

# ΠΑΡΑΤΗΡΗΤΗΡΙΟ ΒΑΣΙΚΩΝ ΚΑΤΑΝΑΛΩΤΙΚΩΝ ΑΓΑΘΩΝ

## ΣΥΓΚΡΙΣΗ ΜΕ ΠΡΟΗΓΟΥΜΕΝΟ ΜΗΝΑ



| Αυγ 2025               |                                                    |                       |              |                          |            |
|------------------------|----------------------------------------------------|-----------------------|--------------|--------------------------|------------|
| Α/Α                    | ΠΡΟΪΟΝ                                             | Μέση Σταθμισμένη Τιμή |              | Αύξηση /<br>Μείωση Τιμής | % Μεταβολή |
|                        |                                                    | Προηγούμενος<br>Μήνας | Τρέχον Μήνας |                          |            |
| ΑΛΛΑΝΤΙΚΑ              |                                                    |                       |              |                          |            |
| ΑΛΛΑΝΤΙΚΑ              |                                                    |                       |              |                          |            |
| 1                      | Chrysodalia Lountza Smoked Slices 300gr            | 3.78                  | 3.78         | 0.00                     | 0.0%       |
| 2                      | Chrysodalia Turkey Smoked Slices 200gr             | 2.32                  | 2.44         | 0.12                     | 5.2%       |
| 3                      | GRIGORIOU HAM PREMIUM SLICES 150GR                 | 2.69                  | 2.62         | -0.07                    | -2.6%      |
| 4                      | Grigoriou Lountza Slices 150gr                     | 3.01                  | 3.09         | 0.08                     | 2.7%       |
| 5                      | Grigoriou Salami Extra 300gr                       | 2.31                  | 2.39         | 0.08                     | 3.5%       |
| 6                      | Grigoriou Streaky Bacon Slices 150gr               | 2.29                  | 2.33         | 0.04                     | 1.7%       |
| 7                      | Grigoriou Turkey Smoked Slices 200gr               | 3.30                  | 3.37         | 0.07                     | 2.1%       |
| ΒΟΗΘΗΜΑΤΑ ΜΑΓΕΙΡΕΜΑΤΟΣ |                                                    |                       |              |                          |            |
| ΖΩΜΟΣ                  |                                                    |                       |              |                          |            |
| 8                      | KNORR BOUILLONS CHICKEN 12 CUBES 120GR             | 1.15                  | 1.17         | 0.02                     | 1.7%       |
| 9                      | KNORR BOUILLONS VEGETABLES 12 CUBES 120GR          | 1.53                  | 1.59         | 0.06                     | 3.9%       |
| 10                     | MAGGI BOUILLONS CHICKEN 12 CUBES 132GR             | 1.44                  | 1.44         | 0.00                     | 0.0%       |
| 11                     | MAGGI BOUILLONS PASTA 12 CUBES 132GR               | 1.91                  | 1.91         | 0.00                     | 0.0%       |
| 12                     | MAGGI BOUILLONS VEGETABLES 12 CUBES 132GR          | 1.92                  | 1.93         | 0.01                     | 0.5%       |
| ΝΤΟΜΑΤΟΧΥΜΟΣ/ ΠΕΛΤΕΣ   |                                                    |                       |              |                          |            |
| 13                     | BLOSSOM TOMATO PASTE CUP 4X70GR                    | 1.95                  | 1.97         | 0.02                     | 1.0%       |
| 14                     | KEAN POMILORI SIEVE TOMATO PASTE JAR 700GR         | 1.83                  | 1.83         | 0.00                     | 0.0%       |
| 15                     | MITSIDES TOMATO PASSATA CARTON 3X500GR P-OFF       | 2.67                  | 2.67         | 0.00                     | 0.0%       |
| 16                     | MITSIDES TOMATO PASTE CUP 4X70GR                   | 2.04                  | 1.93         | -0.11                    | -5.4%      |
| 17                     | PELARGOS TOMATO PASSATA CARTON 3X250GR             | 1.30                  | 1.30         | 0.00                     | 0.0%       |
| ΦΥΤΙΚΟ ΜΑΓΕΙΡΙΚΟ ΛΙΠΟΣ |                                                    |                       |              |                          |            |
| 18                     | SPRY 350GR                                         | 2.29                  | 2.35         | 0.06                     | 2.6%       |
| ΓΑΛΑΚΤΟΚΟΜΙΚΑ          |                                                    |                       |              |                          |            |
| ΓΙΑΟΥΡΤΙ               |                                                    |                       |              |                          |            |
| 19                     | ALAMBRA THE GRANNY SHEEP F/F PC 700GR              | 2.74                  | 2.79         | 0.05                     | 1.8%       |
| 20                     | CHARALAMB/CHRISTIS STRAINED STRAGGATO F/F PC 1KG   | 4.05                  | 3.92         | -0.13                    | -3.2%      |
| 21                     | CHARALAMB/CHRISTIS STRAINED STRAGGATO LGT PC 1KG   | 4.06                  | 3.91         | -0.15                    | -3.7%      |
| 22                     | ZITA STRAINED F/F PC 1KG                           | 3.80                  | 3.85         | 0.05                     | 1.3%       |
| 23                     | ZITA STRAINED LGT PC 1KG                           | 3.82                  | 3.86         | 0.04                     | 1.0%       |
| ΤΥΡΙ                   |                                                    |                       |              |                          |            |
| 24                     | ALAMBRA COTTAGE PC 200GR                           | 1.68                  | 1.65         | -0.03                    | -1.8%      |
| 25                     | ALAMBRA H GIAGIA GOAT/SHEEP HALLOUMI KG            | 13.57                 | 13.39        | -0.18                    | -1.3%      |
| 26                     | CHARALAMB/CHRISTIS FETA BLOCK 200GR                | 2.83                  | 2.95         | 0.12                     | 4.2%       |
| 27                     | CHARALAMB/CHRISTIS HALLOUMI PISSOURKOTIKO KG       | 14.24                 | 13.89        | -0.35                    | -2.5%      |
| 28                     | DIROLLO 2.2% COTTAGE 225GR                         | 2.86                  | 2.89         | 0.03                     | 1.0%       |
| 29                     | DODONI FETA BLOCK 400GR                            | 6.34                  | 6.36         | 0.02                     | 0.3%       |
| 30                     | KESES GOAT/SHEEP HALLOUMI KG                       | 15.28                 | 15.55        | 0.27                     | 1.8%       |
| 31                     | LA VACHE QUI RIT CHEEZ DIPPERS 4PORTION 140GR      | 2.80                  | 2.87         | 0.07                     | 2.5%       |
| 32                     | PHILADELPHIA LIGHT PLAIN SPREAD TUBS 200GR         | 2.33                  | 2.33         | 0.00                     | 0.0%       |
| 33                     | PHILADELPHIA PLAIN SPREAD TUBS 200GR               | 2.34                  | 2.35         | 0.01                     | 0.4%       |
