

ΠΑΡΑΤΗΡΗΤΗΡΙΟ ΒΑΣΙΚΩΝ ΚΑΤΑΝΑΛΩΤΙΚΩΝ ΑΓΑΘΩΝ

ΣΥΓΚΡΙΣΗ ΜΕ ΠΡΟΗΓΟΥΜΕΝΟ ΜΗΝΑ



Κυπριακή Δημοκρατία



ΥΠΟΥΡΓΕΙΟ ΕΜΠΕΡΙΣ
ΕΜΠΟΡΙΟΥ ΚΑΙ ΒΙΟΜΗΧΑΝΙΑΣ



ΥΠΗΡΕΣΙΑ
ΠΡΟΣΤΑΣΙΑΣ
ΚΑΤΑΝΑΛΩΤΗ

Μαρ 2026

Α/Α	ΠΡΟΪΟΝ	Μέση Σταθμισμένη Τιμή		Αύξηση / Μείωση Τιμής	% Μεταβολή
		Προηγούμενος Μήνας	Τρέχον Μήνας		
ΑΛΛΑΝΤΙΚΑ					
ΑΛΛΑΝΤΙΚΑ					
1	Chrysodalia Lountza Smoked Slices 300gr	3.76	3.73	-0.03	-0.8%
2	Chrysodalia Turkey Smoked Slices 200gr	2.52	2.60	0.08	3.2%
3	GRIGORIOU HAM PREMIUM SLICES 150GR	2.56	2.74	0.18	7.0%
4	Grigoriou Lountza Slices 150gr	3.00	3.07	0.07	2.3%
5	Grigoriou Salami Extra 300gr	2.34	2.61	0.27	11.5%
6	Grigoriou Streaky Bacon Slices 150gr	2.35	2.40	0.05	2.1%
7	Grigoriou Turkey Smoked Slices 200gr	3.62	3.79	0.17	4.7%
ΒΟΗΘΗΜΑΤΑ ΜΑΓΕΙΡΕΜΑΤΟΣ					
ΖΩΜΟΣ					
8	KNORR BOUILLONS CHICKEN 12 CUBES 120GR	1.17	1.18	0.01	0.9%
9	KNORR BOUILLONS VEGETABLES 12 CUBES 120GR	1.56	1.64	0.08	5.1%
10	MAGGI BOUILLONS CHICKEN 12 CUBES 132GR	1.48	1.43	-0.05	-3.4%
11	MAGGI BOUILLONS PASTA 12 CUBES 132GR	1.96	1.87	-0.09	-4.6%
12	MAGGI BOUILLONS VEGETABLES 12 CUBES 132GR	1.88	1.91	0.03	1.6%
ΝΤΟΜΑΤΟΧΥΜΟΣ/ ΠΕΛΤΕΣ					
13	BLOSSOM TOMATO PASTE CUP 4X70GR	2.00	2.04	0.04	2.0%
14	KEAN POMILORI SIEVE TOMATO PASTE JAR 700GR	1.87	1.87	0.00	0.0%
15	MITSIDES TOMATO PASSATA CARTON 3X500GR P-OFF	2.68	2.70	0.02	0.7%
16	MITSIDES TOMATO PASTE CUP 4X70GR	2.05	1.85	-0.20	-9.8%
17	PELARGOS TOMATO PASSATA CARTON 3X250GR	1.28	1.29	0.01	0.8%
ΦΥΤΙΚΟ ΜΑΓΕΙΡΙΚΟ ΛΙΠΟΣ					
18	SPRY 350GR	2.40	2.43	0.03	1.3%
ΓΑΛΑΚΤΟΚΟΜΙΚΑ					
ΓΙΑΟΥΡΤΙ					
19	ALAMBRA THE GRANNY SHEEP F/F PC 700GR	2.62	2.82	0.20	7.6%
20	CHARALAMB/CHRISTIS STRAINED STRAGGATO F/F PC 1KG	4.06	4.12	0.06	1.5%
21	CHARALAMB/CHRISTIS STRAINED STRAGGATO LGT PC 1KG	4.07	4.11	0.04	1.0%
22	ZITA STRAINED F/F PC 1KG	3.85	3.87	0.02	0.5%
23	ZITA STRAINED LGT PC 1KG	3.86	3.88	0.02	0.5%
ΤΥΡΙ					
24	ALAMBRA COTTAGE PC 200GR	1.55	1.74	0.19	12.3%
25	CHARALAMB/CHRISTIS FETA BLOCK 200GR	2.59	3.12	0.53	20.5%
26	DIROLLO 2.2% COTTAGE 225GR	2.76	2.64	-0.12	-4.3%
27	DODONI FETA BLOCK 400GR	6.11	6.42	0.31	5.1%
28	LA VACHE QUI RIT CHEEZ DIPPERS 4PORTION 140GR	2.88	3.00	0.12	4.2%
29	PHILADELPHIA LIGHT PLAIN SPREAD TUBS 200GR	2.38	2.34	-0.04	-1.7%
30	PHILADELPHIA PLAIN SPREAD TUBS 200GR	2.39	2.35	-0.04	-1.7%
31	VALIO EDAM LIGHT 17% SLICES 400GR	5.65	5.88	0.23	4.1%
32	VEPO FOOD EDAM SLICES 200GR	2.55	2.61	0.06	2.4%
33	VEPO FOOD GOUDA SLICES 200GR	2.56	2.59	0.03	1.2%
ΦΡΕΣΚΟ ΓΑΛΛΑ					
34	CHARALAMBIDES CHRISTIS DELACT HDPE 1L	1.73	1.75	0.02	1.2%
35	CHARALAMBIDES CHRISTIS FULL FAT 3% HDPE 2L	2.94	2.98	0.04	1.4%
36	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 1.5L	2.31	2.36	0.05	2.2%
37	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 1L	1.52	1.54	0.02	1.3%
38	CHARALAMBIDES CHRISTIS SEMI SKIMMED 1.5% HDPE 2L	2.94	2.99	0.05	1.7%
39	LANITIS FULL FAT 3% HDPE 2L	2.93	2.96	0.03	1.0%
40	LANITIS SEMI SKIMMED 1.5% HDPE 1.5L	2.27	2.31	0.04	1.8%
41	LANITIS SEMI SKIMMED 1.5% HDPE 2L	2.93	2.97	0.04	1.4%
ΕΛΑΙΑ					
ΛΑΔΙ					
42	AMBROSIA SUNFLOWER OIL 3L	6.62	6.63	0.01	0.2%
43	ELIOHORI EXTRA VIRGIN OLIVE OIL 2L	21.49	21.06	-0.43	-2.0%
44	ELIOHORI EXTRA VIRGIN OLIVE OIL PET 1L	10.00	10.02	0.02	0.2%
45	GUSTO SUNFLOWER OIL PET 5L	7.91	8.75	0.84	10.6%
46	LESIEUR SUNFLOWER OIL 3L	6.38	6.46	0.08	1.3%
47	SAINT GEORGE CYPRUS EXTRA VIRGIN OLIVE OIL PET 1L	6.70	6.88	0.18	2.7%
48	THE KING OF OLIVES SALAD OIL PET 1L	2.83	2.71	-0.12	-4.2%

