

ΠΑΡΑΤΗΡΗΤΗΡΙΟ ΒΑΣΙΚΩΝ ΚΑΤΑΝΑΛΩΤΙΚΩΝ ΑΓΑΘΩΝ

ΣΥΓΚΡΙΣΗ ΜΕ ΠΡΟΗΓΟΥΜΕΝΟ ΜΗΝΑ



Σεπ 2025					
Α/Α	ΠΡΟΪΟΝ	Μέση Σταθμισμένη Τιμή		Αύξηση / Μείωση Τιμής	% Μεταβολή
		Προηγούμενος Μήνας	Τρέχον Μήνας		
ΑΛΛΑΝΤΙΚΑ					
ΑΛΛΑΝΤΙΚΑ					
1	Chrysodalia Lountza Smoked Slices 300gr	3.78	3.78	0.00	0.0%
2	Chrysodalia Turkey Smoked Slices 200gr	2.44	2.56	0.12	4.9%
3	GRIGORIOU HAM PREMIUM SLICES 150GR	2.62	2.65	0.03	1.1%
4	Grigoriou Lountza Slices 150gr	3.09	3.05	-0.04	-1.3%
5	Grigoriou Salami Extra 300gr	2.39	2.40	0.01	0.4%
6	Grigoriou Streaky Bacon Slices 150gr	2.33	2.35	0.02	0.9%
7	Grigoriou Turkey Smoked Slices 200gr	3.37	3.29	-0.08	-2.4%
ΒΟΗΘΗΜΑΤΑ ΜΑΓΕΙΡΕΜΑΤΟΣ					
ΖΩΜΟΣ					
8	KNORR BOUILLONS CHICKEN 12 CUBES 120GR	1.17	1.22	0.05	4.3%
9	KNORR BOUILLONS VEGETABLES 12 CUBES 120GR	1.59	1.63	0.04	2.5%
10	MAGGI BOUILLONS CHICKEN 12 CUBES 132GR	1.44	1.44	0.00	0.0%
11	MAGGI BOUILLONS PASTA 12 CUBES 132GR	1.91	1.90	-0.01	-0.5%
12	MAGGI BOUILLONS VEGETABLES 12 CUBES 132GR	1.93	1.92	-0.01	-0.5%
ΝΤΟΜΑΤΟΧΥΜΟΣ/ ΠΕΛΤΕΣ					
13	BLOSSOM TOMATO PASTE CUP 4X70GR	1.97	1.96	-0.01	-0.5%
14	KEAN POMILORI SIEVE TOMATO PASTE JAR 700GR	1.83	1.85	0.02	1.1%
15	MITSIDES TOMATO PASSATA CARTON 3X500GR P-OFF	2.67	2.70	0.03	1.1%
16	MITSIDES TOMATO PASTE CUP 4X70GR	1.93	2.03	0.10	5.2%
17	PELARGOS TOMATO PASSATA CARTON 3X250GR	1.30	1.31	0.01	0.8%
ΦΥΤΙΚΟ ΜΑΓΕΙΡΙΚΟ ΛΙΠΟΣ					
18	SPRY 350GR	2.35	2.41	0.06	2.6%
ΓΑΛΑΚΤΟΚΟΜΙΚΑ					
ΠΑΟΥΡΤΙ					
19	ALAMBRA THE GRANNY SHEEP F/F PC 700GR	2.79	2.85	0.06	2.2%
20	CHARALAMB/CHRISTIS STRAINED STRAGGATO F/F PC 1KG	3.92	4.05	0.13	3.3%
21	CHARALAMB/CHRISTIS STRAINED STRAGGATO LGT PC 1KG	3.91	4.06	0.15	3.8%
22	ZITA STRAINED F/F PC 1KG	3.85	3.87	0.02	0.5%
23	ZITA STRAINED LGT PC 1KG	3.86	3.88	0.02	0.5%
ΤΥΡΙ					
24	ALAMBRA COTTAGE PC 200GR	1.65	1.65	0.00	0.0%
25	ALAMBRA H GIAGIA GOAT/SHEEP HALLOUMI KG	13.39	13.43	0.04	0.3%
26	CHARALAMB/CHRISTIS FETA BLOCK 200GR	2.95	2.95	0.00	0.0%
27	CHARALAMB/CHRISTIS HALLOUMI PISSOURKOTIKO KG	13.89	15.37	1.48	10.7%
