

ΠΑΡΑΤΗΡΗΤΗΡΙΟ ΒΑΣΙΚΩΝ ΚΑΤΑΝΑΛΩΤΙΚΩΝ ΑΓΑΘΩΝ

ΣΥΓΚΡΙΣΗ ΜΕ ΠΡΟΗΓΟΥΜΕΝΟ ΜΗΝΑ



Ιαν 2026					
Α/Α	ΠΡΟΪΟΝ	Μέση Σταθμισμένη Τιμή		Αύξηση / Μείωση Τιμής	% Μεταβολή
		Προηγούμενος Μήνας	Τρέχον Μήνας		
ΑΛΛΑΝΤΙΚΑ					
ΑΛΛΑΝΤΙΚΑ					
1	Chrysodalia Lountza Smoked Slices 300gr	3.75	3.77	0.02	0.5%
2	Chrysodalia Turkey Smoked Slices 200gr	2.52	2.53	0.01	0.4%
3	GRIGORIOU HAM PREMIUM SLICES 150GR	2.70	2.61	-0.09	-3.3%
4	Grigoriou Lountza Slices 150gr	3.02	3.04	0.02	0.7%
5	Grigoriou Salami Extra 300gr	2.42	2.45	0.03	1.2%
6	Grigoriou Streaky Bacon Slices 150gr	2.33	2.36	0.03	1.3%
7	Grigoriou Turkey Smoked Slices 200gr	3.65	3.64	-0.01	-0.3%
ΒΟΗΘΗΜΑΤΑ ΜΑΓΕΙΡΕΜΑΤΟΣ					
ΖΩΜΟΣ					
8	KNORR BOUILLONS CHICKEN 12 CUBES 120GR	1.21	1.17	-0.04	-3.3%
9	KNORR BOUILLONS VEGETABLES 12 CUBES 120GR	1.57	1.60	0.03	1.9%
10	MAGGI BOUILLONS CHICKEN 12 CUBES 132GR	1.47	1.44	-0.03	-2.0%
11	MAGGI BOUILLONS PASTA 12 CUBES 132GR	1.94	1.88	-0.06	-3.1%
12	MAGGI BOUILLONS VEGETABLES 12 CUBES 132GR	1.87	1.91	0.04	2.1%
ΝΤΟΜΑΤΟΧΥΜΟΣ/ ΠΕΛΤΕΣ					
13	BLOSSOM TOMATO PASTE CUP 4X70GR	1.93	1.98	0.05	2.6%
14	KEAN POMILORI SIEVE TOMATO PASTE JAR 700GR	1.88	1.87	-0.01	-0.5%
15	MITSIDES TOMATO PASSATA CARTON 3X500GR P-OFF	2.69	2.69	0.00	0.0%
16	MITSIDES TOMATO PASTE CUP 4X70GR	2.02	2.02	0.00	0.0%
17	RELARGOS TOMATO PASSATA CARTON 3X250GR	1.28	1.29	0.01	0.8%
ΦΥΤΙΚΟ ΜΑΓΕΙΡΙΚΟ ΛΙΠΟΣ					
18	SPRY 350GR	2.37	2.41	0.04	1.7%
ΓΑΛΑΚΤΟΚΟΜΙΚΑ					
ΓΙΑΟΥΡΤΙ					
19	ALAMBRA THE GRANNY SHEEP F/F PC 700GR	2.55	2.62	0.07	2.7%
20	CHARALAMB/CHRISTIS STRAINED STRAGGATO F/F PC 1KG	4.04	4.07	0.03	0.7%
21	CHARALAMB/CHRISTIS STRAINED STRAGGATO LGT PC 1KG	4.04	4.07	0.03	0.7%
22	ZITA STRAINED F/F PC 1KG	3.74	3.78	0.04	1.1%
23	ZITA STRAINED LGT PC 1KG	3.73	3.80	0.07	1.9%
ΤΥΡΙ					
24	ALAMBRA COTTAGE PC 200GR	1.53	1.56	0.03	2.0%
25	ALAMBRA H GIAGIA GOAT/SHEEP HALLOUMI KG	13.23	13.35	0.12	0.9%
26	CHARALAMB/CHRISTIS FETA BLOCK 200GR	2.58	2.71	0.13	5.0%
27	CHARALAMB/CHRISTIS HALLOUMI PISSOURKOTIKO KG	14.47	15.01	0.54	3.7%
