

# ΠΑΡΑΤΗΡΗΤΗΡΙΟ ΒΑΣΙΚΩΝ ΚΑΤΑΝΑΛΩΤΙΚΩΝ ΑΓΑΘΩΝ

## ΣΥΓΚΡΙΣΗ ΜΕ ΠΡΟΗΓΟΥΜΕΝΟ ΜΗΝΑ



Φεβ 2024

Α/Α	ΠΡΟΪΟΝ	Μέση Σταθμισμένη Τιμή		Αύξηση / Μείωση Τιμής	% Μεταβολή
		Προηγούμενος Μήνας	Τρέχον Μήνας		
<b>ΑΛΛΑΝΤΙΚΑ</b>					
<b>ΑΛΛΑΝΤΙΚΑ</b>					
1	Chrysodalia Lountza Smoked Slices 300gr	4.15	4.51	0.36	8.7%
2	Chrysodalia Turkey Smoked Slices 200gr	2.84	2.72	-0.12	-4.2%
3	Grigoriou Ham Slices 300gr	4.04	3.88	-0.16	-4.0%
4	Grigoriou Lountza Slices 150gr	3.28	3.24	-0.04	-1.2%
5	Grigoriou Salami Extra 300gr	2.64	2.58	-0.06	-2.3%
6	Grigoriou Streaky Bacon Slices 150gr	2.80	2.74	-0.06	-2.1%
7	Grigoriou Turkey Smoked Slices 200gr	3.30	3.19	-0.11	-3.3%
<b>ΒΟΗΘΗΜΑΤΑ ΜΑΓΕΙΡΕΜΑΤΟΣ</b>					
<b>ΖΩΜΟΣ</b>					
8	KNORR BOUILLONS CHICKEN 12 CUBES 120GR	1.23	1.15	-0.08	-6.5%
9	KNORR BOUILLONS VEGETABLES 12 CUBES 120GR	1.47	1.40	-0.07	-4.8%
10	MAGGI BOUILLONS CHICKEN 12 CUBES 132GR	1.42	1.44	0.02	1.4%
11	MAGGI BOUILLONS PASTA 12 CUBES 132GR	1.92	1.89	-0.03	-1.6%
12	MAGGI BOUILLONS VEGETABLES 12 CUBES 132GR	1.95	1.93	-0.02	-1.0%
<b>ΝΤΟΜΑΤΟΧΥΜΟΣ/ ΠΕΛΤΕΣ</b>					
13	BLOSSOM TOMATO PASTE CUP 4X70GR	2.01	1.99	-0.02	-1.0%
14	KEAN POMILORI SIEVE TOMATO PASTE JAR 700GR	1.83	1.85	0.02	1.1%
15	MITSIDES TOMATO PASSATA CARTON 3X500GR P-OFF	2.75	2.77	0.02	0.7%
16	MITSIDES TOMATO PASTE CUP 4X70GR	2.13	2.01	-0.12	-5.6%
17	PELARGOS TOMATO PASSATA CARTON 3X250GR	1.33	1.34	0.01	0.8%
<b>ΦΥΤΙΚΟ ΜΑΓΕΙΡΙΚΟ ΛΙΠΟΣ</b>					
18	SPRY 350GR	2.76	2.91	0.15	5.4%
<b>ΓΑΛΑΚΤΟΚΟΜΙΚΑ</b>					
<b>ΓΙΑΟΥΡΤΙ</b>					
19	ALAMBRA THE GRANNY SHEEP F/F PC 700GR	2.96	2.96	0.00	0.0%
20	CHARALAMB/CHRISTIS STRAINED STRAGGATO F/F PC 1KG	4.12	4.11	-0.01	-0.2%
21	CHARALAMB/CHRISTIS STRAINED STRAGGATO LGT PC 1KG	4.10	4.10	0.00	0.0%
22	ZITA STRAINED F/F PC 1KG	3.90	3.91	0.01	0.3%
23	ZITA STRAINED LGT PC 1KG	3.89	3.89	0.00	0.0%
<b>ΤΥΡΙ</b>					
24	ALAMBRA COTTAGE PC 200GR	1.67	1.84	0.17	10.2%
25	ALAMBRA H GIAGIA GOAT/SHEEP HALLOUMI KG	13.11	13.67	0.56	4.3%
26	CHARALAMB/CHRISTIS FETA BLOCK 200GR	3.23	3.40	0.17	5.3%
27	CHARALAMB/CHRISTIS HALLOUMI PISSOURKOTIKO KG	15.53	14.07	-1.46	-9.4%