| 34                     | VALIO EDAM LIGHT 17% SLICES 2X250GR P-OFF          | 6.95                  | 6.95         | 0.00                     | 0.0%       |
| 35                     | VEPO FOOD EDAM SLICES 200GR                        | 2.52                  | 2.56         | 0.04                     | 1.6%       |
| 36                     | VEPO FOOD GOUDA SLICES 200GR                       | 2.50                  | 2.50         | 0.00                     | 0.0%       |
| ΦΡΕΣΚΟ ΓΑΛΑ            |                                                    |                       |              |                          |            |
| 37                     | CHARALAMBIDES CHRISTIS DELACT HDPE 1L              | 1.73                  | 1.73         | 0.00                     | 0.0%       |
| 38                     | CHARALAMBIDES CHRISTIS FULL FAT 3% HDPE 2L         | 2.93                  | 2.93         | 0.00                     | 0.0%       |
| 39                     | CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 1.5L | 2.31                  | 2.32         | 0.01                     | 0.4%       |
| 40                     | CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 1L   | 1.54                  | 1.53         | -0.01                    | -0.6%      |
| 41                     | CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 2L   | 2.94                  | 2.95         | 0.01                     | 0.3%       |
| 42                     | LANITIS FULL FAT 3% HDPE 2L                        | 2.91                  | 2.92         | 0.01                     | 0.3%       |
| 43                     | LANITIS SEMI SKIMMED 1.5% HDPE 1.5L                | 2.28                  | 2.28         | 0.00                     | 0.0%       |
| 44                     | LANITIS SEMI SKIMMED 1.5% HDPE 2L                  | 2.93                  | 2.93         | 0.00                     | 0.0%       |
| ΕΛΑΙΑ                  |                                                    |                       |              |                          |            |
| ΛΑΔΙ                   |                                                    |                       |              |                          |            |

| Α/Α                                                           | ΠΡΟΪΟΝ                                            | Μέση Σταθμισμένη Τιμή |              | Αύξηση /<br>Μείωση Τιμής | % Μεταβολή |
|---------------------------------------------------------------|---------------------------------------------------|-----------------------|--------------|--------------------------|------------|
|                                                               |                                                   | Προηγούμενος<br>Μήνας | Τρέχον Μήνας |                          |            |
| 45                                                            | AMBROSIA SUNFLOWER OIL 3L                         | 6.76                  | 6.77         | 0.01                     | 0.1%       |
| 46                                                            | ELIOHORI EXTRA VIRGIN OLIVE OIL 2L                | 20.73                 | 19.85        | -0.88                    | -4.2%      |
| 47                                                            | ELIOHORI EXTRA VIRGIN OLIVE OIL PET 1L            | 9.52                  | 10.02        | 0.50                     | 5.3%       |
| 48                                                            | GUSTO SUNFLOWER OIL PET 5L                        | 8.02                  | 8.03         | 0.01                     | 0.1%       |
| 49                                                            | LESIEUR SUNFLOWER OIL 3L                          | 6.48                  | 6.41         | -0.07                    | -1.1%      |
| 50                                                            | SAINT GEORGE CYPRUS EXTRA VIRGIN OLIVE OIL PET 1L | 7.46                  | 7.27         | -0.19                    | -2.5%      |
| 51                                                            | THE KING OF OLIVES SALAD OIL PET 1L               | 2.89                  | 2.89         | 0.00                     | 0.0%       |
| <b>ΖΥΜΑΡΙΚΑ / ΑΛΕΥΡΙ / ΡΥΖΙ / ΠΟΥΡΓΟΥΡΙ / ΟΣΠΡΙΑ / ΖΑΧΑΡΗ</b> |                                                   |                       |              |                          |            |
| <b>ΑΛΕΥΡΙ</b>                                                 |                                                   |                       |              |                          |            |
| 52                                                            | MITSIDES FARINA PLAIN 00 1KG                      | 1.48                  | 1.50         | 0.02                     | 1.4%       |
| 53                                                            | MITSIDES PLAIN 00 ALL PURPOSE 1KG                 | 1.18                  | 1.22         | 0.04                     | 3.4%       |
| 54                                                            | MITSIDES SELF RAISING 1KG                         | 1.48                  | 1.50         | 0.02                     | 1.4%       |
| 55                                                            | MITSIDES VILLAGE 1KG                              | 1.54                  | 1.58         | 0.04                     | 2.6%       |
| 56                                                            | TRIUMPH FARINA 00 1KG                             | 1.22                  | 1.36         | 0.14                     | 11.5%      |
| 57                                                            | TRIUMPH VILLAGE 1KG                               | 1.25                  | 1.40         | 0.15                     | 12.0%      |
| <b>ΖΑΧΑΡΗ</b>                                                 |                                                   |                       |              |                          |            |
| 58                                                            | SUGAR                                             | 0.99                  | 0.99         | 0.00                     | 0.0%       |
| <b>ΖΥΜΑΡΙΚΑ</b>                                               |                                                   |                       |              |                          |            |
| 59                                                            | BARILLA SPAGHETTI No.5 500GR                      | 1.04                  | 1.06         | 0.02                     | 1.9%       |
| 60                                                            | MELISSA PRIMO GUSTO ORZO 500GR                    | 1.13                  | 1.19         | 0.06                     | 5.3%       |
| 61                                                            | MELISSA PRIMO GUSTO SPAGHETTI No.6 500GR          | 0.85                  | 0.91         | 0.06                     | 7.1%       |
| 62                                                            | MITSIDES MEZZANI A 500GR                          | 1.22                  | 1.24         | 0.02                     | 1.6%       |
| 63                                                            | MITSIDES ORZO 500GR                               | 1.32                  | 1.27         | -0.05                    | -3.8%      |
| 64                                                            | MITSIDES SPAGHETTI 500GR                          | 1.13                  | 1.09         | -0.04                    | -3.5%      |
