

ΠΑΡΑΤΗΡΗΤΗΡΙΟ ΒΑΣΙΚΩΝ ΚΑΤΑΝΑΛΩΤΙΚΩΝ ΑΓΑΘΩΝ

ΣΥΓΚΡΙΣΗ ΜΕ ΠΡΟΗΓΟΥΜΕΝΟ ΜΗΝΑ



Μαρ 2024

Α/Α	ΠΡΟΪΟΝ	Μέση Σταθμισμένη Τιμή		Αύξηση / Μείωση Τιμής	% Μεταβολή
		Προηγούμενος Μήνας	Τρέχον Μήνας		
ΑΛΛΑΝΤΙΚΑ					
ΑΛΛΑΝΤΙΚΑ					
1	Chrysodalia Lountza Smoked Slices 300gr	4.51	4.55	0.04	0.9%
2	Chrysodalia Turkey Smoked Slices 200gr	2.72	2.85	0.13	4.8%
3	Grigoriou Ham Slices 300gr	3.88	3.93	0.05	1.3%
4	Grigoriou Lountza Slices 150gr	3.24	3.32	0.08	2.5%
5	Grigoriou Salami Extra 300gr	2.58	2.62	0.04	1.6%
6	Grigoriou Streaky Bacon Slices 150gr	2.74	2.73	-0.01	-0.4%
7	Grigoriou Turkey Smoked Slices 200gr	3.19	3.33	0.14	4.4%
ΒΟΗΘΗΜΑΤΑ ΜΑΓΕΙΡΕΜΑΤΟΣ					
ΖΩΜΟΣ					
8	KNORR BOUILLONS CHICKEN 12 CUBES 120GR	1.15	1.19	0.04	3.5%
9	KNORR BOUILLONS VEGETABLES 12 CUBES 120GR	1.40	1.51	0.11	7.9%
10	MAGGI BOUILLONS CHICKEN 12 CUBES 132GR	1.44	1.40	-0.04	-2.8%
11	MAGGI BOUILLONS PASTA 12 CUBES 132GR	1.89	1.87	-0.02	-1.1%
12	MAGGI BOUILLONS VEGETABLES 12 CUBES 132GR	1.93	1.90	-0.03	-1.6%
ΝΤΟΜΑΤΟΧΥΜΟΣ/ ΠΕΛΤΕΣ					
13	BLOSSOM TOMATO PASTE CUP 4X70GR	1.99	2.00	0.01	0.5%
14	KEAN POMILORI SIEVE TOMATO PASTE JAR 700GR	1.85	1.84	-0.01	-0.5%
15	MITSIDES TOMATO PASSATA CARTON 3X500GR P-OFF	2.77	2.78	0.01	0.4%
16	MITSIDES TOMATO PASTE CUP 4X70GR	2.01	1.99	-0.02	-1.0%
17	PELARGOS TOMATO PASSATA CARTON 3X250GR	1.34	1.36	0.02	1.5%
ΦΥΤΙΚΟ ΜΑΓΕΙΡΙΚΟ ΛΙΠΟΣ					
18	SPRY 350GR	2.91	2.80	-0.11	-3.8%
ΓΑΛΑΚΤΟΚΟΜΙΚΑ					
ΓΙΑΟΥΡΤΙ					
19	ALAMBRA THE GRANNY SHEEP F/F PC 700GR	2.96	2.90	-0.06	-2.0%
20	CHARALAMB/CHRISTIS STRAINED STRAGGATO F/F PC 1KG	4.11	4.09	-0.02	-0.5%
21	CHARALAMB/CHRISTIS STRAINED STRAGGATO LGT PC 1KG	4.10	4.09	-0.01	-0.2%
22	ZITA STRAINED F/F PC 1KG	3.91	3.92	0.01	0.3%
23	ZITA STRAINED LGT PC 1KG	3.89	3.90	0.01	0.3%
ΤΥΡΙ					
24	ALAMBRA COTTAGE PC 200GR	1.84	1.82	-0.02	-1.1%
25	ALAMBRA H GIAGIA GOAT/SHEEP HALLOUMI KG	13.67	13.32	-0.35	-2.6%
26	CHARALAMB/CHRISTIS FETA BLOCK 200GR	3.40	3.15	-0.25	-7.4%
27	CHARALAMB/CHRISTIS HALLOUMI PISSOURKOTIKO KG	14.07	14.32	0.25	1.8%