ΖΥΜΑΡΙΚΑ / ΑΛΕΥΡΙ / ΡΥΖΙ / ΠΟΥΡΓΟΥΡΙ / ΟΣΠΡΙΑ / ΖΑΧΑΡΗ**ΑΛΕΥΡΙ**

49	MITSIDES FARINA PLAIN 00 1KG	1.45	1.38	-0.07	-4.8%
50	MITSIDES PLAIN 00 ALL PURPOSE 1KG	1.23	1.24	0.01	0.8%
51	MITSIDES SELF RAISING 1KG	1.53	1.57	0.04	2.6%
52	MITSIDES VILLAGE 1KG	1.48	1.47	-0.01	-0.7%
53	TRIUMPH FARINA 00 1KG	1.35	1.32	-0.03	-2.2%
54	TRIUMPH VILLAGE 1KG	1.43	1.41	-0.02	-1.4%

ΖΑΧΑΡΗ

55	SUGAR	0.98	0.97	-0.01	-1.0%
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ΖΥΜΑΡΙΚΑ

56	BARILLA SPAGHETTI No.5 500GR	1.07	1.09	0.02	1.9%
57	MELISSA PRIMO GUSTO ORZO 500GR	1.15	1.22	0.07	6.1%
58	MELISSA PRIMO GUSTO SPAGHETTI No.6 500GR	0.94	1.03	0.09	9.6%
59	MITSIDES MEZZANI A 500GR	1.32	1.32	0.00	0.0%
60	MITSIDES ORZO 500GR	1.39	1.29	-0.10	-7.2%
61	MITSIDES SPAGHETTI 500GR	1.23	1.25	0.02	1.6%
62	MITSIDES TRADITIONAL 500GR	1.40	1.41	0.01	0.7%
63	TRIUMPH SPAGHETTI 500GR	1.15	1.07	-0.08	-7.0%

ΟΣΠΡΙΑ

64	KAOURIS CANADIAN LAIRD LENTILS 1KG	2.66	2.82	0.16	6.0%
65	NATURAL LIFE IMPORTED BLACK EYE BEANS 1KG	3.25	3.14	-0.11	-3.4%
66	NATURAL LIFE IMPORTED LENTILS 1KG	2.43	2.30	-0.13	-5.3%
67	SOLEAS 3A BEANS 1KG	2.71	2.66	-0.05	-1.8%
68	SOLEAS 3A BLACK EYE BEANS 1KG	3.63	3.68	0.05	1.4%
69	SOLEAS 3A GREEN LENTILS 1KG	2.76	2.58	-0.18	-6.5%

ΠΟΥΡΓΟΥΡΙ

70	A.KEPOLA BULGUR WHEAT 1KG	2.44	2.41	-0.03	-1.2%
71	A.KEPOLA BULGUR WHEAT 500GR	1.69	1.68	-0.01	-0.6%
72	KAOURIS BULGUR WHEAT 500GR	1.51	1.22	-0.29	-19.2%
73	LISKO FAMELISKO BULGUR WHEAT MEDIUM 500GR	1.21	1.19	-0.02	-1.7%
74	MITSIDES BULGUR WHEAT 1KG	3.12	3.17	0.05	1.6%
75	MITSIDES BULGUR WHEAT 500GR	1.77	1.81	0.04	2.3%

ΡΥΖΙ

76	SOLEAS 3A BASMATI RICE BAG 1KG	2.99	3.01	0.02	0.7%
77	SOLEAS 3A GLUTINOUS RICE BAG 1KG	2.27	2.24	-0.03	-1.3%
78	SOLEAS 3A PARBOILED RICE 1KG	2.42	2.43	0.01	0.4%
79	TILDA BASMATI RICE 1KG	5.00	5.02	0.02	0.4%
80	UNCLE BENS LONG GRAIN RICE 1KG	4.09	4.03	-0.06	-1.5%
81	UNCLE BENS LONG GRAIN RICE BOX 2KG	9.21	9.71	0.50	5.4%

ΚΑΤΕΨΥΓΜΕΝΑ**ΚΑΤΕΨΥΓΜΕΝΑ ΖΥΜΑΡΙΚΑ**

82	CHARALAMBIDES CHRISTIS RAVIOLI 400GR	3.52	4.28	0.76	21.6%
83	HERCULES RAVIOLI 400GR	3.11	3.18	0.07	2.3%
84	MITSIDES VILLAGE RAVIOLI 375GR	2.85	3.25	0.40	14.0%

ΚΑΤΕΨΥΓΜΕΝΑ ΜΑΛΑΚΙΑ/ ΟΣΤΡΑΚΟΕΙΔΗ

85	7 THALASSES SHRIMPS 30/50 500GR	8.69	8.63	-0.06	-0.7%
86	BLUE GREEN WAVE OCTOPUS 1KG	5.56	6.04	0.48	8.6%
87	BLUE GREEN WAVE SQUID RINGS 1KG	6.75	6.75	0.00	0.0%
88	EDESMA SQUID RINGS 1KG	7.29	7.23	-0.06	-0.8%