| 65                                                            | MITSIDES TRADITIONAL 500GR                        | 1.41                  | 1.46         | 0.05                     | 3.5%       |
| 66                                                            | TRIUMPH SPAGHETTI 500GR                           | 1.12                  | 1.15         | 0.03                     | 2.7%       |
| <b>ΟΣΠΡΙΑ</b>                                                 |                                                   |                       |              |                          |            |
| 67                                                            | KAOURIS CANADIAN LAIRD LENTILS 1KG                | 2.64                  | 2.79         | 0.15                     | 5.7%       |
| 68                                                            | NATURAL LIFE IMPORTED BLACK EYE BEANS 1KG         | 3.06                  | 3.08         | 0.02                     | 0.7%       |
| 69                                                            | NATURAL LIFE IMPORTED LENTILS 1KG                 | 2.54                  | 2.54         | 0.00                     | 0.0%       |
| 70                                                            | SOLEAS 3A BEANS 1KG                               | 2.85                  | 2.77         | -0.08                    | -2.8%      |
| 71                                                            | SOLEAS 3A BLACK EYE BEANS 1KG                     | 3.63                  | 3.60         | -0.03                    | -0.8%      |
| 72                                                            | SOLEAS 3A GREEN LENTILS 1KG                       | 3.01                  | 2.95         | -0.06                    | -2.0%      |
| <b>ΠΟΥΡΓΟΥΡΙ</b>                                              |                                                   |                       |              |                          |            |
| 73                                                            | A.KEPOLA BULGUR WHEAT 1KG                         | 2.43                  | 2.43         | 0.00                     | 0.0%       |
| 74                                                            | A.KEPOLA BULGUR WHEAT 500GR                       | 1.67                  | 1.67         | 0.00                     | 0.0%       |
| 75                                                            | KAOURIS BULGUR WHEAT 500GR                        | 1.50                  | 1.46         | -0.04                    | -2.7%      |
| 76                                                            | LISKO FAMELISKO BULGUR WHEAT MEDIUM 500GR         | 1.20                  | 1.23         | 0.03                     | 2.5%       |
| 77                                                            | MITSIDES BULGUR WHEAT 1KG                         | 3.02                  | 2.98         | -0.04                    | -1.3%      |
| 78                                                            | MITSIDES BULGUR WHEAT 500GR                       | 1.72                  | 1.55         | -0.17                    | -9.9%      |
| <b>ΡΥΖΙ</b>                                                   |                                                   |                       |              |                          |            |
| 79                                                            | SOLEAS 3A BASMATI RICE BAG 1KG                    | 2.89                  | 2.96         | 0.07                     | 2.4%       |
| 80                                                            | SOLEAS 3A GLUTINOUS RICE BAG 1KG                  | 2.20                  | 2.27         | 0.07                     | 3.2%       |
| 81                                                            | SOLEAS 3A PARBOILED RICE 1KG                      | 2.29                  | 2.44         | 0.15                     | 6.6%       |
| 82                                                            | TILDA BASMATI RICE 1KG                            | 4.97                  | 5.01         | 0.04                     | 0.8%       |
| 83                                                            | UNCLE BENS LONG GRAIN RICE 1KG                    | 5.05                  | 4.63         | -0.42                    | -8.3%      |
| 84                                                            | UNCLE BENS LONG GRAIN RICE BOX 2KG                | 9.69                  | 9.75         | 0.06                     | 0.6%       |
| <b>ΚΑΤΕΨΥΓΜΕΝΑ</b>                                            |                                                   |                       |              |                          |            |
| <b>ΚΑΤΕΨΥΓΜΕΝΑ ΖΥΜΑΡΙΚΑ</b>                                   |                                                   |                       |              |                          |            |
| 85                                                            | CHARALAMBIDES CHRISTIS RAVIOLI 400GR              | 4.21                  | 3.59         | -0.62                    | -14.7%     |
| 86                                                            | HERCULES RAVIOLI 400GR                            | 3.06                  | 3.10         | 0.04                     | 1.3%       |
| 87                                                            | MITSIDES VILLAGE RAVIOLI 375GR                    | 3.41                  | 3.46         | 0.05                     | 1.5%       |
| <b>ΚΑΤΕΨΥΓΜΕΝΑ ΜΑΛΑΚΙΑ/ ΟΣΤΡΑΚΟΕΙΔΗ</b>                       |                                                   |                       |              |                          |            |
| 88                                                            | 7 THALASSES SHRIMPS 30/50 500GR                   | 8.84                  | 9.37         | 0.53                     | 6.0%       |
| 89                                                            | BLUE GREEN WAVE OCTOPUS 1KG                       | 6.03                  | 6.04         | 0.01                     | 0.2%       |
| 90                                                            | BLUE GREEN WAVE SQUID RINGS 1KG                   | 6.47                  | 6.57         | 0.10                     | 1.5%       |
| 91                                                            | EDESMA SQUID RINGS 1KG                            | 7.48                  | 7.15         | -0.33                    | -4.4%      |
| <b>ΚΑΤΕΨΥΓΜΕΝΟ ΨΑΡΙ</b>                                       |                                                   |                       |              |                          |            |
| 92                                                            | EDESMA RED FISH 1KG                               | 7.13                  | 7.16         | 0.03                     | 0.4%       |
| 93                                                            | FINDUS SALMON PORTIONS 4X125GR                    | 15.73                 | 17.06        | 1.33                     | 8.5%       |
| 94                                                            | FOODPAX SALMON PORTIONS 4X125GR                   | 12.78                 | 12.23        | -0.55                    | -4.3%      |
| 95                                                            | QUALIFOOD PANGASIU FILLETS 1KG                    | 3.69                  | 3.11         | -0.58                    | -15.7%     |