28	DIROLLO 2.2% COTTAGE 225GR	2.90	2.91	0.01	0.3%
29	DODONI FETA BLOCK 400GR	6.32	6.27	-0.05	-0.8%
30	KESES GOAT/SHEEP HALLOUMI KG	14.92	15.28	0.36	2.4%
31	LA VACHE QUI RIT CHEEZ DIPPERS 4PORTION 140GR	2.86	2.91	0.05	1.7%
32	PHILADELPHIA LIGHT PLAIN SPREAD TUBS 200GR	2.18	2.21	0.03	1.4%
33	PHILADELPHIA PLAIN SPREAD TUBS 200GR	2.16	2.23	0.07	3.2%
34	VALIO EDAM LIGHT 17% SLICES 2X250GR P-OFF	6.95	6.95	0.00	0.0%
35	VEPO FOOD EDAM SLICES 200GR	2.54	2.57	0.03	1.2%
36	VEPO FOOD GOUDA SLICES 200GR	2.55	2.56	0.01	0.4%
ΦΡΕΣΚΟ ΓΑΛΑ					
37	CHARALAMBIDES CHRISTIS DELACT HDPE 1L	1.73	1.73	0.00	0.0%
38	CHARALAMBIDES CHRISTIS FULL FAT 3% HDPE 2L	2.93	2.95	0.02	0.7%
39	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 1.5L	2.30	2.31	0.01	0.4%
40	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 1L	1.53	1.52	-0.01	-0.7%
41	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 2L	2.95	2.96	0.01	0.3%
42	LANITIS FULL FAT 3% HDPE 2L	2.82	2.87	0.05	1.8%
43	LANITIS SEMI SKIMMED 1.5% HDPE 1.5L	2.27	2.28	0.01	0.4%

44	LANITIS SEMI SKIMMED 1.5% HDPE 2L	2.83	2.88	0.05	1.8%
ΕΛΑΙΑ					
ΛΑΔΙ					
45	AMBROSIA SUNFLOWER OIL 3L	6.67	6.65	-0.02	-0.3%
46	ELIOHORI EXTRA VIRGIN OLIVE OIL 2L	20.51	21.49	0.98	4.8%
47	ELIOHORI EXTRA VIRGIN OLIVE OIL PET 1L	10.04	9.99	-0.05	-0.5%
48	GUSTO SUNFLOWER OIL PET 5L	8.03	8.14	0.11	1.4%
49	LESIEUR SUNFLOWER OIL 3L	6.36	6.43	0.07	1.1%
50	SAINT GEORGE CYPRUS EXTRA VIRGIN OLIVE OIL PET 1L	6.96	6.81	-0.15	-2.2%
51	THE KING OF OLIVES SALAD OIL PET 1L	2.84	2.83	-0.01	-0.4%
ΖΥΜΑΡΙΚΑ / ΑΛΕΥΡΙ / ΡΥΖΙ / ΠΟΥΡΓΟΥΡΙ / ΟΣΠΡΙΑ / ΖΑΧΑΡΗ					
ΑΛΕΥΡΙ					
52	MITSIDES FARINA PLAIN 00 1KG	1.18	1.41	0.23	19.5%
53	MITSIDES PLAIN 00 ALL PURPOSE 1KG	1.24	1.25	0.01	0.8%
54	MITSIDES SELF RAISING 1KG	1.20	1.40	0.20	16.7%
55	MITSIDES VILLAGE 1KG	1.30	1.50	0.20	15.4%
56	TRIUMPH FARINA 00 1KG	1.18	1.36	0.18	15.3%
57	TRIUMPH VILLAGE 1KG	1.24	1.43	0.19	15.3%
ΖΑΧΑΡΗ					
58	SUGAR	1.00	1.02	0.02	2.0%
ΖΥΜΑΡΙΚΑ					
59	BARILLA SPAGHETTI No.5 500GR	1.11	1.09	-0.02	-1.8%
