

# ΣΥΓΚΡΙΣΗ ΜΕ ΠΡΟΗΓΟΥΜΕΝΟ ΜΗΝΑ

## ΣΥΓΚΡΙΣΗ ΜΕ ΠΡΟΗΓΟΥΜΕΝΟ ΜΗΝΑ



Κυπριακή Δημοκρατία



ΥΠΟΥΡΓΕΙΟ ΕΝΕΡΓΕΙΑΣ  
ΕΜΠΟΡΙΟΥ ΚΑΙ ΒΙΟΜΗΧΑΝΙΑΣ



ΥΠΗΡΕΣΙΑ  
ΠΡΟΣΤΑΣΙΑΣ  
ΚΑΤΑΝΑΛΩΤΗ

Οκτ 2024

Α/Α	ΠΡΟΪΟΝ	Μέση Σταθμισμένη Τιμή		Αύξηση / Μείωση Τιμής	% Μεταβολή
		Προηγούμενος Μήνας	Τρέχον Μήνας		
<b>ΑΛΛΑΝΤΙΚΑ</b>					
<b>ΑΛΛΑΝΤΙΚΑ</b>					
1	Chrysodalia Lountza Smoked Slices 300gr	4.41	4.22	-0.19	-4.3%
2	Chrysodalia Turkey Smoked Slices 200gr	2.61	2.60	-0.01	-0.4%
3	Grigoriou Ham Slices 300gr	3.93	3.89	-0.04	-1.0%
4	Grigoriou Lountza Slices 150gr	3.27	3.32	0.05	1.5%
5	Grigoriou Salami Extra 300gr	2.52	2.58	0.06	2.4%
6	Grigoriou Streaky Bacon Slices 150gr	2.77	2.69	-0.08	-2.9%
7	Grigoriou Turkey Smoked Slices 200gr	3.17	3.28	0.11	3.5%
<b>ΒΟΗΘΗΜΑΤΑ ΜΑΓΕΙΡΕΜΑΤΟΣ</b>					
<b>ΖΩΜΟΣ</b>					
8	KNORR BOUILLONS CHICKEN 12 CUBES 120GR	1.20	1.18	-0.02	-1.7%
9	KNORR BOUILLONS VEGETABLES 12 CUBES 120GR	1.53	1.55	0.02	1.3%
10	MAGGI BOUILLONS CHICKEN 12 CUBES 132GR	1.49	1.41	-0.08	-5.4%
11	MAGGI BOUILLONS PASTA 12 CUBES 132GR	1.89	1.85	-0.04	-2.1%
12	MAGGI BOUILLONS VEGETABLES 12 CUBES 132GR	1.98	1.91	-0.07	-3.5%
<b>ΝΤΟΜΑΤΟΥΧΥΜΟΣ/ ΠΕΛΤΕΣ</b>					
13	BLOSSOM TOMATO PASTE CUP 4X70GR	2.00	1.98	-0.02	-1.0%
14	KEAN POMILORI SIEVE TOMATO PASTE JAR 700GR	1.86	1.83	-0.03	-1.6%
15	MITSIDES TOMATO PASSATA CARTON 3X500GR P-OFF	2.82	2.77	-0.05	-1.8%
16	MITSIDES TOMATO PASTE CUP 4X70GR	2.04	2.01	-0.03	-1.5%
17	PELARGOS TOMATO PASSATA CARTON 3X250GR	1.34	1.34	0.00	0.0%
<b>ΦΥΤΙΚΟ ΜΑΓΕΙΡΙΚΟ ΛΙΠΟΣ</b>					
18	SPRY 350GR	2.98	2.94	-0.04	-1.3%
<b>ΓΑΛΑΚΤΟΚΟΜΙΚΑ</b>					
<b>ΓΙΑΟΥΡΤΙ</b>					
19	ALAMBRA THE GRANNY SHEEP F/F PC 700GR	3.14	3.09	-0.05	-1.6%
20	CHARALAMB/CHRISTIS STRAINED STRAGGATO F/F PC 1KG	4.09	4.09	0.00	0.0%
21	CHARALAMB/CHRISTIS STRAINED STRAGGATO LGT PC 1KG	4.10	4.10	0.00	0.0%
22	ZITA STRAINED F/F PC 1KG	3.93	3.92	-0.01	-0.3%
23	ZITA STRAINED LGT PC 1KG	3.92	3.90	-0.02	-0.5%
<b>ΤΥΡΙ</b>					
24	ALAMBRA COTTAGE PC 200GR	1.84	1.73	-0.11	-6.0%
25	ALAMBRA H GIAGIA GOAT/SHEEP HALLOUMI KG	14.29	14.15	-0.14	-1.0%
26	CHARALAMB/CHRISTIS FETA BLOCK 200GR	3.13	3.34	0.21	6.7%
