

ΠΑΡΑΤΗΡΗΤΗΡΙΟ ΒΑΣΙΚΩΝ ΚΑΤΑΝΑΛΩΤΙΚΩΝ ΑΓΑΘΩΝ

ΣΥΓΚΡΙΣΗ ΜΕ ΠΡΟΗΓΟΥΜΕΝΟ ΜΗΝΑ



Κυπριακή Δημοκρατία



ΥΠΟΥΡΓΕΙΟ ΕΝΕΡΓΕΙΑΣ
ΕΜΠΟΡΙΟΥ ΚΑΙ ΒΙΟΜΗΧΑΝΙΑΣ



ΥΠΗΡΕΣΙΑ
ΠΡΟΣΤΑΣΙΑΣ
ΚΑΤΑΝΑΛΩΤΗ

Αυγ 2024

Α/Α	ΠΡΟΪΟΝ	Μέση Σταθμισμένη Τιμή		Αύξηση / Μείωση Τιμής	% Μεταβολή
		Προηγούμενος Μήνας	Τρέχον Μήνας		
ΑΛΛΑΝΤΙΚΑ					
ΑΛΛΑΝΤΙΚΑ					
1	Chrysodalia Lountza Smoked Slices 300gr	4.70	4.53	-0.17	-3.6%
2	Chrysodalia Turkey Smoked Slices 200gr	2.84	2.82	-0.02	-0.7%
3	Grigoriou Ham Slices 300gr	3.91	3.91	0.00	0.0%
4	Grigoriou Lountza Slices 150gr	3.28	3.28	0.00	0.0%
5	Grigoriou Salami Extra 300gr	2.57	2.62	0.05	1.9%
6	Grigoriou Streaky Bacon Slices 150gr	2.73	2.74	0.01	0.4%
7	Grigoriou Turkey Smoked Slices 200gr	3.21	3.34	0.13	4.0%
ΒΟΗΘΗΜΑΤΑ ΜΑΓΕΙΡΕΜΑΤΟΣ					
ΖΩΜΟΣ					
8	KNORR BOUILLONS CHICKEN 12 CUBES 120GR	1.18	1.21	0.03	2.5%
9	KNORR BOUILLONS VEGETABLES 12 CUBES 120GR	1.53	1.54	0.01	0.7%
10	MAGGI BOUILLONS CHICKEN 12 CUBES 132GR	1.43	1.41	-0.02	-1.4%
11	MAGGI BOUILLONS PASTA 12 CUBES 132GR	1.88	1.86	-0.02	-1.1%
12	MAGGI BOUILLONS VEGETABLES 12 CUBES 132GR	1.92	1.89	-0.03	-1.6%
ΝΤΟΜΑΤΟΧΥΜΟΣ/ ΠΕΛΤΕΣ					
13	BLOSSOM TOMATO PASTE CUP 4X70GR	2.00	2.00	0.00	0.0%
14	KEAN POMILORI SIEVE TOMATO PASTE JAR 700GR	1.88	1.88	0.00	0.0%
15	MITSIDES TOMATO PASSATA CARTON 3X500GR P-OFF	2.84	2.83	-0.01	-0.4%
16	MITSIDES TOMATO PASTE CUP 4X70GR	2.08	2.14	0.06	2.9%
17	PELARGOS TOMATO PASSATA CARTON 3X250GR	1.35	1.33	-0.02	-1.5%
ΦΥΤΙΚΟ ΜΑΓΕΙΡΙΚΟ ΛΙΠΟΣ					
18	SPRY 350GR	2.91	2.98	0.07	2.4%
ΓΑΛΑΚΤΟΚΟΜΙΚΑ					
ΠΑΟΥΡΤΙ					
19	ALAMBRA THE GRANNY SHEEP F/F PC 700GR	3.03	3.14	0.11	3.6%
20	CHARALAMB/CHRISTIS STRAINED STRAGGATO F/F PC 1KG	4.10	4.10	0.00	0.0%
21	CHARALAMB/CHRISTIS STRAINED STRAGGATO LGT PC 1KG	4.10	4.10	0.00	0.0%
22	ZITA STRAINED F/F PC 1KG	3.92	3.93	0.01	0.3%
23	ZITA STRAINED LGT PC 1KG	3.91	3.92	0.01	0.3%
ΤΥΡΙ					
24	ALAMBRA COTTAGE PC 200GR	1.72	1.84	0.12	7.0%
25	ALAMBRA H GIAGIA GOAT/SHEEP HALLOUMI KG	13.21	14.15	0.94	7.1%
26	CHARALAMB/CHRISTIS FETA BLOCK 200GR	3.10	3.45	0.35	11.3%
