

ΠΑΡΑΤΗΡΗΤΗΡΙΟ ΒΑΣΙΚΩΝ ΚΑΤΑΝΑΛΩΤΙΚΩΝ ΑΓΑΘΩΝ

ΣΥΓΚΡΙΣΗ ΜΕ ΠΡΟΗΓΟΥΜΕΝΟ ΜΗΝΑ



Φεβ 2025

Α/Α	ΠΡΟΪΟΝ	Μέση Σταθμισμένη Τιμή		Αύξηση / Μείωση Τιμής	% Μεταβολή
		Προηγούμενος Μήνας	Τρέχον Μήνας		
ΑΛΛΑΝΤΙΚΑ					
ΑΛΛΑΝΤΙΚΑ					
1	Chrysodalia Lountza Smoked Slices 300gr	4.24	3.95	-0.29	-6.8%
2	Chrysodalia Turkey Smoked Slices 200gr	2.62	2.44	-0.18	-6.9%
3	Grigoriou Ham Slices 300gr	3.86	4.01	0.15	3.9%
4	Grigoriou Lountza Slices 150gr	3.15	3.08	-0.07	-2.2%
5	Grigoriou Salami Extra 300gr	2.52	2.51	-0.01	-0.4%
6	Grigoriou Streaky Bacon Slices 150gr	2.72	2.53	-0.19	-7.0%
7	Grigoriou Turkey Smoked Slices 200gr	3.04	3.17	0.13	4.3%
ΒΟΗΘΗΜΑΤΑ ΜΑΓΕΙΡΕΜΑΤΟΣ					
ΖΩΜΟΣ					
8	KNORR BOUILLONS CHICKEN 12 CUBES 120GR	1.23	1.20	-0.03	-2.4%
9	KNORR BOUILLONS VEGETABLES 12 CUBES 120GR	1.57	1.56	-0.01	-0.6%
10	MAGGI BOUILLONS CHICKEN 12 CUBES 132GR	1.42	1.43	0.01	0.7%
11	MAGGI BOUILLONS PASTA 12 CUBES 132GR	1.91	1.89	-0.02	-1.0%
12	MAGGI BOUILLONS VEGETABLES 12 CUBES 132GR	1.95	1.90	-0.05	-2.6%
ΝΤΟΜΑΤΟΧΥΜΟΣ/ ΠΕΛΤΕΣ					
13	BLOSSOM TOMATO PASTE CUP 4X70GR	1.99	1.98	-0.01	-0.5%
14	KEAN POMILORI SIEVE TOMATO PASTE JAR 700GR	1.80	1.79	-0.01	-0.6%
15	MITSIDES TOMATO PASSATA CARTON 3X500GR P-OFF	2.66	2.63	-0.03	-1.1%
16	MITSIDES TOMATO PASTE CUP 4X70GR	2.05	1.98	-0.07	-3.4%
17	PELARGOS TOMATO PASSATA CARTON 3X250GR	1.33	1.32	-0.01	-0.8%
ΦΥΤΙΚΟ ΜΑΓΕΙΡΙΚΟ ΛΙΠΟΣ					
18	SPRY 350GR	2.58	2.69	0.11	4.3%
ΓΑΛΑΚΤΟΚΟΜΙΚΑ					
ΓΙΑΟΥΡΤΙ					
19	ALAMBRA THE GRANNY SHEEP F/F PC 700GR	2.75	2.52	-0.23	-8.4%
20	CHARALAMB/CHRISTIS STRAINED STRAGGATO F/F PC 1KG	4.11	4.12	0.01	0.2%
21	CHARALAMB/CHRISTIS STRAINED STRAGGATO LGT PC 1KG	4.11	4.13	0.02	0.5%
22	ZITA STRAINED F/F PC 1KG	3.89	3.84	-0.05	-1.3%
23	ZITA STRAINED LGT PC 1KG	3.88	3.84	-0.04	-1.0%
ΤΥΡΙ					
24	ALAMBRA COTTAGE PC 200GR	1.69	1.68	-0.01	-0.6%
25	ALAMBRA H GIAGIA GOAT/SHEEP HALLOUMI KG	13.40	12.62	-0.78	-5.8%
26	CHARALAMB/CHRISTIS FETA BLOCK 200GR	2.99	2.46	-0.53	-17.7%
27	CHARALAMB/CHRISTIS HALLOUMI PISSOURKOTIKO KG	15.92	14.16	-1.76	-11.1%
