

ΠΑΡΑΤΗΡΗΤΗΡΙΟ ΒΑΣΙΚΩΝ ΚΑΤΑΝΑΛΩΤΙΚΩΝ ΑΓΑΘΩΝ

ΣΥΓΚΡΙΣΗ ΜΕ ΠΡΟΗΓΟΥΜΕΝΟ ΜΗΝΑ



Κυπριακή Δημοκρατία

ΥΠΟΥΡΓΕΙΟ ΕΝΕΡΓΕΙΑΣ
ΕΜΠΟΡΙΟΥ ΚΑΙ ΒΙΟΗΧΘΑΝΙΑΣ

ΥΠΗΡΕΣΙΑ
ΠΡΟΣΤΑΣΙΑΣ
ΚΑΤΑΝΑΛΩΤΗ

Ιουν 2024

Α/Α	ΠΡΟΪΟΝ	Μέση Σταθμισμένη Τιμή		Αύξηση / Μείωση Τιμής	% Μεταβολή
		Προηγούμενος Μήνας	Τρέχον Μήνας		
ΑΛΛΑΝΤΙΚΑ					
ΑΛΛΑΝΤΙΚΑ					
1	Chrysodalia Lountza Smoked Slices 300gr	4.55	4.51	-0.04	-0.9%
2	Chrysodalia Turkey Smoked Slices 200gr	2.67	2.82	0.15	5.6%
3	Grigoriou Ham Slices 300gr	3.98	3.96	-0.02	-0.5%
4	Grigoriou Lountza Slices 150gr	3.30	3.29	-0.01	-0.3%
5	Grigoriou Salami Extra 300gr	2.63	2.59	-0.04	-1.5%
6	Grigoriou Streaky Bacon Slices 150gr	2.75	2.69	-0.06	-2.2%
7	Grigoriou Turkey Smoked Slices 200gr	3.38	3.37	-0.01	-0.3%
ΒΟΗΘΗΜΑΤΑ ΜΑΓΕΙΡΕΜΑΤΟΣ					
ΖΩΜΟΣ					
8	KNORR BOUILLONS CHICKEN 12 CUBES 120GR	1.18	1.24	0.06	5.1%
9	KNORR BOUILLONS VEGETABLES 12 CUBES 120GR	1.50	1.56	0.06	4.0%
10	MAGGI BOUILLONS CHICKEN 12 CUBES 132GR	1.41	1.44	0.03	2.1%
11	MAGGI BOUILLONS PASTA 12 CUBES 132GR	1.88	1.92	0.04	2.1%
12	MAGGI BOUILLONS VEGETABLES 12 CUBES 132GR	1.92	1.96	0.04	2.1%
ΝΤΟΜΑΤΟΧΥΜΟΣ/ ΠΕΛΤΕΣ					
13	BLOSSOM TOMATO PASTE CUP 4X70GR	1.99	1.99	0.00	0.0%
14	KEAN POMILORI SIEVE TOMATO PASTE JAR 700GR	1.85	1.85	0.00	0.0%
15	MITSIDES TOMATO PASSATA CARTON 3X500GR P-OFF	2.84	2.83	-0.01	-0.4%
16	MITSIDES TOMATO PASTE CUP 4X70GR	2.12	1.96	-0.16	-7.5%
17	PELARGOS TOMATO PASSATA CARTON 3X250GR	1.34	1.35	0.01	0.7%
ΦΥΤΙΚΟ ΜΑΓΕΙΡΙΚΟ ΛΙΠΟΣ					
18	SPRY 350GR	2.50	2.84	0.34	13.6%
ΓΑΛΑΚΤΟΚΟΜΙΚΑ					
ΓΙΑΟΥΡΤΙ					
19	ALAMBRA THE GRANNY SHEEP F/F PC 700GR	2.91	3.03	0.12	4.1%
20	CHARALAMB/CHRISTIS STRAINED STRAGGATO F/F PC 1KG	4.11	4.11	0.00	0.0%
21	CHARALAMB/CHRISTIS STRAINED STRAGGATO LGT PC 1KG	4.11	4.11	0.00	0.0%
22	ZITA STRAINED F/F PC 1KG	3.93	3.91	-0.02	-0.5%
23	ZITA STRAINED LGT PC 1KG	3.91	3.90	-0.01	-0.3%
ΤΥΡΙ					
24	ALAMBRA COTTAGE PC 200GR	1.82	1.83	0.01	0.5%
25	ALAMBRA H GIAGIA GOAT/SHEEP HALLOUMI KG	13.25	14.00	0.75	5.7%
26	CHARALAMB/CHRISTIS FETA BLOCK 200GR	2.90	2.87	-0.03	-1.0%