27	CHARALAMB/CHRISTIS HALLOUMI PISSOURKOTIKO KG	14.10	13.74	-0.36	-2.6%
28	DIROLLO 2.2% COTTAGE 225GR	2.28	2.28	0.00	0.0%
29	DODONI FETA BLOCK 400GR	7.06	7.14	0.08	1.1%
30	KESES GOAT/SHEEP HALLOUMI KG	15.62	15.64	0.02	0.1%
31	LA VACHE QUI RIT CHEEZ DIPPERS 4PORTION 140GR	3.44	3.42	-0.02	-0.6%
32	PHILADELPHIA LIGHT PLAIN SPREAD TUBS 200GR	2.59	2.59	0.00	0.0%
33	PHILADELPHIA PLAIN SPREAD TUBS 200GR	2.60	2.61	0.01	0.4%
34	VALIO EDAM LIGHT 17% SLICES 2X250GR P-OFF	6.98	6.96	-0.02	-0.3%
35	VEPO FOOD EDAM SLICES 200GR	2.46	2.52	0.06	2.4%
36	VEPO FOOD GOUDA SLICES 200GR	2.44	2.48	0.04	1.6%
ΦΡΕΣΚΟ ΓΑΛΑ					
37	CHARALAMBIDES CHRISTIS DELACT HDPE 1L	1.69	1.69	0.00	0.0%
38	CHARALAMBIDES CHRISTIS FULL FAT 3% HDPE 2L	2.85	2.86	0.01	0.4%
39	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 1.5L	2.19	2.19	0.00	0.0%
40	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 1L	1.48	1.48	0.00	0.0%
41	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 2L	2.86	2.86	0.00	0.0%
42	LANITIS FULL FAT 3% HDPE 2L	2.82	2.82	0.00	0.0%
43	LANITIS SEMI SKIMMED 1.5% HDPE 1.5L	2.19	2.18	-0.01	-0.5%

44	LANITIS SEMI SKIMMED 1.5% HDPE 2L	2.83	2.83	0.00	0.0%
ΕΛΑΙΑ					
ΛΑΔΙ					
45	AMBROSIA SUNFLOWER OIL 3L	6.83	6.80	-0.03	-0.4%
46	ELIOHORI EXTRA VIRGIN OLIVE OIL 2L	30.33	30.42	0.09	0.3%
47	ELIOHORI EXTRA VIRGIN OLIVE OIL PET 1L	15.20	15.26	0.06	0.4%
48	FLORA SUNFLOWER OIL 3L	10.93	10.71	-0.22	-2.0%
49	LESIEUR SUNFLOWER OIL 3L	6.77	6.59	-0.18	-2.7%
50	SAINT GEORGE CYPRUS EXTRA VIRGIN OLIVE OIL PET 1L	10.38	10.45	0.07	0.7%
51	THE KING OF OLIVES SALAD OIL PET 1L	2.96	2.97	0.01	0.3%
ΖΥΜΑΡΙΚΑ / ΑΛΕΥΡΙ / ΡΥΖΙ / ΠΟΥΡΓΟΥΡΙ / ΟΣΠΡΙΑ / ΖΑΧΑΡΗ					
ΑΛΕΥΡΙ					
52	MITSIDES FARINA PLAIN 00 1KG	1.58	1.60	0.02	1.3%
53	MITSIDES PLAIN 00 ALL PURPOSE 1KG	1.29	1.31	0.02	1.6%
54	MITSIDES SELF RAISING 1KG	1.58	1.61	0.03	1.9%
55	MITSIDES VILLAGE 1KG	1.66	1.68	0.02	1.2%
56	TRIUMPH FARINA 00 1KG	1.51	1.53	0.02	1.3%
57	TRIUMPH VILLAGE 1KG	1.60	1.60	0.00	0.0%
ΖΑΧΑΡΗ					
58	SUGAR	1.09	1.09	0.00	0.0%
ΖΥΜΑΡΙΚΑ					