28	DIROLLO 2.2% COTTAGE 225GR	2.26	2.27	0.01	0.4%
29	DODONI FETA BLOCK 400GR	7.09	7.06	-0.03	-0.4%
30	KESES GOAT/SHEEP HALLOUMI KG	15.83	15.06	-0.77	-4.9%
31	LA VACHE QUI RIT CHEEZ DIPPERS 4PORTION 140GR	3.50	3.53	0.03	0.9%
32	PHILADELPHIA LIGHT PLAIN SPREAD TUBS 200GR	2.62	2.58	-0.04	-1.5%
33	PHILADELPHIA PLAIN SPREAD TUBS 200GR	2.62	2.58	-0.04	-1.5%
34	VALIO EDAM LIGHT 17% SLICES 2X250GR P-OFF	6.88	6.93	0.05	0.7%
35	VEPO FOOD EDAM SLICES 200GR	2.48	2.51	0.03	1.2%
36	VEPO FOOD GOUDA SLICES 200GR	2.46	2.49	0.03	1.2%
ΦΡΕΣΚΟ ΓΑΛΑ					
37	CHARALAMBIDES CHRISTIS DELACT HDPE 1L	1.69	1.68	-0.01	-0.6%
38	CHARALAMBIDES CHRISTIS FULL FAT 3% HDPE 2L	2.87	2.85	-0.02	-0.7%
39	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 1.5L	2.19	2.19	0.00	0.0%
40	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 1L	1.48	1.47	-0.01	-0.7%
41	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 2L	2.87	2.86	-0.01	-0.3%
42	LANITIS FULL FAT 3% HDPE 2L	2.83	2.82	-0.01	-0.4%
43	LANITIS SEMI SKIMMED 1.5% HDPE 1.5L	2.18	2.18	0.00	0.0%

44	LANITIS SEMI SKIMMED 1.5% HDPE 2L	2.83	2.83	0.00	0.0%
ΕΛΑΙΑ					
ΛΑΔΙ					
45	AMBROSIA SUNFLOWER OIL 3L	6.84	6.84	0.00	0.0%
46	ELIOHORI EXTRA VIRGIN OLIVE OIL 2L	25.54	28.41	2.87	11.2%
47	ELIOHORI EXTRA VIRGIN OLIVE OIL PET 1L	12.99	14.82	1.83	14.1%
48	FLORA SUNFLOWER OIL 3L	5.73	10.19	4.46	77.8%
49	LESIEUR SUNFLOWER OIL 3L	6.75	6.63	-0.12	-1.8%
50	SAINT GEORGE CYPRUS EXTRA VIRGIN OLIVE OIL PET 1L	9.89	9.74	-0.15	-1.5%
51	THE KING OF OLIVES SALAD OIL PET 1L	3.01	3.01	0.00	0.0%
ΖΥΜΑΡΙΚΑ / ΑΛΕΥΡΙ / ΡΥΖΙ / ΠΟΥΡΓΟΥΡΙ / ΟΣΠΡΙΑ / ΖΑΧΑΡΗ					
ΑΛΕΥΡΙ					
52	MITSIDES FARINA PLAIN 00 1KG	1.53	1.55	0.02	1.3%
53	MITSIDES PLAIN 00 ALL PURPOSE 1KG	1.29	1.29	0.00	0.0%
54	MITSIDES SELF RAISING 1KG	1.55	1.59	0.04	2.6%
55	MITSIDES VILLAGE 1KG	1.63	1.56	-0.07	-4.3%
56	TRIUMPH FARINA 00 1KG	1.50	1.34	-0.16	-10.7%
57	TRIUMPH VILLAGE 1KG	1.59	1.52	-0.07	-4.4%
ΖΑΧΑΡΗ					
58	SUGAR	1.27	1.15	-0.12	-9.4%
ΖΥΜΑΡΙΚΑ					
59	BARILLA SPAGHETTI No.5 500GR	1.29	1.30	0.01	0.8%