28	DIROLLO 2.2% COTTAGE 225GR	2.89	2.88	-0.01	-0.3%
29	DODONI FETA BLOCK 400GR	6.36	6.39	0.03	0.5%
30	KESES GOAT/SHEEP HALLOUMI KG	15.55	15.61	0.06	0.4%
31	LA VACHE QUI RIT CHEEZ DIPPERS 4PORTION 140GR	2.87	2.88	0.01	0.3%
32	PHILADELPHIA LIGHT PLAIN SPREAD TUBS 200GR	2.33	2.36	0.03	1.3%
33	PHILADELPHIA PLAIN SPREAD TUBS 200GR	2.35	2.38	0.03	1.3%
34	VALIO EDAM LIGHT 17% SLICES 2X250GR P-OFF	6.95	6.95	0.00	0.0%
35	VEPO FOOD EDAM SLICES 200GR	2.56	2.47	-0.09	-3.5%
36	VEPO FOOD GOUDA SLICES 200GR	2.50	2.48	-0.02	-0.8%
ΦΡΕΣΚΟ ΓΑΛΑ					
37	CHARALAMBIDES CHRISTIS DELACT HDPE 1L	1.73	1.73	0.00	0.0%
38	CHARALAMBIDES CHRISTIS FULL FAT 3% HDPE 2L	2.93	2.93	0.00	0.0%
39	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 1.5L	2.32	2.31	-0.01	-0.4%
40	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 1L	1.53	1.54	0.01	0.7%
41	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 2L	2.95	2.95	0.00	0.0%
42	LANITIS FULL FAT 3% HDPE 2L	2.92	2.89	-0.03	-1.0%
43	LANITIS SEMI SKIMMED 1.5% HDPE 1.5L	2.28	2.27	-0.01	-0.4%
44	LANITIS SEMI SKIMMED 1.5% HDPE 2L	2.93	2.90	-0.03	-1.0%

ΕΛΑΙΑ					
ΛΑΔΙ					
45	AMBROSIA SUNFLOWER OIL 3L	6.77	6.67	-0.10	-1.5%
46	ELIOHORI EXTRA VIRGIN OLIVE OIL 2L	19.85	19.87	0.02	0.1%
47	ELIOHORI EXTRA VIRGIN OLIVE OIL PET 1L	10.02	10.02	0.00	0.0%
48	GUSTO SUNFLOWER OIL PET 5L	8.03	7.99	-0.04	-0.5%
49	LESIEUR SUNFLOWER OIL 3L	6.41	6.40	-0.01	-0.2%
50	SAINT GEORGE CYPRUS EXTRA VIRGIN OLIVE OIL PET 1L	7.27	7.17	-0.10	-1.4%
51	THE KING OF OLIVES SALAD OIL PET 1L	2.89	2.90	0.01	0.3%
ΖΥΜΑΡΙΚΑ / ΑΛΕΥΡΙ / ΡΥΖΙ / ΠΟΥΡΓΟΥΡΙ / ΟΣΠΡΙΑ / ΖΑΧΑΡΗ					
ΑΛΕΥΡΙ					
52	MITSIDES FARINA PLAIN 00 1KG	1.50	1.51	0.01	0.7%
53	MITSIDES PLAIN 00 ALL PURPOSE 1KG	1.22	1.23	0.01	0.8%
54	MITSIDES SELF RAISING 1KG	1.50	1.53	0.03	2.0%
55	MITSIDES VILLAGE 1KG	1.58	1.57	-0.01	-0.6%
56	TRIUMPH FARINA 00 1KG	1.36	1.38	0.02	1.5%
57	TRIUMPH VILLAGE 1KG	1.40	1.42	0.02	1.4%
ΖΑΧΑΡΗ					
58	SUGAR	0.99	1.00	0.01	1.0%
ΖΥΜΑΡΙΚΑ					
59	BARILLA SPAGHETTI No.5 500GR	1.06	1.07	0.01	0.9%