28	DIROLLO 2.2% COTTAGE 225GR	2.33	2.59	0.26	11.2%
29	DODONI FETA BLOCK 400GR	6.91	6.69	-0.22	-3.2%
30	KESES GOAT/SHEEP HALLOUMI KG	15.63	14.31	-1.32	-8.4%
31	LA VACHE QUI RIT CHEEZ DIPPERS 4PORTION 140GR	3.07	3.20	0.13	4.2%
32	PHILADELPHIA LIGHT PLAIN SPREAD TUBS 200GR	2.50	2.44	-0.06	-2.4%
33	PHILADELPHIA PLAIN SPREAD TUBS 200GR	2.52	2.46	-0.06	-2.4%
34	VALIO EDAM LIGHT 17% SLICES 2X250GR P-OFF	6.58	6.62	0.04	0.6%
35	VEPO FOOD EDAM SLICES 200GR	2.62	2.49	-0.13	-5.0%
36	VEPO FOOD GOUDA SLICES 200GR	2.55	2.41	-0.14	-5.5%
ΦΡΕΣΚΟ ΓΑΛΑ					
37	CHARALAMBIDES CHRISTIS DELACT HDPE 1L	1.75	1.74	-0.01	-0.6%
38	CHARALAMBIDES CHRISTIS FULL FAT 3% HDPE 2L	2.95	2.94	-0.01	-0.3%
39	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 1.5L	2.29	2.29	0.00	0.0%
40	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 1L	1.54	1.54	0.00	0.0%
41	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 2L	2.96	2.95	-0.01	-0.3%
42	LANITIS FULL FAT 3% HDPE 2L	2.95	2.94	-0.01	-0.3%
43	LANITIS SEMI SKIMMED 1.5% HDPE 1.5L	2.28	2.27	-0.01	-0.4%

44	LANITIS SEMI SKIMMED 1.5% HDPE 2L	2.95	2.95	0.00	0.0%
ΕΛΑΙΑ					
ΛΑΔΙ					
45	AMBROSIA SUNFLOWER OIL 3L	6.46	6.85	0.39	6.0%
46	ELIOHORI EXTRA VIRGIN OLIVE OIL 2L	30.57	28.27	-2.30	-7.5%
47	ELIOHORI EXTRA VIRGIN OLIVE OIL PET 1L	14.33	13.65	-0.68	-4.7%
48	GUSTO SUNFLOWER OIL PET 5L	7.40	7.73	0.33	4.5%
49	LESIEUR SUNFLOWER OIL 3L	6.27	6.39	0.12	1.9%
50	SAINT GEORGE CYPRUS EXTRA VIRGIN OLIVE OIL PET 1L	9.64	9.06	-0.58	-6.0%
51	THE KING OF OLIVES SALAD OIL PET 1L	2.95	2.92	-0.03	-1.0%
ΖΥΜΑΡΙΚΑ / ΑΛΕΥΡΙ / ΡΥΖΙ / ΠΟΥΡΓΟΥΡΙ / ΟΣΠΡΙΑ / ΖΑΧΑΡΗ					
ΑΛΕΥΡΙ					
52	MITSIDES FARINA PLAIN 00 1KG	1.36	1.32	-0.04	-2.9%
53	MITSIDES PLAIN 00 ALL PURPOSE 1KG	1.26	1.27	0.01	0.8%
54	MITSIDES SELF RAISING 1KG	1.38	1.40	0.02	1.4%
55	MITSIDES VILLAGE 1KG	1.46	1.38	-0.08	-5.5%
56	TRIUMPH FARINA 00 1KG	1.31	1.40	0.09	6.9%
57	TRIUMPH VILLAGE 1KG	1.38	1.48	0.10	7.2%
ΖΑΧΑΡΗ					
58	SUGAR	0.96	0.97	0.01	1.0%
ΖΥΜΑΡΙΚΑ					
59	BARILLA SPAGHETTI No.5 500GR	1.21	1.25	0.04	3.3%