28	DIROLLO 2.2% COTTAGE 225GR	2.26	2.26	0.00	0.0%
29	DODONI FETA BLOCK 400GR	7.08	7.09	0.01	0.1%
30	KESES GOAT/SHEEP HALLOUMI KG	15.74	15.83	0.09	0.6%
31	LA VACHE QUI RIT CHEEZ DIPPERS 4PORTION 140GR	3.50	3.50	0.00	0.0%
32	PHILADELPHIA LIGHT PLAIN SPREAD TUBS 200GR	2.58	2.62	0.04	1.6%
33	PHILADELPHIA PLAIN SPREAD TUBS 200GR	2.56	2.62	0.06	2.3%
34	VALIO EDAM LIGHT 17% SLICES 2X250GR P-OFF	7.01	6.88	-0.13	-1.9%
35	VEPO FOOD EDAM SLICES 200GR	2.46	2.48	0.02	0.8%
36	VEPO FOOD GOUDA SLICES 200GR	2.51	2.46	-0.05	-2.0%
<b>ΦΡΕΣΚΟ ΓΑΛΑ</b>					
37	CHARALAMBIDES CHRISTIS DELACT HDPE 1L	1.69	1.69	0.00	0.0%
38	CHARALAMBIDES CHRISTIS FULL FAT 3% HDPE 2L	2.87	2.87	0.00	0.0%
39	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 1.5L	2.20	2.19	-0.01	-0.5%
40	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 1L	1.49	1.48	-0.01	-0.7%
41	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 2L	2.88	2.87	-0.01	-0.3%
42	LANITIS FULL FAT 3% HDPE 2L	2.83	2.83	0.00	0.0%
43	LANITIS SEMI SKIMMED 1.5% HDPE 1.5L	2.18	2.18	0.00	0.0%

44	LANITIS SEMI SKIMMED 1.5% HDPE 2L	2.85	2.83	-0.02	-0.7%
<b>ΕΛΑΙΑ</b>					
<b>ΛΑΔΙ</b>					
45	AMBROSIA SUNFLOWER OIL 3L	6.85	6.84	-0.01	-0.1%
46	ELIOHORI EXTRA VIRGIN OLIVE OIL 2L	26.93	25.54	-1.39	-5.2%
47	ELIOHORI EXTRA VIRGIN OLIVE OIL PET 1L	12.89	12.99	0.10	0.8%
48	FLORA SUNFLOWER OIL 3L	6.12	5.73	-0.39	-6.4%
49	LESIEUR SUNFLOWER OIL 3L	6.54	6.75	0.21	3.2%
50	SAINT GEORGE CYPRUS EXTRA VIRGIN OLIVE OIL PET 1L	9.67	9.89	0.22	2.3%
51	THE KING OF OLIVES SALAD OIL PET 1L	3.01	3.01	0.00	0.0%
<b>ΖΥΜΑΡΙΚΑ / ΑΛΕΥΡΙ / ΡΥΖΙ / ΠΟΥΡΓΟΥΡΙ / ΟΣΠΡΙΑ / ΖΑΧΑΡΗ</b>					
<b>ΑΛΕΥΡΙ</b>					
52	MITSIDES FARINA PLAIN 00 1KG	1.45	1.53	0.08	5.5%
53	MITSIDES PLAIN 00 ALL PURPOSE 1KG	1.27	1.29	0.02	1.6%
54	MITSIDES SELF RAISING 1KG	1.49	1.55	0.06	4.0%
55	MITSIDES VILLAGE 1KG	1.52	1.63	0.11	7.2%
56	TRIUMPH FARINA 00 1KG	1.49	1.50	0.01	0.7%
57	TRIUMPH VILLAGE 1KG	1.53	1.59	0.06	3.9%
<b>ΖΑΧΑΡΗ</b>					
58	SUGAR	1.30	1.27	-0.03	-2.3%
<b>ΖΥΜΑΡΙΚΑ</b>					
59	BARILLA SPAGHETTI No.5 500GR	1.30	1.29	-0.01	-0.8%