60	MELISSA PRIMO GUSTO ORZO 500GR	1.17	1.20	0.03	2.6%
61	MELISSA PRIMO GUSTO SPAGHETTI No.6 500GR	1.11	1.08	-0.03	-2.7%
62	MITSIDES MEZZANI A 500GR	1.39	1.36	-0.03	-2.2%
63	MITSIDES ORZO 500GR	1.27	1.45	0.18	14.2%
64	MITSIDES SPAGHETTI 500GR	1.26	1.18	-0.08	-6.3%
65	MITSIDES TRADITIONAL 500GR	1.44	1.42	-0.02	-1.4%
66	TRIUMPH SPAGHETTI 500GR	1.09	1.09	0.00	0.0%
ΟΣΠΡΙΑ					
67	KAOURIS CANADIAN LAIRD LENTILS 1KG	2.82	2.83	0.01	0.4%
68	NATURAL LIFE IMPORTED BLACK EYE BEANS 1KG	3.28	3.29	0.01	0.3%
69	NATURAL LIFE IMPORTED LENTILS 1KG	2.29	2.41	0.12	5.2%
70	SOLEAS 3A BEANS 1KG	2.98	3.05	0.07	2.3%
71	SOLEAS 3A BLACK EYE BEANS 1KG	3.90	3.84	-0.06	-1.5%
72	SOLEAS 3A GREEN LENTILS 1KG	2.90	2.98	0.08	2.8%
ΠΟΥΡΓΟΥΡΙ					
73	A.KEPOLA BULGUR WHEAT 1KG	2.57	2.59	0.02	0.8%
74	A.KEPOLA BULGUR WHEAT 500GR	1.56	1.63	0.07	4.5%
75	KAOURIS BULGUR WHEAT 500GR	1.53	1.52	-0.01	-0.7%
76	LISKO FAMELISKO BULGUR WHEAT MEDIUM 500GR	1.07	1.16	0.09	8.4%
77	MITSIDES BULGUR WHEAT 1KG	3.25	2.83	-0.42	-12.9%
78	MITSIDES BULGUR WHEAT 500GR	1.76	1.60	-0.16	-9.1%
ΡΥΖΙ					
79	SOLEAS 3A BASMATI RICE BAG 1KG	3.25	3.39	0.14	4.3%
80	SOLEAS 3A GLUTINOUS RICE BAG 1KG	2.58	2.53	-0.05	-1.9%
81	SOLEAS 3A PARBOILED RICE 1KG	2.44	2.53	0.09	3.7%
82	TILDA BASMATI RICE 1KG	5.88	5.89	0.01	0.2%
83	UNCLE BENS LONG GRAIN RICE 1KG	4.43	4.57	0.14	3.2%
84	UNCLE BENS LONG GRAIN RICE BOX 2KG	8.34	8.78	0.44	5.3%
ΚΑΤΕΨΥΓΜΕΝΑ					
ΚΑΤΕΨΥΓΜΕΝΑ ΖΥΜΑΡΙΚΑ					
85	CHARALAMBIDES CHRISTIS RAVIOLI 400GR	3.61	4.00	0.39	10.8%
86	HERCULES RAVIOLI 400GR	3.01	3.01	0.00	0.0%
87	MITSIDES VILLAGE RAVIOLI 375GR	3.50	3.25	-0.25	-7.1%
ΚΑΤΕΨΥΓΜΕΝΑ ΜΑΛΑΚΙΑ/ ΟΣΤΡΑΚΟΕΙΔΗ					
88	7 THALASSES SHRIMPS 30/50 500GR	10.08	10.12	0.04	0.4%
89	BLUE GREEN WAVE OCTOPUS 1KG	5.85	5.09	-0.76	-13.0%
90	BLUE GREEN WAVE SQUID RINGS 1KG	4.88	4.87	-0.01	-0.2%
91	EDESMA SQUID RINGS 1KG	5.85	5.21	-0.64	-10.9%
ΚΑΤΕΨΥΓΜΕΝΟ ΨΑΡΙ					
92	EDESMA RED FISH 1KG	7.62	7.59	-0.03	-0.4%
93	FINDUS SALMON PORTIONS 4X125GR	18.60	18.23	-0.37	-2.0%
94	FOODPAX SALMON PORTIONS 4X125GR	16.26	16.37	0.11	0.7%