27	CHARALAMB/CHRISTIS HALLOUMI PISSOURKOTIKO KG	15.54	14.40	-1.14	-7.3%
28	DIROLLO 2.2% COTTAGE 225GR	2.27	2.27	0.00	0.0%
29	DODONI FETA BLOCK 400GR	7.07	6.83	-0.24	-3.4%
30	KESES GOAT/SHEEP HALLOUMI KG	15.23	15.07	-0.16	-1.1%
31	LA VACHE QUI RIT CHEEZ DIPPERS 4PORTION 140GR	3.47	3.22	-0.25	-7.2%
32	PHILADELPHIA LIGHT PLAIN SPREAD TUBS 200GR	2.57	2.60	0.03	1.2%
33	PHILADELPHIA PLAIN SPREAD TUBS 200GR	2.58	2.62	0.04	1.6%
34	VALIO EDAM LIGHT 17% SLICES 2X250GR P-OFF	6.90	6.99	0.09	1.3%
35	VEPO FOOD EDAM SLICES 200GR	2.28	2.50	0.22	9.6%
36	VEPO FOOD GOUDA SLICES 200GR	2.48	2.49	0.01	0.4%
<b>ΦΡΕΣΚΟ ΓΑΛΛΑ</b>					
37	CHARALAMBIDES CHRISTIS DELACT HDPE 1L	1.69	1.76	0.07	4.1%
38	CHARALAMBIDES CHRISTIS FULL FAT 3% HDPE 2L	2.85	2.97	0.12	4.2%
39	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 1.5L	2.19	2.29	0.10	4.6%
40	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 1L	1.49	1.55	0.06	4.0%
41	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 2L	2.85	2.97	0.12	4.2%
42	LANITIS FULL FAT 3% HDPE 2L	2.82	2.95	0.13	4.6%
43	LANITIS SEMI SKIMMED 1.5% HDPE 1.5L	2.18	2.28	0.10	4.6%
44	LANITIS SEMI SKIMMED 1.5% HDPE 2L	2.83	2.96	0.13	4.6%
<b>ΕΛΑΙΑ</b>					
<b>ΛΑΔΙ</b>					
45	AMBROSIA SUNFLOWER OIL 3L	6.81	6.80	-0.01	-0.1%
46	ELIOHORI EXTRA VIRGIN OLIVE OIL 2L	30.37	30.50	0.13	0.4%
47	ELIOHORI EXTRA VIRGIN OLIVE OIL PET 1L	15.35	15.29	-0.06	-0.4%
48	FLORA SUNFLOWER OIL 3L	9.28	10.10	0.82	8.8%
49	LESIEUR SUNFLOWER OIL 3L	6.53	6.58	0.05	0.8%
50	SAINT GEORGE CYPRUS EXTRA VIRGIN OLIVE OIL PET 1L	10.44	10.49	0.05	0.5%
51	THE KING OF OLIVES SALAD OIL PET 1L	2.97	2.98	0.01	0.3%
<b>ΖΥΜΑΡΙΚΑ / ΑΛΕΥΡΙ / ΡΥΖΙ / ΠΟΥΡΓΟΥΡΙ / ΟΣΠΡΙΑ / ΖΑΧΑΡΗ</b>					
<b>ΑΛΕΥΡΙ</b>					
52	MITSIDES FARINA PLAIN 00 1KG	1.48	1.52	0.04	2.7%

53	MITSIDES PLAIN 00 ALL PURPOSE 1KG	1.30	1.30	0.00	0.0%
54	MITSIDES SELF RAISING 1KG	1.50	1.52	0.02	1.3%
55	MITSIDES VILLAGE 1KG	1.57	1.60	0.03	1.9%
56	TRIUMPH FARINA 00 1KG	1.53	1.47	-0.06	-3.9%
57	TRIUMPH VILLAGE 1KG	1.58	1.53	-0.05	-3.2%
<b>ZAXAPH</b>					
58	SUGAR	1.02	1.05	0.03	2.9%