60	MELISSA PRIMO GUSTO ORZO 500GR	1.31	1.17	-0.14	-10.7%
61	MELISSA PRIMO GUSTO SPAGHETTI No.6 500GR	1.17	1.11	-0.06	-5.1%
62	MITSIDES MEZZANI A 500GR	1.32	1.39	0.07	5.3%
63	MITSIDES ORZO 500GR	1.39	1.27	-0.12	-8.6%
64	MITSIDES SPAGHETTI 500GR	1.15	1.26	0.11	9.6%
65	MITSIDES TRADITIONAL 500GR	1.43	1.44	0.01	0.7%
66	TRIUMPH SPAGHETTI 500GR	1.08	1.09	0.01	0.9%
<b>ΟΣΠΡΙΑ</b>					
67	KAOURIS CANADIAN LAIRD LENTILS 1KG	2.81	2.82	0.01	0.4%
68	NATURAL LIFE IMPORTED BLACK EYE BEANS 1KG	3.24	3.28	0.04	1.2%
69	NATURAL LIFE IMPORTED LENTILS 1KG	2.29	2.29	0.00	0.0%
70	SOLEAS 3A BEANS 1KG	3.06	2.98	-0.08	-2.6%
71	SOLEAS 3A BLACK EYE BEANS 1KG	3.90	3.90	0.00	0.0%
72	SOLEAS 3A GREEN LENTILS 1KG	3.05	2.90	-0.15	-4.9%
<b>ΠΟΥΡΓΟΥΡΙ</b>					
73	A.KEPOLA BULGUR WHEAT 1KG	2.37	2.57	0.20	8.4%
74	A.KEPOLA BULGUR WHEAT 500GR	1.65	1.56	-0.09	-5.5%
75	KAOURIS BULGUR WHEAT 500GR	1.40	1.53	0.13	9.3%
76	LISKO FAMELISKO BULGUR WHEAT MEDIUM 500GR	1.18	1.07	-0.11	-9.3%
77	MITSIDES BULGUR WHEAT 1KG	3.23	3.25	0.02	0.6%
78	MITSIDES BULGUR WHEAT 500GR	1.69	1.76	0.07	4.1%
<b>ΡΥΖΙ</b>					
79	SOLEAS 3A BASMATI RICE BAG 1KG	3.22	3.25	0.03	0.9%
80	SOLEAS 3A GLUTINOUS RICE BAG 1KG	2.61	2.58	-0.03	-1.1%
81	SOLEAS 3A PARBOILED RICE 1KG	2.44	2.44	0.00	0.0%
82	TILDA BASMATI RICE 1KG	5.74	5.88	0.14	2.4%
83	UNCLE BENS LONG GRAIN RICE 1KG	4.11	4.43	0.32	7.8%
84	UNCLE BENS LONG GRAIN RICE BOX 2KG	8.27	8.34	0.07	0.8%
<b>ΚΑΤΕΨΥΓΜΕΝΑ</b>					
<b>ΚΑΤΕΨΥΓΜΕΝΑ ΖΥΜΑΡΙΚΑ</b>					
85	CHARALAMBIDES CHRISTIS RAVIOLI 400GR	3.33	3.61	0.28	8.4%
86	HERCULES RAVIOLI 400GR	3.02	3.01	-0.01	-0.3%
87	MITSIDES VILLAGE RAVIOLI 375GR	3.35	3.50	0.15	4.5%
<b>ΚΑΤΕΨΥΓΜΕΝΑ ΜΑΛΑΚΙΑ/ ΟΣΤΡΑΚΟΕΙΔΗ</b>					
88	7 THALASSES SHRIMPS 30/50 500GR	10.37	10.08	-0.29	-2.8%
89	BLUE GREEN WAVE OCTOPUS 1KG	6.16	5.85	-0.31	-5.0%
90	BLUE GREEN WAVE SQUID RINGS 1KG	4.87	4.88	0.01	0.2%
91	EDESMA SQUID RINGS 1KG	5.41	5.85	0.44	8.1%
<b>ΚΑΤΕΨΥΓΜΕΝΟ ΨΑΡΙ</b>					
92	EDESMA RED FISH 1KG	7.78	7.62	-0.16	-2.1%
93	FINDUS SALMON PORTIONS 4X125GR	18.06	18.60	0.54	3.0%
94	FOODPAX SALMON PORTIONS 4X125GR	15.08	16.26	1.18	7.8%