60	MELISSA PRIMO GUSTO ORZO 500GR	1.19	1.23	0.04	3.4%
61	MELISSA PRIMO GUSTO SPAGHETTI No.6 500GR	0.91	1.01	0.10	11.0%
62	MITSIDES MEZZANI A 500GR	1.24	1.29	0.05	4.0%
63	MITSIDES ORZO 500GR	1.27	1.22	-0.05	-3.9%
64	MITSIDES SPAGHETTI 500GR	1.09	1.13	0.04	3.7%
65	MITSIDES TRADITIONAL 500GR	1.46	1.42	-0.04	-2.7%
66	TRIUMPH SPAGHETTI 500GR	1.15	1.11	-0.04	-3.5%
ΟΣΠΡΙΑ					
67	KAOURIS CANADIAN LAIRD LENTILS 1KG	2.79	2.80	0.01	0.4%
68	NATURAL LIFE IMPORTED BLACK EYE BEANS 1KG	3.08	3.13	0.05	1.6%
69	NATURAL LIFE IMPORTED LENTILS 1KG	2.54	2.50	-0.04	-1.6%
70	SOLEAS 3A BEANS 1KG	2.77	2.86	0.09	3.2%
71	SOLEAS 3A BLACK EYE BEANS 1KG	3.60	3.59	-0.01	-0.3%
72	SOLEAS 3A GREEN LENTILS 1KG	2.95	2.88	-0.07	-2.4%
ΠΟΥΡΓΟΥΡΙ					
73	A.KEPOLA BULGUR WHEAT 1KG	2.43	2.52	0.09	3.7%
74	A.KEPOLA BULGUR WHEAT 500GR	1.67	1.68	0.01	0.6%
75	KAOURIS BULGUR WHEAT 500GR	1.46	1.49	0.03	2.1%
76	LISKO FAMELISKO BULGUR WHEAT MEDIUM 500GR	1.23	1.22	-0.01	-0.8%
77	MITSIDES BULGUR WHEAT 1KG	2.98	2.99	0.01	0.3%
78	MITSIDES BULGUR WHEAT 500GR	1.55	1.66	0.11	7.1%
ΡΥΖΙ					
79	SOLEAS 3A BASMATI RICE BAG 1KG	2.96	2.98	0.02	0.7%
80	SOLEAS 3A GLUTINOUS RICE BAG 1KG	2.27	2.24	-0.03	-1.3%
81	SOLEAS 3A PARBOILED RICE 1KG	2.44	2.43	-0.01	-0.4%
82	TILDA BASMATI RICE 1KG	5.01	5.01	0.00	0.0%
83	UNCLE BENS LONG GRAIN RICE 1KG	4.63	4.59	-0.04	-0.9%
84	UNCLE BENS LONG GRAIN RICE BOX 2KG	9.75	9.63	-0.12	-1.2%
ΚΑΤΕΨΥΓΜΕΝΑ					
ΚΑΤΕΨΥΓΜΕΝΑ ΖΥΜΑΡΙΚΑ					
85	CHARALAMBIDES CHRISTIS RAVIOLI 400GR	3.59	3.89	0.30	8.4%
86	HERCULES RAVIOLI 400GR	3.10	3.09	-0.01	-0.3%
87	MITSIDES VILLAGE RAVIOLI 375GR	3.46	3.46	0.00	0.0%
ΚΑΤΕΨΥΓΜΕΝΑ ΜΑΛΑΚΙΑ/ ΟΣΤΡΑΚΟΕΙΔΗ					
88	7 THALASSES SHRIMPS 30/50 500GR	9.37	9.27	-0.10	-1.1%
89	BLUE GREEN WAVE OCTOPUS 1KG	6.04	6.02	-0.02	-0.3%
90	BLUE GREEN WAVE SQUID RINGS 1KG	6.57	7.05	0.48	7.3%
91	EDESMA SQUID RINGS 1KG	7.15	7.04	-0.11	-1.5%
ΚΑΤΕΨΥΓΜΕΝΟ ΨΑΡΙ					
92	EDESMA RED FISH 1KG	7.16	7.30	0.14	2.0%
93	FINDUS SALMON PORTIONS 4X125GR	17.06	17.22	0.16	0.9%
94	FOODPAX SALMON PORTIONS 4X125GR	12.23	12.30	0.07	0.6%