95	QUALIFOOD PANGASIUS FILLETS 1KG	5.67	5.41	-0.26	-4.6%

96	QUALIFOOD SALMON PORTION 4X125GR	13.49	13.53	0.04	0.3%
ΚΑΤΕΨΥΓΜΕΝΟ ΨΑΡΙ ΠΑΝΕ/ ΠΡΟΨΗΜΕΝΟ					
97	7 SEAS COD BREADED FISH FILLETS 400GR	3.60	3.62	0.02	0.6%
98	BIRDS EYE COD FISH FINGERS 14PCS 350GR	6.73	6.73	0.00	0.0%
99	BIRDS EYE SIMPLY 4 COD FILLET BREADED 440GR	11.21	10.28	-0.93	-8.3%
100	NORDA WHITE FISH BREADED FILLETS 4PCS 300GR	5.02	5.40	0.38	7.6%
101	NORDA WHITE FISH FISH STICKS 10PCS 300GR	3.28	3.25	-0.03	-0.9%
ΨΥΓΕΙΟΥ ΚΑΙ ΚΑΤΕΨΥΓΜΕΝΑ ΜΠΕΡΚΕΡ					
102	BLACK ANGUS BEEF BURGERS 2P 340GR	5.35	5.32	-0.03	-0.6%
103	EDESMA VEGETABLE BURGERS 4P 380GR	4.98	4.97	-0.01	-0.2%
104	GRIGORIOU BEEF BURGERS 4P 600GR	5.69	5.63	-0.06	-1.1%
105	GRIGORIOU HAMBURGERS 6P 480GR	4.18	4.10	-0.08	-1.9%
106	GRIGORIOU TURKEY BURGERS 6P 480GR	4.23	4.30	0.07	1.7%
107	KYPRIANOU SPECIAL CHICKEN BURGERS 900GR	6.60	6.59	-0.01	-0.2%
ΨΥΓΕΙΟΥ ΚΑΙ ΚΑΤΕΨΥΓΜΕΝΟ ΚΡΕΑΣ ΠΑΝΕ/ ΠΡΟΨΗΜΕΝΟ					
108	EDESMA CHICKEN NUGGETS 500GR	5.49	5.53	0.04	0.7%
109	EDESMA CHICKEN NUGGETS 900GR	7.57	7.55	-0.02	-0.3%
110	EMA FOODS CHICKEN NUGGETS 900GR	6.74	7.12	0.38	5.6%
111	EN ELLADI CHICKEN NUGGETS 400GR	4.65	4.64	-0.01	-0.2%
112	EN ELLADI MEAT BALLS 420GR	4.16	4.66	0.50	12.0%
113	PARADISIOTIS CHICKEN NUGGETS 800GR	4.75	4.98	0.23	4.8%
ΚΑΦΕΣ					
ΚΥΠΡΙΑΚΟΣ ΚΑΦΕΣ					
114	CHARALAMBOUS GREEN 200GR	2.75	2.78	0.03	1.1%
115	CHARALAMBOUS GREEN 500GR	6.94	6.96	0.02	0.3%
116	LAIKON GOLD 200GR	2.76	2.71	-0.05	-1.8%
117	LAIKON GOLD 500GR	6.93	6.93	0.00	0.0%
ΣΤΙΓΜΙΑΙΟΣ ΚΑΦΕΣ					
118	CELEST CAFE TIN 200GR	4.32	4.39	0.07	1.6%
119	JACOBS EKLEKTOS JAR 100GR	4.13	4.21	0.08	1.9%
120	NESCAFE AZERA ESPRESSO TIN 100GR	5.26	5.46	0.20	3.8%
121	NESCAFE CLASSIC DEC TIN 100GR	4.60	4.61	0.01	0.2%
122	NESCAFE CLASSIC TIN 100GR	3.76	3.76	0.00	0.0%
123	NESCAFE CLASSIC TIN 200GR	5.77	5.79	0.02	0.3%
124	NESCAFE GOLD BLEND JAR 190GR	5.59	5.80	0.21	3.8%
125	NESCAFE GOLD BLEND JAR 95GR	3.37	3.37	0.00	0.0%
ΚΟΝΣΕΡΒΕΣ					
ΓΑΛΑ ΕΒΑΠΟΡΕ/ ΖΑΧΑΡΟΥΧΟ					
126	MANA CONDENSED CAN 397GR	1.90	1.88	-0.02	-1.1%
