLAIN 00 1KG	1.19	1.45	0.26	21.8%
53	MITSIDES PLAIN 00 ALL PURPOSE 1KG	1.27	1.27	0.00	0.0%
54	MITSIDES SELF RAISING 1KG	1.20	1.49	0.29	24.2%
55	MITSIDES VILLAGE 1KG	1.28	1.52	0.24	18.8%
56	TRIUMPH FARINA 00 1KG	1.22	1.49	0.27	22.1%
57	TRIUMPH VILLAGE 1KG	1.30	1.53	0.23	17.7%
ΖΑΧΑΡΗ					
58	SUGAR	1.32	1.30	-0.02	-1.5%
ΖΥΜΑΡΙΚΑ					
59	BARILLA SPAGHETTI No.5 500GR	1.29	1.30	0.01	0.8%
60	MELISSA PRIMO GUSTO ORZO 500GR	1.17	1.31	0.14	12.0%
61	MELISSA PRIMO GUSTO SPAGHETTI No.6 500GR	1.16	1.17	0.01	0.9%
62	MITSIDES MEZZANI A 500GR	1.19	1.32	0.13	10.9%
63	MITSIDES ORZO 500GR	1.25	1.39	0.14	11.2%
64	MITSIDES SPAGHETTI 500GR	1.09	1.15	0.06	5.5%
65	MITSIDES TRADITIONAL 500GR	1.48	1.43	-0.05	-3.4%
66	TRIUMPH SPAGHETTI 500GR	1.07	1.08	0.01	0.9%
ΟΣΠΡΙΑ					
67	KAOURIS CANADIAN LAIRD LENTILS 1KG	2.77	2.81	0.04	1.4%
68	NATURAL LIFE IMPORTED BLACK EYE BEANS 1KG	3.09	3.24	0.15	4.9%
69	NATURAL LIFE IMPORTED LENTILS 1KG	2.23	2.29	0.06	2.7%
70	SOLEAS 3A BEANS 1KG	3.02	3.06	0.04	1.3%
71	SOLEAS 3A BLACK EYE BEANS 1KG	3.92	3.90	-0.02	-0.5%
72	SOLEAS 3A GREEN LENTILS 1KG	3.04	3.05	0.01	0.3%
ΠΟΥΡΓΟΥΡΙ					
73	A.KEPOLA BULGUR WHEAT 1KG	2.62	2.37	-0.25	-9.5%
74	A.KEPOLA BULGUR WHEAT 500GR	1.64	1.65	0.01	0.6%
75	KAOURIS BULGUR WHEAT 500GR	1.54	1.40	-0.14	-9.1%
76	LISKO FAMELISKO BULGUR WHEAT MEDIUM 500GR	1.18	1.18	0.00	0.0%
77	MITSIDES BULGUR WHEAT 1KG	3.30	3.23	-0.07	-2.1%
78	MITSIDES BULGUR WHEAT 500GR	1.84	1.69	-0.15	-8.2%
ΡΥΖΙ					
79	SOLEAS 3A BASMATI RICE BAG 1KG	3.26	3.22	-0.04	-1.2%
80	SOLEAS 3A GLUTINOUS RICE BAG 1KG	2.58	2.61	0.03	1.2%
81	SOLEAS 3A PARBOILED RICE 1KG	2.44	2.44	0.00	0.0%
82	TILDA BASMATI RICE 1KG	5.27	5.74	0.47	8.9%
83	UNCLE BENS LONG GRAIN RICE 1KG	4.42	4.11	-0.31	-7.0%
84	UNCLE BENS LONG GRAIN RICE BOX 2KG	8.29	8.27	-0.02	-0.2%
ΚΑΤΕΨΥΓΜΕΝΑ					
ΚΑΤΕΨΥΓΜΕΝΑ ΖΥΜΑΡΙΚΑ					
85	CHARALAMBIDES CHRISTIS RAVIOLI 400GR	3.51	3.33	-0.18	-5.1%
86	HERCULES RAVIOLI 400GR	3.01	3.02	0.01	0.3%
87	MITSIDES VILLAGE RAVIOLI 375GR	3.03	3.35	0.32	10.6%
ΚΑΤΕΨΥΓΜΕΝΑ ΜΑΛΑΚΙΑ/ ΟΣΤΡΑΚΟΕΙΔΗ					
88	7 THALASSES SHRIMPS 30/50 500GR	11.16	10.37	-0.79	-7.1%