| 96                                                            | QUALIFOOD SALMON PORTION 4X125GR                  | 12.62                 | 13.14        | 0.52                     | 4.1%       |
| <b>ΚΑΤΕΨΥΓΜΕΝΟ ΨΑΡΙ ΠΑΝΕ/ ΠΡΟΨΗΜΕΝΟ</b>                       |                                                   |                       |              |                          |            |
| 97                                                            | 7 SEAS COD BREADED FISH FILLETS 400GR             | 3.55                  | 3.54         | -0.01                    | -0.3%      |

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|------------------------------------------------------|----------------------------------------------------|-----------------------|--------------|--------------------------|------------|
|                                                      |                                                    | Προηγούμενος<br>Μήνας | Τρέχον Μήνας |                          |            |
| 98                                                   | BIRDS EYE COD FISH FINGERS 14PCS 350GR             | 6.30                  | 6.40         | 0.10                     | 1.6%       |
| 99                                                   | BIRDS EYE SIMPLY 4 COD FILLET BREADED 440GR        | 9.69                  | 9.71         | 0.02                     | 0.2%       |
| 100                                                  | BLUE GREEN WAVE COD FISH FILLET BREADED 4PCS 400GR | 3.97                  | 4.08         | 0.11                     | 2.8%       |
| 101                                                  | NORDA WHITE FISH FISH STICKS 10PCS 300GR           | 2.99                  | 3.03         | 0.04                     | 1.3%       |
| <b>ΨΥΓΕΙΟΥ ΚΑΙ ΚΑΤΕΨΥΓΜΕΝΑ ΜΠΕΡΚΕΡ</b>               |                                                    |                       |              |                          |            |
| 102                                                  | EDESMA VEGETABLE BURGERS 4P 380GR                  | 4.90                  | 4.77         | -0.13                    | -2.7%      |
| 103                                                  | EN ELLADI NOSTIMIES BURGERS 420GR                  | 4.08                  | 4.31         | 0.23                     | 5.6%       |
| 104                                                  | GRIGORIOU BEEF BURGERS 4P 600GR                    | 6.34                  | 6.10         | -0.24                    | -3.8%      |
| 105                                                  | GRIGORIOU HAMBURGERS 6P 480GR                      | 3.99                  | 3.93         | -0.06                    | -1.5%      |
| 106                                                  | GRIGORIOU TURKEY BURGERS 6P 480GR                  | 4.84                  | 4.97         | 0.13                     | 2.7%       |
| 107                                                  | KYPRIANOU SPECIAL CHICKEN BURGERS 900GR            | 6.61                  | 6.61         | 0.00                     | 0.0%       |
| <b>ΨΥΓΕΙΟΥ ΚΑΙ ΚΑΤΕΨΥΓΜΕΝΟ ΚΡΕΑΣ ΠΑΝΕ/ ΠΡΟΨΗΜΕΝΟ</b> |                                                    |                       |              |                          |            |
| 108                                                  | EDESMA CHICKEN NUGGETS 500GR                       | 5.52                  | 5.50         | -0.02                    | -0.4%      |
| 109                                                  | EDESMA CHICKEN NUGGETS 900GR                       | 7.14                  | 7.28         | 0.14                     | 2.0%       |
| 110                                                  | EMA FOODS CHICKEN NUGGETS 900GR                    | 7.15                  | 7.01         | -0.14                    | -2.0%      |
| 111                                                  | EN ELLADI CHICKEN NUGGETS 400GR                    | 4.63                  | 4.67         | 0.04                     | 0.9%       |
| 112                                                  | EN ELLADI MEAT BALLS 420GR                         | 4.18                  | 4.16         | -0.02                    | -0.5%      |
| 113                                                  | PARADISIOTIS CHICKEN NUGGETS 800GR                 | 5.17                  | 5.17         | 0.00                     | 0.0%       |
| <b>ΚΑΦΕΣ</b>                                         |                                                    |                       |              |                          |            |
| <b>ΚΥΠΡΙΑΚΟΣ ΚΑΦΕΣ</b>                               |                                                    |                       |              |                          |            |
| 114                                                  | CHARALAMBOUS GREEN 200GR                           | 3.45                  | 3.46         | 0.01                     | 0.3%       |
| 115                                                  | CHARALAMBOUS GREEN 500GR                           | 8.44                  | 8.49         | 0.05                     | 0.6%       |
| 116                                                  | LAIKON GOLD 200GR                                  | 3.53                  | 3.52         | -0.01                    | -0.3%      |
| 117                                                  | LAIKON GOLD 500GR                                  | 8.61                  | 8.79         | 0.18                     | 2.1%       |
| <b>ΣΤΙΓΜΙΑΙΟΣ ΚΑΦΕΣ</b>                              |                                                    |                       |              |                          |            |
| 118                                                  | CELEST CAFE TIN 200GR                              | 5.11                  | 5.04         | -0.07                    | -1.4%      |
| 119                                                  | JACOBS EKLEKTOS JAR 100GR                          | 4.19                  | 4.19         | 0.00                     | 0.0%       |
| 120                                                  | NESCAFE AZERA ESPRESSO TIN 100GR                   | 6.69                  | 6.83         | 0.14                     | 2.1%       |
| 121                                                  | NESCAFE CLASSIC DEC TIN 100GR                      | 4.93                  | 5.05         | 0.12                     | 2.4%       |
| 122                                                  | NESCAFE CLASSIC TIN 100GR                          | 4.18                  | 4.30         | 0.12                     | 2.9%       |
| 123                                                  | NESCAFE CLASSIC TIN 200GR                          | 6.25                  | 6.38         | 0.13                     | 2.1%       |
| 124                                                  | NESCAFE GOLD BLEND JAR 190GR                       | 6.43                  | 6.54         | 0.11                     | 1.7%       |
| 125                                                  | NESCAFE GOLD BLEND JAR 95GR                        | 4.20                  | 4.14         | -0.06                    | -1.4%      |
| <b>ΚΟΝΣΕΡΒΕΣ</b>                                     |                                                    |                       |              |                          |            |