59	BARILLA SPAGHETTI No.5 500GR	1.29	1.28	-0.01	-0.8%
60	MELISSA PRIMO GUSTO ORZO 500GR	1.44	1.20	-0.24	-16.7%
61	MELISSA PRIMO GUSTO SPAGHETTI No.6 500GR	1.16	0.95	-0.21	-18.1%
62	MITSIDES MEZZANI A 500GR	1.36	1.33	-0.03	-2.2%
63	MITSIDES ORZO 500GR	1.29	1.37	0.08	6.2%
64	MITSIDES SPAGHETTI 500GR	1.17	1.18	0.01	0.9%
65	MITSIDES TRADITIONAL 500GR	1.51	1.51	0.00	0.0%
66	TRIUMPH SPAGHETTI 500GR	1.12	1.12	0.00	0.0%
ΟΣΠΡΙΑ					
67	KAOURIS CANADIAN LAIRD LENTILS 1KG	2.91	2.88	-0.03	-1.0%
68	NATURAL LIFE IMPORTED BLACK EYE BEANS 1KG	3.07	3.08	0.01	0.3%
69	NATURAL LIFE IMPORTED LENTILS 1KG	2.46	2.44	-0.02	-0.8%
70	SOLEAS 3A BEANS 1KG	3.04	3.00	-0.04	-1.3%
71	SOLEAS 3A BLACK EYE BEANS 1KG	3.88	3.94	0.06	1.5%
72	SOLEAS 3A GREEN LENTILS 1KG	3.12	3.08	-0.04	-1.3%
ΠΟΥΡΓΟΥΡΙ					
73	A.KEPOLA BULGUR WHEAT 1KG	2.67	2.55	-0.12	-4.5%
74	A.KEPOLA BULGUR WHEAT 500GR	1.67	1.69	0.02	1.2%
75	KAOURIS BULGUR WHEAT 500GR	1.51	1.55	0.04	2.6%
76	LISKO FAMELISKO BULGUR WHEAT MEDIUM 500GR	1.18	1.19	0.01	0.8%
77	MITSIDES BULGUR WHEAT 1KG	3.21	3.20	-0.01	-0.3%
78	MITSIDES BULGUR WHEAT 500GR	1.74	1.76	0.02	1.1%
ΡΥΖΙ					
79	SOLEAS 3A BASMATI RICE BAG 1KG	3.32	3.35	0.03	0.9%
80	SOLEAS 3A GLUTINOUS RICE BAG 1KG	2.59	2.57	-0.02	-0.8%
81	SOLEAS 3A PARBOILED RICE 1KG	2.53	2.53	0.00	0.0%
82	TILDA BASMATI RICE 1KG	5.82	5.83	0.01	0.2%
83	UNCLE BENS LONG GRAIN RICE 1KG	4.65	4.78	0.13	2.8%
84	UNCLE BENS LONG GRAIN RICE BOX 2KG	8.88	9.08	0.20	2.3%
ΚΑΤΕΨΥΓΜΕΝΑ					
ΚΑΤΕΨΥΓΜΕΝΑ ΖΥΜΑΡΙΚΑ					
85	CHARALAMBIDES CHRISTIS RAVIOLI 400GR	4.28	4.11	-0.17	-4.0%
86	HERCULES RAVIOLI 400GR	3.22	3.18	-0.04	-1.2%
87	MITSIDES VILLAGE RAVIOLI 375GR	3.47	3.46	-0.01	-0.3%
ΚΑΤΕΨΥΓΜΕΝΑ ΜΑΛΑΚΙΑ/ ΟΣΤΡΑΚΟΕΙΔΗ					
88	7 THALASSES SHRIMPS 30/50 500GR	9.80	9.89	0.09	0.9%
89	BLUE GREEN WAVE OCTOPUS 1KG	6.07	6.71	0.64	10.5%
90	BLUE GREEN WAVE SQUID RINGS 1KG	5.33	5.54	0.21	3.9%
91	EDESMA SQUID RINGS 1KG	6.11	6.18	0.07	1.1%
ΚΑΤΕΨΥΓΜΕΝΟ ΨΑΡΙ					
92	EDESMA RED FISH 1KG	7.67	7.65	-0.02	-0.3%
93	FINDUS SALMON PORTIONS 4X125GR	20.02	20.14	0.12	0.6%