60	MELISSA PRIMO GUSTO ORZO 500GR	1.20	1.24	0.04	3.3%
61	MELISSA PRIMO GUSTO SPAGHETTI No.6 500GR	0.97	1.02	0.05	5.2%
62	MITSIDES MEZZANI A 500GR	1.22	1.24	0.02	1.6%
63	MITSIDES ORZO 500GR	1.33	1.33	0.00	0.0%
64	MITSIDES SPAGHETTI 500GR	1.19	1.17	-0.02	-1.7%
65	MITSIDES TRADITIONAL 500GR	1.49	1.50	0.01	0.7%
66	TRIUMPH SPAGHETTI 500GR	1.12	1.14	0.02	1.8%
ΟΣΠΡΙΑ					
67	KAOURIS CANADIAN LAIRD LENTILS 1KG	2.61	2.60	-0.01	-0.4%
68	NATURAL LIFE IMPORTED BLACK EYE BEANS 1KG	3.10	3.16	0.06	1.9%
69	NATURAL LIFE IMPORTED LENTILS 1KG	2.54	2.56	0.02	0.8%
70	SOLEAS 3A BEANS 1KG	2.98	2.82	-0.16	-5.4%
71	SOLEAS 3A BLACK EYE BEANS 1KG	3.67	3.60	-0.07	-1.9%
72	SOLEAS 3A GREEN LENTILS 1KG	3.39	3.05	-0.34	-10.0%
ΠΟΥΡΓΟΥΡΙ					
73	A.KEPOLA BULGUR WHEAT 1KG	2.46	2.49	0.03	1.2%
74	A.KEPOLA BULGUR WHEAT 500GR	1.65	1.65	0.00	0.0%
75	KAOURIS BULGUR WHEAT 500GR	1.49	1.55	0.06	4.0%
76	LISKO FAMELISKO BULGUR WHEAT MEDIUM 500GR	1.19	1.12	-0.07	-5.9%
77	MITSIDES BULGUR WHEAT 1KG	3.00	2.99	-0.01	-0.3%
78	MITSIDES BULGUR WHEAT 500GR	1.62	1.63	0.01	0.6%
ΡΥΖΙ					
79	SOLEAS 3A BASMATI RICE BAG 1KG	3.19	3.06	-0.13	-4.1%
80	SOLEAS 3A GLUTINOUS RICE BAG 1KG	2.52	2.36	-0.16	-6.3%
81	SOLEAS 3A PARBOILED RICE 1KG	2.38	2.40	0.02	0.8%
82	TILDA BASMATI RICE 1KG	5.34	5.58	0.24	4.5%
83	UNCLE BENS LONG GRAIN RICE 1KG	4.77	4.75	-0.02	-0.4%
84	UNCLE BENS LONG GRAIN RICE BOX 2KG	8.64	8.71	0.07	0.8%
ΚΑΤΕΨΥΓΜΕΝΑ					
ΚΑΤΕΨΥΓΜΕΝΑ ΖΥΜΑΡΙΚΑ					
85	CHARALAMBIDES CHRISTIS RAVIOLI 400GR	4.00	3.61	-0.39	-9.8%
86	HERCULES RAVIOLI 400GR	3.20	3.24	0.04	1.2%
87	MITSIDES VILLAGE RAVIOLI 375GR	3.10	3.07	-0.03	-1.0%
ΚΑΤΕΨΥΓΜΕΝΑ ΜΑΛΑΚΙΑ/ ΟΣΤΡΑΚΟΕΙΔΗ					
88	7 THALASSES SHRIMPS 30/50 500GR	9.30	9.56	0.26	2.8%
89	BLUE GREEN WAVE OCTOPUS 1KG	6.59	5.25	-1.34	-20.3%
90	BLUE GREEN WAVE SQUID RINGS 1KG	6.52	6.49	-0.03	-0.5%
91	EDESMA SQUID RINGS 1KG	7.06	6.38	-0.68	-9.6%
ΚΑΤΕΨΥΓΜΕΝΟ ΨΑΡΙ					
92	EDESMA RED FISH 1KG	7.26	7.27	0.01	0.1%
93	FINDUS SALMON PORTIONS 4X125GR	19.68	17.00	-2.68	-13.6%
94	FOODPAX SALMON PORTIONS 4X125GR	14.05	13.80	-0.25	-1.8%