<b>ZYMAPIKA</b>					
59	BARILLA SPAGHETTI No.5 500GR	1.22	1.26	0.04	3.3%
60	MELISSA PRIMO GUSTO ORZO 500GR	1.17	1.26	0.09	7.7%
61	MELISSA PRIMO GUSTO SPAGHETTI No.6 500GR	0.88	0.93	0.05	5.7%
62	MITSIDES MEZZANI A 500GR	1.35	1.31	-0.04	-3.0%
63	MITSIDES ORZO 500GR	1.37	1.36	-0.01	-0.7%
64	MITSIDES SPAGHETTI 500GR	1.25	1.16	-0.09	-7.2%
65	MITSIDES TRADITIONAL 500GR	1.53	1.49	-0.04	-2.6%
66	TRIUMPH SPAGHETTI 500GR	1.13	1.12	-0.01	-0.9%
<b>ΟΣΠΡΙΑ</b>					
67	KAOURIS CANADIAN LAIRD LENTILS 1KG	2.92	2.85	-0.07	-2.4%
68	NATURAL LIFE IMPORTED BLACK EYE BEANS 1KG	3.04	3.04	0.00	0.0%
69	NATURAL LIFE IMPORTED LENTILS 1KG	2.45	2.50	0.05	2.0%
70	SOLEAS 3A BEANS 1KG	3.00	3.06	0.06	2.0%
71	SOLEAS 3A BLACK EYE BEANS 1KG	3.89	3.91	0.02	0.5%
72	SOLEAS 3A GREEN LENTILS 1KG	3.11	3.19	0.08	2.6%
<b>ΠΟΥΡΓΟΥΡΙ</b>					
73	A.KEPOLA BULGUR WHEAT 1KG	2.55	2.53	-0.02	-0.8%
74	A.KEPOLA BULGUR WHEAT 500GR	1.68	1.66	-0.02	-1.2%
75	KAOURIS BULGUR WHEAT 500GR	1.58	1.56	-0.02	-1.3%
76	LISKO FAMELISKO BULGUR WHEAT MEDIUM 500GR	1.18	1.17	-0.01	-0.8%
77	MITSIDES BULGUR WHEAT 1KG	3.21	3.14	-0.07	-2.2%
78	MITSIDES BULGUR WHEAT 500GR	1.79	1.72	-0.07	-3.9%
<b>ΡΥΖΙ</b>					
79	SOLEAS 3A BASMATI RICE BAG 1KG	3.33	3.15	-0.18	-5.4%
80	SOLEAS 3A GLUTINOUS RICE BAG 1KG	2.54	2.53	-0.01	-0.4%
81	SOLEAS 3A PARBOILED RICE 1KG	2.47	2.48	0.01	0.4%
82	TILDA BASMATI RICE 1KG	5.83	5.63	-0.20	-3.4%
83	UNCLE BENS LONG GRAIN RICE 1KG	4.76	4.62	-0.14	-2.9%
84	UNCLE BENS LONG GRAIN RICE BOX 2KG	9.05	9.01	-0.04	-0.4%
<b>ΚΑΤΕΨΥΓΜΕΝΑ</b>					
<b>ΚΑΤΕΨΥΓΜΕΝΑ ΖΥΜΑΡΙΚΑ</b>					
85	CHARALAMBIDES CHRISTIS RAVIOLI 400GR	4.13	4.06	-0.07	-1.7%
86	HERCULES RAVIOLI 400GR	3.15	3.16	0.01	0.3%
87	MITSIDES VILLAGE RAVIOLI 375GR	3.33	3.27	-0.06	-1.8%
<b>ΚΑΤΕΨΥΓΜΕΝΑ ΜΑΛΑΚΙΑ/ ΟΣΤΡΑΚΟΕΙΔΗ</b>					
88	7 THALASSES SHRIMPS 30/50 500GR	9.85	9.83	-0.02	-0.2%
89	BLUE GREEN WAVE OCTOPUS 1KG	6.75	6.66	-0.09	-1.3%
90	BLUE GREEN WAVE SQUID RINGS 1KG	6.35	6.77	0.42	6.6%
91	EDESMA SQUID RINGS 1KG	6.05	6.27	0.22	3.6%
<b>ΚΑΤΕΨΥΓΜΕΝΟ ΨΑΡΙ</b>					
92	EDESMA RED FISH 1KG	7.70	7.74	0.04	0.5%