94	FOODPAX SALMON PORTIONS 4X125GR	15.53	15.95	0.42	2.7%
95	QUALIFOOD PANGASIUS FILLETS 1KG	5.22	5.53	0.31	5.9%

96	QUALIFOOD SALMON PORTION 4X125GR	13.38	13.89	0.51	3.8%
ΚΑΤΕΨΥΓΜΕΝΟ ΨΑΡΙ ΠΑΝΕ/ ΠΡΟΨΗΜΕΝΟ					
97	7 SEAS COD BREADED FISH FILLETS 400GR	3.62	3.65	0.03	0.8%
98	BIRDS EYE COD FISH FINGERS 14PCS 350GR	6.64	6.62	-0.02	-0.3%
99	BIRDS EYE SIMPLY 4 COD FILLET BREADED 440GR	10.53	10.50	-0.03	-0.3%
100	BLUE GREEN WAVE COD FISH FILLET BREADED 4PCS 400GR	4.57	3.96	-0.61	-13.3%
101	NORDA WHITE FISH FISH STICKS 10PCS 300GR	3.13	3.06	-0.07	-2.2%
ΨΥΓΕΙΟΥ ΚΑΙ ΚΑΤΕΨΥΓΜΕΝΑ ΜΠΕΡΚΕΡ					
102	EDESMA VEGETABLE BURGERS 4P 380GR	5.05	4.96	-0.09	-1.8%
103	EN ELLADI NOSTIMIES BURGERS 420GR	3.90	3.39	-0.51	-13.1%
104	GRIGORIOU BEEF BURGERS 4P 600GR	5.32	5.56	0.24	4.5%
105	GRIGORIOU HAMBURGERS 6P 480GR	4.08	4.18	0.10	2.5%
106	GRIGORIOU TURKEY BURGERS 6P 480GR	4.12	4.33	0.21	5.1%
107	KYPRIANOU SPECIAL CHICKEN BURGERS 900GR	6.60	6.59	-0.01	-0.2%
ΨΥΓΕΙΟΥ ΚΑΙ ΚΑΤΕΨΥΓΜΕΝΟ ΚΡΕΑΣ ΠΑΝΕ/ ΠΡΟΨΗΜΕΝΟ					
108	EDESMA CHICKEN NUGGETS 500GR	5.48	5.56	0.08	1.5%
109	EDESMA CHICKEN NUGGETS 900GR	7.53	7.51	-0.02	-0.3%
110	EMA FOODS CHICKEN NUGGETS 900GR	7.06	6.94	-0.12	-1.7%
111	EN ELLADI CHICKEN NUGGETS 400GR	4.49	4.60	0.11	2.4%
112	EN ELLADI MEAT BALLS 420GR	4.45	4.35	-0.10	-2.2%
113	PARADISIOTIS CHICKEN NUGGETS 800GR	4.97	4.95	-0.02	-0.4%
ΚΑΦΕΣ					
ΚΥΠΡΙΑΚΟΣ ΚΑΦΕΣ					
114	CHARALAMBOUS GREEN 200GR	2.77	2.83	0.06	2.2%
115	CHARALAMBOUS GREEN 500GR	6.93	6.92	-0.01	-0.1%
116	LAIKON GOLD 200GR	2.79	2.67	-0.12	-4.3%
117	LAIKON GOLD 500GR	6.94	6.90	-0.04	-0.6%
ΣΤΙΓΜΙΑΙΟΣ ΚΑΦΕΣ					
118	CELEST CAFE TIN 200GR	4.27	4.30	0.03	0.7%
119	JACOBS EKLEKTOS JAR 100GR	4.10	4.20	0.10	2.4%
120	NESCAFE AZERA ESPRESSO TIN 100GR	5.31	5.44	0.13	2.4%
121	NESCAFE CLASSIC DEC TIN 100GR	4.60	4.61	0.01	0.2%
122	NESCAFE CLASSIC TIN 100GR	3.74	3.77	0.03	0.8%
123	NESCAFE CLASSIC TIN 200GR	5.68	5.80	0.12	2.1%
124	NESCAFE GOLD BLEND JAR 190GR	6.02	5.99	-0.03	-0.5%
125	NESCAFE GOLD BLEND JAR 95GR	3.42	3.45	0.03	0.9%
ΚΟΝΣΕΡΒΕΣ					
ΓΑΛΑ ΕΒΑΠΟΡΕ/ ΖΑΧΑΡΟΥΧΟ					