27	CHARALAMB/CHRISTIS HALLOUMI PISSOURKOTIKO KG	14.20	15.85	1.65	11.6%
28	DIROLLO 2.2% COTTAGE 225GR	2.27	2.27	0.00	0.0%
29	DODONI FETA BLOCK 400GR	6.76	7.07	0.31	4.6%
30	KESES GOAT/SHEEP HALLOUMI KG	15.53	15.03	-0.50	-3.2%
31	LA VACHE QUI RIT CHEEZ DIPPERS 4PORTION 140GR	3.51	3.42	-0.09	-2.6%
32	PHILADELPHIA LIGHT PLAIN SPREAD TUBS 200GR	2.61	2.59	-0.02	-0.8%
33	PHILADELPHIA PLAIN SPREAD TUBS 200GR	2.62	2.58	-0.04	-1.5%
34	VALIO EDAM LIGHT 17% SLICES 2X250GR P-OFF	6.97	6.99	0.02	0.3%
35	VEPO FOOD EDAM SLICES 200GR	2.37	2.48	0.11	4.6%
36	VEPO FOOD GOUDA SLICES 200GR	2.49	2.54	0.05	2.0%
ΦΡΕΣΚΟ ΓΑΛΑ					
37	CHARALAMBIDES CHRISTIS DELACT HDPE 1L	1.69	1.69	0.00	0.0%
38	CHARALAMBIDES CHRISTIS FULL FAT 3% HDPE 2L	2.86	2.85	-0.01	-0.3%
39	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 1.5L	2.19	2.19	0.00	0.0%
40	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 1L	1.48	1.48	0.00	0.0%
41	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 2L	2.86	2.84	-0.02	-0.7%
42	LANITIS FULL FAT 3% HDPE 2L	2.83	2.83	0.00	0.0%
43	LANITIS SEMI SKIMMED 1.5% HDPE 1.5L	2.19	2.19	0.00	0.0%

44	LANITIS SEMI SKIMMED 1.5% HDPE 2L	2.84	2.84	0.00	0.0%
ΕΛΑΙΑ					
ΛΑΔΙ					
45	AMBROSIA SUNFLOWER OIL 3L	6.75	6.75	0.00	0.0%
46	ELIOHORI EXTRA VIRGIN OLIVE OIL 2L	30.38	30.41	0.03	0.1%
47	ELIOHORI EXTRA VIRGIN OLIVE OIL PET 1L	15.23	15.17	-0.06	-0.4%
48	FLORA SUNFLOWER OIL 3L	10.56	10.93	0.37	3.5%
49	LESIEUR SUNFLOWER OIL 3L	6.62	6.80	0.18	2.7%
50	SAINT GEORGE CYPRUS EXTRA VIRGIN OLIVE OIL PET 1L	10.40	10.42	0.02	0.2%
51	THE KING OF OLIVES SALAD OIL PET 1L	3.02	2.95	-0.07	-2.3%
ΖΥΜΑΡΙΚΑ / ΑΛΕΥΡΙ / ΡΥΖΙ / ΠΟΥΡΓΟΥΡΙ / ΟΣΠΡΙΑ / ΖΑΧΑΡΗ					
ΑΛΕΥΡΙ					
52	MITSIDES FARINA PLAIN 00 1KG	1.36	1.52	0.16	11.8%
53	MITSIDES PLAIN 00 ALL PURPOSE 1KG	1.29	1.29	0.00	0.0%
54	MITSIDES SELF RAISING 1KG	1.39	1.52	0.13	9.4%
55	MITSIDES VILLAGE 1KG	1.38	1.60	0.22	15.9%
56	TRIUMPH FARINA 00 1KG	1.32	1.50	0.18	13.6%
57	TRIUMPH VILLAGE 1KG	1.36	1.57	0.21	15.4%
ΖΑΧΑΡΗ					
58	SUGAR	1.12	1.07	-0.05	-4.5%
ΖΥΜΑΡΙΚΑ					