95	QUALIFOOD PANGASIUS FILLETS 1KG	3.11	3.37	0.26	8.4%
96	QUALIFOOD SALMON PORTION 4X125GR	13.14	13.01	-0.13	-1.0%
ΚΑΤΕΨΥΓΜΕΝΟ ΨΑΡΙ ΠΑΝΕ/ ΠΡΩΨΗΜΕΝΟ					
97	7 SEAS COD BREADED FISH FILLETS 400GR	3.54	3.56	0.02	0.6%

98	BIRDS EYE COD FISH FINGERS 14PCS 350GR	6.40	6.38	-0.02	-0.3%
99	BIRDS EYE SIMPLY 4 COD FILLET BREADED 440GR	9.71	9.80	0.09	0.9%
100	BLUE GREEN WAVE COD FISH FILLET BREADED 4PCS 400GR	4.08	3.81	-0.27	-6.6%
101	NORDA WHITE FISH FISH STICKS 10PCS 300GR	3.03	3.02	-0.01	-0.3%
ΨΥΓΕΙΟΥ ΚΑΙ ΚΑΤΕΨΥΓΜΕΝΑ ΜΠΕΡΚΕΡ					
102	EDESMA VEGETABLE BURGERS 4P 380GR	4.77	4.73	-0.04	-0.8%
103	EN ELLADI NOSTIMIES BURGERS 420GR	4.31	4.33	0.02	0.5%
104	GRIGORIOU BEEF BURGERS 4P 600GR	6.10	6.06	-0.04	-0.7%
105	GRIGORIOU HAMBURGERS 6P 480GR	3.93	3.88	-0.05	-1.3%
106	GRIGORIOU TURKEY BURGERS 6P 480GR	4.97	4.84	-0.13	-2.6%
107	KYPRIANOU SPECIAL CHICKEN BURGERS 900GR	6.61	6.61	0.00	0.0%
ΨΥΓΕΙΟΥ ΚΑΙ ΚΑΤΕΨΥΓΜΕΝΟ ΚΡΕΑΣ ΠΑΝΕ/ ΠΡΟΨΗΜΕΝΟ					
108	EDESMA CHICKEN NUGGETS 500GR	5.50	5.51	0.01	0.2%
109	EDESMA CHICKEN NUGGETS 900GR	7.28	7.32	0.04	0.5%
110	EMA FOODS CHICKEN NUGGETS 900GR	7.01	7.17	0.16	2.3%
111	EN ELLADI CHICKEN NUGGETS 400GR	4.67	4.71	0.04	0.9%
112	EN ELLADI MEAT BALLS 420GR	4.16	4.20	0.04	1.0%
113	PARADISIOTIS CHICKEN NUGGETS 800GR	5.17	5.25	0.08	1.5%
ΚΑΦΕΣ					
ΚΥΠΡΙΑΚΟΣ ΚΑΦΕΣ					
114	CHARALAMBOUS GREEN 200GR	3.46	3.38	-0.08	-2.3%
115	CHARALAMBOUS GREEN 500GR	8.49	8.58	0.09	1.1%
116	LAIKON GOLD 200GR	3.52	3.55	0.03	0.9%
117	LAIKON GOLD 500GR	8.79	8.82	0.03	0.3%
ΣΤΙΓΜΙΑΙΟΣ ΚΑΦΕΣ					
118	CELEST CAFE TIN 200GR	5.04	4.85	-0.19	-3.8%
119	JACOBS EKLEKTOS JAR 100GR	4.19	4.31	0.12	2.9%
120	NESCAFE AZERA ESPRESSO TIN 100GR	6.83	6.71	-0.12	-1.8%
121	NESCAFE CLASSIC DEC TIN 100GR	5.05	5.11	0.06	1.2%
122	NESCAFE CLASSIC TIN 100GR	4.30	4.30	0.00	0.0%
123	NESCAFE CLASSIC TIN 200GR	6.38	6.40	0.02	0.3%
124	NESCAFE GOLD BLEND JAR 190GR	6.54	6.52	-0.02	-0.3%
125	NESCAFE GOLD BLEND JAR 95GR	4.14	4.19	0.05	1.2%
ΚΟΝΣΕΡΒΕΣ					
ΓΑΛΑ ΕΒΑΠΟΡΕ/ ΖΑΧΑΡΟΥΧΟ					