93	FINDUS SALMON PORTIONS 4X125GR	20.01	19.07	-0.94	-4.7%
94	FOODPAX SALMON PORTIONS 4X125GR	16.29	14.18	-2.11	-13.0%
95	QUALIFOOD PANGASIUS FILLETS 1KG	4.43	4.25	-0.18	-4.1%
96	QUALIFOOD SALMON PORTION 4X125GR	13.05	13.13	0.08	0.6%
<b>ΚΑΤΕΨΥΓΜΕΝΟ ΨΑΡΙ ΠΑΝΕ/ ΠΡΟΨΗΜΕΝΟ</b>					
97	7 SEAS COD BREADED FISH FILLETS 400GR	3.62	3.63	0.01	0.3%
98	BIRDS EYE COD FISH FINGERS 14PCS 350GR	6.31	6.72	0.41	6.5%
99	BIRDS EYE SIMPLY 4 COD FILLET BREADED 440GR	10.51	10.51	0.00	0.0%
100	BLUE GREEN WAVE COD FISH FILLET BREADED 4PCS 400GR	3.88	3.94	0.06	1.5%
101	NORDA WHITE FISH FISH STICKS 10PCS 300GR	3.05	3.07	0.02	0.7%
<b>ΨΥΓΕΙΟΥ ΚΑΙ ΚΑΤΕΨΥΓΜΕΝΑ ΜΠΕΡΚΕΡ</b>					
102	EDESMA VEGETABLE BURGERS 4P 380GR	5.01	5.01	0.00	0.0%
103	EN ELLADI NOSTIMIES BURGERS 420GR	3.91	3.92	0.01	0.3%
104	GRIGORIOU BEEF BURGERS 4P 600GR	5.50	5.35	-0.15	-2.7%
105	GRIGORIOU HAMBURGERS 6P 480GR	4.16	4.11	-0.05	-1.2%
106	GRIGORIOU TURKEY BURGERS 6P 480GR	4.18	4.39	0.21	5.0%
107	KYPRIANOU SPECIAL CHICKEN BURGERS 900GR	6.60	6.61	0.01	0.2%
<b>ΨΥΓΕΙΟΥ ΚΑΙ ΚΑΤΕΨΥΓΜΕΝΟ ΚΡΕΑΣ ΠΑΝΕ/ ΠΡΟΨΗΜΕΝΟ</b>					
108	EDESMA CHICKEN NUGGETS 500GR	5.55	5.53	-0.02	-0.4%
109	EDESMA CHICKEN NUGGETS 900GR	7.43	7.51	0.08	1.1%
110	EMA FOODS CHICKEN NUGGETS 900GR	7.08	7.08	0.00	0.0%
111	EN ELLADI CHICKEN NUGGETS 400GR	4.57	4.59	0.02	0.4%
112	EN ELLADI MEAT BALLS 420GR	4.25	4.13	-0.12	-2.8%
113	PARADISIOTIS CHICKEN NUGGETS 800GR	4.98	4.86	-0.12	-2.4%
<b>ΚΑΦΕΣ</b>					
<b>ΚΥΠΡΙΑΚΟΣ ΚΑΦΕΣ</b>					
114	CHARALAMBOUS GREEN 200GR	2.75	3.06	0.31	11.3%
115	CHARALAMBOUS GREEN 500GR	6.93	7.65	0.72	10.4%
116	LAIKON GOLD 200GR	2.74	2.97	0.23	8.4%

117	LAIKON GOLD 500GR	6.68	7.41	0.73	10.9%
<b>ΣΤΙΓΜΙΑΙΟΣ ΚΑΦΕΣ</b>					
118	CELEST CAFE TIN 200GR	4.30	4.78	0.48	11.2%
119	JACOBS EKLEKTOS JAR 100GR	4.10	4.01	-0.09	-2.2%
120	NESCAFE AZERA ESPRESSO TIN 100GR	5.42	5.57	0.15	2.8%
121	NESCAFE CLASSIC DEC TIN 100GR	4.60	4.82	0.22	4.8%
122	NESCAFE CLASSIC TIN 100GR	3.75	3.94	0.19	5.1%
123	NESCAFE CLASSIC TIN 200GR	5.79	6.01	0.22	3.8%
124	NESCAFE GOLD BLEND JAR 190GR	5.99	6.27	0.28	4.7%
125	NESCAFE GOLD BLEND JAR 95GR	3.47	3.64	0.17	4.9%