127	NOYNOY CONDENSED CAN 397GR	1.62	1.65	0.03	1.9%
128	NOYNOY EVAPORATED CAN 410GR	1.24	1.25	0.01	0.8%
129	NOYNOY LIGHT EVAPORATED CAN 410GR	1.23	1.23	0.00	0.0%
130	NOYNOY LIGHT EVAPORATED PORTIONS 10X15GR	1.21	1.22	0.01	0.8%
ΚΟΝΣΕΡΒΕΣ ΚΡΕΑΤΟΣ					
131	Karla Corned Beef 340gr	3.25	3.21	-0.04	-1.2%
132	Tulip Pork Chopped Ham 200gr	2.31	2.41	0.10	4.3%
133	Tulip Pork Luncheon Meat 200gr	2.09	2.22	0.13	6.2%
134	Zwan Chicken Luncheon Meat 200gr	2.18	2.18	0.00	0.0%
135	Zwan Pork Chopped Ham 200gr	3.03	3.05	0.02	0.7%
136	Zwan Pork Luncheon Meat 200gr	2.20	2.14	-0.06	-2.7%
ΚΟΝΣΕΡΒΕΣ ΨΑΡΙΟΥ					
137	RIO MARE TUNA IN OLIVE OIL 2X160GR	5.28	5.17	-0.11	-2.1%
138	RIO MARE TUNA IN OLIVE OIL 4X80GR(1FREE)	5.23	4.95	-0.28	-5.4%
139	RIO MARE TUNA MEAT LIGHT IN OLIVE OIL 3X80GR	4.23	4.00	-0.23	-5.4%
140	SHEIK TUNA MEAT LIGHT IN OIL 4X100GR	3.48	3.49	0.01	0.3%
141	SHEIK WHITE TUNA LIGHT IN WATER 4X185GR	5.80	5.95	0.15	2.6%
ΞΗΡΑ ΤΡΟΦΗ					
ΔΗΜΗΤΡΙΑΚΑ ΠΡΟΓΕΥΜΑΤΟΣ					
142	KELLOGG S SPECIAL K 750GR	4.78	4.97	0.19	4.0%
143	Kellogg S Coco Pops 500gr	3.49	3.00	-0.49	-14.0%
144	Kellogg S Coco Pops Chocos 375gr	2.36	2.55	0.19	8.1%
145	Kellogg S Corn Flakes 500gr	3.18	3.22	0.04	1.3%
146	Kellogg S Honey Loops 330gr	3.58	3.60	0.02	0.6%
147	Oreo Os Cookies&Cream Cerals 350gr	3.73	3.73	0.00	0.0%
148	Quaker Traganes Mproukies Dark Chocolate 450gr	3.28	3.53	0.25	7.6%

149	Quaker White Oats Bag 500gr	2.22	2.22	0.00	0.0%
ΚΟΥΛΟΥΡΙΑ					
150	7DAYS BAKE ROLLS MINI PIZZA 80GR	1.14	0.93	-0.21	-18.4%
151	BAKANDYS BREADSTICKS OLIVE OIL 250GR	3.66	3.63	-0.03	-0.8%
152	BAKANDYS RUSKS RYE 200GR	2.67	2.72	0.05	1.9%
153	ELITE TOAST RYE 360GR(3+1 FREE)	2.15	2.27	0.12	5.6%
154	ELITE TOAST WHEAT 500GR(3+1 FREE)	2.30	2.38	0.08	3.5%
155	JOHNSOF BREAD COOKIES NAPOLITANO RAISIN 240GR	2.94	3.07	0.13	4.4%
156	JOHNSOF CROUTONS WHEAT 320GR	2.86	2.86	0.00	0.0%
157	MARIAS BREAD COOKIES CAROB 350GR	3.21	3.21	0.00	0.0%
ΜΠΙΣΚΟΤΑ					
158	FROU FROU JOKER CHOCO COV. SW 12X25GR(3 FREE)	3.41	3.38	-0.03	-0.9%