95	QUALIFOOD PANGASIUS FILLETS 1KG	4.38	2.56	-1.82	-41.6%

96	QUALIFOOD SALMON PORTION 4X125GR	12.93	12.79	-0.14	-1.1%
ΚΑΤΕΨΥΓΜΕΝΟ ΨΑΡΙ ΠΑΝΕ/ ΠΡΟΨΗΜΕΝΟ					
97	7 SEAS COD BREADED FISH FILLETS 400GR	3.53	3.56	0.03	0.8%
98	BIRDS EYE COD FISH FINGERS 14PCS 350GR	6.22	6.11	-0.11	-1.8%
99	BIRDS EYE SIMPLY 4 COD FILLET BREADED 440GR	10.13	10.14	0.01	0.1%
100	BLUE GREEN WAVE COD FISH FILLET BREADED 4PCS 400GR	4.15	3.98	-0.17	-4.1%
101	NORDA WHITE FISH FISH STICKS 10PCS 300GR	3.10	3.24	0.14	4.5%
ΨΥΓΕΙΟΥ ΚΑΙ ΚΑΤΕΨΥΓΜΕΝΑ ΜΠΕΡΚΕΡ					
102	EDESMA VEGETABLE BURGERS 4P 380GR	4.95	4.90	-0.05	-1.0%
103	EN ELLADI NOSTIMIES BURGERS 420GR	3.76	3.80	0.04	1.1%
104	GRIGORIOU BEEF BURGERS 4P 600GR	5.34	5.36	0.02	0.4%
105	GRIGORIOU HAMBURGERS 6P 480GR	4.03	4.13	0.10	2.5%
106	GRIGORIOU TURKEY BURGERS 6P 480GR	4.21	4.23	0.02	0.5%
107	KYPRIANOU SPECIAL CHICKEN BURGERS 900GR	6.60	6.29	-0.31	-4.7%
ΨΥΓΕΙΟΥ ΚΑΙ ΚΑΤΕΨΥΓΜΕΝΟ ΚΡΕΑΣ ΠΑΝΕ/ ΠΡΟΨΗΜΕΝΟ					
108	EDESMA CHICKEN NUGGETS 500GR	5.48	5.40	-0.08	-1.5%
109	EDESMA CHICKEN NUGGETS 900GR	7.29	7.19	-0.10	-1.4%
110	EMA FOODS CHICKEN NUGGETS 900GR	7.04	7.54	0.50	7.1%
111	EN ELLADI CHICKEN NUGGETS 400GR	4.58	4.60	0.02	0.4%
112	EN ELLADI MEAT BALLS 420GR	4.37	4.50	0.13	3.0%
113	PARADISIOTIS CHICKEN NUGGETS 800GR	5.10	5.14	0.04	0.8%
ΚΑΦΕΣ					
ΚΥΠΡΙΑΚΟΣ ΚΑΦΕΣ					
114	CHARALAMBOUS GREEN 200GR	3.16	3.08	-0.08	-2.5%
115	CHARALAMBOUS GREEN 500GR	7.85	7.83	-0.02	-0.3%
116	LAIKON GOLD 200GR	3.18	3.18	0.00	0.0%
117	LAIKON GOLD 500GR	7.69	7.80	0.11	1.4%
ΣΤΙΓΜΙΑΙΟΣ ΚΑΦΕΣ					
118	CELEST CAFE TIN 200GR	4.79	4.67	-0.12	-2.5%
119	JACOBS EKLEKTOS JAR 100GR	4.14	3.99	-0.15	-3.6%
120	NESCAFE AZERA ESPRESSO TIN 100GR	5.98	6.04	0.06	1.0%
121	NESCAFE CLASSIC DEC TIN 100GR	4.83	4.81	-0.02	-0.4%
122	NESCAFE CLASSIC TIN 100GR	3.80	3.92	0.12	3.2%
123	NESCAFE CLASSIC TIN 200GR	5.90	5.93	0.03	0.5%
124	NESCAFE GOLD BLEND JAR 190GR	6.24	6.18	-0.06	-1.0%
125	NESCAFE GOLD BLEND JAR 95GR	3.57	3.57	0.00	0.0%
ΚΟΝΣΕΡΒΕΣ					
ΓΑΛΑ ΕΒΑΠΟΡΕ/ ΖΑΧΑΡΟΥΧΟ					
