

ΠΑΡΑΤΗΡΗΤΗΡΙΟ ΒΑΣΙΚΩΝ ΚΑΤΑΝΑΛΩΤΙΚΩΝ ΑΓΑΘΩΝ

ΣΥΓΚΡΙΣΗ ΜΕ ΠΡΟΗΓΟΥΜΕΝΟ ΜΗΝΑ



Δεκ 2025					
Α/Α	ΠΡΟΪΟΝ	Μέση Σταθμισμένη Τιμή		Αύξηση / Μείωση Τιμής	% Μεταβολή
		Προηγούμενος Μήνας	Τρέχον Μήνας		
ΑΛΛΑΝΤΙΚΑ					
ΑΛΛΑΝΤΙΚΑ					
1	Chrysodalia Lountza Smoked Slices 300gr	3.76	3.75	-0.01	-0.3%
2	Chrysodalia Turkey Smoked Slices 200gr	2.55	2.52	-0.03	-1.2%
3	GRIGORIOU HAM PREMIUM SLICES 150GR	2.70	2.70	0.00	0.0%
4	Grigoriou Lountza Slices 150gr	3.01	3.02	0.01	0.3%
5	Grigoriou Salami Extra 300gr	2.42	2.42	0.00	0.0%
6	Grigoriou Streaky Bacon Slices 150gr	2.36	2.33	-0.03	-1.3%
7	Grigoriou Turkey Smoked Slices 200gr	3.48	3.65	0.17	4.9%
ΒΟΗΘΗΜΑΤΑ ΜΑΓΕΙΡΕΜΑΤΟΣ					
ΖΩΜΟΣ					
8	KNORR BOUILLONS CHICKEN 12 CUBES 120GR	1.21	1.21	0.00	0.0%
9	KNORR BOUILLONS VEGETABLES 12 CUBES 120GR	1.56	1.57	0.01	0.6%
10	MAGGI BOUILLONS CHICKEN 12 CUBES 132GR	1.41	1.47	0.06	4.3%
11	MAGGI BOUILLONS PASTA 12 CUBES 132GR	1.85	1.94	0.09	4.9%
12	MAGGI BOUILLONS VEGETABLES 12 CUBES 132GR	1.84	1.87	0.03	1.6%
ΝΤΟΜΑΤΟΧΥΜΟΣ/ ΠΕΛΤΕΣ					
13	BLOSSOM TOMATO PASTE CUP 4X70GR	1.96	1.93	-0.03	-1.5%
14	KEAN POMILORI SIEVE TOMATO PASTE JAR 700GR	1.87	1.88	0.01	0.5%
15	MITSIDES TOMATO PASSATA CARTON 3X500GR P-OFF	2.67	2.69	0.02	0.7%
16	MITSIDES TOMATO PASTE CUP 4X70GR	1.93	2.02	0.09	4.7%
17	PELARGOS TOMATO PASSATA CARTON 3X250GR	1.28	1.28	0.00	0.0%
ΦΥΤΙΚΟ ΜΑΓΕΙΡΙΚΟ ΛΙΠΟΣ					
18	SPRY 350GR	2.44	2.37	-0.07	-2.9%
ΓΑΛΑΚΤΟΚΟΜΙΚΑ					
ΠΑΟΥΡΤΙ					
19	ALAMBRA THE GRANNY SHEEP F/F PC 700GR	2.66	2.55	-0.11	-4.1%
20	CHARALAMB/CHRISTIS STRAINED STRAGGATO F/F PC 1KG	4.05	4.04	-0.01	-0.2%
21	CHARALAMB/CHRISTIS STRAINED STRAGGATO LGT PC 1KG	4.05	4.04	-0.01	-0.2%
22	ZITA STRAINED F/F PC 1KG	3.88	3.74	-0.14	-3.6%
23	ZITA STRAINED LGT PC 1KG	3.89	3.73	-0.16	-4.1%
ΤΥΡΙ					
24	ALAMBRA COTTAGE PC 200GR	1.60	1.53	-0.07	-4.4%
25	ALAMBRA H GIAGIA GOAT/SHEEP HALLOUMI KG	13.96	13.23	-0.73	-5.2%
26	CHARALAMB/CHRISTIS FETA BLOCK 200GR	2.95	2.58	-0.37	-12.5%
27	CHARALAMB/CHRISTIS HALLOUMI PISSOURKOTIKO KG	16.11	14.47	-1.64	-10.2%