159	FROU FROU MORNING COFFEE PL 150GR	1.20	1.20	0.00	0.0%
160	KATERINA PETIT FOURS PL 500GR	5.03	5.01	-0.02	-0.4%
161	KINDER CARDS COCOA&MILK FIL 5X25.6GR	2.21	2.16	-0.05	-2.3%
162	NUTELLA FILLED CHOCO BISCUITS FIL T22 304GR	3.70	3.64	-0.06	-1.6%
163	OREO VANILLA SW 154GR	1.40	1.40	0.00	0.0%
ΡΟΦΗΜΑΤΑ					
ΑΝΑΨΥΚΤΙΚΑ					
164	7 UP DIET/FREE CAN 8X330ML	4.52	4.54	0.02	0.4%
165	7 UP REGULAR CAN 8X330ML	4.50	4.56	0.06	1.3%
166	COCA COLA REGULAR CAN 330ML	0.94	0.94	0.00	0.0%
167	COCA COLA REGULAR CAN 8X330ML	4.87	4.85	-0.02	-0.4%
168	COCA COLA ZERO CAN 8X330ML	4.92	4.94	0.02	0.4%
169	PEPSI MAX CAN 8X330ML	3.82	3.80	-0.02	-0.5%
ΕΜΦΙΑΛΩΜΕΝΟ ΝΕΡΟ					
170	AGROS STILL PET 12X500ML	3.00	2.98	-0.02	-0.7%
171	AGROS STILL PET 6X1.5L	2.48	2.47	-0.01	-0.4%
172	ΑΥΙΟΣ ΝΙΧΟΛΑΟΣ STILL PET 12X500ML	3.05	3.05	0.00	0.0%
173	ΑΥΙΟΣ ΝΙΧΟΛΑΟΣ STILL PET 6X1.5L	2.43	2.45	0.02	0.8%
174	ΚΥΚΚΟΣ STILL PET 12X500ML	2.99	2.93	-0.06	-2.0%
175	ΚΥΚΚΟΣ STILL PET 6X1.5L	2.55	2.42	-0.13	-5.1%
ΧΥΜΟΙ					
176	KEAN MANGO&POMEGRANATE NECTAR TP 1L	1.67	1.67	0.00	0.0%
177	KEAN ORANGE 100% TP 1L	1.95	2.04	0.09	4.6%
178	KEANITA KIDS ORANGE DRINK TB 9X250ML	4.21	4.21	0.00	0.0%
179	LIFE APPLE&CARROT&ORANGE 100% PET 400ML	1.51	1.60	0.09	6.0%
180	LIFE ORANGE 100% PET 1L	2.54	2.83	0.29	11.4%
181	LIFE ORANGE 100% PET 400ML	1.48	1.57	0.09	6.1%
ΦΡΕΣΚΑ ΠΡΟΪΟΝΤΑ					
ΑΥΓΑ					
182	Αυγά 12 τεμάχια (Μ) - (53gr - 63gr) -(φθηνότερη συσκ.)	3.34	3.33	-0.01	-0.3%
ΦΡΕΣΚΟ ΚΡΕΑΣ/ ΠΟΥΛΕΡΙΚΑ/ ΚΟΥΝΕΛΙ					
183	Αμνοερίφια μικρά σε κομμάτια (Kg)	10.90	10.94	0.04	0.4%
184	Βοδινό top-side (Kg) (ψαχνό, χωρίς κόκκαλο και λίπος)	11.93	12.74	0.81	6.8%
185	Βοδινός κιμάς (Kg)	8.19	8.30	0.11	1.3%
186	Κοτόπουλο ολόκληρο (Kg) (Χαμηλότερη Τιμή)	3.58	3.56	-0.02	-0.6%
187	Κοτόπουλο στήθος φιλέτο (Kg) (Χαμηλότερη Τιμή)	7.44	7.53	0.09	1.2%
188	Κουνέλι (Kg) (χαμηλότερη τιμή)	10.50	10.61	0.11	1.0%
189	Χοιρινή Μπριζόλα φιλέτο (Kg)	5.42	5.29	-0.13	-2.4%
190	Χοιρινός Κιμάς (Kg)	5.23	5.12	-0.11	-2.1%
191	Χοιρινός Λαπάς με κόκκαλο (Kg)	5.51	5.38	-0.13	-2.4%