| <b>ΓΑΛΑ ΕΒΑΠΟΡΕ/ ΖΑΧΑΡΟΥΧΟ</b>                       |                                                    |                       |              |                          |            |
| 126                                                  | MANA CONDENSED CAN 397GR                           | 1.91                  | 1.96         | 0.05                     | 2.6%       |
| 127                                                  | NOYNOY CONDENSED CAN 397GR                         | 1.67                  | 1.76         | 0.09                     | 5.4%       |
| 128                                                  | NOYNOY EVAPORATED CAN 410GR                        | 1.31                  | 1.32         | 0.01                     | 0.8%       |
| 129                                                  | NOYNOY LIGHT EVAPORATED CAN 410GR                  | 1.31                  | 1.32         | 0.01                     | 0.8%       |
| 130                                                  | NOYNOY LIGHT EVAPORATED PORTIONS 10X15GR           | 1.25                  | 1.26         | 0.01                     | 0.8%       |
| <b>ΚΟΝΣΕΡΒΕΣ ΚΡΕΑΤΟΣ</b>                             |                                                    |                       |              |                          |            |
| 131                                                  | Karla Corned Beef 340gr                            | 3.26                  | 3.33         | 0.07                     | 2.1%       |
| 132                                                  | Tulip Pork Chopped Ham 200gr                       | 2.34                  | 2.39         | 0.05                     | 2.1%       |
| 133                                                  | Tulip Pork Luncheon Meat 200gr                     | 2.22                  | 2.29         | 0.07                     | 3.2%       |
| 134                                                  | Zwan Chicken Luncheon Meat 200gr                   | 2.14                  | 2.05         | -0.09                    | -4.2%      |
| 135                                                  | Zwan Pork Chopped Ham 200gr                        | 3.03                  | 2.88         | -0.15                    | -5.0%      |
| 136                                                  | Zwan Pork Luncheon Meat 200gr                      | 2.15                  | 2.16         | 0.01                     | 0.5%       |
| <b>ΚΟΝΣΕΡΒΕΣ ΨΑΡΙΟΥ</b>                              |                                                    |                       |              |                          |            |
| 137                                                  | RIO MARE TUNA IN OLIVE OIL 2X160GR                 | 4.67                  | 4.66         | -0.01                    | -0.2%      |
| 138                                                  | RIO MARE TUNA MEAT LIGHT IN OLIVE OIL 3X80GR       | 3.81                  | 3.79         | -0.02                    | -0.5%      |
| 139                                                  | SEVYCO WHITE TUNA LIGHT IN WATER 4X100GR           | 3.78                  | 3.72         | -0.06                    | -1.6%      |
| 140                                                  | SHEIK PINK TUNA IN SOYABEAN OIL 4X80GR             | 3.40                  | 3.41         | 0.01                     | 0.3%       |
| 141                                                  | SHEIK WHITE TUNA LIGHT IN WATER 4X160GR            | 6.39                  | 6.39         | 0.00                     | 0.0%       |
| <b>ΞΗΡΑ ΤΡΟΦΗ</b>                                    |                                                    |                       |              |                          |            |
| <b>ΔΗΜΗΤΡΙΑΚΑ ΠΡΟΓΕΥΜΑΤΟΣ</b>                        |                                                    |                       |              |                          |            |
| 142                                                  | KELLOGG S SPECIAL K CLASSIC MAXI 700GR             | 4.97                  | 4.87         | -0.10                    | -2.0%      |
| 143                                                  | Kellogg S Coco Pops 500gr                          | 3.77                  | 3.86         | 0.09                     | 2.4%       |
| 144                                                  | Kellogg S Coco Pops Chocos 375gr                   | 2.54                  | 2.70         | 0.16                     | 6.3%       |
| 145                                                  | Kellogg S Corn Flakes 500gr                        | 3.21                  | 3.30         | 0.09                     | 2.8%       |
| 146                                                  | Kellogg S Honey Loops 330gr                        | 3.09                  | 3.04         | -0.05                    | -1.6%      |
| 147                                                  | Oreo Os Cookies&Cream Cerals 350gr                 | 4.14                  | 3.98         | -0.16                    | -3.9%      |
| 148                                                  | Quaker Traganes Mpoukies Dark Chocolate 450gr      | 3.27                  | 3.35         | 0.08                     | 2.4%       |
| 149                                                  | Quaker White Oats Bag 500gr                        | 1.90                  | 1.93         | 0.03                     | 1.6%       |
| <b>ΚΟΥΛΟΥΡΙΑ</b>                                     |                                                    |                       |              |                          |            |
| 150                                                  | 7DAYS BAKE ROLLS MINI PIZZA 80GR                   | 0.83                  | 0.81         | -0.02                    | -2.4%      |

| Α/Α                                     | ΠΡΟΪΟΝ                                                 | Μέση Σταθμισμένη Τιμή |              | Αύξηση /<br>Μείωση Τιμής | % Μεταβολή |
|-----------------------------------------|--------------------------------------------------------|-----------------------|--------------|--------------------------|------------|
|                                         |                                                        | Προηγούμενος<br>Μήνας | Τρέχον Μήνας |                          |            |
| 151                                     | BAKANDYS BREADSTICKS OLIVE OIL 250GR                   | 3.59                  | 3.81         | 0.22                     | 6.1%       |
| 152                                     | BAKANDYS RUSKS RYE 200GR                               | 2.76                  | 2.85         | 0.09                     | 3.3%       |
| 153                                     | ELITE TOAST RYE 360GR(3+1 FREE)                        | 2.15                  | 2.21         | 0.06                     | 2.8%       |
| 154                                     | ELITE TOAST WHEAT 500GR(3+1 FREE)                      | 2.15                  | 2.07         | -0.08                    | -3.7%      |
| 155                                     | JOHNSOF BREAD COOKIES NAPOLITANO RAISIN 240GR          | 2.79                  | 2.78         | -0.01                    | -0.4%      |