28	DIROLLO 2.2% COTTAGE 225GR	2.91	2.90	-0.01	-0.3%
29	DODONI FETA BLOCK 400GR	6.03	6.32	0.29	4.8%
30	KESES GOAT/SHEEP HALLOUMI KG	15.37	14.92	-0.45	-2.9%
31	LA VACHE QUI RIT CHEEZ DIPPERS 4PORTION 140GR	2.82	2.86	0.04	1.4%
32	PHILADELPHIA LIGHT PLAIN SPREAD TUBS 200GR	2.28	2.18	-0.10	-4.4%
33	PHILADELPHIA PLAIN SPREAD TUBS 200GR	2.31	2.16	-0.15	-6.5%
34	VALIO EDAM LIGHT 17% SLICES 2X250GR P-OFF	6.95	6.95	0.00	0.0%
35	VEPO FOOD EDAM SLICES 200GR	2.54	2.54	0.00	0.0%
36	VEPO FOOD GOUDA SLICES 200GR	2.53	2.55	0.02	0.8%
ΦΡΕΣΚΟ ΓΑΛΑ					
37	CHARALAMBIDES CHRISTIS DELACT HDPE 1L	1.73	1.73	0.00	0.0%
38	CHARALAMBIDES CHRISTIS FULL FAT 3% HDPE 2L	2.91	2.93	0.02	0.7%
39	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 1.5L	2.31	2.30	-0.01	-0.4%
40	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 1L	1.54	1.53	-0.01	-0.6%
41	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 2L	2.93	2.95	0.02	0.7%
42	LANITIS FULL FAT 3% HDPE 2L	2.91	2.82	-0.09	-3.1%
43	LANITIS SEMI SKIMMED 1.5% HDPE 1.5L	2.27	2.27	0.00	0.0%
44	LANITIS SEMI SKIMMED 1.5% HDPE 2L	2.92	2.83	-0.09	-3.1%

ΕΛΑΙΑ					
ΛΑΔΙ					
45	AMBROSIA SUNFLOWER OIL 3L	6.68	6.67	-0.01	-0.1%
46	ELIOHORI EXTRA VIRGIN OLIVE OIL 2L	19.50	20.51	1.01	5.2%
47	ELIOHORI EXTRA VIRGIN OLIVE OIL PET 1L	10.03	10.04	0.01	0.1%
48	GUSTO SUNFLOWER OIL PET 5L	8.04	8.03	-0.01	-0.1%
49	LESIEUR SUNFLOWER OIL 3L	6.47	6.36	-0.11	-1.7%
50	SAINT GEORGE CYPRUS EXTRA VIRGIN OLIVE OIL PET 1L	7.00	6.96	-0.04	-0.6%
51	THE KING OF OLIVES SALAD OIL PET 1L	2.89	2.84	-0.05	-1.7%
ΖΥΜΑΡΙΚΑ / ΑΛΕΥΡΙ / ΡΥΖΙ / ΠΟΥΡΓΟΥΡΙ / ΟΣΠΡΙΑ / ΖΑΧΑΡΗ					
ΑΛΕΥΡΙ					
52	MITSIDES FARINA PLAIN 00 1KG	1.50	1.18	-0.32	-21.3%
53	MITSIDES PLAIN 00 ALL PURPOSE 1KG	1.26	1.24	-0.02	-1.6%
54	MITSIDES SELF RAISING 1KG	1.47	1.20	-0.27	-18.4%
55	MITSIDES VILLAGE 1KG	1.57	1.30	-0.27	-17.2%
56	TRIUMPH FARINA 00 1KG	1.44	1.18	-0.26	-18.1%
57	TRIUMPH VILLAGE 1KG	1.50	1.24	-0.26	-17.3%
ΖΑΧΑΡΗ					
58	SUGAR	1.00	1.00	0.00	0.0%
ΖΥΜΑΡΙΚΑ					
59	BARILLA SPAGHETTI No.5 500GR	1.10	1.11	0.01	0.9%