59	BARILLA SPAGHETTI No.5 500GR	1.28	1.28	0.00	0.0%
60	MELISSA PRIMO GUSTO ORZO 500GR	1.27	1.33	0.06	4.7%
61	MELISSA PRIMO GUSTO SPAGHETTI No.6 500GR	1.01	1.15	0.14	13.9%
62	MITSIDES MEZZANI A 500GR	1.27	1.36	0.09	7.1%
63	MITSIDES ORZO 500GR	1.33	1.32	-0.01	-0.8%
64	MITSIDES SPAGHETTI 500GR	1.21	1.18	-0.03	-2.5%
65	MITSIDES TRADITIONAL 500GR	1.46	1.46	0.00	0.0%
66	TRIUMPH SPAGHETTI 500GR	1.08	1.12	0.04	3.7%
ΟΣΠΡΙΑ					
67	KAOURIS CANADIAN LAIRD LENTILS 1KG	2.82	2.87	0.05	1.8%
68	NATURAL LIFE IMPORTED BLACK EYE BEANS 1KG	3.01	3.02	0.01	0.3%
69	NATURAL LIFE IMPORTED LENTILS 1KG	2.41	2.44	0.03	1.2%
70	SOLEAS 3A BEANS 1KG	3.31	3.08	-0.23	-6.9%
71	SOLEAS 3A BLACK EYE BEANS 1KG	3.89	3.90	0.01	0.3%
72	SOLEAS 3A GREEN LENTILS 1KG	3.03	3.08	0.05	1.7%
ΠΟΥΡΓΟΥΡΙ					
73	A.KEPOLA BULGUR WHEAT 1KG	2.58	2.54	-0.04	-1.6%
74	A.KEPOLA BULGUR WHEAT 500GR	1.66	1.67	0.01	0.6%
75	KAOURIS BULGUR WHEAT 500GR	1.46	1.46	0.00	0.0%
76	LISKO FAMELISKO BULGUR WHEAT MEDIUM 500GR	1.21	1.19	-0.02	-1.7%
77	MITSIDES BULGUR WHEAT 1KG	3.24	3.06	-0.18	-5.6%
78	MITSIDES BULGUR WHEAT 500GR	1.83	1.78	-0.05	-2.7%
ΡΥΖΙ					
79	SOLEAS 3A BASMATI RICE BAG 1KG	3.43	3.43	0.00	0.0%
80	SOLEAS 3A GLUTINOUS RICE BAG 1KG	2.53	2.55	0.02	0.8%
81	SOLEAS 3A PARBOILED RICE 1KG	2.47	2.53	0.06	2.4%
82	TILDA BASMATI RICE 1KG	5.81	5.81	0.00	0.0%
83	UNCLE BENS LONG GRAIN RICE 1KG	4.62	4.49	-0.13	-2.8%
84	UNCLE BENS LONG GRAIN RICE BOX 2KG	8.77	9.03	0.26	3.0%
ΚΑΤΕΨΥΓΜΕΝΑ					
ΚΑΤΕΨΥΓΜΕΝΑ ΖΥΜΑΡΙΚΑ					
85	CHARALAMBIDES CHRISTIS RAVIOLI 400GR	3.95	4.28	0.33	8.4%
86	HERCULES RAVIOLI 400GR	3.00	3.15	0.15	5.0%
87	MITSIDES VILLAGE RAVIOLI 375GR	3.21	3.72	0.51	15.9%
ΚΑΤΕΨΥΓΜΕΝΑ ΜΑΛΑΚΙΑ/ ΟΣΤΡΑΚΟΕΙΔΗ					
88	7 THALASSES SHRIMPS 30/50 500GR	9.94	9.84	-0.10	-1.0%
89	BLUE GREEN WAVE OCTOPUS 1KG	5.46	5.44	-0.02	-0.4%
90	BLUE GREEN WAVE SQUID RINGS 1KG	5.40	5.24	-0.16	-3.0%
91	EDESMA SQUID RINGS 1KG	5.24	5.59	0.35	6.7%
ΚΑΤΕΨΥΓΜΕΝΟ ΨΑΡΙ					
92	EDESMA RED FISH 1KG	7.77	7.68	-0.09	-1.2%
93	FINDUS SALMON PORTIONS 4X125GR	20.03	20.01	-0.02	-0.1%