ΚΑΤΕΨΥΓΜΕΝΟ ΨΑΡΙ

89	EDESMA RED FISH 1KG	7.38	7.41	0.03	0.4%
90	FINDUS SALMON PORTIONS 4X125GR	17.84	18.01	0.17	1.0%
91	FOODPAX SALMON PORTIONS 4X125GR	13.41	14.71	1.30	9.7%
92	QUALIFOOD PANGASIUS FILLETS 1KG	3.40	4.36	0.96	28.2%
93	QUALIFOOD SALMON PORTION 4X125GR	14.14	13.71	-0.43	-3.0%

ΚΑΤΕΨΥΓΜΕΝΟ ΨΑΡΙ ΠΑΝΕ/ ΠΡΩΨΗΜΕΝΟ

94	7 SEAS COD BREADED FISH FILLETS 400GR	3.56	3.53	-0.03	-0.8%
95	BIRDS EYE COD FISH FINGERS 14PCS 350GR	6.41	6.42	0.01	0.2%
96	BIRDS EYE SIMPLY 4 COD FILLET BREADED 440GR	9.92	12.74	2.82	28.4%
97	BLUE GREEN WAVE COD FISH FILLET BREADED 4PCS 400GR	3.95	4.58	0.63	15.9%
98	NORDA WHITE FISH FISH STICKS 10PCS 300GR	3.05	3.01	-0.04	-1.3%

ΨΥΓΕΙΟΥ ΚΑΙ ΚΑΤΕΨΥΓΜΕΝΑ ΜΠΕΡΚΕΡ

99	EDESMA VEGETABLE BURGERS 4P 380GR	4.67	4.61	-0.06	-1.3%
100	EN ELLADI NOSTIMIES BURGERS 420GR	4.45	4.21	-0.24	-5.4%
101	GRIGORIOU BEEF BURGERS 4P 600GR	6.55	6.74	0.19	2.9%
102	GRIGORIOU HAMBURGERS 6P 480GR	3.91	4.11	0.20	5.1%
103	GRIGORIOU TURKEY BURGERS 6P 480GR	5.27	5.41	0.14	2.7%
104	KYPRIANOU SPECIAL CHICKEN BURGERS 900GR	6.62	6.66	0.04	0.6%

ΨΥΓΕΙΟΥ ΚΑΙ ΚΑΤΕΨΥΓΜΕΝΟ ΚΡΕΑΣ ΠΑΝΕ/ ΠΡΩΨΗΜΕΝΟ

105	EDESMA CHICKEN NUGGETS 500GR	5.50	5.05	-0.45	-8.2%
106	EDESMA CHICKEN NUGGETS 900GR	7.28	7.39	0.11	1.5%
107	EMA FOODS CHICKEN NUGGETS 900GR	7.03	6.96	-0.07	-1.0%

108	EN ELLADI CHICKEN NUGGETS 400GR	4.74	4.68	-0.06	-1.3%
109	EN ELLADI MEAT BALLS 420GR	4.27	4.10	-0.17	-4.0%
110	PARADISIOTIS CHICKEN NUGGETS 800GR	5.51	5.50	-0.01	-0.2%

ΚΑΦΕΣ

ΚΥΠΡΙΑΚΟΣ ΚΑΦΕΣ

111	CHARALAMBOUS GREEN 200GR	3.52	3.55	0.03	0.9%
112	CHARALAMBOUS GREEN 500GR	8.69	8.90	0.21	2.4%
113	LAIKON GOLD 200GR	3.45	3.63	0.18	5.2%
114	LAIKON GOLD 500GR	8.80	9.00	0.20	2.3%

ΣΤΙΓΜΙΑΙΟΣ ΚΑΦΕΣ

115	CELEST CAFE TIN 200GR	5.25	4.98	-0.27	-5.1%
116	JACOBS EKLEKTOS JAR 100GR	4.50	4.62	0.12	2.7%
117	NESCAFE AZERA ESPRESSO TIN 100GR	6.90	6.82	-0.08	-1.2%
118	NESCAFE CLASSIC DEC TIN 100GR	5.25	5.43	0.18	3.4%
119	NESCAFE CLASSIC TIN 100GR	4.33	4.44	0.11	2.5%
120	NESCAFE CLASSIC TIN 200GR	6.83	7.02	0.19	2.8%
121	NESCAFE GOLD BLEND JAR 190GR	6.82	6.89	0.07	1.0%
122	NESCAFE GOLD BLEND JAR 95GR	4.43	4.27	-0.16	-3.6%