60	MELISSA PRIMO GUSTO ORZO 500GR	1.21	1.19	-0.02	-1.7%
61	MELISSA PRIMO GUSTO SPAGHETTI No.6 500GR	1.03	1.01	-0.02	-1.9%
62	MITSIDES MEZZANI A 500GR	1.28	1.17	-0.11	-8.6%
63	MITSIDES ORZO 500GR	1.28	1.32	0.04	3.1%
64	MITSIDES SPAGHETTI 500GR	1.21	1.14	-0.07	-5.8%
65	MITSIDES TRADITIONAL 500GR	1.38	1.45	0.07	5.1%
66	TRIUMPH SPAGHETTI 500GR	1.12	1.06	-0.06	-5.4%
ΟΣΠΡΙΑ					
67	KAOURIS CANADIAN LAIRD LENTILS 1KG	2.74	2.54	-0.20	-7.3%
68	NATURAL LIFE IMPORTED BLACK EYE BEANS 1KG	3.25	3.22	-0.03	-0.9%
69	NATURAL LIFE IMPORTED LENTILS 1KG	2.44	2.40	-0.04	-1.6%
70	SOLEAS 3A BEANS 1KG	2.79	2.77	-0.02	-0.7%
71	SOLEAS 3A BLACK EYE BEANS 1KG	3.62	3.58	-0.04	-1.1%
72	SOLEAS 3A GREEN LENTILS 1KG	2.91	2.93	0.02	0.7%
ΠΟΥΡΓΟΥΡΙ					
73	A.KEPOLA BULGUR WHEAT 1KG	2.47	2.48	0.01	0.4%
74	A.KEPOLA BULGUR WHEAT 500GR	1.69	1.69	0.00	0.0%
75	KAOURIS BULGUR WHEAT 500GR	1.34	1.34	0.00	0.0%
76	LISKO FAMELISKO BULGUR WHEAT MEDIUM 500GR	1.19	1.24	0.05	4.2%
77	MITSIDES BULGUR WHEAT 1KG	3.08	3.13	0.05	1.6%
78	MITSIDES BULGUR WHEAT 500GR	1.77	1.81	0.04	2.3%
ΡΥΖΙ					
79	SOLEAS 3A BASMATI RICE BAG 1KG	3.09	3.07	-0.02	-0.6%
80	SOLEAS 3A GLUTINOUS RICE BAG 1KG	2.21	2.22	0.01	0.5%
81	SOLEAS 3A PARBOILED RICE 1KG	2.43	2.42	-0.01	-0.4%
82	TILDA BASMATI RICE 1KG	5.04	5.00	-0.04	-0.8%
83	UNCLE BENS LONG GRAIN RICE 1KG	4.11	4.11	0.00	0.0%
84	UNCLE BENS LONG GRAIN RICE BOX 2KG	8.33	8.99	0.66	7.9%
ΚΑΤΕΨΥΓΜΕΝΑ					
ΚΑΤΕΨΥΓΜΕΝΑ ΖΥΜΑΡΙΚΑ					
85	CHARALAMBIDES CHRISTIS RAVIOLI 400GR	3.98	3.68	-0.30	-7.5%
86	HERCULES RAVIOLI 400GR	3.12	3.14	0.02	0.6%
87	MITSIDES VILLAGE RAVIOLI 375GR	3.12	2.97	-0.15	-4.8%
ΚΑΤΕΨΥΓΜΕΝΑ ΜΑΛΑΚΙΑ/ ΟΣΤΡΑΚΟΕΙΔΗ					
88	7 THALASSES SHRIMPS 30/50 500GR	9.01	8.80	-0.21	-2.3%
89	BLUE GREEN WAVE OCTOPUS 1KG	5.94	5.85	-0.09	-1.5%
90	BLUE GREEN WAVE SQUID RINGS 1KG	6.88	6.75	-0.13	-1.9%
91	EDESMA SQUID RINGS 1KG	7.33	7.34	0.01	0.1%
ΚΑΤΕΨΥΓΜΕΝΟ ΨΑΡΙ					
92	EDESMA RED FISH 1KG	7.42	7.36	-0.06	-0.8%
93	FINDUS SALMON PORTIONS 4X125GR	17.73	17.91	0.18	1.0%