126	MANA CONDENSED CAN 397GR	1.95	1.93	-0.02	-1.0%
127	NOYNOY CONDENSED CAN 397GR	1.78	1.86	0.08	4.5%
128	NOYNOY EVAPORATED CAN 410GR	1.32	1.30	-0.02	-1.5%
129	NOYNOY LIGHT EVAPORATED CAN 410GR	1.32	1.29	-0.03	-2.3%
130	NOYNOY LIGHT EVAPORATED PORTIONS 10X15GR	1.25	1.27	0.02	1.6%
ΚΟΝΣΕΡΒΕΣ ΚΡΕΑΤΟΣ					
131	Karla Corned Beef 340gr	3.20	3.17	-0.03	-0.9%
132	Tulip Pork Chopped Ham 200gr	2.35	2.36	0.01	0.4%
133	Tulip Pork Luncheon Meat 200gr	2.25	2.25	0.00	0.0%
134	Zwan Chicken Luncheon Meat 200gr	2.11	2.11	0.00	0.0%
135	Zwan Pork Chopped Ham 200gr	2.91	2.90	-0.01	-0.3%
136	Zwan Pork Luncheon Meat 200gr	2.15	2.12	-0.03	-1.4%
ΚΟΝΣΕΡΒΕΣ ΨΑΡΙΟΥ					
137	RIO MARE TUNA IN OLIVE OIL 2X160GR	4.92	4.62	-0.30	-6.1%
138	RIO MARE TUNA MEAT LIGHT IN OLIVE OIL 3X80GR	4.05	3.82	-0.23	-5.7%
139	SEVYCO WHITE TUNA LIGHT IN WATER 4X100GR	3.84	3.81	-0.03	-0.8%
140	SHEIK PINK TUNA IN SOYABEAN OIL 4X80GR	3.41	3.42	0.01	0.3%
141	SHEIK WHITE TUNA LIGHT IN WATER 4X160GR	6.44	6.41	-0.03	-0.5%
ΞΗΡΑ ΤΡΟΦΗ					
ΔΗΜΗΤΡΙΑΚΑ ΠΡΟΓΕΥΜΑΤΟΣ					
142	KELLOGG S SPECIAL K CLASSIC MAXI 700GR	5.02	4.95	-0.07	-1.4%
143	Kellogg S Coco Pops 500gr	4.22	3.63	-0.59	-14.0%
144	Kellogg S Coco Pops Chocos 375gr	2.94	3.53	0.59	20.1%
145	Kellogg S Corn Flakes 500gr	3.40	3.40	0.00	0.0%
146	Kellogg S Honey Loops 330gr	3.83	3.77	-0.06	-1.6%
147	Oreo Os Cookies&Cream Cerals 350gr	3.88	3.87	-0.01	-0.3%
148	Quaker Traganes Mpoukies Dark Chocolate 450gr	3.39	3.25	-0.14	-4.1%

149	Quaker White Oats Bag 500gr	2.08	2.10	0.02	1.0%
ΚΟΥΛΟΥΡΙΑ					
150	7DAYS BAKE ROLLS MINI PIZZA 80GR	0.82	0.80	-0.02	-2.4%
151	BAKANDYS BREADSTICKS OLIVE OIL 250GR	3.71	3.32	-0.39	-10.5%
152	BAKANDYS RUSKS RYE 200GR	2.76	2.63	-0.13	-4.7%
153	ELITE TOAST RYE 360GR(3+1 FREE)	2.12	2.18	0.06	2.8%
154	ELITE TOAST WHEAT 500GR(3+1 FREE)	2.08	2.22	0.14	6.7%
155	JOHNSOF BREAD COOKIES NAPOLITANO RAISIN 240GR	2.87	2.88	0.01	0.3%
156	JOHNSOF CROUTONS WHEAT 320GR	2.72	2.70	-0.02	-0.7%
157	MARIAS BREAD COOKIES CAROB 350GR	3.21	3.22	0.01	0.3%
ΜΠΙΣΚΟΤΑ					