ΚΟΝΣΕΡΒΕΣ

ΓΑΛΑ ΕΒΑΠΟΡΕ/ ΖΑΧΑΡΟΥΧΟ

123	MANA CONDENSED CAN 397GR	1.99	2.08	0.09	4.5%
124	NOYNOY CONDENSED CAN 397GR	1.78	1.92	0.14	7.9%
125	NOYNOY EVAPORATED CAN 410GR	1.27	1.34	0.07	5.5%
126	NOYNOY LIGHT EVAPORATED CAN 410GR	1.27	1.34	0.07	5.5%
127	NOYNOY LIGHT EVAPORATED PORTIONS 10X15GR	1.27	1.30	0.03	2.4%

ΚΟΝΣΕΡΒΕΣ ΚΡΕΑΤΟΣ

128	Karla Corned Beef 340gr	3.51	3.67	0.16	4.6%
129	Tulip Pork Chopped Ham 200gr	2.43	2.62	0.19	7.8%
130	Tulip Pork Luncheon Meat 200gr	2.35	2.39	0.04	1.7%
131	Zwan Chicken Luncheon Meat 200gr	2.07	2.07	0.00	0.0%
132	Zwan Pork Chopped Ham 200gr	2.93	3.01	0.08	2.7%
133	Zwan Pork Luncheon Meat 200gr	2.14	2.22	0.08	3.7%

ΚΟΝΣΕΡΒΕΣ ΨΑΡΙΟΥ

134	RIO MARE TUNA IN OLIVE OIL 2X160GR	4.49	4.24	-0.25	-5.6%
135	RIO MARE TUNA MEAT LIGHT IN OLIVE OIL 3X80GR	3.67	3.70	0.03	0.8%
136	SEVYCO WHITE TUNA LIGHT IN WATER 4X100GR	3.77	3.83	0.06	1.6%
137	SHEIK PINK TUNA IN SOYABEAN OIL 4X80GR	3.34	3.34	0.00	0.0%
138	SHEIK WHITE TUNA LIGHT IN WATER 4X160GR	6.36	6.55	0.19	3.0%

ΞΗΡΑ ΤΡΟΦΗ

ΔΗΜΗΤΡΙΑΚΑ ΠΡΟΓΕΥΜΑΤΟΣ

139	KELLOGG S SPECIAL K CLASSIC MAXI 700GR	5.00	4.87	-0.13	-2.6%
140	Kellogg S Coco Pops 500gr	3.87	3.67	-0.20	-5.2%
141	Kellogg S Coco Pops Chocos 375gr	2.73	2.71	-0.02	-0.7%
142	Kellogg S Corn Flakes 500gr	3.22	3.41	0.19	5.9%
143	Kellogg S Honey Loops 330gr	3.18	3.37	0.19	6.0%
144	Oreo Os Cookies&Cream Cerals 350gr	4.20	4.30	0.10	2.4%
145	Quaker Traganes Mpoukies Dark Chocolate 450gr	3.43	3.58	0.15	4.4%
146	Quaker White Oats Bag 500gr	1.98	2.01	0.03	1.5%

ΚΟΥΛΟΥΡΙΑ

147	7DAYS BAKE ROLLS MINI PIZZA 80GR	0.84	0.82	-0.02	-2.4%
148	BAKANDYS BREADSTICKS OLIVE OIL 250GR	3.57	3.50	-0.07	-2.0%
149	BAKANDYS RUSKS RYE 200GR	2.79	2.66	-0.13	-4.7%
150	ELITE TOAST RYE 360GR(3+1 FREE)	2.18	2.11	-0.07	-3.2%
151	ELITE TOAST WHEAT 500GR(3+1 FREE)	2.38	2.58	0.20	8.4%
152	JOHNSOF BREAD COOKIES NAPOLITANO RAISIN 240GR	2.79	2.97	0.18	6.5%
153	JOHNSOF CROUTONS WHEAT 320GR	2.57	2.43	-0.14	-5.4%
154	MARIAS BREAD COOKIES CAROB 350GR	3.23	3.29	0.06	1.9%