95	QUALIFOOD PANGASIUS FILLETS 1KG	5.47	5.67	0.20	3.7%

96	QUALIFOOD SALMON PORTION 4X125GR	13.91	13.49	-0.42	-3.0%
<b>ΚΑΤΕΨΥΓΜΕΝΟ ΨΑΡΙ ΠΑΝΕ/ ΠΡΟΨΗΜΕΝΟ</b>					
97	7 SEAS COD BREADED FISH FILLETS 400GR	3.61	3.60	-0.01	-0.3%
98	BIRDS EYE COD FISH FINGERS 14PCS 350GR	6.26	6.73	0.47	7.5%
99	BIRDS EYE SIMPLY 4 COD FILLET BREADED 440GR	12.48	11.21	-1.27	-10.2%
100	NORDA WHITE FISH BREADED FILLETS 4PCS 300GR	4.96	5.02	0.06	1.2%
101	NORDA WHITE FISH FISH STICKS 10PCS 300GR	3.31	3.28	-0.03	-0.9%
<b>ΨΥΓΕΙΟΥ ΚΑΙ ΚΑΤΕΨΥΓΜΕΝΑ ΜΠΕΡΚΕΡ</b>					
102	BLACK ANGUS BEEF BURGERS 2P 340GR	5.43	5.35	-0.08	-1.5%
103	EDESMA VEGETABLE BURGERS 4P 380GR	5.01	4.98	-0.03	-0.6%
104	GRIGORIOU BEEF BURGERS 4P 600GR	5.19	5.69	0.50	9.6%
105	GRIGORIOU HAMBURGERS 6P 480GR	3.75	4.18	0.43	11.5%
106	GRIGORIOU TURKEY BURGERS 6P 480GR	4.53	4.23	-0.30	-6.6%
107	KYPRIANOU SPECIAL CHICKEN BURGERS 900GR	6.62	6.60	-0.02	-0.3%
<b>ΨΥΓΕΙΟΥ ΚΑΙ ΚΑΤΕΨΥΓΜΕΝΟ ΚΡΕΑΣ ΠΑΝΕ/ ΠΡΟΨΗΜΕΝΟ</b>					
108	EDESMA CHICKEN NUGGETS 500GR	5.56	5.49	-0.07	-1.3%
109	EDESMA CHICKEN NUGGETS 900GR	7.60	7.57	-0.03	-0.4%
110	EMA FOODS CHICKEN NUGGETS 900GR	6.89	6.74	-0.15	-2.2%
111	EN ELLADI CHICKEN NUGGETS 400GR	4.70	4.65	-0.05	-1.1%
112	EN ELLADI MEAT BALLS 420GR	4.02	4.16	0.14	3.5%
113	PARADISIOTIS CHICKEN NUGGETS 800GR	4.68	4.75	0.07	1.5%
<b>ΚΑΦΕΣ</b>					
<b>ΚΥΠΡΙΑΚΟΣ ΚΑΦΕΣ</b>					
114	CHARALAMBOUS GREEN 200GR	2.85	2.75	-0.10	-3.5%
115	CHARALAMBOUS GREEN 500GR	6.93	6.94	0.01	0.1%
116	LAIKON GOLD 200GR	2.72	2.76	0.04	1.5%
117	LAIKON GOLD 500GR	6.93	6.93	0.00	0.0%
<b>ΣΤΙΓΜΙΑΙΟΣ ΚΑΦΕΣ</b>					
118	CELEST CAFE TIN 200GR	4.37	4.32	-0.05	-1.1%
119	JACOBS EKLEKTOS JAR 100GR	4.08	4.13	0.05	1.2%
120	NESCAFE AZERA ESPRESSO TIN 100GR	5.27	5.26	-0.01	-0.2%
121	NESCAFE CLASSIC DEC TIN 100GR	4.61	4.60	-0.01	-0.2%
122	NESCAFE CLASSIC TIN 100GR	3.74	3.76	0.02	0.5%
123	NESCAFE CLASSIC TIN 200GR	5.72	5.77	0.05	0.9%
124	NESCAFE GOLD BLEND JAR 190GR	5.82	5.59	-0.23	-4.0%
125	NESCAFE GOLD BLEND JAR 95GR	3.36	3.37	0.01	0.3%
<b>ΚΟΝΣΕΡΒΕΣ</b>					
<b>ΓΑΛΑ ΕΒΑΠΟΡΕ/ ΖΑΧΑΡΟΥΧΟ</b>					