126	MANA CONDENSED CAN 397GR	1.88	1.89	0.01	0.5%
127	NOYNOY CONDENSED CAN 397GR	1.71	1.65	-0.06	-3.5%
128	NOYNOY EVAPORATED CAN 410GR	1.26	1.26	0.00	0.0%
129	NOYNOY LIGHT EVAPORATED CAN 410GR	1.26	1.26	0.00	0.0%
130	NOYNOY LIGHT EVAPORATED PORTIONS 10X15GR	1.22	1.22	0.00	0.0%
ΚΟΝΣΕΡΒΕΣ ΚΡΕΑΤΟΣ					
131	Karla Corned Beef 340gr	3.20	3.22	0.02	0.6%
132	Tulip Pork Chopped Ham 200gr	2.36	2.37	0.01	0.4%
133	Tulip Pork Luncheon Meat 200gr	2.11	2.10	-0.01	-0.5%
134	Zwan Chicken Luncheon Meat 200gr	2.08	2.07	-0.01	-0.5%
135	Zwan Pork Chopped Ham 200gr	3.10	3.03	-0.07	-2.3%
136	Zwan Pork Luncheon Meat 200gr	2.26	2.12	-0.14	-6.2%
ΚΟΝΣΕΡΒΕΣ ΨΑΡΙΟΥ					
137	RIO MARE TUNA IN OLIVE OIL 2X160GR	5.20	5.25	0.05	1.0%
138	RIO MARE TUNA MEAT LIGHT IN OLIVE OIL 3X80GR	4.16	4.19	0.03	0.7%
139	SEVYCO WHITE TUNA LIGHT IN WATER 4X100GR	3.91	3.92	0.01	0.3%
140	SHEIK PINK TUNA IN SOYABEAN OIL 4X80GR	3.39	3.38	-0.01	-0.3%
141	SHEIK WHITE TUNA LIGHT IN WATER 4X160GR	6.44	6.39	-0.05	-0.8%
ΞΗΡΑ ΤΡΟΦΗ					
ΔΗΜΗΤΡΙΑΚΑ ΠΡΟΓΕΥΜΑΤΟΣ					
142	KELLOGG S SPECIAL K CLASSIC MAXI 700GR	5.16	5.08	-0.08	-1.6%
143	Kellogg S Coco Pops 500gr	3.41	3.99	0.58	17.0%
144	Kellogg S Coco Pops Chocos 375gr	3.78	3.29	-0.49	-13.0%
145	Kellogg S Corn Flakes 500gr	3.35	3.43	0.08	2.4%
146	Kellogg S Honey Loops 330gr	3.99	4.00	0.01	0.3%
147	Oreo Os Cookies&Cream Cerals 350gr	3.88	3.85	-0.03	-0.8%
148	Quaker Traganes Mpoukies Dark Chocolate 450gr	3.49	3.49	0.00	0.0%

149	Quaker White Oats Bag 500gr	2.33	2.29	-0.04	-1.7%
ΚΟΥΛΟΥΡΙΑ					
150	7DAYS BAKE ROLLS MINI PIZZA 80GR	0.83	0.83	0.00	0.0%
151	BAKANDYS BREADSTICKS OLIVE OIL 250GR	3.70	3.76	0.06	1.6%
152	BAKANDYS RUSKS RYE 200GR	2.75	2.76	0.01	0.4%
153	ELITE TOAST RYE 360GR(3+1 FREE)	2.07	2.09	0.02	1.0%
154	ELITE TOAST WHEAT 500GR(3+1 FREE)	2.18	2.10	-0.08	-3.7%
155	JOHNSOF BREAD COOKIES NAPOLITANO RAISIN 240GR	3.01	2.93	-0.08	-2.7%
156	JOHNSOF CROUTONS WHEAT 320GR	2.90	2.85	-0.05	-1.7%
157	MARIAS BREAD COOKIES CAROB 350GR	3.23	3.22	-0.01	-0.3%
ΜΠΙΣΚΟΤΑ					