60	MELISSA PRIMO GUSTO ORZO 500GR	1.19	1.16	-0.03	-2.5%
61	MELISSA PRIMO GUSTO SPAGHETTI No.6 500GR	1.01	0.97	-0.04	-4.0%
62	MITSIDES MEZZANI A 500GR	1.17	1.31	0.14	12.0%
63	MITSIDES ORZO 500GR	1.32	1.37	0.05	3.8%
64	MITSIDES SPAGHETTI 500GR	1.14	1.20	0.06	5.3%
65	MITSIDES TRADITIONAL 500GR	1.45	1.48	0.03	2.1%
66	TRIUMPH SPAGHETTI 500GR	1.06	1.17	0.11	10.4%
ΟΣΠΡΙΑ					
67	KAOURIS CANADIAN LAIRD LENTILS 1KG	2.54	2.64	0.10	3.9%
68	NATURAL LIFE IMPORTED BLACK EYE BEANS 1KG	3.22	3.24	0.02	0.6%
69	NATURAL LIFE IMPORTED LENTILS 1KG	2.40	2.47	0.07	2.9%
70	SOLEAS 3A BEANS 1KG	2.77	2.77	0.00	0.0%
71	SOLEAS 3A BLACK EYE BEANS 1KG	3.58	3.58	0.00	0.0%
72	SOLEAS 3A GREEN LENTILS 1KG	2.93	2.81	-0.12	-4.1%
ΠΟΥΡΓΟΥΡΙ					
73	A.KEPOLA BULGUR WHEAT 1KG	2.48	2.49	0.01	0.4%
74	A.KEPOLA BULGUR WHEAT 500GR	1.69	1.69	0.00	0.0%
75	KAOURIS BULGUR WHEAT 500GR	1.34	1.42	0.08	6.0%
76	LISKO FAMELISKO BULGUR WHEAT MEDIUM 500GR	1.24	1.24	0.00	0.0%
77	MITSIDES BULGUR WHEAT 1KG	3.13	3.12	-0.01	-0.3%
78	MITSIDES BULGUR WHEAT 500GR	1.81	1.84	0.03	1.7%
ΡΥΖΙ					
79	SOLEAS 3A BASMATI RICE BAG 1KG	3.07	3.00	-0.07	-2.3%
80	SOLEAS 3A GLUTINOUS RICE BAG 1KG	2.22	2.25	0.03	1.4%
81	SOLEAS 3A PARBOILED RICE 1KG	2.42	2.42	0.00	0.0%
82	TILDA BASMATI RICE 1KG	5.00	5.01	0.01	0.2%
83	UNCLE BENS LONG GRAIN RICE 1KG	4.11	4.16	0.05	1.2%
84	UNCLE BENS LONG GRAIN RICE BOX 2KG	8.99	8.78	-0.21	-2.3%
ΚΑΤΕΨΥΓΜΕΝΑ					
ΚΑΤΕΨΥΓΜΕΝΑ ΖΥΜΑΡΙΚΑ					
85	CHARALAMBIDES CHRISTIS RAVIOLI 400GR	3.68	4.06	0.38	10.3%
86	HERCULES RAVIOLI 400GR	3.14	3.12	-0.02	-0.6%
87	MITSIDES VILLAGE RAVIOLI 375GR	2.97	3.23	0.26	8.8%
ΚΑΤΕΨΥΓΜΕΝΑ ΜΑΛΑΚΙΑ/ ΟΣΤΡΑΚΟΕΙΔΗ					
88	7 THALASSES SHRIMPS 30/50 500GR	8.80	8.89	0.09	1.0%
89	BLUE GREEN WAVE OCTOPUS 1KG	5.85	6.09	0.24	4.1%
90	BLUE GREEN WAVE SQUID RINGS 1KG	6.75	6.85	0.10	1.5%
91	EDESMA SQUID RINGS 1KG	7.34	7.43	0.09	1.2%
ΚΑΤΕΨΥΓΜΕΝΟ ΨΑΡΙ					
92	EDESMA RED FISH 1KG	7.36	7.36	0.00	0.0%
93	FINDUS SALMON PORTIONS 4X125GR	17.91	18.14	0.23	1.3%