126	MANA CONDENSED CAN 397GR	1.89	1.90	0.01	0.5%
127	NOYNOY CONDENSED CAN 397GR	1.51	1.62	0.11	7.3%
128	NOYNOY EVAPORATED CAN 410GR	1.23	1.24	0.01	0.8%
129	NOYNOY LIGHT EVAPORATED CAN 410GR	1.23	1.23	0.00	0.0%
130	NOYNOY LIGHT EVAPORATED PORTIONS 10X15GR	1.21	1.21	0.00	0.0%
<b>ΚΟΝΣΕΡΒΕΣ ΚΡΕΑΤΟΣ</b>					
131	Karla Corned Beef 340gr	3.23	3.25	0.02	0.6%
132	Tulip Pork Chopped Ham 200gr	2.33	2.31	-0.02	-0.9%
133	Tulip Pork Luncheon Meat 200gr	2.09	2.09	0.00	0.0%
134	Zwan Chicken Luncheon Meat 200gr	2.15	2.18	0.03	1.4%
135	Zwan Pork Chopped Ham 200gr	3.01	3.03	0.02	0.7%
136	Zwan Pork Luncheon Meat 200gr	2.13	2.20	0.07	3.3%
<b>ΚΟΝΣΕΡΒΕΣ ΨΑΡΙΟΥ</b>					
137	RIO MARE TUNA IN OLIVE OIL 2X160GR	5.46	5.28	-0.18	-3.3%
138	RIO MARE TUNA IN OLIVE OIL 4X80GR(1FREE)	5.52	5.23	-0.29	-5.3%
139	RIO MARE TUNA MEAT LIGHT IN OLIVE OIL 3X80GR	4.07	4.23	0.16	3.9%
140	SHEIK TUNA MEAT LIGHT IN OIL 4X100GR	3.48	3.48	0.00	0.0%
141	SHEIK WHITE TUNA LIGHT IN WATER 4X185GR	6.05	5.80	-0.25	-4.1%
<b>ΞΗΡΑ ΤΡΟΦΗ</b>					
<b>ΔΗΜΗΤΡΙΑΚΑ ΠΡΟΓΕΥΜΑΤΟΣ</b>					
142	KELLOGG S SPECIAL K 750GR	5.49	4.78	-0.71	-12.9%
143	Kellogg S Coco Pops 500gr	4.40	3.49	-0.91	-20.7%
144	Kellogg S Coco Pops Chocos 375gr	2.69	2.36	-0.33	-12.3%
145	Kellogg S Corn Flakes 500gr	3.02	3.18	0.16	5.3%
146	Kellogg S Honey Loops 330gr	3.60	3.58	-0.02	-0.6%
147	Oreo Os Cookies&Cream Cerals 350gr	3.73	3.73	0.00	0.0%
148	Quaker Traganes Mpoukies Dark Chocolate 450gr	3.52	3.28	-0.24	-6.8%

149	Quaker White Oats Bag 500gr	2.24	2.22	-0.02	-0.9%
<b>ΚΟΥΛΟΥΡΙΑ</b>					
150	7DAYS BAKE ROLLS MINI PIZZA 80GR	1.17	1.14	-0.03	-2.6%
151	BAKANDYS BREADSTICKS OLIVE OIL 250GR	3.64	3.66	0.02	0.5%
152	BAKANDYS RUSKS RYE 200GR	2.51	2.67	0.16	6.4%
153	ELITE TOAST RYE 360GR(3+1 FREE)	2.22	2.15	-0.07	-3.2%
154	ELITE TOAST WHEAT 500GR(3+1 FREE)	2.35	2.30	-0.05	-2.1%
155	JOHNSOF BREAD COOKIES NAPOLITANO RAISIN 240GR	3.04	2.94	-0.10	-3.3%
156	JOHNSOF CROUTONS WHEAT 320GR	2.72	2.86	0.14	5.1%
157	MARIAS BREAD COOKIES CAROB 350GR	3.22	3.21	-0.01	-0.3%
<b>ΜΠΙΣΚΟΤΑ</b>					
158	FROU FROU JOKER CHOCO COV. SW 12X25GR(3 FREE)	3.42	3.41	-0.01	-0.3%