| 156                                     | JOHNSOF CROUTONS WHEAT 320GR                           | 2.59                  | 2.54         | -0.05                    | -1.9%      |
| 157                                     | MARIAS BREAD COOKIES CAROB 350GR                       | 3.19                  | 3.20         | 0.01                     | 0.3%       |
| <b>ΜΠΙΣΚΟΤΑ</b>                         |                                                        |                       |              |                          |            |
| 158                                     | FROU FROU JOKER CHOCO COV. SW 12X25GR(3 FREE)          | 3.60                  | 3.85         | 0.25                     | 6.9%       |
| 159                                     | FROU FROU MORNING COFFEE PL 150GR                      | 1.16                  | 1.20         | 0.04                     | 3.4%       |
| 160                                     | KATERINA PETIT FOURS PL 500GR                          | 4.46                  | 3.99         | -0.47                    | -10.5%     |
| 161                                     | KINDER CARDS COCOA&MILK FIL 5X25.6GR                   | 2.18                  | 2.21         | 0.03                     | 1.4%       |
| 162                                     | NUTELLA FILLED CHOCO BISCUITS FIL T22 304GR            | 3.49                  | 3.59         | 0.10                     | 2.9%       |
| 163                                     | OREO MINI VANILLA SW 115GR                             | 1.88                  | 1.84         | -0.04                    | -2.1%      |
| <b>ΡΟΦΗΜΑΤΑ</b>                         |                                                        |                       |              |                          |            |
| <b>ΑΝΑΨΥΚΤΙΚΑ</b>                       |                                                        |                       |              |                          |            |
| 164                                     | 7 UP DIET/FREE CAN 8X330ML                             | 4.40                  | 4.34         | -0.06                    | -1.4%      |
| 165                                     | 7 UP REGULAR CAN 8X330ML                               | 4.43                  | 4.37         | -0.06                    | -1.4%      |
| 166                                     | COCA COLA REGULAR CAN 330ML                            | 0.94                  | 0.92         | -0.02                    | -2.1%      |
| 167                                     | COCA COLA REGULAR CAN 8X330ML                          | 4.92                  | 4.95         | 0.03                     | 0.6%       |
| 168                                     | COCA COLA ZERO CAN 8X330ML                             | 4.92                  | 4.96         | 0.04                     | 0.8%       |
| 169                                     | PEPSI MAX CAN 8X330ML                                  | 3.68                  | 3.70         | 0.02                     | 0.5%       |
| <b>ΕΜΦΙΑΛΩΜΕΝΟ ΝΕΡΟ</b>                 |                                                        |                       |              |                          |            |
| 170                                     | AGROS STILL PET 12X500ML                               | 2.83                  | 2.85         | 0.02                     | 0.7%       |
| 171                                     | AGROS STILL PET 6X1.5L                                 | 2.43                  | 2.42         | -0.01                    | -0.4%      |
| 172                                     | ΑΥΙΟΣ NICOLAOS STILL PET 12X500ML                      | 2.94                  | 2.99         | 0.05                     | 1.7%       |
| 173                                     | ΑΥΙΟΣ NICOLAOS STILL PET 6X1.5L                        | 2.45                  | 2.40         | -0.05                    | -2.0%      |
| 174                                     | KYKKOS STILL PET 12X500ML                              | 2.75                  | 2.82         | 0.07                     | 2.5%       |
| 175                                     | KYKKOS STILL PET 6X1.5L                                | 2.35                  | 2.40         | 0.05                     | 2.1%       |
| <b>ΧΥΜΟΙ</b>                            |                                                        |                       |              |                          |            |
| 176                                     | KEAN MANGO&POMEGRANATE NECTAR TP 1L                    | 1.66                  | 1.66         | 0.00                     | 0.0%       |
| 177                                     | KEAN ORANGE 100% TP 1L                                 | 2.06                  | 2.08         | 0.02                     | 1.0%       |
| 178                                     | KEANITA KIDS ORANGE DRINK TB 9X250ML                   | 4.02                  | 4.09         | 0.07                     | 1.7%       |
| 179                                     | LIFE APPLE&CARROT&ORANGE 100% PET 400ML                | 1.70                  | 1.70         | 0.00                     | 0.0%       |
| 180                                     | LIFE ORANGE 100% PET 1L                                | 3.20                  | 2.85         | -0.35                    | -10.9%     |
| 181                                     | LIFE ORANGE 100% PET 400ML                             | 1.67                  | 1.70         | 0.03                     | 1.8%       |
| <b>ΦΡΕΣΚΑ ΠΡΟΪΟΝΤΑ</b>                  |                                                        |                       |              |                          |            |
| <b>ΑΥΓΑ</b>                             |                                                        |                       |              |                          |            |
| 182                                     | Αυγά 12 τεμάχια (Μ) - (53gr - 63gr) -(φθηνότερη συσκ.) | 3.46                  | 3.47         | 0.01                     | 0.3%       |
| <b>ΦΡΕΣΚΟ ΚΡΕΑΣ/ ΠΟΥΛΕΡΙΚΑ/ ΚΟΥΝΕΛΙ</b> |                                                        |                       |              |                          |            |
| 183                                     | Αμνοερίφια μικρά σε κομμάτια (Kg)                      | 11.88                 | 10.44        | -1.44                    | -12.1%     |
| 184                                     | Βοδινό top-side (Kg) (ψαχνό, χωρίς κόκκαλο και λίπος)  | 14.84                 | 15.02        | 0.18                     | 1.2%       |
| 185                                     | Βοδινός κιμάς (Kg)                                     | 10.02                 | 10.02        | 0.00                     | 0.0%       |
| 186                                     | Κοτόπουλο ολόκληρο (Kg) (Χαμηλότερη Τιμή)              | 3.76                  | 3.70         | -0.06                    | -1.6%      |
| 187                                     | Κοτόπουλο στήθος φιλέτο (Kg) (Χαμηλότερη Τιμή)         | 7.82                  | 7.90         | 0.08                     | 1.0%       |
| 188                                     | Κουνέλι (Kg) (χαμηλότερη τιμή)                         | 10.48                 | 10.42        | -0.06                    | -0.6%      |
| 189                                     | Χοιρινή Μπριζόλα φιλέτο (Kg)                           | 6.11                  | 6.19         | 0.08                     | 1.3%       |