ΦΡΕΣΚΟ ΨΑΡΙ/ΜΑΛΑΚΙΑ					
192	Γόπες (Kg)	8.13	9.47	1.34	16.5%
193	Καλαμάρι Μεγάλο (Kg)	10.11	8.91	-1.20	-11.9%
194	Καλαμάρι Μικρό (Kg)	19.67	19.37	-0.30	-1.5%
195	Λαβράκι (Kg)	12.95	11.66	-1.29	-10.0%
196	Μπαρμπούνη (Kg)	19.41	18.09	-1.32	-6.8%
197	Τσιπούρα (Kg)	9.12	8.20	-0.92	-10.1%
198	Χταπόδι Μεγάλο (Kg)	17.86	15.40	-2.46	-13.8%
199	Χταπόδι Μικρό (Kg)	20.77	21.11	0.34	1.6%
ΧΟΡΤΑ					
200	Αγγουράκια Θερμοκηπίου (Kg)	1.34	1.54	0.20	14.9%
201	Αγγουράκια Χωραφιού (Kg)	2.18	2.39	0.21	9.6%
202	Ντομάτες Α (Kg)	1.77	1.62	-0.15	-8.5%

203	Πατάτες Φρέσκες (Kg)	2.01	2.01	0.00	0.0%
204	Χόρτα Δέσμης	0.46	0.47	0.01	2.2%
ΨΩΜΙ					
205	Slice Άσπρο μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.79	1.80	0.01	0.6%
206	Slice Άσπρο μικρό (450gr-500gr) (χαμηλότερη τιμή)	1.68	1.65	-0.03	-1.8%
207	Slice Ολικής Αλέσεως μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.75	1.77	0.02	1.1%
208	Slice Ολικής Αλέσεως μικρό (450gr-500gr) (χαμηλότερη τιμή)	1.68	1.66	-0.02	-1.2%
209	Ψωμί Άσπρο μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.55	1.55	0.00	0.0%
210	Ψωμί Άσπρο μικρό (450gr-500gr)(χαμηλότερη τιμή)	1.25	1.25	0.00	0.0%
FUEL					
CHARCOAL					
211	ETOSHA 5kg	6.28	6.16	-0.12	-1.9%
212	ΠΥΡΣΟΣ 5kg	6.32	6.34	0.02	0.3%
ΑΠΟΡΡΥΠΑΝΤΙΚΑ/ ΜΑΛΑΚΤΙΚΑ ΡΟΥΧΩΝ					
ΑΠΟΡΡΥΠΑΝΤΙΚΑ ΡΟΥΧΩΝ					
213	ARIEL TOUCH LENOR FRESH 50WSH LIQ 2.75L	11.10	11.02	-0.08	-0.7%
214	DIXAN BLUE OCEAN 66WSH PWD 3.63KG	10.99	10.99	0.00	0.0%
215	DIXAN UNIVERSAL 66WSH PWD 3.3KG	10.72	10.82	0.10	0.9%
216	EUREKA ACTIVE CARE 75WSH PWD 4.125KG	9.23	9.22	-0.01	-0.1%
217	EUREKA MASSALIAS CLASSIC 48WSH LIQ 2.4L P-OFF	5.84	5.83	-0.01	-0.2%
218	EUREKA MASSALIAS LAVENDER 48WSH LIQ 2.4L P-OFF	5.85	5.83	-0.02	-0.3%
ΜΑΛΑΚΤΙΚΑ ΡΟΥΧΩΝ					
219	COMFORT GOLD LILY&WILD BERRY 4L	5.52	5.64	0.12	2.2%
220	COMFORT GOLD WILD ORCHID&SANDALWOOD 4L	5.54	5.65	0.11	2.0%
221	COMFORT PURELY SOFT 4L	5.12	5.12	0.00	0.0%
ΕΙΔΗ ΠΡΟΣΩΠΙΚΗΣ ΥΓΙΕΙΝΗΣ					
ΣΕΡΒΙΕΤΤΕΣ ΥΓΕΙΑΣ					
222	ALWAYS PADS SECURE NIGHT ULTRA DUO W 12P	2.32	2.33	0.01	0.4%