158	FROU FROU JOKER CHOCO COV. SW 12X25GR(3 FREE)	4.23	4.27	0.04	0.9%
159	FROU FROU MORNING COFFEE PL 150GR	1.21	1.21	0.00	0.0%
160	KATERINA PETIT FOURS PL 500GR	4.57	4.59	0.02	0.4%
161	KINDER CARDS COCOA&MILK FIL 5X25.6GR	2.19	2.29	0.10	4.6%
162	NUTELLA FILLED CHOCO BISCUITS FIL T22 304GR	3.60	3.78	0.18	5.0%
163	OREO VANILLA SW 154GR	1.42	1.44	0.02	1.4%
ΡΟΦΗΜΑΤΑ					
ΑΝΑΨΥΚΤΙΚΑ					
164	7 UP DIET/FREE CAN 8X330ML	4.36	4.45	0.09	2.1%
165	7 UP REGULAR CAN 8X330ML	4.37	4.44	0.07	1.6%
166	COCA COLA REGULAR CAN 330ML	0.95	0.94	-0.01	-1.1%
167	COCA COLA REGULAR CAN 8X330ML	4.89	4.92	0.03	0.6%
168	COCA COLA ZERO CAN 8X330ML	4.80	4.80	0.00	0.0%
169	PEPSI MAX CAN 8X330ML	3.74	3.72	-0.02	-0.5%
ΕΜΦΙΑΛΩΜΕΝΟ ΝΕΡΟ					
170	AGROS STILL PET 12X500ML	3.13	3.17	0.04	1.3%
171	AGROS STILL PET 6X1.5L	2.62	2.59	-0.03	-1.1%
172	AYIOS NICOLAOS STILL PET 12X500ML	3.07	3.07	0.00	0.0%
173	AYIOS NICOLAOS STILL PET 6X1.5L	2.46	2.46	0.00	0.0%
174	KYKKOS STILL PET 12X500ML	2.77	2.79	0.02	0.7%
175	KYKKOS STILL PET 6X1.5L	2.28	2.29	0.01	0.4%
ΧΥΜΟΙ					
176	KEAN MANGO&POMEGRANATE NECTAR TP 1L	1.71	1.70	-0.01	-0.6%
177	KEAN ORANGE 100% TP 1L	2.07	2.12	0.05	2.4%
178	KEANITA KIDS ORANGE DRINK TB 9X250ML	4.23	4.20	-0.03	-0.7%
179	LIFE APPLE&CARROT&ORANGE 100% PET 400ML	1.60	1.66	0.06	3.7%
180	LIFE ORANGE 100% PET 1L	2.74	2.67	-0.07	-2.6%
181	LIFE ORANGE 100% PET 400ML	1.59	1.64	0.05	3.1%
ΦΡΕΣΚΑ ΠΡΟΙΟΝΤΑ					
ΑΥΓΑ					
182	Αυγά 12 τεμάχια (Μ) - (53gr - 63gr) -(φθηνότερη συσκ.)	3.36	3.36	0.00	0.0%
ΦΡΕΣΚΟ ΚΡΕΑΣ/ ΠΟΥΛΕΡΙΚΑ/ ΚΟΥΝΕΛΙ					
183	Αμνοερίφια μικρά σε κομμάτια (Kg)	10.93	10.08	-0.85	-7.8%
184	Βοδινό top-side (Kg) (ψαχνό, χωρίς κόκκαλο και λίπος)	12.96	13.26	0.30	2.3%
185	Βοδινός κιμάς (Kg)	8.17	8.45	0.28	3.4%
186	Κοτόπουλο ολόκληρο (Kg) (Χαμηλότερη Τιμή)	3.59	3.58	-0.01	-0.3%
187	Κοτόπουλο στήθος φιλέτο (Kg) (Χαμηλότερη Τιμή)	7.52	7.57	0.05	0.7%
188	Κουνέλι (Kg) (χαμηλότερη τιμή)	9.96	9.95	-0.01	-0.1%
189	Χοιρινή Μπριζόλα φιλέτο (Kg)	5.67	5.73	0.06	1.1%
190	Χοιρινός Κιμάς (Kg)	5.39	5.29	-0.10	-1.9%