<b>ΚΟΝΣΕΡΒΕΣ</b>					
<b>ΓΑΛΑ ΕΒΑΠΟΡΕ/ ΖΑΧΑΡΟΥΧΟ</b>					
126	MANA CONDENSED CAN 397GR	1.87	1.96	0.09	4.8%
127	ΝΟΥΝΟΥ CONDENSED CAN 397GR	1.72	1.85	0.13	7.6%
128	ΝΟΥΝΟΥ EVAPORATED CAN 410GR	1.23	1.34	0.11	8.9%
129	ΝΟΥΝΟΥ LIGHT EVAPORATED CAN 410GR	1.24	1.34	0.10	8.1%
130	ΝΟΥΝΟΥ LIGHT EVAPORATED PORTIONS 10X15GR	1.21	1.29	0.08	6.6%
<b>ΚΟΝΣΕΡΒΕΣ ΚΡΕΑΤΟΣ</b>					
131	Karla Corned Beef 340gr	3.19	3.20	0.01	0.3%
132	Tulip Pork Chopped Ham 200gr	2.37	2.31	-0.06	-2.5%
133	Tulip Pork Luncheon Meat 200gr	2.13	2.13	0.00	0.0%
134	Zwan Chicken Luncheon Meat 200gr	2.06	2.06	0.00	0.0%
135	Zwan Pork Chopped Ham 200gr	3.07	3.09	0.02	0.7%
136	Zwan Pork Luncheon Meat 200gr	2.16	2.13	-0.03	-1.4%
<b>ΚΟΝΣΕΡΒΕΣ ΨΑΡΙΟΥ</b>					
137	RIO MARE TUNA IN OLIVE OIL 2X160GR	5.26	5.18	-0.08	-1.5%
138	RIO MARE TUNA MEAT LIGHT IN OLIVE OIL 3X80GR	4.25	4.23	-0.02	-0.5%
139	SEVYCO WHITE TUNA LIGHT IN WATER 4X100GR	3.92	3.89	-0.03	-0.8%
140	SHEIK PINK TUNA IN SOYABEAN OIL 4X80GR	3.39	3.40	0.01	0.3%
141	SHEIK WHITE TUNA LIGHT IN WATER 4X160GR	6.42	6.44	0.02	0.3%
<b>ΞΗΡΑ ΤΡΟΦΗ</b>					
<b>ΔΗΜΗΤΡΙΑΚΑ ΠΡΟΓΕΥΜΑΤΟΣ</b>					
142	KELLOGG S SPECIAL K CLASSIC MAXI 700GR	5.13	5.10	-0.03	-0.6%
143	Kellogg S Coco Pops 500gr	4.48	3.42	-1.06	-23.7%
144	Kellogg S Coco Pops Chocos 375gr	2.70	3.07	0.37	13.7%
145	Kellogg S Corn Flakes 500gr	3.40	3.53	0.13	3.8%
146	Kellogg S Honey Loops 330gr	3.92	3.92	0.00	0.0%
147	Oreo Os Cookies&Cream Cerals 350gr	3.86	3.87	0.01	0.3%
148	Quaker Traganes Mproukies Dark Chocolate 450gr	3.51	3.49	-0.02	-0.6%
149	Quaker White Oats Bag 500gr	2.25	2.25	0.00	0.0%
<b>ΚΟΥΛΟΥΡΙΑ</b>					
150	7DAYS BAKE ROLLS MINI PIZZA 80GR	0.83	0.83	0.00	0.0%
151	BAKANDYS BREADSTICKS OLIVE OIL 250GR	3.58	3.61	0.03	0.8%
152	BAKANDYS RUSKS RYE 200GR	2.64	2.66	0.02	0.8%
153	ELITE TOAST RYE 360GR(3+1 FREE)	2.06	2.07	0.01	0.5%
154	ELITE TOAST WHEAT 500GR(3+1 FREE)	2.03	2.04	0.01	0.5%
155	JOHNSOF BREAD COOKIES NAPOLITANO RAISIN 240GR	2.97	2.91	-0.06	-2.0%
156	JOHNSOF CROUTONS WHEAT 320GR	2.86	2.77	-0.09	-3.1%
157	MARIAS BREAD COOKIES CAROB 350GR	3.22	3.21	-0.01	-0.3%