159	FROU FROU MORNING COFFEE PL 150GR	1.20	1.20	0.00	0.0%
160	KATERINA PETIT FOURS PL 500GR	5.04	5.03	-0.01	-0.2%
161	KINDER CARDS COCOA&MILK FIL 5X25.6GR	2.11	2.21	0.10	4.7%
162	NUTELLA FILLED CHOCO BISCUITS FIL T22 304GR	3.41	3.70	0.29	8.5%
163	OREO VANILLA SW 154GR	1.35	1.40	0.05	3.7%
<b>ΡΟΦΗΜΑΤΑ</b>					
<b>ΑΝΑΨΥΚΤΙΚΑ</b>					
164	7 UP DIET/FREE CAN 8X330ML	4.21	4.52	0.31	7.4%
165	7 UP REGULAR CAN 8X330ML	4.20	4.50	0.30	7.1%
166	COCA COLA REGULAR CAN 330ML	0.94	0.94	0.00	0.0%
167	COCA COLA REGULAR CAN 8X330ML	4.83	4.87	0.04	0.8%
168	COCA COLA ZERO CAN 8X330ML	4.93	4.92	-0.01	-0.2%
169	PEPSI MAX CAN 8X330ML	3.55	3.82	0.27	7.6%
<b>ΕΜΦΙΑΛΩΜΕΝΟ ΝΕΡΟ</b>					
170	AGROS STILL PET 12X500ML	3.05	3.00	-0.05	-1.6%
171	AGROS STILL PET 6X1.5L	2.53	2.48	-0.05	-2.0%
172	ΑΥΙΟΣ ΝΙΣΤΟΛΑΟΣ STILL PET 12X500ML	3.04	3.05	0.01	0.3%
173	ΑΥΙΟΣ ΝΙΣΤΟΛΑΟΣ STILL PET 6X1.5L	2.43	2.43	0.00	0.0%
174	ΚΥΚΚΟΣ STILL PET 12X500ML	2.97	2.99	0.02	0.7%
175	ΚΥΚΚΟΣ STILL PET 6X1.5L	2.55	2.55	0.00	0.0%
<b>ΧΥΜΟΙ</b>					
176	KEAN MANGO&POMEGRANATE NECTAR TP 1L	1.64	1.67	0.03	1.8%
177	KEAN ORANGE 100% TP 1L	1.69	1.95	0.26	15.4%
178	KEANITA KIDS ORANGE DRINK TB 9X250ML	4.07	4.21	0.14	3.4%
179	LIFE APPLE&CARROT&ORANGE 100% PET 400ML	1.49	1.51	0.02	1.3%
180	LIFE ORANGE 100% PET 1L	2.48	2.54	0.06	2.4%
181	LIFE ORANGE 100% PET 400ML	1.47	1.48	0.01	0.7%
<b>ΦΡΕΣΚΑ ΠΡΟΪΟΝΤΑ</b>					
<b>ΑΥΓΑ</b>					
182	Αυγά 12 τεμάχια (Μ) - (53gr - 63gr) -(φθηνότερη συσκ.)	3.32	3.34	0.02	0.6%
<b>ΦΡΕΣΚΟ ΚΡΕΑΣ/ ΠΟΥΛΕΡΙΚΑ/ ΚΟΥΝΕΛΙ</b>					
183	Αμνοερίφια μικρά σε κομμάτια (Kg)	10.30	10.90	0.60	5.8%
184	Βοδινό top-side (Kg) (ψαχνό, χωρίς κόκκαλο και λίπος)	12.87	11.93	-0.94	-7.3%
185	Βοδινός κιμάς (Kg)	8.28	8.19	-0.09	-1.1%
186	Κοτόπουλο ολόκληρο (Kg) (Χαμηλότερη Τιμή)	3.63	3.58	-0.05	-1.4%
187	Κοτόπουλο στήθος φιλέτο (Kg) (Χαμηλότερη Τιμή)	7.62	7.44	-0.18	-2.4%
188	Κουνέλι (Kg) (χαμηλότερη τιμή)	10.21	10.50	0.29	2.8%
189	Χοιρινή Μπριζόλα φιλέτο (Kg)	5.40	5.42	0.02	0.4%
190	Χοιρινός Κιμάς (Kg)	4.85	5.23	0.38	7.8%
191	Χοιρινός Λαπάς με κόκκαλο (Kg)	5.25	5.51	0.26	5.0%