158	FROU FROU JOKER CHOCO COV. SW 12X25GR(3 FREE)	3.99	3.86	-0.13	-3.3%
159	FROU FROU MORNING COFFEE PL 150GR	1.19	1.19	0.00	0.0%
160	KATERINA PETIT FOURS PL 500GR	4.55	4.59	0.04	0.9%
161	KINDER CARDS COCOA&MILK FIL 5X25.6GR	2.27	2.26	-0.01	-0.4%
162	NUTELLA FILLED CHOCO BISCUITS FIL T22 304GR	3.75	3.76	0.01	0.3%
163	OREO VANILLA SW 154GR	1.47	1.46	-0.01	-0.7%
ΡΟΦΗΜΑΤΑ					
ΑΝΑΨΥΚΤΙΚΑ					
164	7 UP DIET/FREE CAN 8X330ML	4.36	4.30	-0.06	-1.4%
165	7 UP REGULAR CAN 8X330ML	4.35	4.30	-0.05	-1.1%
166	COCA COLA REGULAR CAN 330ML	0.93	0.91	-0.02	-2.2%
167	COCA COLA REGULAR CAN 8X330ML	4.85	4.89	0.04	0.8%
168	COCA COLA ZERO CAN 8X330ML	4.86	4.93	0.07	1.4%
169	PEPSI MAX CAN 8X330ML	3.62	3.62	0.00	0.0%
ΕΜΦΙΑΛΩΜΕΝΟ ΝΕΡΟ					
170	AGROS STILL PET 12X500ML	3.02	3.09	0.07	2.3%
171	AGROS STILL PET 6X1.5L	2.47	2.53	0.06	2.4%
172	ΑΙΓΙΟΣ ΝΙΚΟΛΑΟΣ STILL PET 12X500ML	2.99	2.96	-0.03	-1.0%
173	ΑΙΓΙΟΣ ΝΙΚΟΛΑΟΣ STILL PET 6X1.5L	2.42	2.35	-0.07	-2.9%
174	ΚΥΚΚΟΣ STILL PET 12X500ML	2.84	2.78	-0.06	-2.1%
175	ΚΥΚΚΟΣ STILL PET 6X1.5L	2.43	2.49	0.06	2.5%
ΧΥΜΟΙ					
176	KEAN MANGO&POMEGRANATE NECTAR TP 1L	1.66	1.66	0.00	0.0%
177	KEAN ORANGE 100% TP 1L	2.04	2.06	0.02	1.0%
178	KEANITA KIDS ORANGE DRINK TB 9X250ML	4.16	4.14	-0.02	-0.5%
179	LIFE APPLE&CARROT&ORANGE 100% PET 400ML	1.65	1.60	-0.05	-3.0%
180	LIFE ORANGE 100% PET 1L	2.62	2.78	0.16	6.1%
181	LIFE ORANGE 100% PET 400ML	1.60	1.56	-0.04	-2.5%
ΦΡΕΣΚΑ ΠΡΟΪΟΝΤΑ					
ΑΥΓΑ					
182	Αυγά 12 τεμάχια (Μ) - (53gr - 63gr) -(φθηνότερη συσκ.)	3.43	3.36	-0.07	-2.0%
ΦΡΕΣΚΟ ΚΡΕΑΣ/ ΠΟΥΛΕΡΙΚΑ/ ΚΟΥΝΕΛΙ					
183	Αμνοερίφια μικρά σε κομμάτια (Kg)	10.73	12.41	1.68	15.7%
184	Βοδινό top-side (Kg) (ψαχνό, χωρίς κόκκαλο και λίπος)	13.78	13.68	-0.10	-0.7%
185	Βοδινός κιμάς (Kg)	8.64	9.10	0.46	5.3%
186	Κοτόπουλο ολόκληρο (Kg) (Χαμηλότερη Τιμή)	3.72	3.75	0.03	0.8%
187	Κοτόπουλο στήθος φιλέτο (Kg) (Χαμηλότερη Τιμή)	7.91	7.86	-0.05	-0.6%
188	Κουνέλι (Kg) (χαμηλότερη τιμή)	10.56	10.75	0.19	1.8%
189	Χοιρινή Μπριζόλα φιλέτο (Kg)	5.69	5.90	0.21	3.7%
190	Χοιρινός Κιμάς (Kg)	5.36	5.42	0.06	1.1%