ΜΠΙΣΚΟΤΑ

155	FROU FROU JOKER CHOCO COV. SW 12X25GR(3 FREE)	4.12	4.14	0.02	0.5%
156	FROU FROU MORNING COFFEE PL 150GR	1.18	1.20	0.02	1.7%
157	KATERINA PETIT FOURS PL 500GR	4.04	4.10	0.06	1.5%
158	KINDER CARDS COCOA&MILK FIL 5X25.6GR	2.36	2.53	0.17	7.2%
159	NUTELLA FILLED CHOCO BISCUITS FIL T22 304GR	3.85	4.00	0.15	3.9%
160	OREO MINI VANILLA SW 115GR	1.75	1.79	0.04	2.3%

ΡΟΦΗΜΑΤΑ

ΑΝΑΨΥΚΤΙΚΑ

161	7 UP DIET/FREE CAN 8X330ML	4.54	4.69	0.15	3.3%
162	7 UP REGULAR CAN 8X330ML	4.58	4.73	0.15	3.3%
163	COCA COLA REGULAR CAN 330ML	0.91	1.01	0.10	11.0%
164	COCA COLA REGULAR CAN 8X330ML	5.18	5.28	0.10	1.9%
165	COCA COLA ZERO CAN 8X330ML	5.15	5.29	0.14	2.7%
166	PEPSI MAX CAN 8X330ML	3.75	3.91	0.16	4.3%