<b>ΦΡΕΣΚΟ ΨΑΡΙ/ΜΑΛΑΚΙΑ</b>					
192	Γόπες (Kg)	9.32	8.13	-1.19	-12.8%
193	Καλαμάρι Μεγάλο (Kg)	12.59	10.11	-2.48	-19.7%
194	Καλαμάρι Μικρό (Kg)	19.31	19.67	0.36	1.9%
195	Λαβράκι (Kg)	11.11	12.95	1.84	16.6%
196	Μπαρμπούνι (Kg)	28.34	19.41	-8.93	-31.5%
197	Τσιπούρα (Kg)	8.76	9.12	0.36	4.1%
198	Χταπόδι Μεγάλο (Kg)	15.30	17.86	2.56	16.7%
199	Χταπόδι Μικρό (Kg)	16.95	20.77	3.82	22.5%
<b>ΧΟΡΤΑ</b>					
200	Αγγουράκια Θερμοκηπίου (Kg)	0.94	1.34	0.40	42.6%
201	Αγγουράκια Χωραφιού (Kg)	1.35	2.18	0.83	61.5%
202	Ντομάτες Α (Kg)	1.29	1.77	0.48	37.2%

203	Πατάτες Φρέσκες (Kg)	1.72	2.01	0.29	16.9%
204	Χόρτα Δέσμης	0.45	0.46	0.01	2.2%
<b>ΨΩΜΙ</b>					
205	Slice Άσπρο μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.81	1.79	-0.02	-1.1%
206	Slice Άσπρο μικρό (450gr-500gr) (χαμηλότερη τιμή)	1.66	1.68	0.02	1.2%
207	Slice Ολικής Αλέσεως μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.77	1.75	-0.02	-1.1%
208	Slice Ολικής Αλέσεως μικρό (450gr-500gr) (χαμηλότερη τιμή)	1.65	1.68	0.03	1.8%
209	Ψωμί Άσπρο μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.55	1.55	0.00	0.0%
210	Ψωμί Άσπρο μικρό (450gr-500gr)(χαμηλότερη τιμή)	1.25	1.25	0.00	0.0%
<b>FUEL</b>					
<b>CHARCOAL</b>					
211	ETOSHA 5kg	5.86	6.28	0.42	7.2%
212	ΠΥΡΣΟΣ 5kg	6.38	6.32	-0.06	-0.9%
<b>ΑΠΟΡΡΥΠΑΝΤΙΚΑ/ ΜΑΛΑΚΤΙΚΑ ΡΟΥΧΩΝ</b>					
<b>ΑΠΟΡΡΥΠΑΝΤΙΚΑ ΡΟΥΧΩΝ</b>					
213	ARIEL TOUCH LENOR FRESH 50WSH LIQ 2.75L	11.27	11.10	-0.17	-1.5%
214	DIXAN BLUE OCEAN 66WSH PWD 3.63KG	10.99	10.99	0.00	0.0%
215	DIXAN UNIVERSAL 66WSH PWD 3.3KG	10.73	10.72	-0.01	-0.1%
216	EUREKA ACTIVE CARE 75WSH PWD 4.125KG	9.23	9.23	0.00	0.0%
217	EUREKA MASSALIAS CLASSIC 48WSH LIQ 2.4L P-OFF	5.81	5.84	0.03	0.5%
218	EUREKA MASSALIAS LAVENDER 48WSH LIQ 2.4L P-OFF	5.87	5.85	-0.02	-0.3%
<b>ΜΑΛΑΚΤΙΚΑ ΡΟΥΧΩΝ</b>					
219	COMFORT GOLD LILY&WILD BERRY 4L	5.52	5.52	0.00	0.0%
220	COMFORT GOLD WILD ORCHID&SANDALWOOD 4L	5.59	5.54	-0.05	-0.9%
221	COMFORT PURELY SOFT 4L	5.09	5.12	0.03	0.6%
<b>ΕΙΔΗ ΠΡΟΣΩΠΙΚΗΣ ΥΓΙΕΙΝΗΣ</b>					
<b>ΣΕΡΒΙΕΤΤΕΣ ΥΓΕΙΑΣ</b>					
222	ALWAYS PADS SECURE NIGHT ULTRA DUO W 12P	2.15	2.32	0.17	7.9%