94	FOODPAX SALMON PORTIONS 4X125GR	14.61	14.52	-0.09	-0.6%
95	QUALIFOOD PANGASIUS FILLETS 1KG	5.16	5.16	0.00	0.0%

96	QUALIFOOD SALMON PORTION 4X125GR	13.55	13.80	0.25	1.8%
ΚΑΤΕΨΥΓΜΕΝΟ ΨΑΡΙ ΠΑΝΕ/ ΠΡΟΨΗΜΕΝΟ					
97	7 SEAS COD BREADED FISH FILLETS 400GR	3.61	3.62	0.01	0.3%
98	BIRDS EYE COD FISH FINGERS 14PCS 350GR	6.61	6.63	0.02	0.3%
99	BIRDS EYE SIMPLY 4 COD FILLET BREADED 440GR	10.63	10.58	-0.05	-0.5%
100	BLUE GREEN WAVE COD FISH FILLET BREADED 4PCS 400GR	4.41	4.48	0.07	1.6%
101	NORDA WHITE FISH FISH STICKS 10PCS 300GR	3.09	3.00	-0.09	-2.9%
ΨΥΓΕΙΟΥ ΚΑΙ ΚΑΤΕΨΥΓΜΕΝΑ ΜΠΕΡΚΕΡ					
102	EDESMA VEGETABLE BURGERS 4P 380GR	4.99	5.01	0.02	0.4%
103	EN ELLADI NOSTIMIES BURGERS 420GR	3.87	3.87	0.00	0.0%
104	GRIGORIOU BEEF BURGERS 4P 600GR	5.39	5.39	0.00	0.0%
105	GRIGORIOU HAMBURGERS 6P 480GR	4.04	4.22	0.18	4.5%
106	GRIGORIOU TURKEY BURGERS 6P 480GR	4.28	4.30	0.02	0.5%
107	KYPRIANOU SPECIAL CHICKEN BURGERS 900GR	6.61	6.60	-0.01	-0.2%
ΨΥΓΕΙΟΥ ΚΑΙ ΚΑΤΕΨΥΓΜΕΝΟ ΚΡΕΑΣ ΠΑΝΕ/ ΠΡΟΨΗΜΕΝΟ					
108	EDESMA CHICKEN NUGGETS 500GR	5.55	5.56	0.01	0.2%
109	EDESMA CHICKEN NUGGETS 900GR	7.48	7.52	0.04	0.5%
110	EMA FOODS CHICKEN NUGGETS 900GR	7.10	6.99	-0.11	-1.5%
111	EN ELLADI CHICKEN NUGGETS 400GR	4.60	4.58	-0.02	-0.4%
112	EN ELLADI MEAT BALLS 420GR	4.24	4.17	-0.07	-1.7%
113	PARADISIOTIS CHICKEN NUGGETS 800GR	4.92	4.96	0.04	0.8%
ΚΑΦΕΣ					
ΚΥΠΡΙΑΚΟΣ ΚΑΦΕΣ					
114	CHARALAMBOUS GREEN 200GR	2.75	2.76	0.01	0.4%
115	CHARALAMBOUS GREEN 500GR	6.92	6.91	-0.01	-0.1%
116	LAIKON GOLD 200GR	2.71	2.79	0.08	3.0%
117	LAIKON GOLD 500GR	6.95	6.95	0.00	0.0%
ΣΤΙΓΜΙΑΙΟΣ ΚΑΦΕΣ					
118	CELEST CAFE TIN 200GR	4.30	4.25	-0.05	-1.2%
119	JACOBS EKLEKTOS JAR 100GR	3.95	4.03	0.08	2.0%
120	NESCAFE AZERA ESPRESSO TIN 100GR	5.35	5.36	0.01	0.2%
121	NESCAFE CLASSIC DEC TIN 100GR	4.61	4.61	0.00	0.0%
122	NESCAFE CLASSIC TIN 100GR	3.76	3.76	0.00	0.0%
123	NESCAFE CLASSIC TIN 200GR	5.74	5.73	-0.01	-0.2%
124	NESCAFE GOLD BLEND JAR 190GR	5.71	5.82	0.11	1.9%
125	NESCAFE GOLD BLEND JAR 95GR	3.35	3.33	-0.02	-0.6%
ΚΟΝΣΕΡΒΕΣ					
ΓΑΛΑ ΕΒΑΠΟΡΕ/ ΖΑΧΑΡΟΥΧΟ					