89	BLUE GREEN WAVE OCTOPUS 1KG	6.62	6.16	-0.46	-6.9%
90	BLUE GREEN WAVE SQUID RINGS 1KG	4.62	4.87	0.25	5.4%
91	EDESMA SQUID RINGS 1KG	5.44	5.41	-0.03	-0.6%
ΚΑΤΕΨΥΓΜΕΝΟ ΨΑΡΙ					
92	EDESMA RED FISH 1KG	7.57	7.78	0.21	2.8%
93	FINDUS SALMON PORTIONS 4X125GR	16.72	18.06	1.34	8.0%
94	FOODPAX SALMON PORTIONS 4X125GR	15.46	15.08	-0.38	-2.5%
95	QUALIFOOD PANGASIUS FILLETS 1KG	5.48	5.47	-0.01	-0.2%

96	QUALIFOOD SALMON PORTION 4X125GR	12.92	13.91	0.99	7.7%
ΚΑΤΕΨΥΓΜΕΝΟ ΨΑΡΙ ΠΑΝΕ/ ΠΡΟΨΗΜΕΝΟ					
97	7 SEAS COD BREADED FISH FILLETS 400GR	3.59	3.61	0.02	0.6%
98	BIRDS EYE COD FISH FINGERS 14PCS 350GR	6.71	6.26	-0.45	-6.7%
99	BIRDS EYE SIMPLY 4 COD FILLET BREADED 440GR	12.23	12.48	0.25	2.0%
100	NORDA WHITE FISH BREADED FILLETS 4PCS 300GR	4.83	4.96	0.13	2.7%
101	NORDA WHITE FISH FISH STICKS 10PCS 300GR	3.27	3.31	0.04	1.2%
ΨΥΓΕΙΟΥ ΚΑΙ ΚΑΤΕΨΥΓΜΕΝΑ ΜΠΕΡΚΕΡ					
102	BLACK ANGUS BEEF BURGERS 2P 340GR	5.48	5.43	-0.05	-0.9%
103	EDESMA VEGETABLE BURGERS 4P 380GR	4.88	5.01	0.13	2.7%
104	GRIGORIOU BEEF BURGERS 4P 600GR	5.46	5.19	-0.27	-4.9%
105	GRIGORIOU HAMBURGERS 6P 480GR	4.03	3.75	-0.28	-6.9%
106	GRIGORIOU TURKEY BURGERS 6P 480GR	4.17	4.53	0.36	8.6%
107	KYPRIANOU SPECIAL CHICKEN BURGERS 900GR	6.60	6.62	0.02	0.3%
ΨΥΓΕΙΟΥ ΚΑΙ ΚΑΤΕΨΥΓΜΕΝΟ ΚΡΕΑΣ ΠΑΝΕ/ ΠΡΟΨΗΜΕΝΟ					
108	EDESMA CHICKEN NUGGETS 500GR	5.49	5.56	0.07	1.3%
109	EDESMA CHICKEN NUGGETS 900GR	7.57	7.60	0.03	0.4%
110	EMA FOODS CHICKEN NUGGETS 900GR	6.84	6.89	0.05	0.7%
111	EN ELLADI CHICKEN NUGGETS 400GR	4.55	4.70	0.15	3.3%
112	EN ELLADI MEAT BALLS 420GR	4.13	4.02	-0.11	-2.7%
113	PARADISIOTIS CHICKEN NUGGETS 800GR	4.72	4.68	-0.04	-0.8%
ΚΑΦΕΣ					
ΚΥΠΡΙΑΚΟΣ ΚΑΦΕΣ					
114	CHARALAMBOUS GREEN 200GR	2.52	2.85	0.33	13.1%
115	CHARALAMBOUS GREEN 500GR	6.92	6.93	0.01	0.1%
116	LAIKON GOLD 200GR	2.63	2.72	0.09	3.4%
117	LAIKON GOLD 500GR	6.94	6.93	-0.01	-0.1%
ΣΤΙΓΜΙΑΙΟΣ ΚΑΦΕΣ					
118	CELEST CAFE TIN 200GR	4.39	4.37	-0.02	-0.5%
119	JACOBS EKLEKTOS JAR 100GR	4.05	4.08	0.03	0.7%
120	NESCAFE AZERA ESPRESSO TIN 100GR	5.35	5.27	-0.08	-1.5%
121	NESCAFE CLASSIC DEC TIN 100GR	4.61	4.61	0.00	0.0%