94	FOODPAX SALMON PORTIONS 4X125GR	15.69	13.06	-2.63	-16.8%
95	QUALIFOOD PANGASIUS FILLETS 1KG	3.32	3.24	-0.08	-2.4%
96	QUALIFOOD SALMON PORTION 4X125GR	13.14	12.12	-1.02	-7.8%
ΚΑΤΕΨΥΓΜΕΝΟ ΨΑΡΙ ΠΑΝΕ/ ΠΡΩΨΗΜΕΝΟ					
97	7 SEAS COD BREADED FISH FILLETS 400GR	3.56	3.57	0.01	0.3%

98	BIRDS EYE COD FISH FINGERS 14PCS 350GR	6.38	6.41	0.03	0.5%
99	BIRDS EYE SIMPLY 4 COD FILLET BREADED 440GR	9.99	10.16	0.17	1.7%
100	BLUE GREEN WAVE COD FISH FILLET BREADED 4PCS 400GR	3.90	4.03	0.13	3.3%
101	NORDA WHITE FISH FISH STICKS 10PCS 300GR	3.08	3.01	-0.07	-2.3%
ΨΥΓΕΙΟΥ ΚΑΙ ΚΑΤΕΨΥΓΜΕΝΑ ΜΠΕΡΚΕΡ					
102	EDESMA VEGETABLE BURGERS 4P 380GR	4.72	4.76	0.04	0.8%
103	EN ELLADI NOSTIMIES BURGERS 420GR	4.43	4.43	0.00	0.0%
104	GRIGORIOU BEEF BURGERS 4P 600GR	6.10	6.23	0.13	2.1%
105	GRIGORIOU HAMBURGERS 6P 480GR	3.96	3.72	-0.24	-6.1%
106	GRIGORIOU TURKEY BURGERS 6P 480GR	4.75	4.94	0.19	4.0%
107	KYPRIANOU SPECIAL CHICKEN BURGERS 900GR	6.62	6.60	-0.02	-0.3%
ΨΥΓΕΙΟΥ ΚΑΙ ΚΑΤΕΨΥΓΜΕΝΟ ΚΡΕΑΣ ΠΑΝΕ/ ΠΡΟΨΗΜΕΝΟ					
108	EDESMA CHICKEN NUGGETS 500GR	5.51	5.50	-0.01	-0.2%
109	EDESMA CHICKEN NUGGETS 900GR	7.29	7.28	-0.01	-0.1%
110	EMA FOODS CHICKEN NUGGETS 900GR	7.30	7.23	-0.07	-1.0%
111	EN ELLADI CHICKEN NUGGETS 400GR	4.72	4.72	0.00	0.0%
112	EN ELLADI MEAT BALLS 420GR	4.23	4.17	-0.06	-1.4%
113	PARADISIOTIS CHICKEN NUGGETS 800GR	5.38	5.34	-0.04	-0.7%
ΚΑΦΕΣ					
ΚΥΠΡΙΑΚΟΣ ΚΑΦΕΣ					
114	CHARALAMBOUS GREEN 200GR	3.50	3.33	-0.17	-4.9%
115	CHARALAMBOUS GREEN 500GR	8.68	8.67	-0.01	-0.1%
116	LAIKON GOLD 200GR	3.59	3.48	-0.11	-3.1%
117	LAIKON GOLD 500GR	8.78	8.77	-0.01	-0.1%
ΣΤΙΓΜΙΑΙΟΣ ΚΑΦΕΣ					
118	CELEST CAFE TIN 200GR	5.07	5.09	0.02	0.4%
119	JACOBS EKLEKTOS JAR 100GR	4.31	4.61	0.30	7.0%
120	NESCAFE AZERA ESPRESSO TIN 100GR	6.45	6.57	0.12	1.9%
121	NESCAFE CLASSIC DEC TIN 100GR	5.03	5.16	0.13	2.6%
122	NESCAFE CLASSIC TIN 100GR	4.32	4.31	-0.01	-0.2%
123	NESCAFE CLASSIC TIN 200GR	6.51	6.51	0.00	0.0%
124	NESCAFE GOLD BLEND JAR 190GR	6.66	6.67	0.01	0.2%
125	NESCAFE GOLD BLEND JAR 95GR	4.16	4.31	0.15	3.6%
ΚΟΝΣΕΡΒΕΣ					
ΓΑΛΑ ΕΒΑΠΟΡΕ/ ΖΑΧΑΡΟΥΧΟ					