| 190                                     | Χοιρινός Κιμάς (Kg)                                    | 5.48                  | 5.48         | 0.00                     | 0.0%       |
| 191                                     | Χοιρινός Λαπάς με κόκκαλο (Kg)                         | 5.94                  | 5.91         | -0.03                    | -0.5%      |
| <b>ΦΡΕΣΚΟ ΨΑΡΙ/ΜΑΛΑΚΙΑ</b>              |                                                        |                       |              |                          |            |
| 192                                     | Γόπες (Kg)                                             | 10.12                 | 10.44        | 0.32                     | 3.2%       |
| 193                                     | Καλαμάρι Μεγάλο (Kg)                                   | 9.92                  | 13.07        | 3.15                     | 31.8%      |
| 194                                     | Καλαμάρι Μικρό (Kg)                                    | 17.76                 | 16.95        | -0.81                    | -4.6%      |
| 195                                     | Λαβράκι (Kg)                                           | 15.76                 | 12.88        | -2.88                    | -18.3%     |
| 196                                     | Μπαρμπούνι (Kg)                                        | 22.34                 | 22.63        | 0.29                     | 1.3%       |
| 197                                     | Τσιπούρα (Kg)                                          | 10.46                 | 9.39         | -1.07                    | -10.2%     |
| 198                                     | Χταπόδι (Kg)                                           | 22.87                 | 20.70        | -2.17                    | -9.5%      |
| <b>ΧΟΡΤΑ</b>                            |                                                        |                       |              |                          |            |
| 199                                     | Αγγουράκια Θερμοκηπίου (Kg)                            | 0.79                  | 1.52         | 0.73                     | 92.4%      |
| 200                                     | Αγγουράκια Χωραφιού (Kg)                               | 1.06                  | 2.08         | 1.02                     | 96.2%      |
| 201                                     | Ντομάτες Α (Kg)                                        | 1.32                  | 1.40         | 0.08                     | 6.1%       |
| 202                                     | Πατάτες Φρέσκες (Kg)                                   | 2.23                  | 1.96         | -0.27                    | -12.1%     |
| 203                                     | Χόρτα Δέσμης                                           | 0.52                  | 0.52         | 0.00                     | 0.0%       |
| <b>ΨΩΜΙ</b>                             |                                                        |                       |              |                          |            |
| 204                                     | Slice Άσπρο μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)  | 1.87                  | 1.88         | 0.01                     | 0.5%       |

| Α/Α                                    | ΠΡΟΪΟΝ                                                         | Μέση Σταθμισμένη Τιμή |              | Αύξηση /<br>Μείωση Τιμής | % Μεταβολή |
|----------------------------------------|----------------------------------------------------------------|-----------------------|--------------|--------------------------|------------|
|                                        |                                                                | Προηγούμενος<br>Μήνας | Τρέχον Μήνας |                          |            |
| 205                                    | Slice Άσπρο μικρό (450gr-500gr) (χαμηλότερη τιμή)              | 1.62                  | 1.62         | 0.00                     | 0.0%       |
| 206                                    | Slice Ολικής Αλέσεως μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή) | 2.14                  | 2.14         | 0.00                     | 0.0%       |
| 207                                    | Slice Ολικής Αλέσεως μικρό (450gr-500gr) (χαμηλότερη τιμή)     | 1.74                  | 1.74         | 0.00                     | 0.0%       |
| 208                                    | Ψωμί Άσπρο μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)           | 1.65                  | 1.66         | 0.01                     | 0.6%       |
| 209                                    | Ψωμί Άσπρο μικρό (450gr-500gr)(χαμηλότερη τιμή)                | 1.31                  | 1.31         | 0.00                     | 0.0%       |
| <b>FUEL</b>                            |                                                                |                       |              |                          |            |
| <b>CHARCOAL</b>                        |                                                                |                       |              |                          |            |
| 210                                    | ETOSHA 5kg                                                     | 5.85                  | 5.83         | -0.02                    | -0.3%      |
| 211                                    | ΠΥΡΣΟΣ 5kg                                                     | 6.25                  | 6.19         | -0.06                    | -1.0%      |
| <b>ΑΠΟΡΡΥΠΑΝΤΙΚΑ/ ΜΑΛΑΚΤΙΚΑ ΡΟΥΧΩΝ</b> |                                                                |                       |              |                          |            |
| <b>ΑΠΟΡΡΥΠΑΝΤΙΚΑ ΡΟΥΧΩΝ</b>            |                                                                |                       |              |                          |            |
| 212                                    | ARIEL TOUCH LENOR FRESH 50WSH LIQ 2.75L                        | 10.81                 | 11.00        | 0.19                     | 1.8%       |
| 213                                    | DIXAN POWER GEL MULTICOLOR 48W 2.16L                           | 7.11                  | 6.97         | -0.14                    | -2.0%      |
| 214                                    | DIXAN POWER GEL UNIVERSAL 48W 2.16L                            | 7.13                  | 7.02         | -0.11                    | -1.5%      |
| 215                                    | EUREKA ACTIVE CARE 75WSH PWD 4.125KG                           | 8.40                  | 8.29         | -0.11                    | -1.3%      |
| 216                                    | EUREKA MASSALIAS CLASSIC 57WSH LIQ 2.592L                      | 6.19                  | 6.22         | 0.03                     | 0.5%       |
| 217                                    | EUREKA MASSALIAS LAVENDER 57WSH LIQ 2.592L                     | 6.24                  | 6.25         | 0.01                     | 0.2%       |
| <b>ΜΑΛΑΚΤΙΚΑ ΡΟΥΧΩΝ</b>                |                                                                |                       |              |                          |            |
| 218                                    | COMFORT GOLD LILY&WILD BERRY 4L                                | 5.48                  | 5.53         | 0.05                     | 0.9%       |