126	MANA CONDENSED CAN 397GR	1.90	1.89	-0.01	-0.5%
127	NOYNOY CONDENSED CAN 397GR	1.71	1.73	0.02	1.2%
128	NOYNOY EVAPORATED CAN 410GR	1.25	1.28	0.03	2.4%
129	NOYNOY LIGHT EVAPORATED CAN 410GR	1.24	1.27	0.03	2.4%
130	NOYNOY LIGHT EVAPORATED PORTIONS 10X15GR	1.23	1.24	0.01	0.8%
ΚΟΝΣΕΡΒΕΣ ΚΡΕΑΤΟΣ					
131	Karla Corned Beef 340gr	3.22	3.20	-0.02	-0.6%
132	Tulip Pork Chopped Ham 200gr	2.46	2.38	-0.08	-3.3%
133	Tulip Pork Luncheon Meat 200gr	2.18	2.13	-0.05	-2.3%
134	Zwan Chicken Luncheon Meat 200gr	2.14	2.22	0.08	3.7%
135	Zwan Pork Chopped Ham 200gr	3.12	3.08	-0.04	-1.3%
136	Zwan Pork Luncheon Meat 200gr	2.21	2.25	0.04	1.8%
ΚΟΝΣΕΡΒΕΣ ΨΑΡΙΟΥ					
137	RIO MARE TUNA IN OLIVE OIL 2X160GR	5.10	5.12	0.02	0.4%
138	RIO MARE TUNA MEAT LIGHT IN OLIVE OIL 3X80GR	4.21	4.19	-0.02	-0.5%
139	SEVYCO WHITE TUNA LIGHT IN WATER 4X100GR	4.01	3.98	-0.03	-0.7%
140	SHEIK PINK TUNA IN SOYABEAN OIL 4X80GR	3.38	3.38	0.00	0.0%
141	SHEIK WHITE TUNA LIGHT IN WATER 4X160GR	6.46	6.46	0.00	0.0%
ΞΗΡΑ ΤΡΟΦΗ					
ΔΗΜΗΤΡΙΑΚΑ ΠΡΟΓΕΥΜΑΤΟΣ					
142	KELLOGG S SPECIAL K 750GR	5.07	6.06	0.99	19.5%
143	Kellogg S Coco Pops 500gr	4.86	4.26	-0.60	-12.3%
144	Kellogg S Coco Pops Chocos 375gr	2.84	3.27	0.43	15.1%
145	Kellogg S Corn Flakes 500gr	3.32	3.36	0.04	1.2%
146	Kellogg S Honey Loops 330gr	3.92	4.00	0.08	2.0%
147	Oreo Os Cookies&Cream Cerals 350gr	3.72	3.84	0.12	3.2%
148	Quaker Traganes Mpoukies Dark Chocolate 450gr	3.54	3.55	0.01	0.3%

149	Quaker White Oats Bag 500gr	2.13	2.29	0.16	7.5%
ΚΟΥΛΟΥΡΙΑ					
150	7DAYS BAKE ROLLS MINI PIZZA 80GR	0.97	0.84	-0.13	-13.4%
151	BAKANDYS BREADSTICKS OLIVE OIL 250GR	3.65	3.78	0.13	3.6%
152	BAKANDYS RUSKS RYE 200GR	2.65	2.78	0.13	4.9%
153	ELITE TOAST RYE 360GR(3+1 FREE)	2.01	2.01	0.00	0.0%
154	ELITE TOAST WHEAT 500GR(3+1 FREE)	2.11	2.10	-0.01	-0.5%
155	JOHNSOF BREAD COOKIES NAPOLITANO RAISIN 240GR	2.99	2.97	-0.02	-0.7%
156	JOHNSOF CROUTONS WHEAT 320GR	2.81	2.83	0.02	0.7%
157	MARIAS BREAD COOKIES CAROB 350GR	3.19	3.17	-0.02	-0.6%
ΜΠΙΣΚΟΤΑ					