126	MANA CONDENSED CAN 397GR	1.97	1.92	-0.05	-2.5%
127	NOYNOY CONDENSED CAN 397GR	1.82	1.72	-0.10	-5.5%
128	NOYNOY EVAPORATED CAN 410GR	1.29	1.26	-0.03	-2.3%
129	NOYNOY LIGHT EVAPORATED CAN 410GR	1.28	1.26	-0.02	-1.6%
130	NOYNOY LIGHT EVAPORATED PORTIONS 10X15GR	1.28	1.26	-0.02	-1.6%
ΚΟΝΣΕΡΒΕΣ ΚΡΕΑΤΟΣ					
131	Karla Corned Beef 340gr	3.56	3.57	0.01	0.3%
132	Tulip Pork Chopped Ham 200gr	2.39	2.41	0.02	0.8%
133	Tulip Pork Luncheon Meat 200gr	2.30	2.23	-0.07	-3.0%
134	Zwan Chicken Luncheon Meat 200gr	2.11	2.13	0.02	0.9%
135	Zwan Pork Chopped Ham 200gr	3.05	2.99	-0.06	-2.0%
136	Zwan Pork Luncheon Meat 200gr	2.20	2.23	0.03	1.4%
ΚΟΝΣΕΡΒΕΣ ΨΑΡΙΟΥ					
137	RIO MARE TUNA IN OLIVE OIL 2X160GR	4.66	4.64	-0.02	-0.4%
138	RIO MARE TUNA MEAT LIGHT IN OLIVE OIL 3X80GR	3.70	3.77	0.07	1.9%
139	SEVYCO WHITE TUNA LIGHT IN WATER 4X100GR	3.81	3.83	0.02	0.5%
140	SHEIK PINK TUNA IN SOYABEAN OIL 4X80GR	3.31	3.35	0.04	1.2%
141	SHEIK WHITE TUNA LIGHT IN WATER 4X160GR	6.35	6.34	-0.01	-0.2%
ΞΗΡΑ ΤΡΟΦΗ					
ΔΗΜΗΤΡΙΑΚΑ ΠΡΟΓΕΥΜΑΤΟΣ					
142	KELLOGG S SPECIAL K CLASSIC MAXI 700GR	4.95	4.91	-0.04	-0.8%
143	Kellogg S Coco Pops 500gr	3.87	3.83	-0.04	-1.0%
144	Kellogg S Coco Pops Chocos 375gr	2.75	2.80	0.05	1.8%
145	Kellogg S Corn Flakes 500gr	3.17	3.19	0.02	0.6%
146	Kellogg S Honey Loops 330gr	3.15	3.12	-0.03	-1.0%
147	Oreo Os Cookies&Cream Cerals 350gr	4.03	4.19	0.16	4.0%
148	Quaker Traganes Mpoukies Dark Chocolate 450gr	3.30	3.33	0.03	0.9%
149	Quaker White Oats Bag 500gr	1.96	1.95	-0.01	-0.5%
ΚΟΥΛΟΥΡΙΑ					
150	7DAYS BAKE ROLLS MINI PIZZA 80GR	0.80	0.80	0.00	0.0%
151	BAKANDYS BREADSTICKS OLIVE OIL 250GR	3.53	3.54	0.01	0.3%
152	BAKANDYS RUSKS RYE 200GR	2.78	2.75	-0.03	-1.1%

153	ELITE TOAST RYE 360GR(3+1 FREE)	2.19	2.17	-0.02	-0.9%
154	ELITE TOAST WHEAT 500GR(3+1 FREE)	2.52	2.35	-0.17	-6.7%
155	JOHNSOF BREAD COOKIES NAPOLITANO RAISIN 240GR	2.83	2.91	0.08	2.8%
156	JOHNSOF CROUTONS WHEAT 320GR	2.62	2.61	-0.01	-0.4%
157	MARIAS BREAD COOKIES CAROB 350GR	3.21	3.21	0.00	0.0%
ΜΠΙΣΚΟΤΑ					