126	MANA CONDENSED CAN 397GR	1.96	1.95	-0.01	-0.5%
127	NOYNOY CONDENSED CAN 397GR	1.76	1.71	-0.05	-2.8%
128	NOYNOY EVAPORATED CAN 410GR	1.32	1.26	-0.06	-4.5%
129	NOYNOY LIGHT EVAPORATED CAN 410GR	1.32	1.25	-0.07	-5.3%
130	NOYNOY LIGHT EVAPORATED PORTIONS 10X15GR	1.26	1.26	0.00	0.0%
ΚΟΝΣΕΡΒΕΣ ΚΡΕΑΤΟΣ					
131	Karla Corned Beef 340gr	3.33	3.40	0.07	2.1%
132	Tulip Pork Chopped Ham 200gr	2.39	2.39	0.00	0.0%
133	Tulip Pork Luncheon Meat 200gr	2.29	2.31	0.02	0.9%
134	Zwan Chicken Luncheon Meat 200gr	2.05	2.15	0.10	4.9%
135	Zwan Pork Chopped Ham 200gr	2.88	2.92	0.04	1.4%
136	Zwan Pork Luncheon Meat 200gr	2.16	2.15	-0.01	-0.5%
ΚΟΝΣΕΡΒΕΣ ΨΑΡΙΟΥ					
137	RIO MARE TUNA IN OLIVE OIL 2X160GR	4.66	4.61	-0.05	-1.1%
138	RIO MARE TUNA MEAT LIGHT IN OLIVE OIL 3X80GR	3.79	3.78	-0.01	-0.3%
139	SEVYCO WHITE TUNA LIGHT IN WATER 4X100GR	3.72	3.67	-0.05	-1.3%
140	SHEIK PINK TUNA IN SOYABEAN OIL 4X80GR	3.41	3.32	-0.09	-2.6%
141	SHEIK WHITE TUNA LIGHT IN WATER 4X160GR	6.39	6.38	-0.01	-0.2%
ΞΗΡΑ ΤΡΟΦΗ					
ΔΗΜΗΤΡΙΑΚΑ ΠΡΟΓΕΥΜΑΤΟΣ					
142	KELLOGG S SPECIAL K CLASSIC MAXI 700GR	4.87	4.99	0.12	2.5%
143	Kellogg S Coco Pops 500gr	3.86	3.87	0.01	0.3%
144	Kellogg S Coco Pops Chocos 375gr	2.70	2.71	0.01	0.4%
145	Kellogg S Corn Flakes 500gr	3.30	3.27	-0.03	-0.9%
146	Kellogg S Honey Loops 330gr	3.04	3.00	-0.04	-1.3%
147	Oreo Os Cookies&Cream Cerals 350gr	3.98	4.02	0.04	1.0%
148	Quaker Traganes Μπουκies Dark Chocolate 450gr	3.35	3.39	0.04	1.2%
149	Quaker White Oats Bag 500gr	1.93	1.94	0.01	0.5%
ΚΟΥΛΟΥΡΙΑ					
150	7DAYS BAKE ROLLS MINI PIZZA 80GR	0.81	0.80	-0.01	-1.2%
151	BAKANDYS BREADSTICKS OLIVE OIL 250GR	3.81	3.82	0.01	0.3%
152	BAKANDYS RUSKS RYE 200GR	2.85	2.89	0.04	1.4%

153	ELITE TOAST RYE 360GR(3+1 FREE)	2.21	2.17	-0.04	-1.8%
154	ELITE TOAST WHEAT 500GR(3+1 FREE)	2.07	2.17	0.10	4.8%
155	JOHNSOF BREAD COOKIES NAPOLITANO RAISIN 240GR	2.78	2.82	0.04	1.4%
156	JOHNSOF CROUTONS WHEAT 320GR	2.54	2.53	-0.01	-0.4%
157	MARIAS BREAD COOKIES CAROB 350GR	3.20	3.21	0.01	0.3%
ΜΠΙΣΚΟΤΑ					