191	Χοιρινός Λαπάς με κόκκαλο (Kg)	5.66	5.64	-0.02	-0.4%
ΦΡΕΣΚΟ ΨΑΡΙ/ΜΑΛΑΚΙΑ					
192	Γόπες (Kg)	10.01	10.71	0.70	7.0%
193	Καλαμάρι Μεγάλο (Kg)	11.68	14.35	2.67	22.9%
194	Καλαμάρι Μικρό (Kg)	19.66	15.92	-3.74	-19.0%
195	Λαβράκι (Kg)	14.57	13.46	-1.11	-7.6%
196	Μπαρμπούνι (Kg)	23.80	28.07	4.27	17.9%
197	Τσιπούρα (Kg)	9.35	10.12	0.77	8.2%
198	Χταπόδι (Kg)	20.37	17.42	-2.95	-14.5%
ΧΟΡΤΑ					
199	Αγγουράκια Θερμοκηπίου (Kg)	2.82	3.42	0.60	21.3%
200	Αγγουράκια Χωραφιού (Kg)	3.44	4.08	0.64	18.6%
201	Ντομάτες Α (Kg)	1.30	1.28	-0.02	-1.5%
202	Πατάτες Φρέσκες (Kg)	1.35	1.75	0.40	29.6%

203	Χόρτα Δέσμης	0.52	0.51	-0.01	-1.9%
ΨΩΜΙ					
204	Slice Άσπρο μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.85	1.81	-0.04	-2.2%
205	Slice Άσπρο μικρό (450gr-500gr) (χαμηλότερη τιμή)	1.61	1.63	0.02	1.2%
206	Slice Ολικής Αλέσεως μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.83	1.81	-0.02	-1.1%
207	Slice Ολικής Αλέσεως μικρό (450gr-500gr) (χαμηλότερη τιμή)	1.71	1.70	-0.01	-0.6%
208	Ψωμί Άσπρο μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.63	1.63	0.00	0.0%
209	Ψωμί Άσπρο μικρό (450gr-500gr)(χαμηλότερη τιμή)	1.30	1.31	0.01	0.8%
FUEL					
CHARCOAL					
210	ETOSHA 5kg	6.15	5.78	-0.37	-6.0%
211	ΠΥΡΣΟΣ 5kg	6.36	6.28	-0.08	-1.3%
ΑΠΟΡΡΥΠΑΝΤΙΚΑ/ ΜΑΛΑΚΤΙΚΑ ΡΟΥΧΩΝ					
ΑΠΟΡΡΥΠΑΝΤΙΚΑ ΡΟΥΧΩΝ					
212	ARIEL TOUCH LENOR FRESH 50WSH LIQ 2.75L	10.92	10.98	0.06	0.5%
213	DIXAN POWER GEL MULTICOLOR 48W 2.16L	7.48	7.18	-0.30	-4.0%
214	DIXAN POWER GEL UNIVERSAL 48W 2.16L	7.47	7.20	-0.27	-3.6%
215	EUREKA ACTIVE CARE 75WSH PWD 4.125KG	9.30	9.29	-0.01	-0.1%
216	EUREKA MASSALIAS CLASSIC 57WSH LIQ 2.592L	6.29	6.31	0.02	0.3%
217	EUREKA MASSALIAS LAVENDER 57WSH LIQ 2.592L	6.30	6.34	0.04	0.6%
ΜΑΛΑΚΤΙΚΑ ΡΟΥΧΩΝ					
218	COMFORT GOLD LILY&WILD BERRY 4L	5.60	5.58	-0.02	-0.4%
219	COMFORT GOLD WILD ORCHID&SANDALWOOD 4L	5.64	5.41	-0.23	-4.1%
220	COMFORT PURELY SOFT 4L	5.05	5.03	-0.02	-0.4%
ΕΙΔΗ ΠΡΟΣΩΠΙΚΗΣ ΥΓΙΕΙΝΗΣ					
ΣΕΡΒΙΕΤΤΕΣ ΥΓΙΕΙΑΣ					
221	ALWAYS PADS SECURE NIGHT ULTRA DUO W 12P	2.24	2.20	-0.04	-1.8%