191	Χοιρινός Λαπάς με κόκκαλο (Kg)	5.63	5.50	-0.13	-2.3%
ΦΡΕΣΚΟ ΨΑΡΙ/ΜΑΛΑΚΙΑ					
192	Γόπες (Kg)	8.76	9.63	0.87	9.9%
193	Καλαμάρι Μεγάλο (Kg)	13.85	14.68	0.83	6.0%
194	Καλαμάρι Μικρό (Kg)	18.74	18.46	-0.28	-1.5%
195	Λαβράκι (Kg)	12.24	12.04	-0.20	-1.6%
196	Μπαρμπούνι (Kg)	28.42	28.24	-0.18	-0.6%
197	Τσιπούρα (Kg)	9.46	8.82	-0.64	-6.8%
198	Χταπόδι Μεγάλο (Kg)	16.13	18.29	2.16	13.4%
199	Χταπόδι Μικρό (Kg)	25.99	25.99	0.00	0.0%
ΧΟΡΤΑ					
200	Αγγουράκια Θερμοκηπίου (Kg)	1.44	1.97	0.53	36.8%
201	Αγγουράκια Χωραφιού (Kg)	1.90	3.47	1.57	82.6%
202	Ντομάτες Α (Kg)	2.08	2.27	0.19	9.1%

203	Πατάτες Φρέσκες (Kg)	2.09	1.77	-0.32	-15.3%
204	Χόρτα Δέσμης	0.48	0.58	0.10	20.8%
ΨΩΜΙ					
205	Slice Άσπρο μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.78	1.77	-0.01	-0.6%
206	Slice Άσπρο μικρό (450gr-500gr) (χαμηλότερη τιμή)	1.67	1.69	0.02	1.2%
207	Slice Ολικής Αλέσεως μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.91	1.91	0.00	0.0%
208	Slice Ολικής Αλέσεως μικρό (450gr-500gr) (χαμηλότερη τιμή)	1.68	1.70	0.02	1.2%
209	Ψωμί Άσπρο μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.55	1.55	0.00	0.0%
210	Ψωμί Άσπρο μικρό (450gr-500gr)(χαμηλότερη τιμή)	1.25	1.25	0.00	0.0%
FUEL					
CHARCOAL					
211	ETOSHA 5kg	6.18	6.22	0.04	0.6%
212	ΠΥΡΣΟΣ 5kg	6.29	6.25	-0.04	-0.6%
ΑΠΟΡΡΥΠΑΝΤΙΚΑ/ ΜΑΛΑΚΤΙΚΑ ΡΟΥΧΩΝ					
ΑΠΟΡΡΥΠΑΝΤΙΚΑ ΡΟΥΧΩΝ					
213	ARIEL TOUCH LENOR FRESH 50WSH LIQ 2.75L	11.00	10.93	-0.07	-0.6%
214	DIXAN BLUE OCEAN 66WSH PWD 3.63KG	10.99	10.99	0.00	0.0%
215	DIXAN UNIVERSAL 66WSH PWD 3.3KG	10.73	10.75	0.02	0.2%
216	EUREKA ACTIVE CARE 75WSH PWD 4.125KG	9.02	9.18	0.16	1.8%
217	EUREKA MASSALIAS CLASSIC 48WSH LIQ 2.4L P-OFF	5.77	5.82	0.05	0.9%
218	EUREKA MASSALIAS LAVENDER 48WSH LIQ 2.4L P-OFF	5.78	5.76	-0.02	-0.3%
ΜΑΛΑΚΤΙΚΑ ΡΟΥΧΩΝ					
219	COMFORT GOLD LILY&WILD BERRY 4L	5.62	5.54	-0.08	-1.4%
220	COMFORT GOLD WILD ORCHID&SANDALWOOD 4L	5.67	5.66	-0.01	-0.2%
221	COMFORT PURELY SOFT 4L	5.19	5.13	-0.06	-1.2%
ΕΙΔΗ ΠΡΟΣΩΠΙΚΗΣ ΥΓΙΕΙΝΗΣ					
ΣΕΡΒΙΕΤΕΣ ΥΓΕΙΑΣ					