158	FROU FROU JOKER CHOCO COV. SW 12X25GR(3 FREE)	3.85	4.08	0.23	6.0%
159	FROU FROU MORNING COFFEE PL 150GR	1.20	1.21	0.01	0.8%
160	KATERINA PETIT FOURS PL 500GR	3.99	4.00	0.01	0.3%
161	KINDER CARDS COCOA&MILK FIL 5X25.6GR	2.21	1.99	-0.22	-10.0%
162	NUTELLA FILLED CHOCO BISCUITS FIL T22 304GR	3.59	3.46	-0.13	-3.6%
163	OREO MINI VANILLA SW 115GR	1.84	1.75	-0.09	-4.9%
ΡΟΦΗΜΑΤΑ					
ΑΝΑΨΥΚΤΙΚΑ					
164	7 UP DIET/FREE CAN 8X330ML	4.34	4.51	0.17	3.9%
165	7 UP REGULAR CAN 8X330ML	4.37	4.54	0.17	3.9%
166	COCA COLA REGULAR CAN 330ML	0.92	0.92	0.00	0.0%
167	COCA COLA REGULAR CAN 8X330ML	4.95	5.02	0.07	1.4%
168	COCA COLA ZERO CAN 8X330ML	4.96	5.00	0.04	0.8%
169	PEPSI MAX CAN 8X330ML	3.70	3.72	0.02	0.5%
ΕΜΦΙΑΛΩΜΕΝΟ ΝΕΡΟ					
170	AGROS STILL PET 12X500ML	2.85	2.86	0.01	0.4%
171	AGROS STILL PET 6X1.5L	2.42	2.47	0.05	2.1%
172	ΑΓΙΟΣ ΝΙΧΟΛΑΟΣ STILL PET 12X500ML	2.99	3.01	0.02	0.7%
173	ΑΓΙΟΣ ΝΙΧΟΛΑΟΣ STILL PET 6X1.5L	2.40	2.43	0.03	1.3%
174	ΚΥΚΚΟΣ STILL PET 12X500ML	2.82	2.73	-0.09	-3.2%
175	ΚΥΚΚΟΣ STILL PET 6X1.5L	2.40	2.37	-0.03	-1.2%
ΧΥΜΟΙ					
176	KEAN MANGO&POMEGRANATE NECTAR TP 1L	1.66	1.64	-0.02	-1.2%
177	KEAN ORANGE 100% TP 1L	2.08	2.06	-0.02	-1.0%
178	KEANITA KIDS ORANGE DRINK TB 9X250ML	4.09	4.02	-0.07	-1.7%
179	LIFE APPLE&CARROT&ORANGE 100% PET 400ML	1.70	1.67	-0.03	-1.8%
180	LIFE ORANGE 100% PET 1L	2.85	3.08	0.23	8.1%
181	LIFE ORANGE 100% PET 400ML	1.70	1.65	-0.05	-2.9%
ΦΡΕΣΚΑ ΠΡΟΙΟΝΤΑ					
ΑΥΓΑ					
182	Αυγά 12 τεμάχια (Μ) - (53gr - 63gr) -(φθηνότερη συσκ.)	3.47	3.42	-0.05	-1.4%
ΦΡΕΣΚΟ ΚΡΕΑΣ/ ΠΟΥΛΕΡΙΚΑ/ ΚΟΥΝΕΛΙ					
183	Αμνοερίφια μικρά σε κομμάτια (Kg)	10.44	12.36	1.92	18.4%
184	Βοδινό top-side (Kg) (ψαχνό, χωρίς κόκκαλο και λίπος)	15.02	14.98	-0.04	-0.3%
185	Βοδινός κιμάς (Kg)	10.02	10.07	0.05	0.5%
186	Κοτόπουλο ολόκληρο (Kg) (Χαμηλότερη Τιμή)	3.70	3.74	0.04	1.1%
187	Κοτόπουλο στήθος φιλέτο (Kg) (Χαμηλότερη Τιμή)	7.90	7.88	-0.02	-0.3%
188	Κουνέλι (Kg) (χαμηλότερη τιμή)	10.42	10.50	0.08	0.8%
189	Χοιρινή Μπριζόλα φιλέτο (Kg)	6.19	6.10	-0.09	-1.5%