ΕΜΦΙΑΛΩΜΕΝΟ ΝΕΡΟ

167	AGROS STILL PET 12X500ML	2.86	2.99	0.13	4.5%
168	AGROS STILL PET 6X1.5L	2.49	2.60	0.11	4.4%
169	AYIOS NICOLAOS STILL PET 12X500ML	2.99	3.05	0.06	2.0%
170	AYIOS NICOLAOS STILL PET 6X1.5L	2.44	2.49	0.05	2.0%
171	KYKKOS STILL PET 12X500ML	2.90	2.89	-0.01	-0.3%
172	KYKKOS STILL PET 6X1.5L	2.46	2.51	0.05	2.0%
ΧΥΜΟΙ					
173	KEAN MANGO&POMEGRANATE NECTAR TP 1L	1.64	1.69	0.05	3.0%
174	KEAN ORANGE 100% TP 1L	2.05	2.06	0.01	0.5%
175	KEANITA KIDS ORANGE DRINK TB 9X250ML	4.08	4.14	0.06	1.5%
176	LIFE APPLE&CARROT&ORANGE 100% PET 400ML	1.69	1.73	0.04	2.4%
177	LIFE ORANGE 100% PET 1L	3.13	2.89	-0.24	-7.7%
178	LIFE ORANGE 100% PET 400ML	1.66	1.71	0.05	3.0%
ΦΡΕΣΚΑ ΠΡΟΪΟΝΤΑ					
ΑΥΓΑ					
179	Αυγά 12 τεμάχια (Μ) - (53gr - 63gr) -(φθηνότερη συσκ.)	3.51	3.60	0.09	2.6%
ΦΡΕΣΚΟ ΚΡΕΑΣ/ ΠΟΥΛΕΡΙΚΑ/ ΚΟΥΝΕΛΙ					
180	Αμνοερίφια μικρά σε κομμάτια (Kg)	13.24	14.05	0.81	6.1%
181	Βοδινό top-side (Kg) (ψαχνό, χωρίς κόκκαλο και λίπος)	17.11	17.07	-0.04	-0.2%
182	Βοδινό κιμάς (Kg)	12.25	12.63	0.38	3.1%
183	Κοτόπουλο ολόκληρο (Kg) (Χαμηλότερη Τιμή)	4.01	4.02	0.01	0.2%
184	Κοτόπουλο στήθος φιλέτο (Kg) (Χαμηλότερη Τιμή)	7.80	7.71	-0.09	-1.2%
185	Κουνέλι (Kg) (χαμηλότερη τιμή)	10.97	11.28	0.31	2.8%
186	Χοιρινή Μπριζόλα φιλέτο (Kg)	6.40	6.40	0.00	0.0%
187	Χοιρινός Κιμάς (Kg)	5.33	5.21	-0.12	-2.3%
188	Χοιρινός Λαπάς με κόκκαλο (Kg)	5.83	5.89	0.06	1.0%
ΦΡΕΣΚΟ ΨΑΡΙ/ΜΑΛΑΚΙΑ					
189	Γόπες (Kg)	10.15	9.66	-0.49	-4.8%
190	Καλαμάρι Μεγάλο (Kg)	13.61	10.49	-3.12	-22.9%
191	Καλαμάρι Μικρό (Kg)	15.14	18.70	3.56	23.5%
192	Λαβράκι (Kg)	15.45	15.34	-0.11	-0.7%
193	Μπαρμπούνι (Kg)	34.85	36.60	1.75	5.0%
194	Τσιπούρα (Kg)	10.26	8.77	-1.49	-14.5%
195	Χταπόδι (Kg)	17.78	18.80	1.02	5.7%
ΧΟΡΤΑ					
196	Αγγουράκια Θερμοκηπίου (Kg)	2.88	2.67	-0.21	-7.3%
197	Αγγουράκια Χωραφιού (Kg)	3.92	4.15	0.23	5.9%
198	Ντομάτες Α (Kg)	1.68	2.79	1.11	66.1%