<b>ΜΠΙΣΚΟΤΑ</b>					
158	FROU FROU JOKER CHOCO COV. SW 12X25GR(3 FREE)	4.13	4.00	-0.13	-3.1%
159	FROU FROU MORNING COFFEE PL 150GR	1.21	1.20	-0.01	-0.8%
160	KATERINA PETIT FOURS PL 500GR	4.58	4.59	0.01	0.2%
161	KINDER CARDS COCOA&MILK FIL 5X25.6GR	2.26	2.25	-0.01	-0.4%
162	NUTELLA FILLED CHOCO BISCUITS FIL T22 304GR	3.85	3.72	-0.13	-3.4%
163	OREO VANILLA SW 154GR	1.46	1.51	0.05	3.4%
<b>ΡΟΦΗΜΑΤΑ</b>					
<b>ΑΝΑΨΥΚΤΙΚΑ</b>					
164	7 UP DIET/FREE CAN 8X330ML	4.47	4.44	-0.03	-0.7%
165	7 UP REGULAR CAN 8X330ML	4.48	4.44	-0.04	-0.9%
166	COCA COLA REGULAR CAN 330ML	0.94	0.94	0.00	0.0%
167	COCA COLA REGULAR CAN 8X330ML	4.90	4.89	-0.01	-0.2%
168	COCA COLA ZERO CAN 8X330ML	4.92	4.96	0.04	0.8%
169	PEPSI MAX CAN 8X330ML	3.72	3.62	-0.10	-2.7%
<b>ΕΜΦΙΑΛΩΜΕΝΟ ΝΕΡΟ</b>					
170	AGROS STILL PET 12X500ML	3.15	3.10	-0.05	-1.6%
171	AGROS STILL PET 6X1.5L	2.63	2.57	-0.06	-2.3%
172	ΑΥΙΟΣ NICOLAOS STILL PET 12X500ML	3.06	3.05	-0.01	-0.3%
173	ΑΥΙΟΣ NICOLAOS STILL PET 6X1.5L	2.46	2.46	0.00	0.0%
174	ΚΥΚΚΟΣ STILL PET 12X500ML	2.78	2.85	0.07	2.5%
175	ΚΥΚΚΟΣ STILL PET 6X1.5L	2.35	2.37	0.02	0.9%
<b>ΧΥΜΟΙ</b>					
176	KEAN MANGO&POMEGRANATE NECTAR TP 1L	1.68	1.69	0.01	0.6%
177	KEAN ORANGE 100% TP 1L	2.10	2.09	-0.01	-0.5%
178	KEANITA KIDS ORANGE DRINK TB 9X250ML	4.18	4.22	0.04	1.0%
179	LIFE APPLE&CARROT&ORANGE 100% PET 400ML	1.55	1.66	0.11	7.1%
180	LIFE ORANGE 100% PET 1L	2.82	2.85	0.03	1.1%
181	LIFE ORANGE 100% PET 400ML	1.53	1.64	0.11	7.2%

<b>ΦΡΕΣΚΑ ΠΡΟΪΟΝΤΑ</b>					
<b>ΑΥΓΑ</b>					
182	Αυγά 12 τεμάχια (Μ) - (53gr - 63gr) -(φθηνότερη συσκ.)	3.27	3.46	0.19	5.8%
<b>ΦΡΕΣΚΟ ΚΡΕΑΣ/ ΠΟΥΛΕΡΙΚΑ/ ΚΟΥΝΕΛΙ</b>					
183	Αμνοερίφια μικρά σε κομμάτια (Kg)	10.90	11.47	0.57	5.2%
184	Βοδινό top-side (Kg) (ψαχνό, χωρίς κόκκαλο και λύτος)	13.22	13.62	0.40	3.0%
185	Βοδινός κιμάς (Kg)	8.40	8.60	0.20	2.4%
186	Κοτόπουλο ολόκληρο (Kg) (Χαμηλότερη Τιμή)	3.63	3.73	0.10	2.8%
187	Κοτόπουλο στήθος φιλέτο (Kg) (Χαμηλότερη Τιμή)	7.67	8.00	0.33	4.3%
188	Κουνέλι (Kg) (χαμηλότερη τιμή)	9.99	10.43	0.44	4.4%
189	Χοιρινή Μπριζόλα φιλέτο (Kg)	5.60	5.98	0.38	6.8%