94	FOODPAX SALMON PORTIONS 4X125GR	13.06	15.87	2.81	21.5%
95	QUALIFOOD PANGASIUS FILLETS 1KG	3.24	3.36	0.12	3.7%

96	QUALIFOOD SALMON PORTION 4X125GR	12.12	13.39	1.27	10.5%
ΚΑΤΕΨΥΓΜΕΝΟ ΨΑΡΙ ΠΑΝΕ/ ΠΡΟΨΗΜΕΝΟ					
97	7 SEAS COD BREADED FISH FILLETS 400GR	3.57	3.56	-0.01	-0.3%
98	BIRDS EYE COD FISH FINGERS 14PCS 350GR	6.41	6.38	-0.03	-0.5%
99	BIRDS EYE SIMPLY 4 COD FILLET BREADED 440GR	10.16	10.63	0.47	4.6%
100	BLUE GREEN WAVE COD FISH FILLET BREADED 4PCS 400GR	4.03	4.28	0.25	6.2%
101	NORDA WHITE FISH FISH STICKS 10PCS 300GR	3.01	3.07	0.06	2.0%
ΨΥΓΕΙΟΥ ΚΑΙ ΚΑΤΕΨΥΓΜΕΝΑ ΜΠΕΡΚΕΡ					
102	EDESMA VEGETABLE BURGERS 4P 380GR	4.76	4.71	-0.05	-1.1%
103	EN ELLADI NOSTIMIES BURGERS 420GR	4.43	4.42	-0.01	-0.2%
104	GRIGORIOU BEEF BURGERS 4P 600GR	6.23	5.92	-0.31	-5.0%
105	GRIGORIOU HAMBURGERS 6P 480GR	3.72	3.86	0.14	3.8%
106	GRIGORIOU TURKEY BURGERS 6P 480GR	4.94	5.45	0.51	10.3%
107	KYPRIANOU SPECIAL CHICKEN BURGERS 900GR	6.60	6.61	0.01	0.2%
ΨΥΓΕΙΟΥ ΚΑΙ ΚΑΤΕΨΥΓΜΕΝΟ ΚΡΕΑΣ ΠΑΝΕ/ ΠΡΟΨΗΜΕΝΟ					
108	EDESMA CHICKEN NUGGETS 500GR	5.50	5.51	0.01	0.2%
109	EDESMA CHICKEN NUGGETS 900GR	7.28	7.30	0.02	0.3%
110	EMA FOODS CHICKEN NUGGETS 900GR	7.23	7.21	-0.02	-0.3%
111	EN ELLADI CHICKEN NUGGETS 400GR	4.72	4.73	0.01	0.2%
112	EN ELLADI MEAT BALLS 420GR	4.17	4.21	0.04	1.0%
113	PARADISIOTIS CHICKEN NUGGETS 800GR	5.34	5.38	0.04	0.7%
ΚΑΦΕΣ					
ΚΥΠΡΙΑΚΟΣ ΚΑΦΕΣ					
114	CHARALAMBOUS GREEN 200GR	3.33	3.48	0.15	4.5%
115	CHARALAMBOUS GREEN 500GR	8.67	8.68	0.01	0.1%
116	LAIKON GOLD 200GR	3.48	3.53	0.05	1.4%
117	LAIKON GOLD 500GR	8.77	8.75	-0.02	-0.2%
ΣΤΙΓΜΙΑΙΟΣ ΚΑΦΕΣ					
118	CELEST CAFE TIN 200GR	5.09	5.30	0.21	4.1%
119	JACOBS EKLEKTOS JAR 100GR	4.61	4.76	0.15	3.3%
120	NESCAFE AZERA ESPRESSO TIN 100GR	6.57	6.52	-0.05	-0.8%
121	NESCAFE CLASSIC DEC TIN 100GR	5.16	5.27	0.11	2.1%
122	NESCAFE CLASSIC TIN 100GR	4.31	4.35	0.04	0.9%
123	NESCAFE CLASSIC TIN 200GR	6.51	6.62	0.11	1.7%
124	NESCAFE GOLD BLEND JAR 190GR	6.67	6.73	0.06	0.9%
125	NESCAFE GOLD BLEND JAR 95GR	4.31	4.35	0.04	0.9%
ΚΟΝΣΕΡΒΕΣ					