199	Πατάτες Φρέσκες (Kg)	1.74	1.29	-0.45	-25.9%
200	Χόρτα Δέσμης	0.52	0.63	0.11	21.2%
ΨΩΜΙ					
201	Slice Άσπρο μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.90	2.03	0.13	6.8%
202	Slice Άσπρο μικρό (450gr-500gr) (χαμηλότερη τιμή)	1.63	1.57	-0.06	-3.7%
203	Slice Ολικής Αλέσεως μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	2.12	2.14	0.02	0.9%
204	Slice Ολικής Αλέσεως μικρό (450gr-500gr) (χαμηλότερη τιμή)	1.74	1.65	-0.09	-5.2%
205	Ψωμί Άσπρο μεγάλο (900gr - 1000gr) (χαμηλότερη τιμή)	1.66	1.66	0.00	0.0%
206	Ψωμί Άσπρο μικρό (450gr-500gr)(χαμηλότερη τιμή)	1.31	1.30	-0.01	-0.8%
FUEL					
CHARCOAL					
207	ETOSHA 5kg	6.07	6.12	0.05	0.8%
208	ΠΥΡΣΟΣ 5kg	6.20	6.20	0.00	0.0%
ΑΠΟΡΡΥΠΑΝΤΙΚΑ/ ΜΑΛΑΚΤΙΚΑ ΡΟΥΧΩΝ					
ΑΠΟΡΡΥΠΑΝΤΙΚΑ ΡΟΥΧΩΝ					
209	ARIEL TOUCH LENOR FRESH 50WSH LIQ 2.75L	10.96	10.98	0.02	0.2%
210	DIXAN POWER GEL MULTICOLOR 48W 2.16L	7.05	7.04	-0.01	-0.1%
211	DIXAN POWER GEL UNIVERSAL 48W 2.16L	7.05	7.04	-0.01	-0.1%
212	EUREKA ACTIVE CARE 75WSH PWD 4.125KG	8.97	8.84	-0.13	-1.4%
213	EUREKA MASSALIAS CLASSIC 57WSH LIQ 2.592L	6.20	6.26	0.06	1.0%
214	EUREKA MASSALIAS LAVENDER 57WSH LIQ 2.592L	6.19	6.25	0.06	1.0%
ΜΑΛΑΚΤΙΚΑ ΡΟΥΧΩΝ					
215	COMFORT GOLD LILY&WILD BERRY 4L	5.52	5.47	-0.05	-0.9%
216	COMFORT GOLD WILD ORCHID&SANDALWOOD 4L	5.49	5.46	-0.03	-0.5%
217	COMFORT PURELY SOFT 4L	4.97	4.98	0.01	0.2%
ΕΙΔΗ ΠΡΟΣΩΠΙΚΗΣ ΥΓΙΕΙΝΗΣ					
ΣΕΡΒΙΕΤΤΕΣ ΥΓΙΕΙΑΣ					
218	ALWAYS PADS SECURE NIGHT ULTRA DUO W 12P	2.05	2.05	0.00	0.0%
219	ALWAYS PADS ULTRA DAY LONG PLUS GIGAPACK TRIPLE W 36P	3.77	3.77	0.00	0.0%
220	ALWAYS PADS ULTRA NORMAL PLUS DUO W 20P	2.17	2.08	-0.09	-4.1%
221	EVERYDAY PADS HYPERDRY ULTRA PLUS SUPER DUO W 18P	1.97	1.94	-0.03	-1.5%
ΧΑΡΤΙ ΥΓΙΕΙΑΣ					
222	ELITE LUXURY WHITE 3PLY 10P	4.09	3.91	-0.18	-4.4%
223	HOPE ULTRA SOFT 3PLY 10P	3.34	3.50	0.16	4.8%
224	KLEENEX PREMIUM CREAM 2PLY 12P	10.95	11.03	0.08	0.7%