190	Χοιρινός Κιμάς (Kg)	5.48	5.56	0.08	1.5%
191	Χοιρινός Λαπάς με κόκκαλο (Kg)	5.54	5.83	0.29	5.2%
<b>ΦΡΕΣΚΟ ΨΑΡΙ/ΜΑΛΑΚΙΑ</b>					
192	Γόπες (Kg)	10.00	9.43	-0.57	-5.7%
193	Καλαμάρι Μεγάλο (Kg)	13.50	11.82	-1.68	-12.4%
194	Καλαμάρι Μικρό (Kg)	18.44	19.69	1.25	6.8%
195	Λαβράκι (Kg)	12.74	12.51	-0.23	-1.8%
196	Μπαρμπούνι (Kg)	28.09	23.22	-4.87	-17.3%
197	Τσπούρα (Kg)	8.69	9.56	0.87	10.0%
198	Χταπόδι (Kg)	17.29	20.37	3.08	17.8%
<b>ΧΟΡΤΑ</b>					
199	Αγγουράκια Θερμοκηπίου (Kg)	2.54	2.21	-0.33	-13.0%
200	Αγγουράκια Χωραφιού (Kg)	3.63	2.31	-1.32	-36.4%
201	Ντομάτες Α (Kg)	2.60	2.82	0.22	8.5%
202	Πατάτες Φρέσκες (Kg)	1.76	2.12	0.36	20.5%
203	Χόρτα Δέσμης	0.55	0.60	0.05	9.1%
<b>ΨΩΜΙ</b>					
204	Slice Άσπρο μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.76	1.82	0.06	3.4%
205	Slice Άσπρο μικρό (450gr-500gr) (χαμηλότερη τιμή)	1.66	1.74	0.08	4.8%
206	Slice Ολικής Αλέσεως μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.91	1.97	0.06	3.1%
207	Slice Ολικής Αλέσεως μικρό (450gr-500gr) (χαμηλότερη τιμή)	1.68	1.76	0.08	4.8%
208	Ψωμί Άσπρο μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.54	1.63	0.09	5.8%
209	Ψωμί Άσπρο μικρό (450gr-500gr)(χαμηλότερη τιμή)	1.25	1.31	0.06	4.8%
<b>FUEL</b>					
<b>CHARCOAL</b>					
210	ΕΤΟΣΗΑ 5kg	6.10	6.20	0.10	1.6%
211	ΠΥΡΣΟΣ 5kg	6.28	6.29	0.01	0.2%
<b>ΑΠΟΡΡΥΠΑΝΤΙΚΑ/ ΜΑΛΑΚΤΙΚΑ ΡΟΥΧΩΝ</b>					
<b>ΑΠΟΡΡΥΠΑΝΤΙΚΑ ΡΟΥΧΩΝ</b>					
212	ARIEL TOUCH LENOR FRESH 50WSH LIQ 2.75L	10.98	10.94	-0.04	-0.4%
213	DIXAN BLUE OCEAN 66WSH PWD 3.63KG	10.99	10.99	0.00	0.0%
214	DIXAN UNIVERSAL 66WSH PWD 3.3KG	10.74	10.82	0.08	0.7%
215	EUREKA ACTIVE CARE 75WSH PWD 4.125KG	9.19	9.32	0.13	1.4%
216	EUREKA MASSALIAS CLASSIC 48WSH LIQ 2.4L P-OFF	6.08	6.01	-0.07	-1.2%
217	EUREKA MASSALIAS LAVENDER 48WSH LIQ 2.4L P-OFF	5.78	6.01	0.23	4.0%
<b>ΜΑΛΑΚΤΙΚΑ ΡΟΥΧΩΝ</b>					
218	COMFORT GOLD LILY&WILD BERRY 4L	5.62	5.52	-0.10	-1.8%
219	COMFORT GOLD WILD ORCHID&SANDALWOOD 4L	5.68	5.54	-0.14	-2.5%
220	COMFORT PURELY SOFT 4L	5.21	5.19	-0.02	-0.4%
<b>ΕΙΔΗ ΠΡΟΣΩΠΙΚΗΣ ΥΓΙΕΙΝΗΣ</b>					
<b>ΣΕΡΒΙΕΤΕΣ ΥΓΕΙΑΣ</b>					