190	Χοιρινός Κιμάς (Kg)	5.48	5.61	0.13	2.4%
191	Χοιρινός Λαπάς με κόκκαλο (Kg)	5.91	5.81	-0.10	-1.7%
ΦΡΕΣΚΟ ΨΑΡΙ/ΜΑΛΑΚΙΑ					
192	Γόπες (Kg)	10.44	9.75	-0.69	-6.6%
193	Καλαμάρι Μεγάλο (Kg)	13.07	10.19	-2.88	-22.0%
194	Καλαμάρι Μικρό (Kg)	16.95	17.98	1.03	6.1%
195	Λαβράκι (Kg)	12.88	15.78	2.90	22.5%
196	Μπαρμπούνι (Kg)	22.63	23.32	0.69	3.0%
197	Τσιπούρα (Kg)	9.39	9.82	0.43	4.6%
198	Χταπόδι (Kg)	20.70	23.20	2.50	12.1%
ΧΟΡΤΑ					
199	Αγγουράκια Θερμοκηπίου (Kg)	1.52	1.77	0.25	16.4%
200	Αγγουράκια Χωραφιού (Kg)	2.08	2.43	0.35	16.8%
201	Ντομάτες Α (Kg)	1.40	2.09	0.69	49.3%
202	Πατάτες Φρέσκες (Kg)	1.96	2.02	0.06	3.1%
203	Χόρτα Δέσμης	0.52	0.51	-0.01	-1.9%
ΨΩΜΙ					
204	Slice Άσπρο μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.88	1.89	0.01	0.5%
205	Slice Άσπρο μικρό (450gr-500gr) (χαμηλότερη τιμή)	1.62	1.60	-0.02	-1.2%
206	Slice Ολικής Αλέσεως μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	2.14	2.16	0.02	0.9%
207	Slice Ολικής Αλέσεως μικρό (450gr-500gr) (χαμηλότερη τιμή)	1.74	1.74	0.00	0.0%
208	Ψωμί Άσπρο μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.66	1.65	-0.01	-0.6%

209	Ψωμί Άσπρο μικρό (450gr-500gr)(χαμηλότερη τιμή)	1.31	1.31	0.00	0.0%
FUEL					
CHARCOAL					
210	ETOSHA 5kg	5.83	5.64	-0.19	-3.3%
211	ΠΥΡΣΟΣ 5kg	6.19	6.24	0.05	0.8%
ΑΠΟΡΡΥΠΑΝΤΙΚΑ/ ΜΑΛΑΚΤΙΚΑ ΡΟΥΧΩΝ					
ΑΠΟΡΡΥΠΑΝΤΙΚΑ ΡΟΥΧΩΝ					
212	ARIEL TOUCH LENOR FRESH 50WSH LIQ 2.75L	11.00	11.12	0.12	1.1%
213	DIXAN POWER GEL MULTICOLOR 48W 2.16L	6.97	7.01	0.04	0.6%
214	DIXAN POWER GEL UNIVERSAL 48W 2.16L	7.02	7.05	0.03	0.4%
215	EUREKA ACTIVE CARE 75WSH PWD 4.125KG	8.29	8.29	0.00	0.0%
216	EUREKA MASSALIAS CLASSIC 57WSH LIQ 2.592L	6.22	6.19	-0.03	-0.5%
217	EUREKA MASSALIAS LAVENDER 57WSH LIQ 2.592L	6.25	6.23	-0.02	-0.3%
ΜΑΛΑΚΤΙΚΑ ΡΟΥΧΩΝ					
218	COMFORT GOLD LILY&WILD BERRY 4L	5.53	5.52	-0.01	-0.2%
219	COMFORT GOLD WILD ORCHID&SANDALWOOD 4L	5.59	5.58	-0.01	-0.2%
220	COMFORT PURELY SOFT 4L	4.96	4.94	-0.02	-0.4%
ΕΙΔΗ ΠΡΟΣΩΠΙΚΗΣ ΥΓΙΕΙΝΗΣ					
ΣΕΡΒΙΕΤΕΣ ΥΓΕΙΑΣ					