158	FROU FROU JOKER CHOCO COV. SW 12X25GR(3 FREE)	4.09	4.00	-0.09	-2.2%
159	FROU FROU MORNING COFFEE PL 150GR	1.17	1.16	-0.01	-0.9%
160	KATERINA PETIT FOURS PL 500GR	4.01	4.02	0.01	0.2%
161	KINDER CARDS COCOA&MILK FIL 5X25.6GR	2.22	2.22	0.00	0.0%
162	NUTELLA FILLED CHOCO BISCUITS FIL T22 304GR	3.61	3.66	0.05	1.4%
163	OREO MINI VANILLA SW 115GR	1.74	1.74	0.00	0.0%
ΡΟΦΗΜΑΤΑ					
ΑΝΑΨΥΚΤΙΚΑ					
164	7 UP DIET/FREE CAN 8X330ML	4.48	4.37	-0.11	-2.5%
165	7 UP REGULAR CAN 8X330ML	4.51	4.44	-0.07	-1.6%
166	COCA COLA REGULAR CAN 330ML	0.90	0.89	-0.01	-1.1%
167	COCA COLA REGULAR CAN 8X330ML	4.98	4.93	-0.05	-1.0%
168	COCA COLA ZERO CAN 8X330ML	4.98	4.93	-0.05	-1.0%
169	PEPSI MAX CAN 8X330ML	3.68	3.59	-0.09	-2.4%
ΕΜΦΙΑΛΩΜΕΝΟ ΝΕΡΟ					
170	AGROS STILL PET 12X500ML	2.86	2.86	0.00	0.0%
171	AGROS STILL PET 6X1.5L	2.48	2.48	0.00	0.0%
172	ΑΓΙΟΣ ΝΙΧΟΛΑΟΣ STILL PET 12X500ML	2.98	2.98	0.00	0.0%
173	ΑΓΙΟΣ ΝΙΧΟΛΑΟΣ STILL PET 6X1.5L	2.44	2.44	0.00	0.0%
174	ΚΥΚΚΟΣ STILL PET 12X500ML	2.91	2.86	-0.05	-1.7%
175	ΚΥΚΚΟΣ STILL PET 6X1.5L	2.47	2.40	-0.07	-2.8%
ΧΥΜΟΙ					
176	KEAN MANGO&POMEGRANATE NECTAR TP 1L	1.64	1.63	-0.01	-0.6%
177	KEAN ORANGE 100% TP 1L	2.04	2.03	-0.01	-0.5%
178	KEANITA KIDS ORANGE DRINK TB 9X250ML	4.04	4.03	-0.01	-0.2%
179	LIFE APPLE&CARROT&ORANGE 100% PET 400ML	1.67	1.64	-0.03	-1.8%
180	LIFE ORANGE 100% PET 1L	3.22	2.94	-0.28	-8.7%
181	LIFE ORANGE 100% PET 400ML	1.64	1.61	-0.03	-1.8%
ΦΡΕΣΚΑ ΠΡΟΙΟΝΤΑ					
ΑΥΓΑ					
182	Αυγά 12 τεμάχια (M) - (53gr - 63gr) -(φθηνότερη συσκ.)	3.48	3.47	-0.01	-0.3%
ΦΡΕΣΚΟ ΚΡΕΑΣ/ ΠΟΥΛΕΡΙΚΑ/ ΚΟΥΝΕΛΙ					
183	Αμνοερίφια μικρά σε κομμάτια (Kg)	12.38	10.22	-2.16	-17.4%
184	Βοδινό top-side (Kg) (ψαχνό, χωρίς κόκκαλο και λίπος)	15.56	16.38	0.82	5.3%
185	Βοδινός κιμάς (Kg)	10.59	10.82	0.23	2.2%
186	Κοτόπουλο ολόκληρο (Kg) (Χαμηλότερη Τιμή)	4.01	3.93	-0.08	-2.0%
187	Κοτόπουλο στήθος φιλέτο (Kg) (Χαμηλότερη Τιμή)	7.69	7.74	0.05	0.7%
188	Κουνέλι (Kg) (χαμηλότερη τιμή)	10.63	10.82	0.19	1.8%
189	Χοιρινή Μπριζόλα φιλέτο (Kg)	6.02	6.41	0.39	6.5%