ΓΑΛΑ ΕΒΑΠΟΡΕ/ ΖΑΧΑΡΟΥΧΟ					
126	MANA CONDENSED CAN 397GR	1.92	1.98	0.06	3.1%
127	NOYNOY CONDENSED CAN 397GR	1.72	1.75	0.03	1.7%
128	NOYNOY EVAPORATED CAN 410GR	1.26	1.28	0.02	1.6%
129	NOYNOY LIGHT EVAPORATED CAN 410GR	1.26	1.27	0.01	0.8%
130	NOYNOY LIGHT EVAPORATED PORTIONS 10X15GR	1.26	1.28	0.02	1.6%
ΚΟΝΣΕΡΒΕΣ ΚΡΕΑΤΟΣ					
131	Karla Corned Beef 340gr	3.57	3.52	-0.05	-1.4%
132	Tulip Pork Chopped Ham 200gr	2.41	2.45	0.04	1.7%
133	Tulip Pork Luncheon Meat 200gr	2.23	2.30	0.07	3.1%
134	Zwan Chicken Luncheon Meat 200gr	2.13	2.14	0.01	0.5%
135	Zwan Pork Chopped Ham 200gr	2.99	3.04	0.05	1.7%
136	Zwan Pork Luncheon Meat 200gr	2.23	2.27	0.04	1.8%
ΚΟΝΣΕΡΒΕΣ ΨΑΡΙΟΥ					
137	RIO MARE TUNA IN OLIVE OIL 2X160GR	4.64	4.57	-0.07	-1.5%
138	RIO MARE TUNA MEAT LIGHT IN OLIVE OIL 3X80GR	3.77	3.55	-0.22	-5.8%
139	SEVYCO WHITE TUNA LIGHT IN WATER 4X100GR	3.83	3.82	-0.01	-0.3%
140	SHEIK PINK TUNA IN SOYABEAN OIL 4X80GR	3.35	3.31	-0.04	-1.2%
141	SHEIK WHITE TUNA LIGHT IN WATER 4X160GR	6.34	6.44	0.10	1.6%
ΞΗΡΑ ΤΡΟΦΗ					
ΔΗΜΗΤΡΙΑΚΑ ΠΡΟΓΕΥΜΑΤΟΣ					
142	KELLOGG S SPECIAL K CLASSIC MAXI 700GR	4.91	5.01	0.10	2.0%
143	Kellogg S Coco Pops 500gr	3.83	3.89	0.06	1.6%
144	Kellogg S Coco Pops Chocos 375gr	2.80	2.69	-0.11	-3.9%
145	Kellogg S Corn Flakes 500gr	3.19	3.22	0.03	0.9%
146	Kellogg S Honey Loops 330gr	3.12	3.20	0.08	2.6%
147	Oreo Os Cookies&Cream Cerals 350gr	4.19	4.19	0.00	0.0%
148	Quaker Traganes Mpoukies Dark Chocolate 450gr	3.33	3.39	0.06	1.8%

149	Quaker White Oats Bag 500gr	1.95	1.98	0.03	1.5%
ΚΟΥΛΟΥΡΙΑ					
150	7DAYS BAKE ROLLS MINI PIZZA 80GR	0.80	0.80	0.00	0.0%
151	BAKANDYS BREADSTICKS OLIVE OIL 250GR	3.54	3.71	0.17	4.8%
152	BAKANDYS RUSKS RYE 200GR	2.75	2.77	0.02	0.7%
153	ELITE TOAST RYE 360GR(3+1 FREE)	2.17	2.15	-0.02	-0.9%
154	ELITE TOAST WHEAT 500GR(3+1 FREE)	2.35	2.41	0.06	2.6%
155	JOHNSOF BREAD COOKIES NAPOLITANO RAISIN 240GR	2.91	2.77	-0.14	-4.8%
156	JOHNSOF CROUTONS WHEAT 320GR	2.61	2.61	0.00	0.0%
157	MARIAS BREAD COOKIES CAROB 350GR	3.21	3.23	0.02	0.6%