158	FROU FROU JOKER CHOCO COV. SW 12X25GR(3 FREE)	4.22	4.17	-0.05	-1.2%
159	FROU FROU MORNING COFFEE PL 150GR	1.20	1.21	0.01	0.8%
160	KATERINA PETIT FOURS PL 500GR	5.01	4.65	-0.36	-7.2%
161	KINDER CARDS COCOA&MILK FIL 5X25.6GR	2.18	2.15	-0.03	-1.4%
162	NUTELLA FILLED CHOCO BISCUITS FIL T22 304GR	3.61	3.59	-0.02	-0.6%
163	OREO VANILLA SW 154GR	1.44	1.45	0.01	0.7%
ΡΟΦΗΜΑΤΑ					
ΑΝΑΨΥΚΤΙΚΑ					
164	7 UP DIET/FREE CAN 8X330ML	4.36	4.46	0.10	2.3%
165	7 UP REGULAR CAN 8X330ML	4.39	4.47	0.08	1.8%
166	COCA COLA REGULAR CAN 330ML	0.95	0.94	-0.01	-1.1%
167	COCA COLA REGULAR CAN 8X330ML	4.86	4.88	0.02	0.4%
168	COCA COLA ZERO CAN 8X330ML	4.88	4.83	-0.05	-1.0%
169	PEPSI MAX CAN 8X330ML	3.71	3.74	0.03	0.8%
ΕΜΦΙΑΛΩΜΕΝΟ ΝΕΡΟ					
170	AGROS STILL PET 12X500ML	2.96	3.02	0.06	2.0%
171	AGROS STILL PET 6X1.5L	2.47	2.52	0.05	2.0%
172	ΑΥΙΟΣ ΝΙΣΤΟΛΑΟΣ STILL PET 12X500ML	3.06	3.06	0.00	0.0%
173	ΑΥΙΟΣ ΝΙΣΤΟΛΑΟΣ STILL PET 6X1.5L	2.47	2.47	0.00	0.0%
174	ΚΥΚΚΟΣ STILL PET 12X500ML	2.82	2.79	-0.03	-1.1%
175	ΚΥΚΚΟΣ STILL PET 6X1.5L	2.35	2.30	-0.05	-2.1%
ΧΥΜΟΙ					
176	KEAN MANGO&POMEGRANATE NECTAR TP 1L	1.69	1.70	0.01	0.6%
177	KEAN ORANGE 100% TP 1L	2.07	2.09	0.02	1.0%
178	KEANITA KIDS ORANGE DRINK TB 9X250ML	4.20	4.23	0.03	0.7%
179	LIFE APPLE&CARROT&ORANGE 100% PET 400ML	1.68	1.61	-0.07	-4.2%
180	LIFE ORANGE 100% PET 1L	2.59	2.69	0.10	3.9%
181	LIFE ORANGE 100% PET 400ML	1.66	1.60	-0.06	-3.6%
ΦΡΕΣΚΑ ΠΡΟΪΟΝΤΑ					
ΑΥΓΑ					
182	Αυγά 12 τεμάχια (Μ) - (53gr - 63gr) -(φθηνότερη συσκ.)	3.26	3.28	0.02	0.6%
ΦΡΕΣΚΟ ΚΡΕΑΣ/ ΠΟΥΛΕΡΙΚΑ/ ΚΟΥΝΕΛΙ					
183	Αμνοερίφια μικρά σε κομμάτια (Kg)	10.02	10.19	0.17	1.7%
184	Βοδινό top-side (Kg) (ψαχνό, χωρίς κόκκαλο και λίπος)	13.16	13.23	0.07	0.5%
185	Βοδινός κιμάς (Kg)	8.45	8.39	-0.06	-0.7%
186	Κοτόπουλο ολόκληρο (Kg) (Χαμηλότερη Τιμή)	3.58	3.61	0.03	0.8%
187	Κοτόπουλο στήθος φιλέτο (Kg) (Χαμηλότερη Τιμή)	7.59	7.63	0.04	0.5%
188	Κουνέλι (Kg) (χαμηλότερη τιμή)	9.85	9.78	-0.07	-0.7%
189	Χοιρινή Μπριζόλα φιλέτο (Kg)	5.70	5.80	0.10	1.8%
190	Χοιρινός Κιμάς (Kg)	5.21	5.31	0.10	1.9%