221	ALWAYS PADS SECURE NIGHT ULTRA DUO W 12P	2.29	2.39	0.10	4.4%
222	ALWAYS PADS ULTRA LONG PLUS W 16P	2.17	2.49	0.32	14.7%
223	ALWAYS PADS ULTRA NORMAL PLUS DUO W 20P	2.17	2.30	0.13	6.0%
224	EVERYDAY PADS HYPERDRY ULTRA PLUS SUPER W 30P P-OFF	3.29	3.66	0.37	11.2%
<b>ΧΑΡΤΙ ΥΓΕΙΑΣ</b>					
225	ELITE LUXURY WHITE 3PLY 10P	4.17	4.01	-0.16	-3.8%
226	HOPE ULTRA SOFT 3PLY 10P	3.70	3.69	-0.01	-0.3%
227	KLEENEX PREMIUM HONEYSUCKLE 2PLY 12P (3 FREE)	11.36	11.34	-0.02	-0.2%
228	KLEENEX PREMIUM WHITE 2PLY 12P (3 FREE)	11.38	11.34	-0.04	-0.4%
229	KLEENEX SCOTTONELLE SOFT&STRONG WHITE 2PLY 32P (8 FREE)	12.94	13.70	0.76	5.9%
230	SILKY WHITE 2PLY 24P	7.01	7.04	0.03	0.4%
<b>ΚΥΛΙΝΔΡΟΣ ΥΓΡΑΕΡΙΟΥ</b>					
<b>ΚΥΛΙΝΔΡΟΣ ΥΓΡΑΕΡΙΟΥ</b>					
231	ΚΥΛΙΝΔΡΟΣ 10kg (ΤΙΜΗ ΜΕ ΕΠΙΣΤΡΟΦΗ ΑΔΕΙΟΥ)	15.90	16.38	0.48	3.0%
<b>ΒΡΕΦΙΚΑ ΠΡΟΪΟΝΤΑ</b>					
<b>ΒΡΕΦΙΚΕΣ ΠΑΝΕΣ</b>					
232	NANNYS SENSITIVE 5 JUNIOR 12-25KG 44P	9.57	11.41	1.84	19.2%
233	NANNYS SENSITIVE 7 JUMBO PLUS 15+KG 36P	9.66	11.39	1.73	17.9%
234	PAMP. ACTIVE BABY 6 EXTRA LARGE 13-18KG 56P	13.88	16.52	2.64	19.0%
235	PAMP. ACTIVE BABY 7 MAXI 15+KG 40P	10.78	12.69	1.91	17.7%
236	PAMP. ACTIVE BABY JUNIOR 5 11-16KG 64P	13.85	16.44	2.59	18.7%
237	PAMP. PREMIUM CARE 1 NEW BORN 2-5KG 52P	10.94	12.68	1.74	15.9%
<b>ΒΡΕΦΙΚΕΣ ΤΡΟΦΕΣ</b>					
238	HIPP BIO DAIRY FREE OAT PORRIDGE 4M+ CRT 200GR	3.70	3.87	0.17	4.6%
239	NESTLE FARINE LACTEE WHEAT CEREALS 6M+ CRT 350GR	3.04	3.20	0.16	5.3%
240	ΝΟΥΝΟΥ 5 FRUIT CEREAL CREAM 6M+ TIN 300GR P-OFF	5.31	5.60	0.29	5.5%

241	NOYNOY BISCUIT CEREALS 6M+ TIN 300GR P-OFF	5.24	5.50	0.26	5.0%
242	NOYNOY FARINE LACTEE CEREALS 6M+ TIN 300GR P-OFF	3.11	3.26	0.15	4.8%
243	YIOTIS FARINE LACTEE MILK CEREAL CREAM 6M+ TIN 300GR P-OFF	3.00	3.35	0.35	11.7%
<b>ΒΡΕΦΙΚΟ ΓΑΛΛΑ</b>					
244	Frisogrow 3 1-3y Tin 800gr	19.40	20.41	1.01	5.2%
245	Frisogrow Plus+ 3-5y Tin 800gr	17.59	18.44	0.85	4.8%
246	Frisolac 1 0-6m Tin 800gr	22.93	23.91	0.98	4.3%
247	Frisomel 2 6m+ Tin 800gr	19.35	20.35	1.00	5.2%
248	Nan 4 Protect Build 2y+ Tin 400gr	9.39	9.79	0.40	4.3%
249	S-26 Progress Gold 3 1-3y Tin 400gr	9.85	10.36	0.51	5.2%