221	ALWAYS PADS SECURE NIGHT ULTRA DUO W 12P	2.11	2.14	0.03	1.4%
222	ALWAYS PADS ULTRA DAY LONG PLUS GIGAPACK TRIPLE W 36P	3.72	3.71	-0.01	-0.3%
223	ALWAYS PADS ULTRA NORMAL PLUS DUO W 20P	2.15	2.16	0.01	0.5%
224	EVERYDAY PADS HYPERDRY ULTRA PLUS SUPER DUO W 18P	1.93	1.96	0.03	1.6%
ΧΑΡΤΙ ΥΓΕΙΑΣ					
225	ELITE LUXURY WHITE 3PLY 10P	4.08	4.11	0.03	0.7%
226	HOPE ULTRA SOFT 3PLY 10P	3.46	3.47	0.01	0.3%
227	KLEENEX PREMIUM CREAM 2PLY 12P	10.77	10.79	0.02	0.2%
228	KLEENEX PREMIUM WHITE 2PLY 12P	10.80	10.85	0.05	0.5%
229	KLEENEX SCOTTONELLE PURE CLEAN MEGA WHITE 2PLY 32P	12.62	12.70	0.08	0.6%
230	SILKY WHITE 2PLY 24P	7.05	7.02	-0.03	-0.4%
ΚΥΛΙΝΔΡΟΣ ΥΓΡΑΕΡΙΟΥ					
ΚΥΛΙΝΔΡΟΣ ΥΓΡΑΕΡΙΟΥ					
231	ΚΥΛΙΝΔΡΟΣ 10kg (ΤΙΜΗ ΜΕ ΕΠΙΣΤΡΟΦΗ ΑΔΕΙΟΥ)	16.94	17.00	0.06	0.4%
ΒΡΕΦΙΚΑ ΠΡΟΪΟΝΤΑ					
ΒΡΕΦΙΚΕΣ ΠΑΝΕΣ					
232	NANNYS SENSITIVE 5 JUNIOR 12-25KG 44P	9.49	9.59	0.10	1.1%
233	NANNYS SENSITIVE 7 JUMBO PLUS 15+KG 36P	9.13	9.19	0.06	0.7%
234	PAMP. ACTIVE BABY 6 EXTRA LARGE 13-18KG 56P	13.68	13.62	-0.06	-0.4%
235	PAMP. ACTIVE BABY 7 MAXI 15+KG 40P	10.47	10.43	-0.04	-0.4%
236	PAMP. ACTIVE BABY JUNIOR 5 11-16KG 64P	13.73	13.61	-0.12	-0.9%
237	PAMP. PREMIUM CARE 1 NEW BORN 2-5KG 52P	10.92	10.70	-0.22	-2.0%
ΒΡΕΦΙΚΕΣ ΤΡΟΦΕΣ					
238	HIPP BIO DAIRY FREE OAT PORRIDGE 4M+ CRT 200GR	3.74	3.69	-0.05	-1.3%
239	NESTLE FARINE LACTEE WHEAT CEREALS 6M+ CRT 350GR	3.02	3.04	0.02	0.7%
240	NOYNOY 5 FRUIT CEREAL CREAM 6M+ TIN 300GR P-OFF	5.49	5.38	-0.11	-2.0%
241	NOYNOY BISCUIT CEREALS 6M+ TIN 300GR P-OFF	5.57	5.63	0.06	1.1%
242	NOYNOY FARINE LACTEE CEREALS 6M+ TIN 300GR P-OFF	3.39	3.48	0.09	2.7%
243	YIOTIS FARINE LACTEE MILK CEREAL CREAM 6M+ TIN 300GR	2.95	3.01	0.06	2.0%
ΒΡΕΦΙΚΟ ΓΑΛΛΑ					
244	Frisogrow 3 1-3y Tin 800gr	18.68	18.66	-0.02	-0.1%
245	Frisogrow Plus+ 3-5y Tin 800gr	16.40	16.58	0.18	1.1%
246	Frisolac 1 0-6m Tin 800gr	22.68	21.97	-0.71	-3.1%
247	Frisomel 2 6m+ Tin 800gr	18.58	18.32	-0.26	-1.4%
248	Nan 4 Protect Build 2y+ Tin 400gr	9.30	9.39	0.09	1.0%
249	S-26 Progress Gold 3 1-3y Tin 400gr	9.76	9.57	-0.19	-1.9%