191	Χοιρινός Λαπάς με κόκκαλο (Kg)	5.42	5.51	0.09	1.7%
ΦΡΕΣΚΟ ΨΑΡΙ/ΜΑΛΑΚΙΑ					
192	Γόπες (Kg)	10.12	9.98	-0.14	-1.4%
193	Καλαμάρι Μεγάλο (Kg)	12.65	13.12	0.47	3.7%
194	Καλαμάρι Μικρό (Kg)	19.71	19.61	-0.10	-0.5%
195	Λαβράκι (Kg)	12.10	12.07	-0.03	-0.2%
196	Μπαρμπούνι (Kg)	32.18	32.71	0.53	1.6%
197	Τσιπούρα (Kg)	8.81	8.75	-0.06	-0.7%
198	Χταπόδι Μεγάλο (Kg)	16.47	16.35	-0.12	-0.7%
199	Χταπόδι Μικρό (Kg)	19.93	13.28	-6.65	-33.4%
ΧΟΡΤΑ					
200	Αγγουράκια Θερμοκηπίου (Kg)	1.53	1.92	0.39	25.5%
201	Αγγουράκια Χωραφιού (Kg)	1.59	2.06	0.47	29.6%
202	Ντομάτες Α (Kg)	2.18	1.55	-0.63	-28.9%

203	Πατάτες Φρέσκες (Kg)	2.18	1.91	-0.27	-12.4%
204	Χόρτα Δέσμης	0.47	0.47	0.00	0.0%
ΨΩΜΙ					
205	Slice Άσπρο μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.87	1.91	0.04	2.1%
206	Slice Άσπρο μικρό (450gr-500gr) (χαμηλότερη τιμή)	1.67	1.68	0.01	0.6%
207	Slice Ολικής Αλέσεως μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.87	1.90	0.03	1.6%
208	Slice Ολικής Αλέσεως μικρό (450gr-500gr) (χαμηλότερη τιμή)	1.70	1.69	-0.01	-0.6%
209	Ψωμί Άσπρο μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.55	1.55	0.00	0.0%
210	Ψωμί Άσπρο μικρό (450gr-500gr)(χαμηλότερη τιμή)	1.26	1.26	0.00	0.0%
FUEL					
CHARCOAL					
211	ETOSHA 5kg	6.22	6.17	-0.05	-0.8%
212	ΠΥΡΣΟΣ 5kg	6.28	6.31	0.03	0.5%
ΑΠΟΡΡΥΠΑΝΤΙΚΑ/ ΜΑΛΑΚΤΙΚΑ ΡΟΥΧΩΝ					
ΑΠΟΡΡΥΠΑΝΤΙΚΑ ΡΟΥΧΩΝ					
213	ARIEL TOUCH LENOR FRESH 50WSH LIQ 2.75L	11.09	11.12	0.03	0.3%
214	DIXAN BLUE OCEAN 66WSH PWD 3.63KG	10.99	10.99	0.00	0.0%
215	DIXAN UNIVERSAL 66WSH PWD 3.3KG	10.76	10.77	0.01	0.1%
216	EUREKA ACTIVE CARE 75WSH PWD 4.125KG	9.19	9.18	-0.01	-0.1%
217	EUREKA MASSALIAS CLASSIC 48WSH LIQ 2.4L P-OFF	5.84	5.85	0.01	0.2%
218	EUREKA MASSALIAS LAVENDER 48WSH LIQ 2.4L P-OFF	5.85	5.82	-0.03	-0.5%
ΜΑΛΑΚΤΙΚΑ ΡΟΥΧΩΝ					
219	COMFORT GOLD LILY&WILD BERRY 4L	5.56	5.54	-0.02	-0.4%
220	COMFORT GOLD WILD ORCHID&SANDALWOOD 4L	5.58	5.62	0.04	0.7%
221	COMFORT PURELY SOFT 4L	5.16	5.16	0.00	0.0%
ΕΙΔΗ ΠΡΟΣΩΠΙΚΗΣ ΥΓΙΕΙΝΗΣ					
ΣΕΡΒΙΕΤΤΕΣ ΥΓΕΙΑΣ					
222	ALWAYS PADS SECURE NIGHT ULTRA DUO W 12P	2.30	2.30	0.00	0.0%