225	KLEENEX PREMIUM WHITE 2PLY 12P	10.97	11.02	0.05	0.5%
226	KLEENEX SCOTTONELLE PURE CLEAN MEGA WHITE 2PLY 32P	13.69	14.02	0.33	2.4%
227	SILKY WHITE 2PLY 24P	7.04	7.45	0.41	5.8%
ΚΥΛΙΝΔΡΟΣ ΥΓΡΑΕΡΙΟΥ					
ΚΥΛΙΝΔΡΟΣ ΥΓΡΑΕΡΙΟΥ					
228	ΚΥΛΙΝΔΡΟΣ 10kg (ΤΙΜΗ ΜΕ ΕΠΙΣΤΡΟΦΗ ΑΔΕΙΟΥ)	18.74	19.91	1.17	6.2%
ΒΡΕΦΙΚΑ ΠΡΟΙΟΝΤΑ					
ΒΡΕΦΙΚΕΣ ΠΑΝΕΣ					
229	NANNYS SENSITIVE 5 JUNIOR 12-25KG 44P	9.68	9.67	-0.01	-0.1%
230	NANNYS SENSITIVE 7 JUMBO PLUS 15+KG 36P	9.31	9.39	0.08	0.9%
231	PAMP. ACTIVE BABY 6 EXTRA LARGE 13-18KG 56P	13.53	13.41	-0.12	-0.9%
232	PAMP. ACTIVE BABY 7 MAXI 15+KG 40P	10.47	10.58	0.11	1.1%
233	PAMP. ACTIVE BABY JUNIOR 5 11-16KG 64P	13.50	13.37	-0.13	-1.0%
234	PAMP. PREMIUM CARE 1 NEW BORN 2-5KG 52P	10.81	10.80	-0.01	-0.1%
ΒΡΕΦΙΚΕΣ ΤΡΟΦΕΣ					
235	HIPP BIO DAIRY FREE OAT PORRIDGE 4M+ CRT 200GR	3.70	3.77	0.07	1.9%
236	NESTLE FARINE LACTEE WHEAT CEREALS 6M+ CRT 350GR	2.97	2.97	0.00	0.0%
237	NOYNOY 5 FRUIT CEREAL CREAM 6M+ TIN 300GR	6.02	5.98	-0.04	-0.7%
238	NOYNOY BISCUIT CEREALS 6M+ TIN 300GR	5.92	5.77	-0.15	-2.5%
239	NOYNOY FARINE LACTEE CEREALS 6M+ TIN 300GR	3.52	3.62	0.10	2.8%
240	YIOTIS FARINE LACTEE MILK CEREAL CREAM 6M+ TIN 300GR	3.24	3.19	-0.05	-1.5%
ΒΡΕΦΙΚΟ ΓΑΛΛΑ					
241	Frisogrow 3 1-3y Tin 800gr	19.68	19.74	0.06	0.3%
242	Frisogrow Plus+ 3-5y Tin 800gr	19.79	19.80	0.01	0.1%
243	Frisolac 1 0-6m Tin 800gr	23.63	23.15	-0.48	-2.0%
244	Frisomel 2 6m+ Tin 800gr	19.56	19.74	0.18	0.9%
245	Nan 4 Protect Build 2y+ Tin 400gr	9.61	9.83	0.22	2.3%
246	S-26 Progress Gold 3 1-3y Tin 400gr	9.85	10.06	0.21	2.1%