122	NESCAFE CLASSIC TIN 100GR	3.72	3.74	0.02	0.5%
123	NESCAFE CLASSIC TIN 200GR	5.69	5.72	0.03	0.5%
124	NESCAFE GOLD BLEND JAR 190GR	5.75	5.82	0.07	1.2%
125	NESCAFE GOLD BLEND JAR 95GR	3.45	3.36	-0.09	-2.6%
ΚΟΝΣΕΡΒΕΣ					
ΓΑΛΑ ΕΒΑΠΟΡΕ/ ΖΑΧΑΡΟΥΧΟ					
126	NESTLE MILKMAID CONDENSED CAN 397GR	2.27	2.42	0.15	6.6%
127	NOYNOY CONDENSED CAN 397GR	1.51	1.51	0.00	0.0%
128	NOYNOY EVAPORATED CAN 410GR	1.22	1.23	0.01	0.8%
129	NOYNOY LIGHT EVAPORATED CAN 410GR	1.22	1.23	0.01	0.8%
130	NOYNOY LIGHT EVAPORATED PORTIONS 10X15GR	1.21	1.21	0.00	0.0%
ΚΟΝΣΕΡΒΕΣ ΚΡΕΑΤΟΣ					
131	Karla Corned Beef 340gr	3.19	3.23	0.04	1.3%
132	Tulip Pork Chopped Ham 200gr	2.22	2.33	0.11	5.0%
133	Tulip Pork Luncheon Meat 200gr	2.12	2.09	-0.03	-1.4%
134	Zwan Chicken Luncheon Meat 200gr	2.17	2.15	-0.02	-0.9%
135	Zwan Pork Chopped Ham 200gr	3.00	3.01	0.01	0.3%
136	Zwan Pork Luncheon Meat 200gr	2.18	2.13	-0.05	-2.3%
ΚΟΝΣΕΡΒΕΣ ΨΑΡΙΟΥ					
137	RIO MARE TUNA IN OLIVE OIL 2X160GR	5.39	5.46	0.07	1.3%
138	RIO MARE TUNA IN OLIVE OIL 4X80GR(1FREE)	5.95	5.52	-0.43	-7.2%
139	RIO MARE TUNA MEAT LIGHT IN OLIVE OIL 3X80GR	4.38	4.07	-0.31	-7.1%
140	SHEIK TUNA MEAT LIGHT IN OIL 4X100GR	3.50	3.48	-0.02	-0.6%
141	SHEIK WHITE TUNA LIGHT IN WATER 4X185GR	5.99	6.05	0.06	1.0%
ΞΗΡΑ ΤΡΟΦΗ					
ΔΗΜΗΤΡΙΑΚΑ ΠΡΟΓΕΥΜΑΤΟΣ					
142	KELLOGG S SPECIAL K 750GR	5.16	5.49	0.33	6.4%
143	Kellogg S Coco Pops 500gr	4.18	4.40	0.22	5.3%
144	Kellogg S Coco Pops Chocos 375gr	3.37	2.69	-0.68	-20.2%
145	Kellogg S Corn Flakes 500gr	3.26	3.02	-0.24	-7.4%
146	Kellogg S Honey Loops 330gr	3.59	3.60	0.01	0.3%
147	Oreo Os Cookies&Cream Cerals 350gr	3.67	3.73	0.06	1.6%
148	Quaker Traganes Mpoukies Dark Chocolate 450gr	3.42	3.52	0.10	2.9%

149	Quaker White Oats Bag 500gr	2.24	2.24	0.00	0.0%
ΚΟΥΛΟΥΡΙΑ					
150	7DAYS BAKE ROLLS MINI PIZZA 80GR	1.18	1.17	-0.01	-0.8%
151	BAKANDYS BREADSTICKS OLIVE OIL 250GR	3.55	3.64	0.09	2.5%
152	BAKANDYS RUSKS RYE 200GR	2.53	2.51	-0.02	-0.8%
153	ELITE TOAST RYE 360GR(3+1 FREE)	2.24	2.22	-0.02	-0.9%
154	ELITE TOAST WHEAT 500GR(3+1 FREE)	2.38	2.35	-0.03	-1.3%
155	JOHNSOF BREAD COOKIES NAPOLITANO RAISIN 240GR	2.97	3.04	0.07	2.4%