223	ALWAYS PADS ULTRA LONG PLUS W 16P	2.29	2.42	0.13	5.7%
224	ALWAYS PADS ULTRA NORMAL PLUS DUO W 20P	2.19	2.14	-0.05	-2.3%
225	EVERYDAY PADS HYPERDRY ULTRA PLUS SUPER DUO W 2X18P(1FREE)	3.59	4.29	0.70	19.5%
ΧΑΡΤΙ ΥΓΕΙΑΣ					
226	ELITE LUXURY WHITE 3PLY 10P	4.21	4.14	-0.07	-1.7%
227	HOPE ULTRA SOFT 3PLY 10P	3.58	3.62	0.04	1.1%
228	KLEENEX PREMIUM HONEYSUCKLE 2PLY 12P (3 FREE)	11.52	11.53	0.01	0.1%
229	KLEENEX PREMIUM WHITE 2PLY 12P (3 FREE)	11.55	11.53	-0.02	-0.2%
230	KLEENEX SCOTTONELLE SOFT&STRONG WHITE 2PLY 32P (8 FREE)	13.84	14.44	0.60	4.3%
231	SILKY WHITE 2PLY 24P	7.07	7.04	-0.03	-0.4%
ΚΥΛΙΝΔΡΟΣ ΥΓΡΑΕΡΙΟΥ					
ΚΥΛΙΝΔΡΟΣ ΥΓΡΑΕΡΙΟΥ					
232	ΚΥΛΙΝΔΡΟΣ 10kg (ΤΙΜΗ ΜΕ ΕΠΙΣΤΡΟΦΗ ΑΔΕΙΟΥ)	16.01	15.62	-0.39	-2.4%
ΒΡΕΦΙΚΑ ΠΡΟΙΟΝΤΑ					
ΒΡΕΦΙΚΕΣ ΠΑΝΕΣ					
233	NANNYS SENSITIVE 5 JUNIOR 12-25KG 44P	9.64	9.66	0.02	0.2%
234	NANNYS SENSITIVE 7 JUMBO PLUS 15+KG 36P	9.73	9.92	0.19	2.0%
235	PAMP. ACTIVE BABY 5 JUNIOR 11-16KG 78P	14.88	14.48	-0.40	-2.7%
236	PAMP. ACTIVE BABY 6 EXTRA LARGE 13-18KG 68P	15.20	14.85	-0.35	-2.3%
237	PAMP. ACTIVE BABY 7 MAXI 15+KG 40P	10.75	10.80	0.05	0.5%
238	PAMP. PREMIUM CARE 1 NEW BORN 2-5KG 52P	10.62	10.87	0.25	2.4%
ΒΡΕΦΙΚΕΣ ΤΡΟΦΕΣ					
239	HIPP BIO DAIRY FREE OAT PORRIDGE 4M+ CRT 200GR	3.36	3.40	0.04	1.2%
240	NESTLE FARINE LACTEE WHEAT CEREALS 6M+ CRT 350GR	3.18	3.15	-0.03	-0.9%
241	NOYNOY 5 FRUIT CEREAL CREAM 6M+ TIN 300GR P-OFF	5.27	5.28	0.01	0.2%
242	NOYNOY BISCUIT CEREALS 6M+ TIN 300GR P-OFF	5.24	5.23	-0.01	-0.2%
243	NOYNOY FARINE LACTEE CEREALS 6M+ TIN 300GR P-OFF	3.15	3.14	-0.01	-0.3%
244	YIOTIS FARINE LACTEE MILK CEREAL CREAM 6M+ TIN 300GR P-OFF	2.85	2.90	0.05	1.8%
ΒΡΕΦΙΚΟ ΓΑΛΛΑ					
245	Frisogrow 3 1-3y Tin 800gr	19.41	19.40	-0.01	-0.1%
246	Frisogrow Plus+ 3-5y Tin 800gr	16.16	16.77	0.61	3.8%
247	Frisolac 1 0-6m Tin 800gr	22.80	22.80	0.00	0.0%
248	Frisomel 2 6m+ Tin 800gr	19.39	19.33	-0.06	-0.3%
249	Nan 4 Protect Build 2y+ Tin 400gr	9.43	9.39	-0.04	-0.4%
250	S-26 Progress Gold 3 1-3y Tin 400gr	9.94	9.81	-0.13	-1.3%