ΜΠΙΣΚΟΤΑ					
158	FROU FROU JOKER CHOCO COV. SW 12X25GR(3 FREE)	4.00	4.12	0.12	3.0%
159	FROU FROU MORNING COFFEE PL 150GR	1.16	1.19	0.03	2.6%
160	KATERINA PETIT FOURS PL 500GR	4.02	4.02	0.00	0.0%
161	KINDER CARDS COCOA&MILK FIL 5X25.6GR	2.22	2.13	-0.09	-4.1%
162	NUTELLA FILLED CHOCO BISCUITS FIL T22 304GR	3.66	3.66	0.00	0.0%
163	OREO MINI VANILLA SW 115GR	1.74	1.75	0.01	0.6%
ΡΟΦΗΜΑΤΑ					
ΑΝΑΨΥΚΤΙΚΑ					
164	7 UP DIET/FREE CAN 8X330ML	4.37	4.42	0.05	1.1%
165	7 UP REGULAR CAN 8X330ML	4.44	4.50	0.06	1.4%
166	COCA COLA REGULAR CAN 330ML	0.89	0.91	0.02	2.2%
167	COCA COLA REGULAR CAN 8X330ML	4.93	4.99	0.06	1.2%
168	COCA COLA ZERO CAN 8X330ML	4.93	4.98	0.05	1.0%
169	PEPSI MAX CAN 8X330ML	3.59	3.66	0.07	1.9%
ΕΜΦΙΑΛΩΜΕΝΟ ΝΕΡΟ					
170	AGROS STILL PET 12X500ML	2.86	2.87	0.01	0.3%
171	AGROS STILL PET 6X1.5L	2.48	2.51	0.03	1.2%
172	ΑΥΙΟΣ ΝΙΣΤΟΛΑΟΣ STILL PET 12X500ML	2.98	3.00	0.02	0.7%
173	ΑΥΙΟΣ ΝΙΣΤΟΛΑΟΣ STILL PET 6X1.5L	2.44	2.45	0.01	0.4%
174	ΚΥΚΚΟΣ STILL PET 12X500ML	2.86	2.90	0.04	1.4%
175	ΚΥΚΚΟΣ STILL PET 6X1.5L	2.40	2.47	0.07	2.9%
ΧΥΜΟΙ					
176	KEAN MANGO&POMEGRANATE NECTAR TP 1L	1.63	1.64	0.01	0.6%
177	KEAN ORANGE 100% TP 1L	2.03	2.07	0.04	2.0%
178	KEANITA KIDS ORANGE DRINK TB 9X250ML	4.03	4.08	0.05	1.2%
179	LIFE APPLE&CARROT&ORANGE 100% PET 400ML	1.64	1.70	0.06	3.7%
180	LIFE ORANGE 100% PET 1L	2.94	3.07	0.13	4.4%
181	LIFE ORANGE 100% PET 400ML	1.61	1.67	0.06	3.7%
ΦΡΕΣΚΑ ΠΡΟΪΟΝΤΑ					
ΑΥΓΑ					
182	Αυγά 12 τεμάχια (Μ) - (53gr - 63gr) -(φθηνότερη συσκ.)	3.47	3.53	0.06	1.7%
ΦΡΕΣΚΟ ΚΡΕΑΣ/ ΠΟΥΛΕΡΙΚΑ/ ΚΟΥΝΕΛΙ					
183	Αμνοερίφια μικρά σε κομμάτια (Kg)	10.22	10.60	0.38	3.7%
184	Βοδινό top-side (Kg) (ψαχνό, χωρίς κόκκαλο και λίπος)	16.38	16.10	-0.28	-1.7%
185	Βοδινός κιμάς (Kg)	10.82	11.07	0.25	2.3%
186	Κοτόπουλο ολόκληρο (Kg) (Χαμηλότερη Τιμή)	3.93	3.96	0.03	0.8%
187	Κοτόπουλο στήθος φιλέτο (Kg) (Χαμηλότερη Τιμή)	7.74	7.82	0.08	1.0%
188	Κουνέλι (Kg) (χαμηλότερη τιμή)	10.82	10.90	0.08	0.7%
189	Χοιρινή Μπριζόλα φιλέτο (Kg)	6.41	6.60	0.19	3.0%