156	JOHNSOF CROUTONS WHEAT 320GR	2.65	2.72	0.07	2.6%
157	MARIAS BREAD COOKIES CAROB 350GR	3.21	3.22	0.01	0.3%
ΜΠΙΣΚΟΤΑ					
158	FROU FROU JOKER CHOCO COV. SW 12X25GR(3 FREE)	3.25	3.42	0.17	5.2%
159	FROU FROU MORNING COFFEE PL 150GR	1.20	1.20	0.00	0.0%
160	KATERINA PETIT FOURS PL 500GR	5.05	5.04	-0.01	-0.2%
161	KINDER CARDS COCOA&MILK FIL 5X25.6GR	2.26	2.11	-0.15	-6.6%
162	NUTELLA FILLED CHOCO BISCUITS FIL T22 304GR	3.66	3.41	-0.25	-6.8%
163	OREO VANILLA SW 154GR	1.39	1.35	-0.04	-2.9%
ΡΟΦΗΜΑΤΑ					
ΑΝΑΨΥΚΤΙΚΑ					
164	7 UP DIET/FREE CAN 8X330ML	4.15	4.21	0.06	1.4%
165	7 UP REGULAR CAN 8X330ML	4.12	4.20	0.08	1.9%
166	COCA COLA REGULAR CAN 330ML	0.92	0.94	0.02	2.2%
167	COCA COLA REGULAR CAN 8X330ML	4.72	4.83	0.11	2.3%
168	COCA COLA ZERO CAN 8X330ML	4.82	4.93	0.11	2.3%
169	PEPSI MAX CAN 8X330ML	3.47	3.55	0.08	2.3%
ΕΜΦΙΑΛΩΜΕΝΟ ΝΕΡΟ					
170	AGROS STILL PET 12X500ML	2.97	3.05	0.08	2.7%
171	AGROS STILL PET 6X1.5L	2.50	2.53	0.03	1.2%
172	ΑΓΙΟΣ ΝΙΣΤΟΛΑΟΣ STILL PET 12X500ML	3.06	3.04	-0.02	-0.7%
173	ΑΓΙΟΣ ΝΙΣΤΟΛΑΟΣ STILL PET 6X1.5L	2.40	2.43	0.03	1.3%
174	ΚΥΚΚΟΣ STILL PET 12X500ML	2.86	2.97	0.11	3.8%
175	ΚΥΚΚΟΣ STILL PET 6X1.5L	2.40	2.55	0.15	6.2%
ΧΥΜΟΙ					
176	KEAN MANGO&POMEGRANATE NECTAR TP 1L	1.61	1.64	0.03	1.9%
177	KEAN ORANGE 100% TP 1L	1.61	1.69	0.08	5.0%
178	KEANITA KIDS ORANGE DRINK TB 9X250ML	3.97	4.07	0.10	2.5%
179	LIFE APPLE&CARROT&ORANGE 100% PET 400ML	1.50	1.49	-0.01	-0.7%
180	LIFE ORANGE 100% PET 1L	2.47	2.48	0.01	0.4%
181	LIFE ORANGE 100% PET 400ML	1.48	1.47	-0.01	-0.7%
ΦΡΕΣΚΑ ΠΡΟΪΟΝΤΑ					
ΑΥΓΑ					
182	Αυγά 12 τεμάχια (Μ) - (53gr - 63gr) -(φθηνότερη συσκ.)	3.18	3.32	0.14	4.4%
ΦΡΕΣΚΟ ΚΡΕΑΣ/ ΠΟΥΛΕΡΙΚΑ/ ΚΟΥΝΕΛΙ					
183	Αμνοερίφια μικρά σε κομμάτια (Kg)	9.28	10.30	1.02	11.0%
184	Βοδινό top-side (Kg) (ψαχνό, χωρίς κόκκαλο και λίπος)	12.72	12.87	0.15	1.2%
185	Βοδινός κιμάς (Kg)	8.32	8.28	-0.04	-0.5%
186	Κοτόπουλο ολόκληρο (Kg) (Χαμηλότερη Τιμή)	3.60	3.63	0.03	0.8%
187	Κοτόπουλο στήθος φιλέτο (Kg) (Χαμηλότερη Τιμή)	7.57	7.62	0.05	0.7%
188	Κουνέλι (Kg) (χαμηλότερη τιμή)	9.98	10.21	0.23	2.3%