223	ALWAYS PADS ULTRA LONG PLUS W 16P	2.13	2.16	0.03	1.4%
224	ALWAYS PADS ULTRA NORMAL PLUS DUO W 20P	2.33	2.33	0.00	0.0%
225	EVERYDAY PADS HYPERDRY ULTRA PLUS SUPER DUO W 2X18P(1FREE)	3.52	3.51	-0.01	-0.3%
ΧΑΡΤΙ ΥΓΕΙΑΣ					
226	ELITE LUXURY WHITE 3PLY 10P	4.11	4.10	-0.01	-0.2%
227	HOPE ULTRA SOFT 3PLY 10P	3.55	3.59	0.04	1.1%
228	KLEENEX PREMIUM HONEYSUCKLE 2PLY 12P (3 FREE)	11.51	11.50	-0.01	-0.1%
229	KLEENEX PREMIUM WHITE 2PLY 12P (3 FREE)	11.51	11.51	0.00	0.0%
230	KLEENEX SCOTTONELLE SOFT&STRONG WHITE 2PLY 32P (8 FREE)	13.44	14.55	1.11	8.3%
231	SILKY WHITE 2PLY 24P	7.07	7.05	-0.02	-0.3%
ΚΥΛΙΝΔΡΟΣ ΥΓΡΑΕΡΙΟΥ					
ΚΥΛΙΝΔΡΟΣ ΥΓΡΑΕΡΙΟΥ					
232	ΚΥΛΙΝΔΡΟΣ 10kg (ΤΙΜΗ ΜΕ ΕΠΙΣΤΡΟΦΗ ΑΔΕΙΟΥ)	16.01	16.04	0.03	0.2%
ΒΡΕΦΙΚΑ ΠΡΟΙΟΝΤΑ					
ΒΡΕΦΙΚΕΣ ΠΑΝΕΣ					
233	NANNYS SENSITIVE 5 JUNIOR 12-25KG 44P	9.37	9.28	-0.09	-1.0%
234	NANNYS SENSITIVE 6 JUNIOR PLUS 15-30KG 40P	9.69	10.38	0.69	7.1%
235	PAMP. ACTIVE BABY 5 JUNIOR 11-16KG 78P	14.99	14.98	-0.01	-0.1%
236	PAMP. ACTIVE BABY 6 EXTRA LARGE 13-18KG 68P	14.99	14.99	0.00	0.0%
237	PAMP. ACTIVE BABY 7 MAXI 15+KG 40P	10.73	10.72	-0.01	-0.1%
238	PAMP. PREMIUM CARE 1 NEW BORN 2-5KG 52P	10.60	10.88	0.28	2.6%
ΒΡΕΦΙΚΕΣ ΤΡΟΦΕΣ					
239	HIPP BIO DAIRY FREE OAT PORRIDGE 4M+ CRT 200GR	3.33	3.32	-0.01	-0.3%
240	NESTLE FARINE LACTEE WHEAT CEREALS 6M+ CRT 350GR	3.16	3.17	0.01	0.3%
241	ΝΟΥΝΟΥ 5 FRUIT CEREAL CREAM 6M+ TIN 300GR P-OFF	5.30	5.28	-0.02	-0.4%
242	ΝΟΥΝΟΥ BISCUIT CEREALS 6M+ TIN 300GR P-OFF	5.21	5.21	0.00	0.0%
243	ΝΟΥΝΟΥ FARINE LACTEE CEREALS 6M+ TIN 300GR P-OFF	3.17	3.16	-0.01	-0.3%
244	ΥΙΟΤΙΣ FARINE LACTEE MILK CEREAL CREAM 6M+ TIN 300GR P-OFF	2.90	2.88	-0.02	-0.7%
ΒΡΕΦΙΚΟ ΓΑΛΛΑ					
245	Frisogrow 3 1-3y Tin 800gr	19.50	19.44	-0.06	-0.3%
246	Frisogrow Plus+ 3-5y Tin 800gr	17.27	16.83	-0.44	-2.5%
247	Frisolac 1 0-6m Tin 800gr	22.85	22.87	0.02	0.1%
248	Frisomel 2 6m+ Tin 800gr	19.50	19.44	-0.06	-0.3%
249	Nan 4 Protect Build 2y+ Tin 400gr	9.58	9.50	-0.08	-0.8%
250	S-26 Progress Gold 3 1-3y Tin 400gr	9.73	9.82	0.09	0.9%