190	Χοιρινός Κιμάς (Kg)	5.43	5.33	-0.10	-1.8%
191	Χοιρινός Λαπάς με κόκκαλο (Kg)	6.13	5.66	-0.47	-7.7%
ΦΡΕΣΚΟ ΨΑΡΙ/ΜΑΛΑΚΙΑ					
192	Γόπες (Kg)	10.06	10.90	0.84	8.3%
193	Καλαμάρι Μεγάλο (Kg)	16.54	15.73	-0.81	-4.9%
194	Καλαμάρι Μικρό (Kg)	16.59	16.86	0.27	1.6%
195	Λαβράκι (Kg)	11.63	15.17	3.54	30.4%
196	Μπαρμπούνι (Kg)	24.14	24.48	0.34	1.4%
197	Τσιπούρα (Kg)	9.72	9.66	-0.06	-0.6%
198	Χταπόδι (Kg)	20.07	20.08	0.01	0.0%
ΧΟΡΤΑ					
199	Αγγουράκια Θερμοκηπίου (Kg)	0.89	2.20	1.31	147.2%
200	Αγγουράκια Χωραφιού (Kg)	1.84	2.68	0.84	45.7%
201	Ντομάτες Α (Kg)	1.38	1.11	-0.27	-19.6%
202	Πατάτες Φρέσκες (Kg)	1.86	1.16	-0.70	-37.6%
203	Χόρτα Δέσμης	0.53	0.53	0.00	0.0%
ΨΩΜΙ					
204	Slice Άσπρο μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.90	1.90	0.00	0.0%
205	Slice Άσπρο μικρό (450gr-500gr) (χαμηλότερη τιμή)	1.62	1.60	-0.02	-1.2%
206	Slice Ολικής Αλέσεως μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	2.12	2.12	0.00	0.0%
207	Slice Ολικής Αλέσεως μικρό (450gr-500gr) (χαμηλότερη τιμή)	1.73	1.73	0.00	0.0%
208	Ψωμί Άσπρο μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.66	1.66	0.00	0.0%

209	Ψωμί Άσπρο μικρό (450gr-500gr)(χαμηλότερη τιμή)	1.31	1.31	0.00	0.0%
FUEL					
CHARCOAL					
210	ETOSHA 5kg	6.10	6.15	0.05	0.8%
211	ΠΥΡΣΟΣ 5kg	6.27	6.28	0.01	0.2%
ΑΠΟΡΡΥΠΑΝΤΙΚΑ/ ΜΑΛΑΚΤΙΚΑ ΡΟΥΧΩΝ					
ΑΠΟΡΡΥΠΑΝΤΙΚΑ ΡΟΥΧΩΝ					
212	ARIEL TOUCH LENOR FRESH 50WSH LIQ 2.75L	10.89	11.12	0.23	2.1%
213	DIXAN POWER GEL MULTICOLOR 48W 2.16L	7.03	7.01	-0.02	-0.3%
214	DIXAN POWER GEL UNIVERSAL 48W 2.16L	7.05	7.03	-0.02	-0.3%
215	EUREKA ACTIVE CARE 75WSH PWD 4.125KG	8.82	8.89	0.07	0.8%
216	EUREKA MASSALIAS CLASSIC 57WSH LIQ 2.592L	6.20	6.16	-0.04	-0.6%
217	EUREKA MASSALIAS LAVENDER 57WSH LIQ 2.592L	6.21	6.17	-0.04	-0.6%
ΜΑΛΑΚΤΙΚΑ ΡΟΥΧΩΝ					
218	COMFORT GOLD LILY&WILD BERRY 4L	5.52	5.58	0.06	1.1%
219	COMFORT GOLD WILD ORCHID&SANDALWOOD 4L	5.49	5.49	0.00	0.0%
220	COMFORT PURELY SOFT 4L	4.97	4.98	0.01	0.2%
ΕΙΔΗ ΠΡΟΣΩΠΙΚΗΣ ΥΓΙΕΙΝΗΣ					
ΣΕΡΒΙΕΤΕΣ ΥΓΕΙΑΣ					