189	Χοιρινή Μπριζόλα φιλέτο (Kg)	5.50	5.40	-0.10	-1.8%
190	Χοιρινός Κιμάς (Kg)	4.85	4.85	0.00	0.0%
191	Χοιρινός Λαπάς με κόκκαλο (Kg)	5.14	5.25	0.11	2.1%
ΦΡΕΣΚΟ ΨΑΡΙ/ΜΑΛΑΚΙΑ					
192	Γόπες (Kg)	10.05	9.32	-0.73	-7.3%
193	Καλαμάρι Μεγάλο (Kg)	9.93	12.59	2.66	26.8%
194	Καλαμάρι Μικρό (Kg)	16.73	19.31	2.58	15.4%
195	Λαβράκι (Kg)	7.90	11.11	3.21	40.6%
196	Μπαρμπούνι (Kg)	25.41	28.34	2.93	11.5%
197	Τσιπούρα (Kg)	8.25	8.76	0.51	6.2%
198	Χταπόδι Μεγάλο (Kg)	15.51	15.30	-0.21	-1.4%
199	Χταπόδι Μικρό (Kg)	16.82	16.95	0.13	0.8%
ΧΟΡΤΑ					
200	Αγγουράκια Θερμοκηπίου (Kg)	1.22	0.94	-0.28	-23.0%
201	Αγγουράκια Χωραφίου (Kg)	1.89	1.35	-0.54	-28.6%
202	Ντομάτες Α (Kg)	1.21	1.29	0.08	6.6%

203	Πατάτες Φρέσκες (Kg)	1.65	1.72	0.07	4.2%
204	Χόρτα Δέσμης	0.47	0.45	-0.02	-4.3%
ΨΩΜΙ					
205	Slice Άσπρο μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.79	1.81	0.02	1.1%
206	Slice Άσπρο μικρό (450gr-500gr) (χαμηλότερη τιμή)	1.64	1.66	0.02	1.2%
207	Slice Ολικής Αλέσεως μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.70	1.77	0.07	4.1%
208	Slice Ολικής Αλέσεως μικρό (450gr-500gr) (χαμηλότερη τιμή)	1.60	1.65	0.05	3.1%
209	Ψωμί Άσπρο μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.55	1.55	0.00	0.0%
210	Ψωμί Άσπρο μικρό (450gr-500gr)(χαμηλότερη τιμή)	1.25	1.25	0.00	0.0%
FUEL					
CHARCOAL					
211	ETOSHA 5kg	6.25	5.86	-0.39	-6.2%
212	ΠΥΡΣΟΣ 5kg	6.33	6.38	0.05	0.8%
ΑΠΟΡΡΥΠΑΝΤΙΚΑ/ ΜΑΛΑΚΤΙΚΑ ΡΟΥΧΩΝ					
ΑΠΟΡΡΥΠΑΝΤΙΚΑ ΡΟΥΧΩΝ					
213	ARIEL TOUCH LENOR FRESH 50WSH LIQ 2.75L	11.10	11.27	0.17	1.5%
214	DIXAN BLUE OCEAN 66WSH PWD 3.63KG	10.99	10.99	0.00	0.0%
215	DIXAN UNIVERSAL 66WSH PWD 3.3KG	10.81	10.73	-0.08	-0.7%
216	EUREKA ACTIVE CARE 61WSH PWD 4KG P-OFF	7.15	7.29	0.14	2.0%
217	EUREKA MASSALIAS CLASSIC 48WSH LIQ 2.4L P-OFF	5.68	5.81	0.13	2.3%
218	EUREKA MASSALIAS LAVENDER 48WSH LIQ 2.4L P-OFF	5.67	5.87	0.20	3.5%
ΜΑΛΑΚΤΙΚΑ ΡΟΥΧΩΝ					
219	COMFORT GOLD LILY&WILD BERRY 4L	5.40	5.52	0.12	2.2%
220	COMFORT GOLD WILD ORCHID&SANDALWOOD 4L	5.49	5.59	0.10	1.8%
221	COMFORT PURELY SOFT 4L	5.09	5.09	0.00	0.0%
ΕΙΔΗ ΠΡΟΣΩΠΙΚΗΣ ΥΓΙΕΙΝΗΣ					