190	Χοιρινός Κιμάς (Kg)	5.33	5.39	0.06	1.1%
191	Χοιρινός Λαπάς με κόκκαλο (Kg)	5.66	5.75	0.09	1.6%
ΦΡΕΣΚΟ ΨΑΡΙ/ΜΑΛΑΚΙΑ					
192	Γόπες (Kg)	10.90	9.33	-1.57	-14.4%
193	Καλαμάρι Μεγάλο (Kg)	15.73	10.63	-5.10	-32.4%
194	Καλαμάρι Μικρό (Kg)	16.86	17.55	0.69	4.1%
195	Λαβράκι (Kg)	15.17	13.06	-2.11	-13.9%
196	Μπαρμπούνι (Kg)	24.48	27.64	3.16	12.9%
197	Τσιπούρα (Kg)	9.66	9.90	0.24	2.5%
198	Χταπόδι (Kg)	20.08	22.02	1.94	9.7%
ΧΟΡΤΑ					
199	Αγγουράκια Θερμοκηπίου (Kg)	2.20	2.43	0.23	10.5%
200	Αγγουράκια Χωραφίου (Kg)	2.68	3.10	0.42	15.7%
201	Ντομάτες Α (Kg)	1.11	1.95	0.84	75.7%
202	Πατάτες Φρέσκες (Kg)	1.16	1.24	0.08	6.9%

203	Χόρτα Δέσμης	0.53	0.52	-0.01	-1.9%
ΨΩΜΙ					
204	Slice Άσπρο μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.90	1.90	0.00	0.0%
205	Slice Άσπρο μικρό (450gr-500gr) (χαμηλότερη τιμή)	1.60	1.61	0.01	0.6%
206	Slice Ολικής Αλέσεως μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	2.12	2.12	0.00	0.0%
207	Slice Ολικής Αλέσεως μικρό (450gr-500gr) (χαμηλότερη τιμή)	1.73	1.74	0.01	0.6%
208	Ψωμί Άσπρο μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.66	1.66	0.00	0.0%
209	Ψωμί Άσπρο μικρό (450gr-500gr)(χαμηλότερη τιμή)	1.31	1.31	0.00	0.0%
FUEL					
CHARCOAL					
210	ETOSHA 5kg	6.15	6.26	0.11	1.8%
211	ΠΥΡΣΟΣ 5kg	6.28	6.33	0.05	0.8%
ΑΠΟΡΡΥΠΑΝΤΙΚΑ/ ΜΑΛΑΚΤΙΚΑ ΡΟΥΧΩΝ					
ΑΠΟΡΡΥΠΑΝΤΙΚΑ ΡΟΥΧΩΝ					
212	ARIEL TOUCH LENOR FRESH 50WSH LIQ 2.75L	11.12	11.13	0.01	0.1%
213	DIXAN POWER GEL MULTICOLOR 48W 2.16L	7.01	7.08	0.07	1.0%
214	DIXAN POWER GEL UNIVERSAL 48W 2.16L	7.03	7.10	0.07	1.0%
215	EUREKA ACTIVE CARE 75WSH PWD 4.125KG	8.89	8.97	0.08	0.9%
216	EUREKA MASSALIAS CLASSIC 57WSH LIQ 2.592L	6.16	6.24	0.08	1.3%
217	EUREKA MASSALIAS LAVENDER 57WSH LIQ 2.592L	6.17	6.25	0.08	1.3%
ΜΑΛΑΚΤΙΚΑ ΡΟΥΧΩΝ					
218	COMFORT GOLD LILY&WILD BERRY 4L	5.58	5.56	-0.02	-0.4%
219	COMFORT GOLD WILD ORCHID&SANDALWOOD 4L	5.49	5.49	0.00	0.0%
220	COMFORT PURELY SOFT 4L	4.98	4.98	0.00	0.0%
ΕΙΔΗ ΠΡΟΣΩΠΙΚΗΣ ΥΓΙΕΙΝΗΣ					
ΣΕΡΒΙΕΤΤΕΣ ΥΓΙΕΙΑΣ					