221	ALWAYS PADS SECURE NIGHT ULTRA DUO W 12P	2.08	2.08	0.00	0.0%
222	ALWAYS PADS ULTRA DAY LONG PLUS GIGAPACK TRIPLE W 36P	3.71	3.71	0.00	0.0%
223	ALWAYS PADS ULTRA NORMAL PLUS DUO W 20P	2.20	2.23	0.03	1.4%
224	EVERYDAY PADS HYPERDRY ULTRA PLUS SUPER DUO W 18P	1.97	1.98	0.01	0.5%
ΧΑΡΤΙ ΥΓΕΙΑΣ					
225	ELITE LUXURY WHITE 3PLY 10P	4.12	3.94	-0.18	-4.4%
226	HOPE ULTRA SOFT 3PLY 10P	3.47	3.26	-0.21	-6.1%
227	KLEENEX PREMIUM CREAM 2PLY 12P	10.90	10.90	0.00	0.0%
228	KLEENEX PREMIUM WHITE 2PLY 12P	10.94	10.91	-0.03	-0.3%
229	KLEENEX SCOTTONELLE PURE CLEAN MEGA WHITE 2PLY 32P	14.13	12.87	-1.26	-8.9%
230	SILKY WHITE 2PLY 24P	7.06	7.04	-0.02	-0.3%
ΚΥΛΙΝΔΡΟΣ ΥΓΡΑΕΡΙΟΥ					
ΚΥΛΙΝΔΡΟΣ ΥΓΡΑΕΡΙΟΥ					
231	ΚΥΛΙΝΔΡΟΣ 10kg (ΤΙΜΗ ΜΕ ΕΠΙΣΤΡΟΦΗ ΑΔΕΙΟΥ)	17.51	17.67	0.16	0.9%
ΒΡΕΦΙΚΑ ΠΡΟΙΟΝΤΑ					
ΒΡΕΦΙΚΕΣ ΠΑΝΕΣ					
232	NANNYS SENSITIVE 5 JUNIOR 12-25KG 44P	9.55	9.57	0.02	0.2%
233	NANNYS SENSITIVE 7 JUMBO PLUS 15+KG 36P	9.06	9.20	0.14	1.5%
234	PAMP. ACTIVE BABY 6 EXTRA LARGE 13-18KG 56P	13.83	13.52	-0.31	-2.2%
235	PAMP. ACTIVE BABY 7 MAXI 15+KG 40P	10.44	10.41	-0.03	-0.3%
236	PAMP. ACTIVE BABY JUNIOR 5 11-16KG 64P	13.81	13.52	-0.29	-2.1%
237	PAMP. PREMIUM CARE 1 NEW BORN 2-5KG 52P	10.93	10.87	-0.06	-0.5%
ΒΡΕΦΙΚΕΣ ΤΡΟΦΕΣ					
238	HIPP BIO DAIRY FREE OAT PORRIDGE 4M+ CRT 200GR	3.69	3.68	-0.01	-0.3%
239	NESTLE FARINE LACTEE WHEAT CEREALS 6M+ CRT 350GR	2.94	2.96	0.02	0.7%
240	NOYNOY 5 FRUIT CEREAL CREAM 6M+ TIN 300GR P-OFF	5.61	5.64	0.03	0.5%
241	NOYNOY BISCUIT CEREALS 6M+ TIN 300GR P-OFF	5.94	6.05	0.11	1.9%
242	NOYNOY FARINE LACTEE CEREALS 6M+ TIN 300GR P-OFF	3.47	3.48	0.01	0.3%
243	YIOTIS FARINE LACTEE MILK CEREAL CREAM 6M+ TIN 300GR	3.06	3.17	0.11	3.6%
ΒΡΕΦΙΚΟ ΓΑΛΛΑ					
244	Frisogrow 3 1-3y Tin 800gr	19.74	19.67	-0.07	-0.4%
245	Frisogrow Plus+ 3-5y Tin 800gr	18.89	19.57	0.68	3.6%
246	Frisolac 1 0-6m Tin 800gr	23.11	22.90	-0.21	-0.9%
247	Frisomel 2 6m+ Tin 800gr	19.25	19.24	-0.01	-0.1%
248	Nan 4 Protect Build 2y+ Tin 400gr	9.54	9.61	0.07	0.7%
249	S-26 Progress Gold 3 1-3y Tin 400gr	9.78	9.69	-0.09	-0.9%