ΣΕΡΒΙΕΤΤΕΣ ΥΓΕΙΑΣ					
222	ALWAYS PADS SECURE NIGHT ULTRA DUO W 12P	2.12	2.15	0.03	1.4%
223	ALWAYS PADS ULTRA LONG PLUS W 16P	2.06	2.18	0.12	5.8%
224	ALWAYS PADS ULTRA NORMAL PLUS DUO W 20P	2.25	2.29	0.04	1.8%
225	EVERYDAY PADS HYPERDRY ULTRA PLUS SUPER DUO W 2X18P(1FREE)	3.59	3.52	-0.07	-1.9%
ΧΑΡΤΙ ΥΓΕΙΑΣ					
226	ELITE LUXURY WHITE 3PLY 10P	4.15	4.17	0.02	0.5%
227	HOPE ULTRA SOFT 3PLY 10P	3.61	3.58	-0.03	-0.8%
228	KLEENEX PREMIUM HONEYSUCKLE 2PLY 12P (3 FREE)	11.48	11.49	0.01	0.1%
229	KLEENEX PREMIUM WHITE 2PLY 12P (3 FREE)	11.49	11.50	0.01	0.1%
230	KLEENEX SCOTTONELLE SOFT&STRONG WHITE 2PLY 32P (8 FREE)	13.05	13.99	0.94	7.2%
231	SILKY WHITE 2PLY 24P	7.08	7.08	0.00	0.0%
ΚΥΛΙΝΔΡΟΣ ΥΓΡΑΕΡΙΟΥ					
ΚΥΛΙΝΔΡΟΣ ΥΓΡΑΕΡΙΟΥ					
232	ΚΥΛΙΝΔΡΟΣ 10kg (ΤΙΜΗ ΜΕ ΕΠΙΣΤΡΟΦΗ ΑΔΕΙΟΥ)	15.85	15.95	0.10	0.6%
ΒΡΕΦΙΚΑ ΠΡΟΙΟΝΤΑ					
ΒΡΕΦΙΚΕΣ ΠΑΝΕΣ					
233	NANNYS SENSITIVE 5 JUNIOR 12-25KG 44P	9.59	9.56	-0.03	-0.3%
234	NANNYS SENSITIVE 6 JUNIOR PLUS 15-30KG 40P	10.09	9.45	-0.64	-6.3%
235	PAMP. ACTIVE BABY 5 JUNIOR 11-16KG 78P	14.91	14.96	0.05	0.3%
236	PAMP. ACTIVE BABY 6 EXTRA LARGE 13-18KG 68P	14.92	14.96	0.04	0.3%
237	PAMP. ACTIVE BABY 7 MAXI 15+KG 40P	10.76	10.75	-0.01	-0.1%
238	PAMP. PREMIUM CARE 1 NEW BORN 2-5KG 52P	11.32	10.76	-0.56	-4.9%
ΒΡΕΦΙΚΕΣ ΤΡΟΦΕΣ					
239	HIPP BIO DAIRY FREE OAT PORRIDGE 4M+ CRT 200GR	3.34	3.31	-0.03	-0.9%
240	NESTLE FARINE LACTEE WHEAT CEREALS 6M+ CRT 350GR	3.29	3.12	-0.17	-5.2%
241	NOYNOY 5 FRUIT CEREAL CREAM 6M+ TIN 300GR P-OFF	5.11	5.24	0.13	2.5%
242	NOYNOY BISCUIT CEREALS 6M+ TIN 300GR P-OFF	4.99	5.16	0.17	3.4%
243	NOYNOY FARINE LACTEE CEREALS 6M+ TIN 300GR P-OFF	3.13	3.15	0.02	0.6%
244	YIOTIS FARINE LACTEE MILK CEREAL CREAM 6M+ TIN 300GR P-OFF	2.62	2.77	0.15	5.7%
ΒΡΕΦΙΚΟ ΓΑΛΛΑ					
245	Frisogrow 3 1-3y Tin 800gr	19.53	19.50	-0.03	-0.2%
246	Frisogrow Plus+ 3-5y Tin 800gr	18.33	18.35	0.02	0.1%
247	Frisolac 1 0-6m Tin 800gr	22.81	22.83	0.02	0.1%
248	Frisomel 2 6m+ Tin 800gr	19.45	19.52	0.07	0.4%
249	Nan 4 Protect Build 2y+ Tin 400gr	9.53	9.24	-0.29	-3.0%
250	S-26 Progress Gold 3 1-3y Tin 400gr	9.89	9.35	-0.54	-5.5%