221	ALWAYS PADS SECURE NIGHT ULTRA DUO W 12P	2.08	2.10	0.02	1.0%
222	ALWAYS PADS ULTRA DAY LONG PLUS GIGAPACK TRIPLE W 36P	3.71	3.76	0.05	1.3%
223	ALWAYS PADS ULTRA NORMAL PLUS DUO W 20P	2.23	2.22	-0.01	-0.4%
224	EVERYDAY PADS HYPERDRY ULTRA PLUS SUPER DUO W 18P	1.98	1.98	0.00	0.0%
ΧΑΡΤΙ ΥΓΙΕΙΑΣ					
225	ELITE LUXURY WHITE 3PLY 10P	3.94	4.14	0.20	5.1%
226	HOPE ULTRA SOFT 3PLY 10P	3.26	3.25	-0.01	-0.3%
227	KLEENEX PREMIUM CREAM 2PLY 12P	10.90	10.99	0.09	0.8%
228	KLEENEX PREMIUM WHITE 2PLY 12P	10.91	10.97	0.06	0.5%
229	KLEENEX SCOTTONELLE PURE CLEAN MEGA WHITE 2PLY 32P	12.87	13.26	0.39	3.0%
230	SILKY WHITE 2PLY 24P	7.04	7.07	0.03	0.4%
ΚΥΛΙΝΔΡΟΣ ΥΓΡΑΕΡΙΟΥ					
ΚΥΛΙΝΔΡΟΣ ΥΓΡΑΕΡΙΟΥ					
231	ΚΥΛΙΝΔΡΟΣ 10kg (ΤΙΜΗ ΜΕ ΕΠΙΣΤΡΟΦΗ ΑΔΕΙΟΥ)	17.67	18.13	0.46	2.6%
ΒΡΕΦΙΚΑ ΠΡΟΙΟΝΤΑ					
ΒΡΕΦΙΚΕΣ ΠΑΝΕΣ					
232	NANNYS SENSITIVE 5 JUNIOR 12-25KG 44P	9.57	9.55	-0.02	-0.2%
233	NANNYS SENSITIVE 7 JUMBO PLUS 15+KG 36P	9.20	9.34	0.14	1.5%
234	PAMP. ACTIVE BABY 6 EXTRA LARGE 13-18KG 56P	13.52	13.54	0.02	0.1%
235	PAMP. ACTIVE BABY 7 MAXI 15+KG 40P	10.41	10.48	0.07	0.7%
236	PAMP. ACTIVE BABY JUNIOR 5 11-16KG 64P	13.52	13.50	-0.02	-0.1%
237	PAMP. PREMIUM CARE 1 NEW BORN 2-5KG 52P	10.87	10.95	0.08	0.7%
ΒΡΕΦΙΚΕΣ ΤΡΟΦΕΣ					
238	HIPP BIO DAIRY FREE OAT PORRIDGE 4M+ CRT 200GR	3.68	3.70	0.02	0.5%
239	NESTLE FARINE LACTEE WHEAT CEREALS 6M+ CRT 350GR	2.96	3.00	0.04	1.4%
240	NOYNOY 5 FRUIT CEREAL CREAM 6M+ TIN 300GR	6.02	6.02	0.00	0.0%
241	NOYNOY BISCUIT CEREALS 6M+ TIN 300GR	6.04	5.96	-0.08	-1.3%
242	NOYNOY FARINE LACTEE CEREALS 6M+ TIN 300GR	3.48	3.50	0.02	0.6%
243	YIOTIS FARINE LACTEE MILK CEREAL CREAM 6M+ TIN 300GR	3.17	3.14	-0.03	-0.9%
ΒΡΕΦΙΚΟ ΓΑΛΑ					
244	Frisogrow 3 1-3y Tin 800gr	19.67	19.59	-0.08	-0.4%
245	Frisogrow Plus+ 3-5y Tin 800gr	19.57	19.69	0.12	0.6%
246	Frisolac 1 0-6m Tin 800gr	22.90	23.17	0.27	1.2%
247	Frisomel 2 6m+ Tin 800gr	19.24	19.41	0.17	0.9%
248	Nan 4 Protect Build 2y+ Tin 400gr	9.61	9.69	0.08	0.8%
249	S-26 Progress Gold 3 1-3y Tin 400gr	9.69	9.89	0.20	2.1%