| 219                                    | COMFORT GOLD WILD ORCHID&SANDALWOOD 4L                         | 5.45                  | 5.59         | 0.14                     | 2.6%       |
| 220                                    | COMFORT PURELY SOFT 4L                                         | 5.02                  | 4.96         | -0.06                    | -1.2%      |
| <b>ΕΙΔΗ ΠΡΟΣΩΠΙΚΗΣ ΥΓΙΕΙΝΗΣ</b>        |                                                                |                       |              |                          |            |
| <b>ΣΕΡΒΙΕΤΕΣ ΥΓΕΙΑΣ</b>                |                                                                |                       |              |                          |            |
| 221                                    | ALWAYS PADS SECURE NIGHT ULTRA DUO W 12P                       | 2.12                  | 2.11         | -0.01                    | -0.5%      |
| 222                                    | ALWAYS PADS ULTRA DAY LONG PLUS GIGAPACK TRIPLE W 36P          | 3.70                  | 3.72         | 0.02                     | 0.5%       |
| 223                                    | ALWAYS PADS ULTRA NORMAL PLUS DUO W 20P                        | 2.17                  | 2.15         | -0.02                    | -0.9%      |
| 224                                    | EVERYDAY PADS HYPERDRY ULTRA PLUS SUPER DUO W 18P              | 1.92                  | 1.93         | 0.01                     | 0.5%       |
| <b>ΧΑΡΤΙ ΥΓΕΙΑΣ</b>                    |                                                                |                       |              |                          |            |
| 225                                    | ELITE LUXURY WHITE 3PLY 10P                                    | 4.07                  | 4.08         | 0.01                     | 0.2%       |
| 226                                    | HOPE ULTRA SOFT 3PLY 10P                                       | 3.46                  | 3.46         | 0.00                     | 0.0%       |
| 227                                    | KLEENEX PREMIUM CREAM 2PLY 12P                                 | 10.77                 | 10.77        | 0.00                     | 0.0%       |
| 228                                    | KLEENEX PREMIUM WHITE 2PLY 12P                                 | 10.88                 | 10.80        | -0.08                    | -0.7%      |
| 229                                    | KLEENEX SCOTTONELLE PURE CLEAN MEGA WHITE 2PLY 32P             | 12.50                 | 12.62        | 0.12                     | 1.0%       |
| 230                                    | SILKY WHITE 2PLY 24P                                           | 7.08                  | 7.05         | -0.03                    | -0.4%      |
| <b>ΚΥΛΙΝΔΡΟΣ ΥΓΡΑΕΡΙΟΥ</b>             |                                                                |                       |              |                          |            |
| <b>ΚΥΛΙΝΔΡΟΣ ΥΓΡΑΕΡΙΟΥ</b>             |                                                                |                       |              |                          |            |
| 231                                    | ΚΥΛΙΝΔΡΟΣ 10kg (ΤΙΜΗ ΜΕ ΕΠΙΣΤΡΟΦΗ ΑΔΕΙΟΥ)                      | 16.14                 | 16.94        | 0.80                     | 5.0%       |
| <b>ΒΡΕΦΙΚΑ ΠΡΟΙΟΝΤΑ</b>                |                                                                |                       |              |                          |            |
| <b>ΒΡΕΦΙΚΕΣ ΠΑΝΕΣ</b>                  |                                                                |                       |              |                          |            |
| 232                                    | NANNYS SENSITIVE 5 JUNIOR 12-25KG 44P                          | 9.47                  | 9.49         | 0.02                     | 0.2%       |
| 233                                    | NANNYS SENSITIVE 7 JUMBO PLUS 15+KG 36P                        | 9.11                  | 9.13         | 0.02                     | 0.2%       |
| 234                                    | PAMP. ACTIVE BABY 6 EXTRA LARGE 13-18KG 56P                    | 13.44                 | 13.68        | 0.24                     | 1.8%       |
| 235                                    | PAMP. ACTIVE BABY 7 MAXI 15+KG 40P                             | 10.45                 | 10.47        | 0.02                     | 0.2%       |
| 236                                    | PAMP. ACTIVE BABY JUNIOR 5 11-16KG 64P                         | 13.47                 | 13.73        | 0.26                     | 1.9%       |
| 237                                    | PAMP. PREMIUM CARE 1 NEW BORN 2-5KG 52P                        | 10.55                 | 10.92        | 0.37                     | 3.5%       |
| <b>ΒΡΕΦΙΚΕΣ ΤΡΟΦΕΣ</b>                 |                                                                |                       |              |                          |            |
| 238                                    | HIPP BIO DAIRY FREE OAT PORRIDGE 4M+ CRT 200GR                 | 3.84                  | 3.74         | -0.10                    | -2.6%      |
| 239                                    | NESTLE FARINE LACTEE WHEAT CEREALS 6M+ CRT 350GR               | 3.01                  | 3.02         | 0.01                     | 0.3%       |
| 240                                    | NOYNOY 5 FRUIT CEREAL CREAM 6M+ TIN 300GR P-OFF                | 5.52                  | 5.49         | -0.03                    | -0.5%      |
| 241                                    | NOYNOY BISCUIT CEREALS 6M+ TIN 300GR P-OFF                     | 5.70                  | 5.57         | -0.13                    | -2.3%      |
| 242                                    | NOYNOY FARINE LACTEE CEREALS 6M+ TIN 300GR P-OFF               | 3.48                  | 3.39         | -0.09                    | -2.6%      |
| 243                                    | YIOTIS FARINE LACTEE MILK CEREAL CREAM 6M+ TIN 300GR           | 3.14                  | 2.95         | -0.19                    | -6.1%      |
| <b>ΒΡΕΦΙΚΟ ΓΑΛΑ</b>                    |                                                                |                       |              |                          |            |
| 244                                    | Frisogrow 3 1-3y Tin 800gr                                     | 18.08                 | 18.68        | 0.60                     | 3.3%       |
| 245                                    | Frisogrow Plus+ 3-5y Tin 800gr                                 | 16.67                 | 16.40        | -0.27                    | -1.6%      |
| 246                                    | Frisolac 1 0-6m Tin 800gr                                      | 22.74                 | 22.68        | -0.06                    | -0.3%      |
| 247                                    | Frisomel 2 6m+ Tin 800gr                                       | 18.44                 | 18.58        | 0.14                     | 0.8%       |
| 248                                    | Nan 4 Protect Build 2y+ Tin 400gr                              | 9.67                  | 9.30         | -0.37                    | -3.8%      |
| 249                                    | S-26 Progress Gold 3 1-3y Tin 400gr                            | 9.64                  | 9.76         | 0.12                     | 1.2%       |