222	ALWAYS PADS ULTRA DAY LONG PLUS GIGAPACK TRIPLE W 36P	3.76	3.76	0.00	0.0%
223	ALWAYS PADS ULTRA NORMAL PLUS DUO W 20P	2.20	2.18	-0.02	-0.9%
224	EVERYDAY PADS HYPERDRY ULTRA PLUS SUPER DUO W 18P	1.99	1.99	0.00	0.0%
ΚΑΡΤΙ ΥΓΙΕΙΑΣ					
225	ELITE LUXURY WHITE 3PLY 10P	3.93	4.08	0.15	3.8%
226	HOPE ULTRA SOFT 3PLY 10P	3.60	3.53	-0.07	-1.9%
227	KLEENEX PREMIUM HONEYSUCKLE 2PLY 12P (3 FREE)	11.64	11.28	-0.36	-3.1%
228	KLEENEX PREMIUM WHITE 2PLY 12P (3 FREE)	11.78	11.66	-0.12	-1.0%
229	KLEENEX SCOTTONELLE PURE CLEAN MEGA WHITE 2PLY 32P	13.99	13.35	-0.64	-4.6%
230	SILKY WHITE 2PLY 24P	7.09	7.04	-0.05	-0.7%
ΚΥΛΙΝΔΡΟΣ ΥΓΡΑΕΡΙΟΥ					
ΚΥΛΙΝΔΡΟΣ ΥΓΡΑΕΡΙΟΥ					
231	ΚΥΛΙΝΔΡΟΣ 10kg (ΤΙΜΗ ΜΕ ΕΠΙΣΤΡΟΦΗ ΑΔΕΙΟΥ)	17.18	17.54	0.36	2.1%
ΒΡΕΦΙΚΑ ΠΡΟΙΟΝΤΑ					
ΒΡΕΦΙΚΕΣ ΠΑΝΕΣ					
232	NANNYS SENSITIVE 5 JUNIOR 12-25KG 44P	9.70	9.60	-0.10	-1.0%
233	NANNYS SENSITIVE 7 JUMBO PLUS 15+KG 36P	9.46	9.53	0.07	0.7%
234	PAMP. ACTIVE BABY 6 EXTRA LARGE 13-18KG 56P	13.59	13.20	-0.39	-2.9%
235	PAMP. ACTIVE BABY 7 MAXI 15+KG 40P	10.44	10.33	-0.11	-1.1%
236	PAMP. ACTIVE BABY JUNIOR 5 11-16KG 64P	13.60	13.12	-0.48	-3.5%
237	PAMP. PREMIUM CARE 1 NEW BORN 2-5KG 52P	11.05	11.01	-0.04	-0.4%
ΒΡΕΦΙΚΕΣ ΤΡΟΦΕΣ					
238	HIPP BIO DAIRY FREE OAT PORRIDGE 4M+ CRT 200GR	3.77	3.81	0.04	1.1%
239	NESTLE FARINE LACTEE WHEAT CEREALS 6M+ CRT 350GR	3.17	3.06	-0.11	-3.5%
240	NOYNOY 5 FRUIT CEREAL CREAM 6M+ TIN 300GR P-OFF	5.36	5.36	0.00	0.0%
241	NOYNOY BISCUIT CEREALS 6M+ TIN 300GR P-OFF	5.64	5.49	-0.15	-2.7%
242	NOYNOY FARINE LACTEE CEREALS 6M+ TIN 300GR P-OFF	3.14	3.20	0.06	1.9%
243	YIOTIS FARINE LACTEE MILK CEREAL CREAM 6M+ TIN 300GR	3.16	3.25	0.09	2.8%
ΒΡΕΦΙΚΟ ΓΑΛΛΑ					
244	Frisogrow 3 1-3y Tin 800gr	19.29	19.02	-0.27	-1.4%
245	Frisogrow Plus+ 3-5y Tin 800gr	17.05	17.37	0.32	1.9%
246	Frisolac 1 0-6m Tin 800gr	22.74	22.86	0.12	0.5%
247	Frisomel 2 6m+ Tin 800gr	19.13	19.24	0.11	0.6%
248	Nan 4 Protect Build 2y+ Tin 400gr	9.47	9.36	-0.11	-1.2%
249	S-26 Progress Gold 3 1-3y Tin 400gr	9.86	9.59	-0.27	-2.7%