223	ALWAYS PADS ULTRA LONG PLUS W 16P	2.18	2.13	-0.05	-2.3%
224	ALWAYS PADS ULTRA NORMAL PLUS DUO W 20P	2.29	2.33	0.04	1.7%
225	EVERYDAY PADS HYPERDRY ULTRA PLUS SUPER DUO W 2X18P(1FREE)	3.52	3.52	0.00	0.0%
<b>ΧΑΡΤΙ ΥΓΕΙΑΣ</b>					
226	ELITE LUXURY WHITE 3PLY 10P	4.17	4.11	-0.06	-1.4%
227	HOPE ULTRA SOFT 3PLY 10P	3.58	3.55	-0.03	-0.8%
228	KLEENEX PREMIUM HONEYSUCKLE 2PLY 12P (3 FREE)	11.49	11.51	0.02	0.2%
229	KLEENEX PREMIUM WHITE 2PLY 12P (3 FREE)	11.50	11.51	0.01	0.1%
230	KLEENEX SCOTTONELLE SOFT&STRONG WHITE 2PLY 32P (8 FREE)	13.99	13.44	-0.55	-3.9%
231	SILKY WHITE 2PLY 24P	7.08	7.07	-0.01	-0.1%
<b>ΚΥΛΙΝΔΡΟΣ ΥΓΡΑΕΡΙΟΥ</b>					
<b>ΚΥΛΙΝΔΡΟΣ ΥΓΡΑΕΡΙΟΥ</b>					
232	ΚΥΛΙΝΔΡΟΣ 10kg (ΤΙΜΗ ΜΕ ΕΠΙΣΤΡΟΦΗ ΑΔΕΙΟΥ)	15.95	16.01	0.06	0.4%
<b>ΒΡΕΦΙΚΑ ΠΡΟΙΟΝΤΑ</b>					
<b>ΒΡΕΦΙΚΕΣ ΠΑΝΕΣ</b>					
233	NANNYS SENSITIVE 5 JUNIOR 12-25KG 44P	9.56	9.37	-0.19	-2.0%
234	NANNYS SENSITIVE 6 JUNIOR PLUS 15-30KG 40P	9.45	9.69	0.24	2.5%
235	PAMP. ACTIVE BABY 5 JUNIOR 11-16KG 78P	14.96	14.99	0.03	0.2%
236	PAMP. ACTIVE BABY 6 EXTRA LARGE 13-18KG 68P	14.96	14.99	0.03	0.2%
237	PAMP. ACTIVE BABY 7 MAXI 15+KG 40P	10.75	10.73	-0.02	-0.2%
238	PAMP. PREMIUM CARE 1 NEW BORN 2-5KG 52P	10.76	10.60	-0.16	-1.5%
<b>ΒΡΕΦΙΚΕΣ ΤΡΟΦΕΣ</b>					
239	HIPP BIO DAIRY FREE OAT PORRIDGE 4M+ CRT 200GR	3.31	3.33	0.02	0.6%
240	NESTLE FARINE LACTEE WHEAT CEREALS 6M+ CRT 350GR	3.12	3.16	0.04	1.3%
241	NOYNOY 5 FRUIT CEREAL CREAM 6M+ TIN 300GR P-OFF	5.24	5.30	0.06	1.1%
242	NOYNOY BISCUIT CEREALS 6M+ TIN 300GR P-OFF	5.16	5.21	0.05	1.0%
243	NOYNOY FARINE LACTEE CEREALS 6M+ TIN 300GR P-OFF	3.15	3.17	0.02	0.6%
244	YIOTIS FARINE LACTEE MILK CEREAL CREAM 6M+ TIN 300GR P-OFF	2.77	2.90	0.13	4.7%
<b>ΒΡΕΦΙΚΟ ΓΑΛΛΑ</b>					
245	Frisogrow 3 1-3y Tin 800gr	19.50	19.50	0.00	0.0%
246	Frisogrow Plus+ 3-5y Tin 800gr	18.35	17.27	-1.08	-5.9%
247	Frisolac 1 0-6m Tin 800gr	22.83	22.85	0.02	0.1%
248	Frisomel 2 6m+ Tin 800gr	19.52	19.50	-0.02	-0.1%
249	Nan 4 Protect Build 2y+ Tin 400gr	9.24	9.58	0.34	3.7%
250	S-26 Progress Gold 3 1-3y Tin 400gr	9.35	9.73	0.38	4.1%