222	ALWAYS PADS SECURE NIGHT ULTRA DUO W 12P	2.36	2.35	-0.01	-0.4%
223	ALWAYS PADS ULTRA LONG PLUS W 16P	2.56	2.43	-0.13	-5.1%
224	ALWAYS PADS ULTRA NORMAL PLUS DUO W 20P	2.18	2.18	0.00	0.0%
225	EVERYDAY PADS HYPERDRY ULTRA PLUS SUPER DUO W 2X18P(1FREE)	4.16	4.29	0.13	3.1%
ΚΑΡΤΙ ΥΓΕΙΑΣ					
226	ELITE LUXURY WHITE 3PLY 10P	4.07	4.15	0.08	2.0%
227	HOPE ULTRA SOFT 3PLY 10P	3.63	3.74	0.11	3.0%
228	KLEENEX PREMIUM HONEYSUCKLE 2PLY 12P (3 FREE)	11.52	11.49	-0.03	-0.3%
229	KLEENEX PREMIUM WHITE 2PLY 12P (3 FREE)	11.51	11.48	-0.03	-0.3%
230	KLEENEX SCOTTONELLE SOFT&STRONG WHITE 2PLY 32P (8 FREE)	13.42	14.25	0.83	6.2%
231	SILKY WHITE 2PLY 24P	7.03	7.03	0.00	0.0%
ΚΥΛΙΝΔΡΟΣ ΥΓΡΑΕΡΙΟΥ					
ΚΥΛΙΝΔΡΟΣ ΥΓΡΑΕΡΙΟΥ					
232	ΚΥΛΙΝΔΡΟΣ 10kg (ΤΙΜΗ ΜΕ ΕΠΙΣΤΡΟΦΗ ΑΔΕΙΟΥ)	15.37	15.88	0.51	3.3%
ΒΡΕΦΙΚΑ ΠΡΟΙΟΝΤΑ					
ΒΡΕΦΙΚΕΣ ΠΑΝΕΣ					
233	NANNYS SENSITIVE 5 JUNIOR 12-25KG 44P	9.75	9.12	-0.63	-6.5%
234	NANNYS SENSITIVE 7 JUMBO PLUS 15+KG 36P	9.64	9.66	0.02	0.2%
235	PAMP. ACTIVE BABY 5 JUNIOR 11-16KG 78P	14.97	15.21	0.24	1.6%
236	PAMP. ACTIVE BABY 6 EXTRA LARGE 13-18KG 68P	14.85	15.36	0.51	3.4%
237	PAMP. ACTIVE BABY 7 MAXI 15+KG 40P	10.71	10.74	0.03	0.3%
238	PAMP. PREMIUM CARE 1 NEW BORN 2-5KG 52P	10.88	10.93	0.05	0.5%
ΒΡΕΦΙΚΕΣ ΤΡΟΦΕΣ					
239	HIPP BIO DAIRY FREE OAT PORRIDGE 4M+ CRT 200GR	3.54	3.73	0.19	5.4%
240	NESTLE FARINE LACTEE WHEAT CEREALS 6M+ CRT 350GR	3.22	3.19	-0.03	-0.9%
241	ΝΟΥΝΟΥ 5 FRUIT CEREAL CREAM 6M+ TIN 300GR P-OFF	5.30	5.31	0.01	0.2%
242	ΝΟΥΝΟΥ BISCUIT CEREALS 6M+ TIN 300GR P-OFF	5.18	5.24	0.06	1.2%
243	ΝΟΥΝΟΥ FARINE LACTEE CEREALS 6M+ TIN 300GR P-OFF	3.15	3.12	-0.03	-1.0%
244	ΥΙΟΤΙΣ FARINE LACTEE MILK CEREAL CREAM 6M+ TIN 300GR P-OFF	2.94	2.88	-0.06	-2.0%
ΒΡΕΦΙΚΟ ΓΑΛΛΑ					
245	Frisogrow 3 1-3y Tin 800gr	19.41	19.48	0.07	0.4%
246	Frisogrow Plus+ 3-5y Tin 800gr	16.83	17.06	0.23	1.4%
247	Frisolac 1 0-6m Tin 800gr	22.76	22.92	0.16	0.7%
248	Frisomel 2 6m+ Tin 800gr	19.44	19.44	0.00	0.0%
249	Nan 4 Protect Build 2y+ Tin 400gr	9.53	9.50	-0.03	-0.3%
250	S-26 Progress Gold 3 1-3y Tin 400gr	9.99	9.77	-0.22	-2.2%